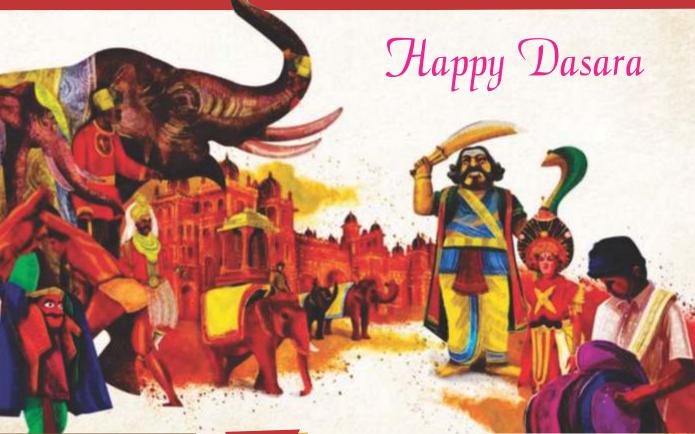


IMA FOCUS

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IMA-KSB President
Speaks On 23rd of Every month
On Zoom Platform

Meeting ID: 594 076 5774 Passcode: imaksb

ZOOM



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7th to 13th October

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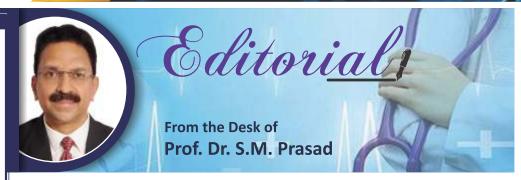
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!!Greetings from editorial committee of IMA Focus!!

First of all, thank you for participating in the activities of IMA. After the present team of office bearers and executive members took over for the year 2023-2024, various activities like awareness programs, handing over of memorandum and protests due to unfortunate incidence had to be carried out. Safety of medical doctors has become a challenging one both inside and outside the hospitals. Safeguarding is the main concern for every friend and colleagues. But when the offending person is from the same institution and same profession it has still more detrimental.

I sincerely thank our senior IMA members Dr. Honne Gowda who inspiring us to follow the IMA rules strictly and a visionary for IMA KSB activities to be at best level, Dr. Yoganada Reddy, popular Senior IMA member who has imparted knowledge to make IMA to take to higher level by his dedicated work and Dr. Madhusudan Kariganur, who is instrumental to carry out many of our activities with caution to hold the decorum of IMA.

Heartily I thank our Present President Dr. S Srinivasa for his all-round work to keep everyone united for successful programs in the year 2023-24. I thank Dr B P Karunakara Hon State Secretary with his methodical approach of IMA activities during the years 2022-24. I whole heartedly thank Dr. Vijayasarathi, IMA KSB Hon Treasurer with his persistence effort to streamline the finances during the years 2022-24. My Pranams to Dr Shivakumar B Lakkol, Immediate Past President who handed over the dedicated activities to the present team in October 2023. I congratulate Dr Veerabhadrappa V Chiniwalar, President Elect to hold the office from November 1st, 2024 as President of IMA KSB and with his vast experience in IMA KSB, definite to grow to extra ordinary level in many aspects.

Whole heartedly, I thank our Hon Secretary Dr. G Siddalingappa who supported me in all the activities of the IMA Focus. My sincere thanks all our Editorial board members Dr Ravindra R, Dr K G Shankaranarayana, Dr. Aravind Patel, Dr. Soumya Y J, Dr. Dinesh Hegde, Dr. Harish Delanthebettu, Dr. Srishailesh Amarkhed, Dr. R Jyothi Swaroop, Dr. Mallikarjun Panshetty.

I thank all our Presidents, Secretaries, and Treasurers of local branches & IMA KSB life members who have contributed for IMA Focus magazine.

As many of us are experiencing different kinds of emotions as medical professionals, I would like to bring about the following points as we need for personal wellbeing and effective patient care:

- Develop Emotional Intelligence: a. Self-awareness: Recognize your own emotions and understand how they affect your thoughts and behavior. b. Self-regulation: Learn to control impulsive feelings and behaviors, manage your emotions in healthy ways, and take initiative. c. Empathy: Understand the emotions of your patients and colleagues, which can improve communication and relationships.
- 2. Practice Mindfulness and Meditation: a. Mindfulness: Engage in mindfulness practices to stay present and reduce stress. This can help you respond to situations more calmly. b. Meditation: Regular meditation can help in managing stress and maintaining emotional balance.
- 3. Seek Support: a. Peer Support: Discussing your experiences with colleagues can provide emotional relief and practical advice. b. Professional Help: Don't hesitate to seek help from a mental health professional if you're feeling overwhelmed.
- 4. Balance Emotion and Logic: a. Toggle between Emotions and Logic: Learn to switch between emotional empathy and logical decision-making. This balance is essential for effective patient care. b. reflective Practice: Regularly reflect on your experiences to understand your emotional responses and learn from them.
- **5. Healthy Lifestyle: a. Exercise:** Regular physical activity can reduce stress and improve mood.

- Sleep: Ensure you get enough rest to maintain emotional stability. **b. Nutrition:** A balanced diet can positively impact your mental health.
- 6. Set Boundaries: a. Work-Life Balance: Set clear boundaries between work and personal life to prevent burnout. b. Time Management: Prioritize tasks and delegate when possible to manage workload effectively.
- 7. Develop Coping Mechanisms: a. Deep Breathing: Practice deep breathing exercises to calm your mind during stressful situations. b. Hobbies: Engage in activities you enjoy outside of work to relax and recharge.
- **8. Training and Education:** Workshops and Seminars: Attend training sessions on emotional intelligence and stress management.

Implementing these strategies can help us maintain emotional balance and enhance your ability to provide compassionate care to your patients.

Humbly, I request every one of you to convince your friends & colleague in your field and institutions to becoming IMA life member to strengthen IMA as well as the protecting the medical professional and their family with various schemes like KSSS, KPPS, KSHS, etc.

Kindy encourage the motto of "EACH ONE - BRING ONE" to increase the strength of IMA.

Jai Hind

Jai Karnataka

Long Live IMA

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Greetings from IMA Karnataka.

Dear IMA members of state I hope everyone celebrated the auspicious occasion Gowri Ganesha festival and also enthusiastic about upcoming Navarathri festival.

We had an opportunity to conduct 3 major conferences of sub committees in our state.

- Kannada barahagala vedike sammelana conducted at Belgaum on 24 and 25 August.
- AMS conference at Raichur on 15 September 2024
- Womens doctor's wing (WDW) conference at Hassan on 22 September 2024.
- Have to congratulate and acknowledge the efforts of Kannada barahagala vedike president Dr. Veena Sulya and Belgaum IMA office bearers for their immense effort in conducting conference in very scientific standards. My sincere gratitude to Dr. Somashekar, who is a popular kannada writer and quiz master in Doordarshan and CR Chandreshakher a popular psychiatrist and writer and kannada barahagala vedike president Dr Kunsad and Dr Suresh Sagarad for their involvement in this conference.
- I also congratulate and acknowledge the efforts of Dr. Geeta Doppa and Raichur IMA for conducting AMS campaigns with very high standards, I am very glad for IMA Raichur for giving us the place for Teachers day celebration. I also compliment all the awardies of IMA teachers day.
- I also acknowledge and congratulate the efforts of Dr. Somya Mani, Chairman of Women's doctor's wing Karnataka for conducting conference in very meticulous and colourful way.

My heartfelt thanks to Dr. KS Karanth for submitting memorandum to the member of parliament Dr. Srinivas Poojari at Kundrapura.

I should compliment Dr. Bidnal and Dr. Venkatachalapathy past presidents of IMA Karnataka for electing us as National vice president and AMS chairman respectively.

I should congratulate Hubli IMA office bearers and Mangalore IMA office bearers for conducting BLS workshops for nursing and paramedical staff.

I appreciate Dr. Mulki Patil for strongly engaged in conducting this programme.

I appreciate all sub committees for conducting online programmes especially World Suicide Prevention day programme conducted by Dr. Somashekar Bijjal, Dr. Guru S Gowda and Dr. Supriya Hedge. I also appreciate and congratulate Dr. Padma Prakash and Dr. Suresh Kakkadkar for organizing importance of finance, wealth for doctors.

I feel sorrowful towards atrocities against doctors. What has happened in Chikkamangalore, I don't want to this to happen again, I request all the doctors to stay united without losing any hopes and all will work together in preventing such atrocities in future. IMA always will be there with you and will give moral support in all aspects. We should see that whatever amendments amended by the government against atrocities recently has been passed with lot of efforts from IMA office bearers and senior IMA members, it should be implemented effectively. I request all the IMA members of Karnataka to register to our state conference to be conducted at Yelahanka and involve actively in General body meeting and clarify all the doubts about IMA.

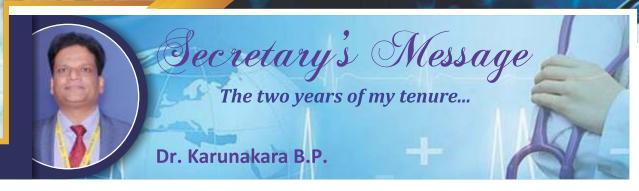
It is the duty of each and every member of IMA to enrol new members and to encourage them to enrol with Karnataka state social security scheme, KSHS scheme and Kpps scheme.

 $These \, schemes \, are \, very \, popular \, Schemes \, all \, over \, India.$

I hope we are all meeting at Yelahanka state Medicon.

I write with my sincere gratitude and thank my mentor Dr. Honnegowda past president of IMA Karnataka and present KPPS chairman, Dr. Y.C.Yoganand Reddy, past president IMA-KSB and KMC president, and Dr. Madhusudhana Kariganur past president and secretary IMA-KSB Dr. Karunakara, secretary and Treasurer Dr Vijayasarathi, Dr. Shivakumar Lakkol immediate past president and Dr. Chinnivalar president elect, Dr. S.M Prasad, editor IMA focus and IMA office staff Mr. Ashwath Narayan and Mr. Ravi Kiran and IMA regular driver Mr. Venkatesh who has taken care of me during the president visit programme. I am very thankful to my family members, my wife Pushpa, and daughter Dr Sheetal and son in law Dr Vishwaprem Raj and my Grand children Anaira and Agastya for giving strength, patience for all my activities of IMA.

LONG LIVE IMA



The two years of my tenure as Honorary State Secretary is coming to an end by the end of October 2024 and it's time to reflect on my journey, experience of working with two Presidents and the teams, express my gratitude, impact on the association, world done and the major milestones reached for the organization, acknowledging the helping hands and express my gratitude for the support and the encouragement received, lessons learned and many more.

Let me start with my journey at IMA KSB, started four years back when I took over as the Honorary Treasurer. Four years at the helm of two important responsibilities at IMA KSB as Honorary Treasurer and Honorary State Secretary gave a valuable insight and experience about the functioning of the association, learn about the journey of the association, the problems faced by the members and addressing them. Many incidents and problems that kept on happening at one or other place and the branch and the need for the state branch to jump into action to help their members helped me learn the process of how IMA KSB works. The branches and the members require immediate suggest and back-up from the state branch. Depending upon the gravity of the situation and assessing the issue in different angles, IMA KSB has to advise, suggest and get involved if needed. There haven't been any months without one or other issues. The local branches were happy with the way we provided them the needful support. We are happy that together with all concerned, we were able to solve/resolve most of the issues. IMA KSB works during these incidents helped me significantly about the IMA leadership and the responsibilities.

At IMA KSB, the guidance, encouragement and support were readily available all through my tenure. The seniors, past Presidents and other senior members were very helpful. On the crucial issues and moments, their guidance helped me do my job

appropriately. Our responses various to the issues and problems were appropriate. I was fortune to have the guidance of seniors and the past presidents who have contributed immensely to the association. I express my sincere thanks to Dr. Yogananda Reddy, Dr. Honne Gowda and Dr. Madhusudan Kariganoor, Dr. Shivakumar B Lakkol, Dr. Venkatachalapathy and many others for their valuable guidance, advice and support on major issues from time to time.

It was a great honor working with two honorable Presidents; Dr. Shivakumar B Lakkol and Dr. Srinivasa S. Dr. Shivakumar B Lakkol sir, with his decades of experience at IMA and wisdom worked with advanced planning. Extensive communication and discussion, taking everyone into confidence and non-aggressive approach to the issues had his unique way of working. His commitment to the cause of IMA and whirlwind tour of nearly 158 local branches during his tenure and his active participation in the RGUHS syndicate meetings and the decision making are indicative of how much one can do to the organization in his valuable capacity. As a team we worked silently on all issues and ensured the interest of the IMA KSB has been taken care of. I learned many things under his guidance.

Dr. Srinivas S and I are known to each other for more than two decades as Pediatricians and working closely at Pediatric association (IAP) for more 2 decades. This long standing friendship helped us working together at IMA KSB. Many issues and incidents happed all through the year across the state and the country and IMA KSB had to intervene or actively participate and deliver its responsibility to fight for the justice of medical professionals and the IMA. We did quite well on all fronts.

Over a period of two years IMA KSB did some commendable jobs! The results and the outcomes helped the association and its members significantly.

The amendment to the Karnataka Medical Council act and bringing state law on violence against health care professionals and the facilities is one of the major milestones for IMA KSB. The law has been passed in the assembly and notified and now, it is expected to provide safety to the healthcare professionals help them to serve the society in better environment. This new law and the amendment happened only because of IMA KSB. IMA KSB worked for nearly a year on every aspect of the issue, consulted and appraised the honorable minister for law, medical education, health minister and many others repeatedly made it possible. Sincere thanks to the seniors who did this wonderful job with their vision, hard work and dedication.

Data safety of the members was one of the not seen not observed works during my tenure. At this age of online frauds and cheating, safeguarding the invaluable details of the member's data was the need of the hour. The precious details of the members were well protected. The innumerable requests from various pharma companies, marketing agencies, various service providers and to the extent from our own members and the branches was turned down. However, members and branches' requests on CMEs, training program and others were supported with circulation of the flyers and other materials from the office.

IMA KSB library: IMA KSB is very keen to help students learning and happy to provide facilities. The library facilities, one of the prime attractions post MBBS junior doctors preparing for various entrance exams was expanded to accommodate more students. The new facility was opened in the ground floor in 2023 to accommodate ever increasing demand of the students. With the belief of successful cracking of the exams and getting into the postgraduation courses, students prefer to study in IMA KSB facility. With opening of the additional facility and improving the existing facilities, students are very happy and thankful to IMA KSB. This is one of the important works done during our tenures. Sincerely acknowledging and thanking the building committee for the good works.

Canteen facility: a long pending demand of the students and need at the IMA House was fulfilled with starting of the canteen in 2023. The canteen is running very well. This is significantly helping the students preparing for their exams.

BANGALORE DECLARATION: A historic collaboration meeting between IMA and Patient safety and access initiative India foundation (PSAIIF) was held at Bangalore on 29 & 30 June 2024, Experts in the field of patient safety and their concerns, including patient representatives and the experts on the issue from PSAIIF and IMA representatives including IMA national President participated. The topics were discussed under three broad headings; Universal health care, confidentiality and patient data security and Health insurance. After detailed deliberations, the core committee of the consultative meet drafted the consensus declaration and discussed again and fine-tuned and finalized THE BANGALORE DECLARATION! This is a major initiative and step forward in the right direction in building better doctor patient relationship; improve public perception and understanding of the commitment of the doctors to them. IMA-KSB took full responsibility and hosted the meeting. This is one of the major during our tenure.

GST was one of the major issue and a huge financial burden. When the GST sleuths descended to the KSB office and insisted on payment of crores of money immediately, it was a huge challenge. IMA KSB had to explain everything on behalf of all the branches. IMA KSB managed it smoothly and efficiently. The learned senior members made enough research, consulted the tax and legal experts, negotiated with the officials and finally decided to pay with protest. To protect honor, respect and the tax scrutiny of all the branches and the members, It took the onus of payment on itself and whole GST amount was paid. IMA KSB is one of the very few branches in the country who has paid its GST and has been well appreciated by the headquarters. Sincere thanks to all the seniors and special thanks to Dr. Yogananda Reddy, who painstaking studied on the issue, consulted experts, negotiated and settled the issue. As IMA KSB has paid it on behalf of all the members, it was decided to collect contribution from all the members. The process is on.

Branch for joining hands for the welfare of the association. IMA KSB has done a great service to itself by being accommodative to the needs and necessities of the headquarters.

We encouraged the JDN and MSN during our tenure. The students and the junior doctors were involved in learning and skill building activities and

they were given assurances of full support and encouragement. We are happy that they made their mark at important junctions on important issues. They proactively participated in the protests, activities and the functions of the state branch. Their participation in the candle light March protest and the protest against Kolkata gang rape and murdering of a postgraduate student is notable. Further strengthening of both of them is necessary for the betterment of the IMA KSB. We need to work on having both MSN and JDN units at all the medical colleges. That will surely improve care of young and budding professionals during their training and early professional period.

The communications and reporting to the IMA headquarters was well taken care of during the last 2 years. We have responded well to most of the directions of the headquarters and carried out the national activities across the state. IMA headquarters was happy with our works. Adjudging both the IMA KSB President and the State Secretary as the best President and the Best state secretary in the same year in 2023 is a testimony for the wonderful works done at the state branch.

The relationship and the cooperation with the IMA headquarters and the national leadership improved significantly in the last few years. IMA KSB is one of the most reliable and trustworthy partners of the headquarters and they look forward to the state for its inputs and contributions.

IMA KSB has become stronger with strengthening of the democratic processes. It has earned the reputation as the one of the best branch in the country. IMA National President has expressed happiness about the state branch and its leadership. This has also improved the value quotient of IMA KSB at the headquarters.

With this, I believe, IMA KSB is on the right path. Has the potential to grow bigger and better for the benefits of the members and can play a significant role in the national level too. Surely, there is long due for fmajor posts at the headquarters. Hope the state branch keeps the momentum and explore the opportunities and provide leadership at national level.

The more you practice the art of thankfulness, the more you have to be thankful for!

I am grateful for the opportunity given to serve the association. The experience has been invaluable, and I'm proud of the work we've accomplished as a united team. I learned a lot from my team members and thankful for the support and camaraderie we have shared.

I express my sincere thanks to all the office bearers, SWC & CWC members, council members and divisional coordinators. I express my sincere thanks to all the sub subcommittees for great work and cooperation. I express my sincere thanks to all the office staff of IMA KSB for their works, cooperation and guidance.

I acknowledge and appreciate the diligent efforts and work done by the Honorary Treasurer Dr. Vijayasaradhi. He has ensured that the state branch finances and financial handling is smooth, transparent and accountable. He shouldered the responsibility of GST payment smoothly. He has ensured safe keeping of the resources of various accounts and updated the details regularly. His hard work under the guidance of the seniors has saved significant amount of resources to the state branch. Kudos to him for the great work and bringing much needed responsibility for the post. I expre4ss sincere thanks to Dr. Anitha, D, the honorable joint secretary for the valuable support.

I express sincere thanks to the local branches and their team for the years 2022-24 for excellent works and cooperation with the state branch. We cherish working together. It's the local branches works that brought appreciation and awards for the state branch.

I am thankful and have the satisfaction of doing my bit of work to the association. Looking forward to work and contribute for the welfare of the association in the future too. I congratulate the incoming team of Dr. Chiniwalar and Dr. Suriraju and wish them best of luck and extend full support and the cooperation. I am signing off with good memories, lessons learned, the skills acquired and the good memories. Will reflect on my work and and do research on improving them further and bring in more positive, constructive and meaningful outcomes in the future.

Jai Hind! Jai Karnataka! Long live IMA!



The month of September 2024 was filled with activities and festivities. Good rain continued to the month and brought cheers and relief and distress too with excessive rain fall and its effect in few places. The onset of festive season with starts of Shravana month followed by Ganesha festival brought cheers across the state. At IMA KSB too, the month of September brought cheers and activities.

NATIONAL TASK FORCE MEETING (NTF): IMA KSB TEAM attended the Supreme Court constituted National Task Force meeting at NIMHANS, Bangalore. IMA KSB team comprising of President Dr. Srinivasa S, Dr. Karunakara BP, Hon State Secretary and Dr. Madhusudan Kariganoor, the past President, attended the National Task Force subgroup meeting to recommend an action plan in pursuance of honourable Supreme Court dated 20 & 22 of August and NTF meeting of 27/8/24 called by the Convener of the NTF Dr. Prathima Murthy, the director of NIMHANS on 20/9/24 evening at NIMHANS Campus.

Students representatives of Karnataka Association of Resident Doctors and NIMHANS were the others attended the meeting physically.

DME/JME of states like Karnataka, Gujarat, Jharkhand, Telangana, Kerala and others and representatives from various stakeholders associations like national medicolegal group, and others participated by online mode.

Agenda: Revamping working conditions of healthcare professionals. Issues including preventing harassment, working hours, working conditions, uniform policy on salary and other facilities, revamping of redressal committees,

security and other issues were discussed. It was well intended promising discussion.

IMA KSB team gave the most valuable suggestions to incorporate in the NTF suggestions / recommendations.

We handed over the memorandum to PM and Health Minister through Convener of the meeting, the Director of NIMHANS Dr. Prathima Murthy.

IMA KSB Elections 2024: As per the schedule, the election was completed and the counting was done on 29/9/24. The counting was a smooth affair by the election commission. The results were declared on the same day and copy of the same was sent to the IMA KSB office. Congratulations and thanks to the election commissioner for a job well done!

President's speech: The President discussed the work done in a month's time and interacted with the members and also highlighted the various works done.

Central law to stop violence against healthcare professionals: IMA HQ has intensified the demand for a central law to protect the healthcare professionals, which is a long pending demand of IMA. Kolkota incident has given momentum to press for it. The IMA reached out to the health minister and prime minister office to demand a speedy investigation and justice. In the background of increasing violence against doctors, especially, against the women healthcare force, demanded for a central law to tackle the issue. Hope, there will be safety at all medical facilities across the country. NMC issued safety guidelines to all medical colleges.

IMA AMS state conference: IMA RAICHUR organized a memorable conference on 15.9.2024. At a well-attended conference, excellent scientific sessions were held. Dr. Suresh Sagarad, a senior physician and cardiologist from Raichur delivered Dr. B M Alur oration. The inauguration was well attended. More than four hundred delegates attending the conference were a testimony to the importance of the conference and a pointer to the great organizational machinery of the IMA RAICHUR. Delegates, faculty and everyone enjoyed the sumptuous food and the good hospitality. The banquet was well enjoyed by the delegates, accompanied family members and the family of INMA RAICHUR members. We sincerely thank and congratulate the IMA RAICHUR for shouldering the responsibility and delivering a memorable conference.

IMA KSB Women doctors state Conference: A wonderful conference was organized by IMA KSB WDW wing in association with IMA Hassan women doctor's wing and the Hassan branch. The venue, science, hospitality and participation were wonderful. The conference was well organized and was a grand success. Nearly 400 hundred delegates attended the conference. Many women health issues were discussed with focus on women doctor's health. Non- academic comedy session laugh and relax was well appreciated. Panel discussion on women health was very useful session. Congratulations to IMA KSB WDW for delivering a memorable conference.

MEDICON 2024: The preparations are in full swing. With just three weeks to go, the host branch is busy making preparations. The preparation was discussed in details with the protocol officer, IMA IMA KSB President, State Secretary, President elect and other senior members. Many needful suggestions were given to the organizing team. The organizing committee is reaching out to the medical

colleges and IMA local branches to mobilize registrations, scientific papers presentations and others.

Sub-committees: The Kannada Barahagarara Balaga continuing its activities uninterrupted! 5th edition of the annual SAMMELANA held at Belagavi was a grand success. The weekly webinars are happening wonderfully. The participation of the Padma awardees and sharing their journey, experience and contribution to the society and the profession is highly appreciated. The team deserves accolades for their work,

Public health subcommittee is doing good virtual meetings.

Local branches: Local branches very actively conducted various activities as per the directives of the headquarters and the state branch. IMA Raichur tops the list with organizing the state AMS conference and the Teachers day award ceremony. IMA HASSAN conducted state conference of women doctor's wing.

Office works: The office of IMA KSB was busy with helping the election commission for smooth conducting of elections, communicating with the office bearers of local branches about upcoming MEDICON 2024, various awards information, IMA-KSB AMSCON 2014 at Raichur, Women doctors wing annual conference, many more important issues and various activities and directions from the state branch and the headquarters.

I sincerely thank the IMA-KSB office staff for wonderful support and cooperation.

THANK YOU!

"The only way to do great work is to love what you do. If you haven't found it yet, keep looking. Don't settle." – Steve Jobs

Jai Hind! Jai Karnataka! Long live IMA!



Public Relations Officer's Message

Dr. Devadas H.R.

Dear Esteemed Members of IMA Karnataka,

Greetings from IMA KSB, Happy Ayudha Pooja & Vijaya Dashami. I take this Opportunity to thank our Dynamic leaders, President, IMA KSB, Prof. Dr. Srinivas and Hon. Secretary Dr. B P Karunakara for their efforts to keep IMA KSB one of the most active Branches of the Country. Both of them spent a lot of time to visit various branches across Karnataka and Motivated the IMA members to involve in various activities of IMA.

I thank various local branches of Karnataka, who took all the pain in hosting, various events like Academic, Cultural and Sports activities,

I Appreciate and thank on behalf of IMA KSB, all the

member of local branches who showed their Solidarity to fight for the Justice to the lady Doctor of K G Kar Medical College, Kolkata. who was raped and brutally murdered in the college Premises.

I wish to thank our senior members and past Presidents of IMA KSB, Dr. Yoganand Reddy. Dr. Honne Gowda and Dr. Madhusudhan Karignur. for their valuable Advices in the functioning of IMA KSB.

I request all the members of local branches IMA Karnataka to Register for the forthcoming. 90th MEDICON – 2024 which is hosted by IMA Yelahanka Branch, Bangalore from 25th – 27th of this month, Lets all participate in large numbers and make the event a grand Successful one.

LONG LIVE IMA



880th SWC meeting held at IMA HOUSE, Bangalore on 06-10-2024



Under the aegis of IMA Yelahanka Branch

Venue : Dr. C.N.R. Rao Hall, Dr. C.V. Raman Block, Reva University,

Rukmini Knowledge Park, Kattigenahalli, Yelahanka Bengaluru, Karnataka-560064 On Friday the 25th October 2024

Business Hours Meetings

Sl.No.	Time	Meetings Page No.
1	10.00 AM	IMA-KSHS Annual General Body Meeting
2	11.00 AM	IMA-KSB 311th State Council Meeting -
3	01 - 00 PM	IMA-KPPS Annual General Body Meeting
		2.00.PM: LUNCH
4	03.00.P.M	IMA-KSSS Annual General Body Meeting
5	04.00 PM	IMA-AMS, Karnataka State Chapter Annual General Body Meeting
6	04.30 PM	IMA-CGP, Karnataka State Faculty Annual General Body Meeting
		4.30.P.M – 5.00.P.M Tea
7	05.00 PM	IMA-KSB Annual General Body Meeting
8	06.30 PM	IMA-KSB 312th State Council Meeting
		8.00 PM: Onwards Dinner

ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಪ್ರಾರ್ಥನೆ

ಎಲ್ಲರೂ ಸಂತೋಷವಾಗಿರಲಿ, ಎಲ್ಲರೂ ಆರೋಗ್ಯವಾಗಿರಲಿ, ಎಲ್ಲರೂ ನೋವಿನಿಂದ ಮುಕ್ತವಾಗಿರಲಿ, ಎಲ್ಲರೂ ದುಃಖದಿಂದ ಮುಕ್ತವಾಗಿರಲಿ, ಎಲ್ಲಾ ಆಸೆ ಆಮಿಷಗಳನ್ನು ಮೀರಿ ಗುಣಪಡಿಸುವವರು ನಾವಾಗಿರಲಿ.



IMA PRAYER

May everybody be happy
May everybody be healthy
May everybody be free from pain
May everybody be free from sorrow
May we be the healing cure
Beyond every greed & lure

ದ್ದಜ ವಂದನೆ

ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಸದಸ್ಯರಾದ ನಾವು ನಮ್ಮ ರಾಷ್ಟ್ರದ್ದಜಕ್ಕೆ ವಂದನೆ ಸಲ್ಲಿಸಲು ಇಲ್ಲಿ ನಿಂತಿದ್ದೇವೆ.

ಅದರ ಗೌರವ ಮತ್ತು ವೈಭವವೇ ನಮ್ಮ ಬೆಳಕು ಮತ್ತು ಶಕ್ತಿ ಮತ್ತು ಅದರ ಪಥವೇ ನಮ್ಮ ಪಥವು.

ಈ ರಾಷ್ಟ್ರೀಯ ಸಂಸ್ಥೆಯ ಮಾನ್ಯತೆ ಪಡೆದ ಸದಸ್ಯರಾದ ನಾವು ನಮ್ಮ ಜವಾಬ್ದಾರಿಗಳನ್ನು

ಅರಿಯುವ ಮೂಲಕ ಅದಕ್ಕೆ ನಮ್ಮ ನಿಷ್ಠೆಯನ್ನು ತೋರಿಸುವ ಪ್ರತಿಜ್ಞೆ ಮಾಡುತ್ತಿದ್ದೇವೆ.

ದೇಶಸಮೂಹಗಳ ನಡುವೆ ನಮ್ಮ ರಾಷ್ಟ್ರಧ್ವಜವು ಉನ್ನತ ಮಟ್ಟದಲ್ಲಿ ಹಾರಾಡುವ

ಸಲುವಾಗಿ ನಮ್ಮ ಅಧಿಕಾರದಲ್ಲಿರುವ ಎಲ್ಲವನ್ನೂ ಅದಕ್ಕೆ ಸಮರ್ಪಿಸುವ ಪ್ರಮಾಣ ಮಾಡುತ್ತಿದ್ದೇವೆ.

ಜೈಹಿಂದ್ ಐ.ಎಂ.ಎ. ಚಿರಾಯುವಾಗಿರಲಿ



INDIAN MEDICAL ASSOCIATION'S KARNATAKA STATE HEALTH SCHEME

IMA Bhavan, Near Lions Club, Opp. KSRTC Bus Stand, Gangavathi-583227. Koppala Dist.

IMA KSHS

Cell: 8618744511 | imakshs@gmail.com | https://www.imahealthscheme.org

Ref: IMA/KSHS/GB-/2024

Date: 1st October 2024

NOTICE OF THE ANNUAL GENERAL BODY MEETING

The Annual General Body Meeting of IMA's-KSHS will be held under the aegis of IMA Yelahanka Branch on Friday the 25th October 2024 at 10.00. A.M at Dr. C.N.R. Rao Hall, Dr. C.V. Raman Block, Reva University, Rukmini Knowledge Park, Kattigenahalli, Yelahanka Bengaluru, Karnataka-560064.

All the Members are requested to attend the Meeting.

AGENDA

- 01. Welcome by the Chairman
- 02. IMA Prayer
- 03. Reading of the Meeting Notice
- 04. Messages of Inability to attend, if any
- 05. Reading and Confirmation of the Last Annual General Body Meeting held on 27.10.2023 at Bidar on Friday.
- $06. \ Enrollment of new members from 01.04.2023 to 31.03.2024 \& up to 30.09.2024 \\$
- 07. Adoption of Secretary's Report of the year.
- $08.\ Presentation\ and\ adoption\ of\ the\ Audited\ accounts\ for\ the\ year\ 01.4.2023\ to\ 31.03.2024$
- 09. Ratifications of the resolutions passed by the Managing committee during the year 2023-24
- 10. Appointment of Auditor and fixing the remuneration
- 11. Budget for the year 2024-25
- 12. Any other Business with the permission of Chairman
- 13. Vote of thanks

Thanking you, Your's sincerely

Sd/Dr. JAMBUNATH GOUDA
Chairman

Sd/-Dr. MADHUSUDHAN K.N. Honorary Secretary



INDIAN MEDICAL ASSOCIATION'S KARNATAKA STATE BRANCH

IMA House, Near IMA Circle, A.V.Road, Bangalore-560018 Tele.080-26703255, <u>imaksbpresident@gmail.com</u>

Ref: IMA/KSB/SCM/1085/2024

Date: 1st October 2024

To:

The Honorary Secretaries, Local Branches of IMA in Karnataka State, All State and Central Council Members from Local Branches, All Members of State Working committee of IMA-KSB & All Past Presidents of IMA-KSB. Dear Sir / Madam,

311th State Council Meeting of the Indian Medical Association, Karnataka State Branch will be held under the aegis of IMA Yelahanaka Branch on Friday the 25th October 2024 at 11.00.A.M at Dr. C.N.R. Rao Hall, Dr. C.V. Raman Block, Reva University, Rukmini Knowledge Park, Kattigenahalli, Yelahanka Bengaluru, Karnataka-560064.

Please make it convenient to attend the Meeting.

: Agenda :

- 01. IMA Prayer and Flag Salutation
- 02. Welcome by the President
- 03. Reading of the Meeting Notice by Hon. State Secretary
- 04. Condolence Resolutions, if any
- 05. Messages of informed inability to attend
- 06. Action taken on the previous Minutes of 310th State Council Meeting held at Buntara Bhavana, Bhadravathi on 28th April 2024
- 07. Ratification of
 - (a) 876th State Working Committee Meeting on 16.06. 2024 Zoom Platform
 - $(b) \qquad 877 th\, State\, Working\, Committee\, Meeting\, on\, 04.06.2024\, Zoom\, Platform$
 - $(c) \qquad 878 th\, State\, Working\, Committee\, Meeting\, on\, 16.08.2024\, Zoom\, Platform$
 - $(d) \qquad 879 th\,State\,Working\,Committee\,Meeting\,on\,28.08.2024\,Zoom\,Platform$
 - (e) 880th State Working Committee Meeting on 06.10.2024
- 08. Secretary's Report from October 2023 to September 2024 and Adoption
- 09. Adoption of the Audited Accounts from 01.10.2023 to 30.09.2024 and its adoption
- 10. Resolutions, if any
- $11. \ \, Any \, other \, subject \, with \, the \, permission \, of \, the \, chair \,$
- 12. Vote of thanks.

Thanking you,

Yours Sincerely,

Sd/-

Sd/-

Dr. B.P. KARUNAKARA, Honorary State Secretary

Dr. ANITHA. D, Honorary Jr. Secretary

Please Note:

- (1) SCM Members are requested to bring the meeting Notice with them. No copies will be given at the meeting.
- (2) Only SCM Members are allowed to attend the Meeting.
- (3) If any clarification required on any subject, the SCM members may send their request to Hon. State Secretary mentioning the subject which they wish to discuss.



IMA KARNATAKA PROFESSIONAL PROTECTION SCHEME

IMA HOUSE, A.V.ROAD, BANGALORE

Mobile No. 8197330598 | Web: www.imakppsbengaluru.org

IMA KPPS

Ref: IMA/KPPS/55/2024 Date: 1st October 2024

NOTICE FOR THE ANNUAL GENERAL BODY MEETING

The Annual General Body Meeting of IMA Karnataka Professional protection Scheme will be held under the auspices of IMA Yelahanka Branch on Friday the 25th October 2024 at 1.00.P.M. at Dr. C.N.R. Rao Hall, Dr. C.V. Raman Block, Reva University, Rukmini Knowledge Park, Kattigenahalli, Yelahanka Bengaluru, Karnataka-560064

All are requested to attend the meeting

AGENDA

- 01. Welcome by the Chairman.
- 02. IMA Prayer and Flag Salutation.
- 03. Reading of the Meeting Notice by the Secretary.
- 04. Condolence if Any.
- $05.\ Correspondence if any.$
- 06. Reading and confirmation of the minutes of the last General Body Meeting held on 27.10.2023 at Bidar on Friday.
- 07. Enrollment of new members from <math>01.04.2023 to 31.03.2024 & up to 30.09.2024
- 08. Adoption of Secretary's Report of the year.
- $09.\ Presentation\ and\ adoption\ of\ the\ Audited\ accounts\ for\ the\ year\ 01.04.2023\ to\ 31.03.2024$
- $10. \ Ratifications of the \, resolutions \, passed \, by \, the \, Managing \, committee \, during \, the \, year \, 2023-24$
- 11. Appointment of Auditor and fixing the remuneration
- 12. Budget for the year 2024-25
- 13. Elections of IMA KPPS for the year 2024-25.
- $14. \ Any other \ Business \ with the permission of \ Chairman$
- 15. Vote of thanks

Thanking you, Your's sincerely

> Sd/-Dr. Honnegowda Chairman

Sd/-Dr. N.Dhanapala Honorary Secretary GSTIN-29AAATI0546D1ZY

Indian Medical Association's

PH: 0836-23655656

KARNATAKA SOCIAL SECURITY SCHEME (IMA'S- KSSS), Regd.

I.M.A House, 2nd Floor, Bailappanavar Nagar, Hubballi-580029 (Reg. No 47/91-92) Email: imaksshbl@gmail.com Web: www.imakssshubli.org

Chairman

Dr. Yogananada Reddy Y. C.Prithvi Children's Hospital,
Kappagal Road, Y. Nagesh Shashtri Nagar,

Kappagai Koad, Y. Nagesh Shashtri Ballari – 583103

Cell - 9844085120



Secretary

Dr. Sachin Revankar Galgali Hospital, Deshpande Nagar, Hubballi – 580029

Cell - 9880250083

Date: 26-09-2024

First Vice Chairman:

Dr. S. K. Nara Cell: 9845365638 Second Vice Chairman:

Dr. G.B. Bidinahal

Cell: 9591387087

Joint Secretary:

Dr. Anandravi.B. N. Cell: 9845192351

Joint Secretary: Dr. Soumva Y. J.

Cell: 9845222245

Treasurer:

Dr. Mahesh Kumar Cell: 9341738405 Internal Auditor:

Dr. Kittur A F Cell: 9845252474

M.C. Members:

Dr. Madhusudhana Kariganoor

Cell: 9448237145

Dr. Venkatachalapathy M Cell: 9448985567

Dr. Prakash Reddy K T Cell: 9448415777

Dr. Nitali V B Cell: 9448326490

Dr. Annayya M Ulthur Cell: 9448012028

Dr. Suresh Rudrappa Cell: 9448459155

Dr. Jayanth M S Cell: 9448325885

Dr. Harisha Delanthabettu

Cell: 9844028852

Dr. Jayappa H G

Cell: 9886311836

Dr. Krishna Naik H B

Cell: 9481246557

Dr. Shiyakumar Y M

Cell: 9448407400 **Dr. Anirudh C Kulkarni** Cell: 9008399299

Dr. Manjunath S Nekar Cell: 9886966506

Women Nominated Members

Dr. Uma Sheshagiri Cell:9900098736

Dr. Sanjana Patil Tallur

Cell:9448585094

Ref: IMAKSSS/HBL/ 2293 /2024

NOTICE OF ANNUAL GENERAL BODY MEETING

Dear Member,

The Annual General Body Meeting of IMA's-KSSS will be held under the auspices of IMA Karnataka State Branch, on Friday 25th October 2024 at 2.30pm in Dr. C.N.R Rao Hall, Dr. C.V. Raman Block, Reva University, Yelahanka, Bengaluru

AGENDA

- 01. Welcome by the Chairman and IMA Prayer
- 02. Reading of the Meeting Notice by the Secretary
- 03. Felicitation to motivators and promoters
- 04. Condolences
- 05. Correspondences
- 06. Reading and Confirmation of the Last Annual General Body Meeting held at Bidar Institute of Medical Sciences. Bidar
- 07. Enrolment of New members from 01.04.2023 to 31.03.2024 (list enclosed)
- 08. Adoption of Secretary's Report
- 09. Presentation and adoption of the audited accounts for year 01-04-2023 to 31-03-2024
- 10. Appointment of Auditor and fixing the remuneration
- 11. Budget for the year 2024-2025
- 12. Ratification of the resolutions passed by the Managing Committee during the year 2023-24
- 13. Any other matter with the permission of the chair
- 14. Vote of thanks

Thanking you,

Yours sincerely,

DR.Y.C. YOGANANDA REDDY

Chairman

DR. SACHIN REVANKAR Secretary

Note: Please bring the meeting notice to avoid inconvenience and for smooth business of the meeting. No extra copies will be provided

Date: 1st October 2024

IMA ACADAMY OF MEDICAL SPECIALITIES KARNATAKA STATE CHAPTER

IMA House, Near IMA Circle, A.V.Road, Bangalore-560018
Tele.080-26703255, E-mail: imaksbpresident@gmail.com, imafocus@gmail.com

Ref: IMA-AMS/KSC/1088/2024

NOTICE FOR THE ANNUAL GENERAL BODY MEETING

The Annual General Body Meeting of IMA-AMS, Karnataka State Chapter will be held under the aegis of IMA Yelahanka Branch on Friday the 25th October 2024 at 4.00.P.M at Dr. C.N.R. Rao Hall, Dr. C.V. Raman Block, Reva University, Rukmini Knowledge Park, Kattigenahalli, Yelahanka Bengaluru, Karnataka-560064

All are requested to attend the meeting.

AGENDA

- 01. Welcome by the Chairman
- 02. IMA Prayer
- 03. Reading of the Meeting Notice
- 04. Messages of Inability to attend, if any
- 05. Adoption of Secretary's Annual Report
- $06. \ Audited \ Statement \ of \ Accounts \ for \ the \ year \ 2023-24$
- 07. Programme for the year 2024-25
- 09. Any other subject with the permission of the chair
- 08. Vote of thanks

Thanking you, Your's sincerely

> Sd/-Dr. Geetha J. Doppa Chairman

Sd/-Dr. Suresh Kagalkar Honorary Secretary

Date: 1st October 2024

IMA COLLEGE OF GENERAL PRACTITIONERS KARNATAKA STATE FACULTY

/ IMA House, Near IMA Circle, A.V.Road, Bangalore-560018
Tele.080-26703255, E-mail: imaksbpresident@gmail.com, imafocus@gmail.com

Ref: IMA-CGP/KSF/1089/2024

NOTICE FOR THE ANNUAL GENERAL BODY MEETING OF IMA- CGP-KSF

The Annual General Body Meeting of IMA-CGP-Karnataka State Faculty will be held under the aegis of IMA Yelahanka Branch on Friday the 25th October 2024 at 4.30.P.M at Dr. C.N.R. Rao Hall, Dr. C.V. Raman Block, Reva University, Rukmini Knowledge Park, Kattigenahalli, Yelahanka Bengaluru, Karnataka-560064

Please make it convenient to attend the Meeting.

AGENDA

- 01. Welcome by the Director
- 02. IMA Prayer
- 03. Reading of the Meeting Notice
- 04. Confirmation of the Minutes of the previous General Body Meeting held on 27.10.2023 at Bidar on Friday.
- 05. Adoption of Secretary's Annual Report
- $06. \ Adoption \ of \ Audited \ Accounts \ of \ IMA-CGP, KSF \ for \ the \ year \ 2023-24$
- 07. Any other subject with the permission of the chair
- 08. Vote of thanks

Thanking you, Your's sincerely

> Sd/-Dr. Annayya Kulal M. Ulthur Chairman

Sd/-Dr. Savitha Ramesh Honorary Secretary

INDIAN MEDICAL ASSOCIATION KARNATAKA STATE BRANCH

/ IMA House, Near IMA Circle, A.V.Road, Bangalore-560018
Tele.080-26703255, E-mail: imaksbpresident@gmail.com, imafocus@gmail.com
Web: www.imakarnataka.in

Ref: IMA/KSB/1086/2023 Date: 1st October 2024

NOTICE OF THE ANNUAL GENERAL BODY MEETING OF IMA-KSB

The Annual General Body Meeting of IMA Karnataka State Branch will be held under the aegis of IMA Yelahanka Branch on Friday the 25th October 2024 at 5.00.P.M at Dr. C.N.R. Rao Hall, Dr. C.V. Raman Block, Reva University, Rukmini Knowledge Park, Kattigenahalli, Yelahanka Bengaluru, Karnataka-560064

All the Members are requested to attend the Meeting.

AGENDA

- 01. IMA Prayer & Flag salutation
- 02. Welcome by the President
- 03. Reading of the Meeting Notice
- 04. Condolences Resolutions, if any
- 05. Messages of Inability to attend, if any
- 06. Confirmation of the Minutes of the Previous Annual General Body Meeting held on Friday the 27th October 2023 at Bidar
- 07. Adoption of Secretary's Report of the year
- $08. \ Adoption \ of audited \ Accounts \ from \ 1st \ April \ 2023 \ to \ 31st \ March \ 2024$
- 09. Ratification of the resolutions passed by the State Working Committee and State Council meetings during the year 2023-24
- 10. Discussion on GST.
- 11. Resolutions, if any
- 12. Installation of New President, Vice-Presidents, President-Elect
- 13. Consideration of the Budget for the ensuing year 2024-25
- 14. Appointment of an Auditor
- 15. Any other Business with the permission of president
- 16. Vote of thanks

Thanking you, Your's sincerely

> Sd/-Dr. B.P. KARUNAKARA, Honorary State Secretary

Sd/-Dr. ANITHA. D. Honorary Jr. Secretary

INDIAN MEDICAL ASSOCIATION KARNATAKA STATE BRANCH

/ IMA House, Near IMA Circle, A.V.Road, Bangalore-560018
Tele.080-26703255, E-mail: imaksbpresident@gmail.com, imafocus@gmail.com
Web: www.imakarnataka.in

Ref: IMA/KSB/SCM/1087/2023

Date: 1st October 2024

To

The Honorary Secretaries, Local Branches of IMA in Karnataka State, All State and Central Council Members from Local Branches, All Members of State Working committee of IMA-KSB & All Past Presidents of IMA-KSB.

Dear Sir / Madam,

312th State Council Meeting of the Indian Medical Association, Karnataka State Branch will be held under the aegis of IMA Yelahanka Branch on Friday the 25th October 2024 at 6.30.P.M at Dr. C.N.R. Rao Hall, Dr. C.V. Raman Block, Reva University, Rukmini Knowledge Park, Kattigenahalli, Yelahanka Bengaluru, Karnataka-560064

Please make it convenient to attend the Meeting.

AGENDA

- 01. IMA Prayer and Flag Salutation
- 02. Welcome by the President
- 03. Assumption of office by President and Office-Bearers
- 04. Messages of informed inability to attend
- 05. Formation of Various Sub-Committees
- $06.\ Formation of Divisional \,Co-Ordinators \,and \,District \,Co-Ordinators$
- $07\ \ Date\ and\ Venue\ of\ the\ 313th\ State\ Council\ Meeting\ during\ the\ Month\ of\ April\ 2025$
- 08. Venue of the 91st IMA Karnataka State Annual Medical Conference (91st MEDICON-2025)
- 09. Consideration of the Budget for the ensuing year 2024-25
- 10. Any other subject with the permission of the chair
- 11. Vote of thanks.

Thanking you, Your's sincerely

> Sd/-Dr. B.P. KARUNAKARA, Honorary State Secretary

Sd/-Dr. ANITHA. D. Honorary Jr. Secretary

OFFICE OF THE RETURNING OFFICER FOR ELECTIONS OF IMA-KPPS FOR THE YEAR 2024-27

1 ST FLOOR, IMA HOUSE, ALUR VENKATARAO ROAD, CHAMARAJPET, BANGALORE - 560018

Returning Officer: Dr.SHIVAKUMAR B. LAKKOL Mob: 9448560400 | E-mail: sblakkol@yahoo.co.in

Ref:Elections/IMA-KPPS/56/2024-25

5/56 / 2024-25 Date: 28th September 2024 **ELECTION NOTIFICATION**

To:

The Members of IMA Karnataka Professional Protection Scheme, Dear Doctor.

Sub: Nominations to various posts of IMA-KPPS.

The office of the returning officer for elections of IMA's- KPPS (2024-27) invites the nominations for the following posts duly proposed and seconded by the active members of IMA's- KPPS with consent of the candidate as per the time schedule attached.

List of Managing committee posts:

1)	CHAIRMAN	1	2)	VICE CHAIRMAN	1
3)	HONORARY SECRETARY	1	4)	JOINT SECRETARY	1
5)	HONORARY TREASURER	1	6)	INTERNAL AUDITOR	1
7)	MANACING COMMITTEE MEMDEDS	10			

7) MANAGING COMMITTEE MEMBERS 10

The nominations may please be forwarded to the Returning officer by Speed Post/Registered post /Courier only and should reach the office of the Returning officer on or before 14th October 2024 (No ordinary post and No Hand Delivery) and the envelop shall be addressed to, "The Returning officer, Office of the IMA-KPPS, 1st FLOOR, IMA HOUSE, ALUR VENKATARAO ROAD, CHAMARAJPET, BANGALORE-560018" super scribed as "Nomination for the elections of the IMA-KPPS for the year 2024-27 (Three year term)."

Dr. SHIVAKUMAR B. LAKKOL, Returning Officer

IMPORTANT DATES

- Last date for receiving Nominations with Acceptance
 Scrutiny of nominations and publication of valid list
 14-10-2024 -5 P.M.
 18-10-2024 -5 P.M.
- 3. Last date for withdrawal From 19-10-2024, Till before Elections
- 4. Date of Election (During Annual General Body Meeting of KPPS) on 25-10-2024 at 11.00.A.M at Dr.C.N.R.Rao Hall, Dr.C.V.Raman Block, Reva University, Rukmini Knowledge Park, Yelahanka, Kattigenahalli, Sathanur, Bengaluru-560064.

NOTE:

- [1] The Contestants for the post of Chairman, Vice Chairman, Secretary, Treasurer, Internal auditor and Joint Secretaries and Members of managing committee (Ten Posts) shall send the duly filled nomination paper along with letter of acceptance / willingness on or before 5 P.M. of 14th October 2024.
- $[2] \, Nomination \, forms \, will \, be \, strictly \, scrutinized \, and \, incomplete \, nomination \, will \, be \, rejected.$
- [3] No hand delivery of nomination forms.
- $[4] With drawal forms \, can \, be \, delivered \, by \, hand \, / \, Courier \, / \, registered \, post / E-mail. \, imakpps @gmail.com \, for the contraction of the contract$
- [5] Nomination forms can be obtained from IMA'S-KPPS website at https://www.imakppsbengaluru.org/or from IMA'S-KPPS Office, Bangalore or IMA Focus September 2024 issue (Page No.18)

Date.....

OFFICE OF THE RETURNING OFFICER FOR ELECTIONS OF IMA-KPPS BANGALORE - 560018

Elections For the year 2024-27

NOMINATION FORM

To:

The Returning Officer, Elections of IMA-KPPS, 1 st Floor, IMA House, Alur Venkata Rao Road, Chamarajpete, BANGALORE – 560018
Sir,
Sub: (1) Nominations to the post of CHAIRMAN, VICE CHAIRMAN, SECRETARY, JOINT SECRETARY, TREASURER, INTERNALAUDITOR, and MEMBERS (10 posts)
A) Candidate
I, DrMember of IMAfor the year 2024-27.
Signature of the Candidate:
B) Proposer
I, (in Block Letters) DrBranch with IMA KPPS Membership Nodo hereby propose the name of (Candidate) Drforthe year 2024-27.
Signature of the Proposer
Address:Mob NoMob No
C) Seconder
I, (in Block Letters) Dr
Signature of the Proposer
Address:Mob NoMob No
WILLINGNESS CERTIFICATE BY THE CANDIDATE
I am willing to contest and accept the nomination proposed and seconded by Members.
Name of the Candidate (in Block Letters) Dr
Ph: No.(STD Code
Date:
Place: Signature of the Candidate

"The closest thing to being cared for is to care for someone else." — Carson McCullers

BRANCH ACTIVITIES

Branch: Belagavi

President: Dr. Ravindra B. Anagol Secretary: Dr. Sushruth Kamoji



On 15.08.2024 Independence Day was celebrated. On 15.08.2024 IMA in association with St. Pauls High school conducted a blood donation camp was arranged. On 17.08.2024 IMA in association with Indian Dental Association and Ayush Federation of Belagavi also held a protest march and submitted a memorandum to the DC. On 24th and 25th September 2024 5th IMA KSB Kannada barahagara Sammelana. On 25.08.2024 IMA KSB President visit to IMA House, Belagavi.

Branch: Bengaluru

President: Dr. Madhushankar.L Secretary: Dr. Mohan Kumar.M



On 05-09-2024, 12th EC meeting of IMA Bangalore Branch was held. On 15-09-2024: 10th Public Health Guest Lecture (PHGL) was conducted. In association with Cardiological Society of India-Bangalore Branch and Medical Education & Research Trust, Bangalore. Members attended by 60 persons, Dr. Mamatha M Chairman PHGL, Dr. Suresh H G, Dr. M.Venkatachalapathy, Dr.H.C. Ramesh were present. (1) Dr. Balaraju Associate Professor Interventional Cardiologist Sir Jayadeva Institute of Cardiac Science, Bangalore gave a talk on "Common Valvular conditions in adults" (2) Dr. Nithyanananda, MD Paediatrics, DCH, PGDAP, PGDHR, Assistant Prof.

Paediatrics, SSIMRC, Begur T Bangalore gave a talk on "Junk Food- The new Pandemic" (3). Dr. Shraddha Sudarshan Ophthalmologist Minto Eye Hospital Bangalore gave a talk on "Eye donation and Eye banking". Dr. Mamatha M Chairman PHGL IMA Bangalore Branch felicitated both the speakers with a Momento and Certificate, On 18-09-2024: CME Program and Teachers Day program was successfully conducted by Indian Medical Association, Bangalore Branch at IMA house, 60 members participated in the program. Chief Guest Dr. B.L Sujatha Rathod Director, Directorate of Medical Education, Govt of Karnataka. Guest of Honour Dr. Srinivasa S. IMA-KSB President were present Dr. Mohan Kumar M, Hon. Secretary, IMA-BB welcomed the gathering. The following Teachers were honoured: (1).Dr.Ashwath Narayan D.H, (2). Dr. Anil Kumar, (3).Dr.Meenakshi Parthasarathy, (4). Dr. Nagarajaiah N, (5).Dr. Nagaraju G, (6). Dr. Prakashappa T H, (7).Dr. Pushpa Srinivas, (8).Dr. Ramya B.S, (9).Dr. RadhaKrishna A.M, (10).Dr. H. D. Ramachandra Prabhu, (11).Dr. S. Srinivasulu Naidu, (12).Dr. Smitha S.G, (13).Dr. R. Sahadev, (14).Dr.Sneha K Chunchanur and (15).Dr. Vinay H.N. Dr. Madhushankar L gave President Speech and Dr. Pradeep Kumar K.N did vote of thanks. Every Saturday: IMA Bangalore Branch is conducting Free Medical checkup Camp in association with TTD Vyalikaval, Lions Club, Apollo Hospital and Srinivasa Health Care at TTD, Vyalikaval, and 80 People attended the camp. Screened for Diabetes & Cardiac camp at TTD Devastanam Bangalore Lions club.

Branch: Bhadravathi
President: Dr. R.C. Bangalore
Secretary: Dr. Shushith Shetty.S



A CME Programme was on Wednesday, 14-08-2024 at VISL Guest House, Bhadravathi. Dr. Shrikanth N Hegde MBBS, MD, Consultant Physician, Shimoga spoke on "Clinicians Dilemmas in Diagnosis of a Patient with Fever". Dr. Girish C S, Hon. Secretary, the Shushrutha Bio-Medical Waste Management Society (R.) delivered a talk on "Storage & Segregation of Bio-Medical Waste within the HCF". This

Programme was sponsored by The Shushrutha Bio-Medical Waste Management Society (R.). Dr.R C Bangalore, the President, IMA Bhadravati presided over the programme and welcomed the guests. Dr Sushith S Shetty read the IMA prayer and Dr Ramachandra Kamath, the Treasurer, IMA Bhadravathi rendered vote of thanks.Dr Harisha Delanthabettu compèred the programme. The members of IMA Bhadravathi have participated in Independence Day celebration at various places including Rotary Club, Bhadravathi, Lion's Club, Bhadravathi, Nirmala Hospital, Bhadravathi and Ashakirana Rehabilitation Center, Bhadravathi. Dr Sunanda R Kulkarni Excellence Award was bestowed on Dr. Veena Bhat on 24-08-2024 during the IMA-KSB, Kannada Vaidya Barahagarara conference at Belgaum for her write up in kannada. IMA Bhadravathi won 3rd place in Best Branch award category and bagged Chairman's appreciation award for menstrual hygiene awareness programme on the occasion of Annual conference of IMA-KSB Women Doctor's wing, Srushti, held on Sunday, 22-09-2024 at Hassan. Thanks to Dr Veena Bhat for the commitment and hard work.

Branch : Challakere
President : Dr.T.M.Nataraj
Secretary : Dr.Arunkuma Kuna



IMA Challakere branch recently celebrated doctors day by felicitating senior doctors of Challakere taluk who have served for more than 30 years. About 100 doctors attended the event. On this occasion Chief guest, Challakere MLA Mr.T.Raghumurthy expressed his thankful gratitude to entire health care professionals for fighting against the nature to save lives during covid and felicitated all the senior doctors. All the doctors submitted memorandum to the honorable MLA to give government land near by Challakere town to build Doctors Bhavan. IMA Challakere president Dr.T.M.Nataraj appreciated the sincerity, dedication and hard work of all the doctors who by their healing touch cure the patients and highlighted the role of IMA in enhancing healthcare in India. IMA Challakere secretary Dr. Arunkumar congratulating all the doctors , appealed to young doctors to keep high ethical moral while treating the patients and provide cost effective treatment at best available facilities and announced few new programs that would be implemented in the coming months.

Branch : Chikodi

President : Dr. Darshan Pujari Secretary : Dr. Rajendra Dixit



On 15-08-2024 flag hoisting was done at IMA Chikodi. General body meeting was held. New office bearers for next academic year were selected. On 17-08-2024, IMA Chikodi joined the nationwide protest called by National IMA against the incident at RG Kar Hospital Kolkatta and conducted protest rally wearing black dress. General hospital doctors, Ayush association doctors, Ayurvedic college students, Pharmacy college and Paramedical college students joined the protest rally. Memorandum was submitted to Honorable Prime Minister through AC. In the evening candle-march was held. Nursing college students and Women's wing joined the candle march.

Branch : Dharwad President : Dr. Sathish Irkal Secretary : Dr. Kiran Kulkarni



Cultural Festival: IMA Dharwad welcomed all the IMA members along with their families for Grand Gala Annual Cultural Festival with Award ceremony Program of IMA Dharwad on 25-08-2024, 2024 at 4 PM at Sevalaya, behind Lourdes German Hospital. Snacks were arranged for all and were followed by Dinner later after completion of the function. Over 200 Doctors and their families participated in the cultural function. IMA-KSB President Dr Srinivasa

graced the occasion and distributed the prizes. Dr Ramesh Neglur gave a brief about his stinct with IMA Dharwad which is the oldest branch in Karnataka State. The cultural fest included Fashion Show, Group Dances, Couple Dances, Individual and Duet songs, Kids dance and Instrumental play concluding with DJ night President Dr. Satish Irkal welcomed the gathering, Secretary Dr Kiran Kulkarni gave the vote of thanks along with MOCs Dr. Anil and Dr. Srikant. IMA Dharwad EC Members, Cultural and Sports Committee members attended the programme in full strength. August 29th - National Sports Day IMA Dharwad Secretary, Dr Kiran Kulkarni was invited by the Department of Youth Services and Sports Dharwad District on the eve of National Sports Day on 29th at RN Shetty Stadium to address Sports persons regarding Sports Injuries, First Aid, Prevention of injuries, Sports Nutrition and on Doping Drugs in Sports, Over 100 plus athletes belonging to various sports declines' from Athletics, Hockey, Badminton, Gymnastics, Volleyball, Wrestling attended the programme along with their coaches and Asst Director of Dept of Youth Services & Sports Mr. Manjunath. Dr Kiran Kulkarni, Secretary IMA Dharwad was honored on the eve of National Sports Day at the RN Shetty Stadium, Dharwad. Lt to Rt -Sakkubai (Khelo India Coach), Shyamala Patil (Athletic Coach), Manjunath Asst.Director DYSS, Chandrashekar Naikar (Hockey Coach), Paappa (TKW Coach), Shivappa Patil (Wrestling Coach), Raghuvendra Pai (Volley Ball coach). 01-09-2024, Diamond Jubilee Oration Award Ceremony IMA Dharward members gathered in large numbers to celebrate its prestigious Diamond Jubilee Oration Award Ceremony. 01-09-2024, Sunday, Annual Diamond Jubilee Oration Award Ceremony presented to Dr Ramesh M.K, Vice Chancellor of RGUHS, Bangaluru. Dr Ramesh in his Oration lecture spoke on the latest advancements in Medical technology and its integration in Acedamics. Dr Sanjeev Chatni, Gastroenterologist from Hubli spoke on the latest treatment schedules on Hepatitis B management and vaccination schedules. Dr Ramesh also inaugurated the newly constructed "Dr Anand Handigol Hall" in IMA premises. Dr Satish Irkal welcomed the gathering and Secretary Dr Kiran Kulkarni proposed vote of thanks. Dr Uday Bande, HOD Medicine Department of the Karnataka Institute of Medical Science and Research Institute, was awarded with the prestigious American College of Physician Fellowship at the ACP India Chapter Conference held in Lacknow. IMA Dharwad congratulate your achievements. Dr. Raghunath D Shanbhag Honored at ENDO-CAD 2024. We are proud to share that Dr. Raghunath D Shanbag served as the "Chief Faculty" at the ENDO-CAD 2024 workshop, titled "Basic to Advanced Endo-Nasal Cadaveric Dissection," held on August 24th, 2024, at Mysore Medical College & Research Institute. During the centenary celebrations of Mysore Medical College, Dr. Shanbag was honored for his significant contributions and expertise in the field and represents IMA Dharwad. 3) Dr Shivakumar Kumbar has been conferred with the Fellow of

Sexual Medical Therapists by the International Association of Sexual Medicine Practitioners at the National Conference held in New Delhi on 14-09-2024.

Branch : Gadag

President: Dr.G.S.Palled

Secretary: Dr. Chadrashekar Bellary



On 15-08-2024 Celebrated 78th Independence Day today at IMA Blood Bank & at IMA Hall by hoisting our National Flag. Nearly 62 members attended today's celebration. Flag hoisting done by our President Dr. G. S. Palled. After the flag hoisting had a formal function. Dr. Radhika Kulkarni madam sang the patriotic song, Dr. G. B. Bidinahal sir gave a very beautiful speech on the freedom fighters and their struggle in getting Independence. Dr. Sonia Karur, President IMA Ladies Wing also spoke about the Indian Soldiers and their dedication towards the country. Vote of thanks done by Dr. Chandrashekhar Bellary. On 17-08-2024 - IMA Protest & Bandh. IMA Gadag branch submitted the memorandum to Gadag DC after protest walkathon rally from IMA hall to DC office Hubli road nearly about 4 kilometre protest walk in association & with support of Women Doctors & OBG doctors wing, Lion's club Gadag, pharmaceutical company representatives and nursing association Gadag and after receiving the memorandum spoke on our peaceful rally. A Gadag branch president Dr Palled, secretary Dr. Chandrasekhar Bellary & past presidents IMA Karnataka State Branch Dr. G.B Bidinahal, Dr. R.S. Bellary and Dr.Shridhar Kuradagi & S.D Sajjanar and all the members of IMA Gadag were present in in protest walk rally).

Branch : Gangavathi
President : Dr. Veena A Satish
Secretary : Dr. Archana Patil

A senior ophthalmologist and Dr Veena Satish, who urged general public to come forward for eye donation. On 11-09-2024 – On occasion of world Suicide prevention day an awreness programmme was conducted at Bethel PU college by Dr. Vadiraj Gorebal, Pyschiatrist where importance of mental health and depression and anxiety and prevention of the same was stressed upon. On 12-09-



2024 - On occasion of world oral health day a general and oral cavity examination was conducted by Dr. Avinash Padmashali for elder age group people where oral health awareness was given. On 22-09-2024 - At Srushti 2024 On 31-08-2024 - A CME was conducted in assocition with Manipal Hospitals Bengaluru by Dr. Samarth Arya consultant orthopedician and robotic joint replacement surgeon and Dr. Ambanna Gowda consultant physician on topics robotic joint replacement surgeries and reversal of Diabetes which was attended by all the IMA members. On 1-09-2024 - on occasion of world nutrition week a cookery competition was held in IMA Bhavan Gangavathi among IMA members which was won by Dr Sulochana Chinivalar. On 1-09-2024 - Organic farming event was conducted at by Mr. Guruprasad and Mr. Devraj from horticulture department at Dr. V.V Chinivalar's residence where importance of organic farming was stressed upon. On 3-09-2024 - On occasion of world PCOS day (1-09-2024) Dr. Veena Satish and Dr. Prabha Raikar gave awareness about PCOS to the students of Shri Vidyaniketan degree college Gangavathi, about 150 students attended the event. On 7-09-2024 - on occasion of The National Eye Donation Fortnight a radio programme was conduted in association with Gramini Bharathi 90.4 FM by Dr Hamnumantappa, 6th IMA-KSB-WDW conference, WDW Gangavathi received appreciation award for conducting best activities in school and adolescent health. On 22-09-2024 - IMA-KSHS management committee meeting was held at IMA Bhavan Gangavathi.

Branch : Holalkere
President : Dr.Shivanna
Secretary : Dr.C.H.Manjunath



On 20.09.2024 CME programme was conducted. In association with Chandragiri Multi-Speciality Hospital Shivamoga, Topic: "paediatric emergency" by Dr Shashidhar Hedge, (2). "General surgical experience "by Dr Jaichanda, (3). "Trauma care" by Dr Chandhan. Dr Shivanna IMA president along with delegates watered plant and inaugurated CME. 24 doctors attended Ex Vice-President, IMA-KSB Dr Narayan Murthy discussed about insurance in IMA.

Branch : Hubli

President: Dr. Venkatesh M. Mulimani

Secretary: Dr. Anand Varma



On 23-08-2024: The 10th Managing Committee meeting of IMA Hubballi branch for the year 2023-2024 was held at IMA House, Hubballi. Around 50 members attended the meeting. On 1st Sept 2024: IMA Hubballi Branch in association with Karnataka Medical College & Research Institute (KMCRI), Hubballi organized a walkathon as a part of Founder's Day Celebrations of KMCRI. Around 200 members participated in the event. On 3-09-2024: The 11th Monthly meeting of IMA Hubballi branch for the year 2023-2024 was held at Hubli Gymkhana Club, Club Road, Hubballi. Around 80 members attended the meeting. On 03-09-2024: IMA Hubballi Monthly CME was held at Hubli Gymkhana Club, Club Road, Hubballi. Dr. Dharmesh Ladhad, Anesthesiologist & Interventional Pain Physician, Hubballi spoke on Exploring Interventional Pain Medicine & Dr. Milon Mitragotri, Anesthesiologist & Interventional Pain Physician, Hubballi Pain and Palliative Care, Vidyanagar, Hubballi spoke on Advanced Pain Management: Overcoming Complex Cases. Around 110 members attended the CME. On 3rd September 2024: IMA Hubballi branch in association with Saksham Uttar Karnataka Pranth, KMCRI, Rotary and Lions club, Hubballi organized a Blind Folded Walk from KLE Tech University to KMCRI. This was as a part of CAMBA - Cornea Andhatv Mukt Bharat Abhiyan. Dr Venkatesh Mulimani - IMA President, Dr Anand Varma - IMA Secretary, Dr S.F Kammar - Director, KMCRI, Dr Ishwar Hosamani -Principal, KMCRI, Dr Sunil Gokhale - President, Saksham Uttar Karnataka Pranth & various other dignitaries along with 500 volunteers & students participated in the event. On 14th September 2024: IMA Hubballi in association with

Dr.K.I.Bijapur Hospital, Hubballi conducted Blood Donation camp at Dr.K.I.Bijapur Hospital from 9.00 a.m. to 2.00 p.m. on the occasion of Eid Milad Around 20 units of blood was donated to Life Line Blood Bank. Dr.K.I.Bijapur, Dr.Mamta Halgeri & other members participated in the camp.

Branch : Jamkhandi President : Dr. H.G.DADDI Secretary : Dr. V.N.Biradar



On 27-08-2024 Participation in Health Checkup Camp by MRN Foundation. On 29-08-2024 Memorandum to protest against the death / murder of trainee doctor at calcutta submitted to Hon Prime Minister & Health Minister through Asst, Commissioner. On 04-09-2024 Participation in Eye Donation awareness Jatha in association with M. M. Joshi Eye Hospital

Branch : Kolar

President: Dr. M. Narayanaswamy

Secretary: Dr. N.C. Devaraj



A CME was organised on 27-08-2024 by Kolar IMA branch in association with Sparsh hospital Yelahanka Bangalore. Dr. Devaraj N C secretary welcomed the audience. Dr M. Narayana Swamy President IMA Kolar introduced the speakers. Dr. Vijayakumar Lead consultant and Head department of Medical oncology and hemato-oncology made a presentation on newer advances in Medical oncology. He updated the new drugs which are useful in treating Malignancies. Dr. Narayana Subramaniam senior consultant and director Head and neck surgery and

director clinical innovation made a presentation on complex head and neck surgery. He discussed in detail the recent advances in Head and neck surgery and their management. Forty four doctors participated in the CME. There was a Very good interaction between the participants and the speakers. The program was well appreciated by all the doctors. Dr. M. Narayana Swamy President IMA thanked the speakers, doctors and the sponsors.

Branch : Koppa

President : Dr. Anita N Rao Secretary : Dr. Sania Sabahi



On 11.9.2024 Conducted a press meet and submitted a memorandum to Thahashildar at Koppa, Sringeri and Narasimharajpura to take action against violence on Dr Venkatesh, Orthopaedician, Chikmagalur Govt Hospital. 14-09-2024 Conducted CME on 'Oxford partial knee replacement' by Dr Abhishek and 'Interesting cases in Nephrology' by Dr Ravi K R. CME was sponsored by NH Shimoga and attended by 55 doctors. On 08-09-2024 conducted a class on Puberty and problems- how to deal with the girls from 7th to 10th std of Lalbahadur school Gadikal by Dr Anita N Rao.

Branch : Mandya

President : Dr. T.N. Marigowda

Secretary: Dr. M. Vinay



On 21-08-2024, IMA Mandya branch in association with fortis hospital Bannerghatta road, conducted CME program at Amaravathi hotel Mandya, Program started

with IMA prayer by Dr TN Marigowda President IMA Mandya branch. Welcome speech by Dr Vinay M Secretary IMA Mandya branch. Dr Monica Bansali spoke about recent advances in surgical approach in breast and ovarian cancers. Dr Naveen D Gowda spoke about role of ronbotics in joint replacement surgeries. About 70 doctors attended the CME including senior doctors like Dr Keerthi, Dr Suresh, Dr Chandregowda, Dr Chandrashekar, Dr Chethan Kumar, Dr Jawaregowda, Dr Srinivas, Dr Jahnavi, etc. It was followed by dinner. On 09-09-2024 Dengue task force meeting was held at DC office Mandya. Tobacco users screening camp was done at IMA Mandya branch. Health education was given regarding complications of tobacco products consumption. DHO Dr Mohan told regarding dengue outbreak and prevention updates. On 11-09-2024 Akhila Bharatha Kannada Sahithya Sammelana is to be held in Mandya this year

Branch : Nelamangala
President : Dr. M. Jayaprasad
Secretary : Dr. S. Rajendra Prasad



On 23.08.2024 CME Programme was conducted. Topics: (a) "GERD, H. Pylori, Fatty Liver and Hepatitis B & C" by Dr. B.S. Ravindra, Director, Gastroenterology and Hepatology, Fortis Hospital, Bannerghatta Road, Bangalore. (b). On "Indications of Liver Transplant" by Dr. Kishore G.S.B., Senior Consultant and Clinical Head, HBP Surgery and Liver Transplant, Fortis Hospital, Bannerghatta Road, Bangalore. (c). on "Techniques of Liver Transplant" by Dr. Piyush Kumar Sinha, Senior Consultant, Liver Transplant, Fortis Hospital, Bannerghatta Road, Bangalore.

Branch : Sirsi

President : Dr. G.V.Madhukeshwar Secretary : Dr. Suman Hegde

On 23rd Aug, a CME was conducted by Sahyadri Narayana Hospital Shimoga. Dr Aparna Sreevatsa, Consultant medical oncologist spoke on treatment of stage 4 cancer. Dr Vivek MA, Surgical oncologist spoke on updates and contemporary management of oral cancers. Dr nadahalli Ravi, Radiation Oncologist spoke on EBRT in CA Cervix. On August 19th, we the members of IMA celebrated 50 years of



Women service to the society by Dr Asha Prabhu. Dr Tanushree Hegde bagged 1st Prize in Story writing competition organized by Kannada Barahagarara Sangha at Belguam during 5th State Conference of Kannada Barahagarara Sangha at the hands of Dr Someshwar. On the occasion of National Eye Donation program from Aug 25th to Sep 8th, Eye donation awareness programs were held at 7 places - Dhanvantari Ayurveda college Siddapura, Nayak Health Centre Bhatkal, marikamba High School Sirsi, Chandana PU College Sirsi, nemmadi Kutheera, innerwheel club and TSS Sirsi. IMA Sirsi took part in human chain formation organised by Government of Karnataka on September 15th. On September 21st and 22nd,Uttara Kannada Orthopaedic Association under the aegis of Karnataka Orthopaedic Association organised KOA-ICL 2024 under the theme of emerging trends in hip and knee injuries at Hotel Supriya International. IMA in Association with Sahyadri Narayana Hospital Shimoga, Scodwes and Rotary Club of Sirsi organised a mega health checkup Camp at Raghavendra Kalyana Mantapa Sirsi on 24th of September where more than 800 patients benefited. Specialists and super specialists rendered their service. Awareness about Suicidal prevention and how to face failure in exams at Avemaria high school was given by Dr Madhumita, psychiatrist sirsi .She really explained it very well with diagrammatic ppt .Optly explained about mitahari, bakh dhyanam, swan Nidra, Grauh Tyagi, hard and smart work for the success. Teachers and students were very happy about it. Hundreds of students were benefitted. Dr Madhumita has written an article on world suicidal prevention day which was on September 10 th and published in a daily. 14 patients attended the Juvenile diabetes camp held at Mahalakshmi Memorial Hospital on 30th of Aug. They were given free medicines and consultation. There were 48 new admissions at NICU at Rotary IMA PG Hospital. 275 Units including components and whole blood were issued in PG Hospital's Blood centre run in partnership with IMA. 2 Camps were conducted.

Branch : Sullia President : Dr. Veena, N

Secretary: Dr. Ravikanth Goudar G.O

On 21-08-2024 Dr Veena gave health talk organized by KVG Polytechnic College regarding awareness of Anemia. On



21-08-2024 Dr Geeta Doppa gave a health talk organized by ICDS and Rotary Club on Breast feeding and Cervical Cancer awareness. On 24-08-2024 Dr. Veena and Dr Nandakumar attended Conference in Belagavi regarding Kannada Author association. On 12-09-2024 Dr Veena gave talk to high school girls about the importance of vaidya sahitya In Raichur Akashavani. On 15-09-2024 Annual State Conference of IMA AMS Karnataka State Chapter AMSCON was organized on 15th September by IMA Raichur. Chief Guest Dr Yogananda Reddy President Karnataka Medical Council inaugurated the conference All state office bearers were present President Dr Srinivas S, President Elect Dr Chiniwalar, Chairman AMS Dr Geeta Doppa , Hon Sec Dr Karunakara, National Jt Sec Dr Venkatachalapathy, Hon Sec AMS Dr Suresh Kagalkar President Raichur Dr Arun, Sec Dr Sriharsha, Organising Chairman Dr Mahalingappa, Org Sec Dr Shrishailesh Amarkhed, Dr Madhusudan Kariganur Past President KSB, Dr Rajshekhar Bellary, Dr Bidinahal, Dr Mohan Kumar, and other senior IMA leaders were present. Around 400 delegates registered for the conference, around 25 poster presentations by post graduates, talks by 13 esteemed speakers and one prestigious Dr B M Alur oration by Dr Suresh Sagarad made the conference a great success. This was followed by Teachers Day celebrations of IMA KSB where 14 Medical teachers were. On 17-09-2024 Dr Veena was invited as Chief Guest in Rotary Club, sullia for creating awareness about uterine cancers

Branch : Udupi-Karavali President : Dr. Rajalakshmi Secretary : Dr. Archana Bhaktha



On 23-08-2024: Awareness session Awareness session by

IMA UK on nutritious food for the members of Jnana Vikasa Self-help group at Pottukere Santhekatte on 23-08-2024. Dr Rajalakshmi was the resource person. On 24-08-2024: awareness session on Adolescent physical and psychological health and POCSO act Dr Rajalakshmi conducted an awareness session on Adolescent physical and psychological health and POCSO act at Govt High school Udyavar on 24-08-2024 Attended by 106 students and two three teachers. On 25-08-2024: Awareness session Awareness session organized by IMA Udupi Karavali in association with Lions club Manipal and Eye bank Kasturba Hospital Manipal at Goretti hospital on 25/08/2024. Dr Rajalakshmi spoke on Menopause and osteoporosis. Dr Sulatha Bhandary spoke on Eye donation and procedures to pledge to donate eyes and organs Dr Manali Hazarika Corneal transplant surgeon from KMC spoke on procedures of eye and organ donation. Mr Kaushik, coordinator eye bank Kasturba Hospital spoke on how to register for eye donation Bone mineral density camp was organized after the session. Dr Archana Bhaktha was present at the awareness session, 85 members were screened, 6 people found to be osteoporotic, majority osteopenic, Calcium and Vit D3 tablets were distributed for the needy. On 30/08/2024 Awareness session on breast feeding. 30/08/2024 Awareness session on breast feeding at Shankarapura Dr Rajalakshmi was the resource person. On 31-08-2024: workshop on Basic Cardiac Life Support On 31/08/24 IMA UK organized a workshop on Basic Cardiac Life Support in association with ASI Karnataka Chapter Udupi City branch Attended by 110 nursing and paramedical staff from all the hospitals. On 09-09-2024: Dr Rajalakshmi attended PMSMA at PHC Hoode on 09-09-2024 and gave information on breastfeeding and contraception to expectant mothers. On 29.08.2024: Awareness session Awareness session on menstrual hygiene for students of Christian High school Udupi by Dr Akshatha Rao on 29/08/2024. On 13-09-2024: Awareness session on physical and psychological health of adolescents Awareness session on physical and psychological health of adolescents at SMS PU college Brahmavara Dr Rajalakshmi spoke on menstrual hygiene, nutrition and POCSO act, attended by 374 students and teachers. On 15-09-2024: Family meet IMA Udupi Karavali annual family meet was held on 15-09-2024 Prizes were distributed to the winners of various sports events Children of IMA members with academic achievement were felicitated Members along with family presented a colourful entertainment program with dance, songs, skit and dance drama. On 21-09-2024: World Alzheimer's day: On the occasion of World Alzheimer's day IMA UK conducted an awareness session to senior citizens in association with Dr A V Baliga hospital. Dr Shashikiran Umakanth spoke on graceful aging, Dr Rajalakshmi spoke on Post-Menopausal changes in Women Dr P V Bhandary spoke on Dementia Attend by around 160 members.

Branch : Yelahanka President : Dr. Pavan Kumar Secretary : Dr. Shylakumar H.K.



IMA YELAHANKA in association with CYTECARE conducted monthly CME on 23-08-24 FRIDAY 8pm at HOTEL ROYAL ORCHID. It was INDEPENDENCE DAY SPECIAL CME, all dressed in WHITE with INDIAN FLAG SHAWL. Programme started with IMA prayer by Dr.Archana Muralidharan. Welcome by treasurer Dr.Krishnanaik. CME: Dr.Ashwin Giridhar spoke about ADVANCE TECHNOLOGY TECHNIQUES IN UROSURGERY. Dr.Chaitanya Prabhu spoke about ADVANCEMENT IN NUROSURGERY. Unveiling of Monthly NEWSLETTER was done by President Prof.Dr.Pavan Kumar. Doctors day, population day, Dengue awareness játha, National TB consultant meet, Breast feeding week and protests in support of Kolkata victim. 1 minute silence was observed remembering Kolkata victim and torch light salute given. President spoke about need to bring a strong legislation to protect doctors and to RESPECT WOMEN. Prize distribution for painting/drawing competition winners was done by Dr.Shantala, Dr.Archana, President and treasurer. Children's paintings were displayed at the venue. President insisted everyone to register for 90th Medicon. Dr.Sharanappa spoke about vikasit Bharat. Later Patriotic songs were sung by Dr.Rekhapeasad and Dr.Ajay. Kannada sahitya sammelana at Belagavi was attended by Dr.Shankarnarayan. POEM "PREETHIYA CHANDIRA" by Prof. Dr.Pavan Kumar and VAIDYONARAYANOHARI by Dr. Jagruti got selected and published in "KANNADA VAIDYA BARAHAGARARA KAVANA SANKALANA- VAIDYA SUDHE" at STATE LEVEL DOCTORS KAVI SAMMELANA, BELAGAVI. Dr Y M Venkatesh, Chairman Organising Committee and Dr Krishna Naik, Treasurer, Medicon 90, attended IMA Doddaballapur CME on 28-08-2024 at their IMA Bhavan, interacted with their members and motivated them to register for the conference. A total of 9 members did the registration. Dr.Krishnanaik Submitted Medicon 90 memorandum to DME Dr Sujatha Rathod on 03-09-2024. Meeting started with IMA PRAYER by Dr.Padma.. President prof.Dr.Pavankumar welcomed the gathering. Independence special CME, health minister and DME meeting, Belagavi state Kavi sammelana, different branch meeting for Medicon. This month CME by Regal hospital on 20-09-24, royal orchid. Post CME ANNUAL GBM. TREKKING on 29-09-24. Medicon update was given by organising secretary Dr.Shankarnarayan. ELECTIONS was conducted by Returning officer Dr.Suriraju for year 24-25. Vote of thanks by President. IMA YELAHANKA in association with REGAL HOSPITAL conducted MONTHLY CME and ANNUAL GENERAL BODY MEETING (AGM) on 20-9-24 FRIDAY at 8 pm, hotel ROYAL ORCHID. IMA PRAYER by Dr Padmaprakash. Welcome by secretary Dr.Shylakumar. CME BY REGAL HOSPITAL Dr Suriraju spoke about newer techniques for prostate surgery and imported latest machine from Boston USA with this pt can be treated as day care procedure and Dr Abdul spoke about the complex orthopedic surgery as a team work. Unveling of MONTHLY NEWSLETTER by President Dr. Pavankumar and spoke about last one year achievements of our team in detail it's well appreciated by our members. Dr. Nalina spoke about Medicon 90 and requested all the members to enroll and she announced the event dates on conference and activities Present team thanked all IMA members for supporting last one year IMA activities. Meeting concluded with vote of thanks.

Kind Attention

Dear Esteemed IMA Member, Kindly Deposit the requested IMA Life Membership GST Amount of Rs. 700/- for single life and Rs. 1100/- for couple life to the following IMA KSB Account (if you have not paid the IMA life membership GST Amount) as soon as possible.

Google pay, Phone pay or NEFT

Account Name : IMA KSB Account No : 67070532832

IFSC Code : SBIN0070242 Bank : SBI

Saving account Branch : Chamarajapete, Bangalore

Prof Dr. S. SrinivasaPresident

Dr. Karunakara B.P. Hon. State Secretary **Dr. A. Vijayasaradhi** Hon. Treasurer

IMA-AMS Conference-2024 at Raichur



IMA-AMS 24 conference was organised by IMA Raichur on 15th September 2024. The conference was inaugurated by Dr Yogananda Reddy Y.C., President KMC. Prof. Dr. Srinivasa S, President IMA-KSB presided over the function. It was graced by Dr. V.V.Chinivalar, Dr. M.Venkatachalapathy, Dr. Srinivas T, Dr. Geeta Doppa, Dr. Suresh Kagalkar, Dr. Arun K.N, Dr. Shreeharsha Patil, Dr. Mahalingappa B and Dr. Shrishailesh Amarkhed. Dr. Geeta Doppa presented a report of AMS Karnataka 23-24. More than 400 delegates registered and attended the conference. Dr. Suresh Sagarad delivered prestigious Dr. B.M. Alur oration. Dr. Belinda George, Dr. Ajay Asranna, Dr. Ravi T, Dr. Harsha GV, Dr. Somashekhar, Dr. Annappa Pangi, Dr. Anand Ambali, Dr. Raghavendra S, Dr. Swaraj Waddanakeri, Dr. Shivaraj K, Dr. Deepak C, Dr. Purushottam Chavan and Dr. Rajakumar Marol were faculty of the conference. Poster presentation for Post graduates was also arranged. Dr. B.M.Alur oration in Raichur AMSCON 24.







"We live in a world in which we need to share responsibility." — Fred Rogers



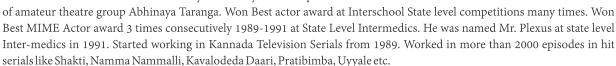
Dr. Vijay Kumar

- Dr. S.M. Prasad

Dr. Vijay Kumar T S, M S Ophthalmology is from Bangalore. He finished MS in Ophthalmology in 1999 with Distinction. He has worked as a Consultant at Mahaveer Jain Hospital, Apollo Malleswaram, Wokhardt Hospital, Medinova, Max Vision Eye care Centre.

He worked in the Caribbean Islands (St. Kitts) from 2006-2017 as Professor and HOD and presently working at Akash Institute of Medical Sciences Bangalore.

He was involved in Dramatics from early school days and was part



He has worked in 18 Feature Films. Hit Films in lead role like Punarambha, Sachi, Partha, Asura and Shrungara Kavya. He was also producer and directed a short film to promote Eye Donation "Udugore" – The Gift of Sight to commemorate World Eye Donation Day 2024.



IMA-KSB Teachers' Day Celebration









IMA Karnataka State Annual Medical Conference Host - IMA Yelahanka Branch

Doctor Se Artists

OF IMA KARNATAKA FOR THE FIRST EVER

Art exhibition

(During MEDICON 2024)

Dates
October 26th & 27th, 2024

Entry free Call: 81058 22519 to participate



90 MEDICON

25th - 27th October, Bengaluru

Venue: Reva University, Yelahanka, Bengaluru



SCAN OR CODE TO REGISTER









25th - 27th October, Bengaluru

HIGHLIGHTS

Interesting workshops on Day 1

IMA KSB Orations Day 2 & 3

Scientific **Deliberations** on Day 2 & 3

Applied for 6 KMC **Credit Points**

PG Paper & Poster **Presentations** on Day 3

Art Exhibition on Day 2 & 3

Banquet Dinner on Day 2

UG Quiz on Day 3

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Venue: Reva University, Yelahanka, Bengaluru

www.imayelahanka.com

For Further Details Contact

Organising Chairman 9845611856

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Organising Joint Secretary 99020 11037

Chairman, Scientific Committee Prof. Dr. M. Pavankumar 99647 77846



IMA KSSS

IMA'S KARNATAKA SOCIAL SECURITY SCHEME

IMA House, Bailappanavar Nagar, Hubballi-29 Ph.: 0836-2355656 https://www.imakssshubli.org

Respected Members,

Earlier our web was http://www.imakssshubli.org, but now it is https://www.imakssshubli.org you can clear the browser history in the settings and open the above link.

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Fee for Silver Jubilee Scheme	Rs. 20700/-	Rs. 22700/-	Rs. 24700/-	Rs. 31700/-	Rs. 38700/-	Rs. 47200/-	Rs. 57700/-

It Includes Subscription, Registration, Membership Contribution, AFC & in Silver Jubilee Scheme Includes Group Accident Benefit
IMA KSSS New Membership Tariff Effective from 01-04-2023

Recent death claim in Old Existing Scheme – Rs. 19,73,000/-Recent death claim New Silver Jubilee Scheme – Rs. 64,32,500/-





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IMA KARNATAKA PROFESSIONAL PROTECTION SCHEME (R)

IMA House, Alur Venkata Rao Road, Chamarajpet, Bengaluru 560 018 Reg. No.DRB-2/SOR/179/2019-20

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- The cause of Action must be in the period of active membership for all claims.
- Membership becomes effective from the Date of realization of Cheque or DD In favour of IMA KPPS.
- All operational modalities will be as per registered Bye-Laws of IMA's Karnataka Professional protection Scheme.

FEE DETAILS-From 01-10-2023

a)	a) Fee details for the 1st year (admission contribution)			
	Admission fee		Rs. 100/-	
	Annual subscription Fee		Rs. 2000/-	
	Advance fraternity contribution		Rs. 1000/-	
		Total GST 18%	Rs. 3100/- Rs. 600/-	
		Grand Total	Rs. 3700/-	
b)	Fee details for subsequ	ent years		
	Annual subscription fee Demand fraternity contribution GST 18% on the demanded amount		Rs. 500/- Decided and	intimated that year *

^{*}Amount paid towards financial assistance given to the members and Legal expenses in that financial year is equally divided and collected through Demand notice sent to each members as demand fraternity contribution every year in the month of April.

Dr. Honnegowda
ChairmanDr. N. Dhanapala
Hon. SecretaryDr. J.Sharanappa
Hon. TreasurerM. 9448118299M. 9342161266M. 9448924466

Scan to download Membership application forms



IMA KSB APPLICATION FORM



IMA KSSS APPLICATION FORM



IMA KPPS APPLICATION FORM



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IMA'S KARNATAKA STATE HEALTH SCHEME

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A doctors mutual health contribution scheme will give peace of mind in knowing that you are protected from most of these costs

Don't wait until you or a family member becomes seriously ill to try to purchase health insurance.

The Admission fee details is as follows

	IMA]	KSHS N	NEW TAR	IFF WITH GST	
Age in Yrs	Admission Fee. For members / Spouse / Parents / Children (AF)	Annual Membership Subscription (AMS)	Annual Advance Premium Contribution (AAPC)	Total Amount. During Admission including 18% GST at the time of joining (1st Year)	Annual premium including 18% GST to be paid irrespective of Insurance claim (2nd Year onward) AMS+AAPC
Children Below 25 Yrs	Rs. 700.00	Rs.500.00	Rs.2500.00	Rs. 3700.00 + 666 = 4366	3000 + 540 = 3540/-
Below age of 35 Yrs But above 25 Yrs	Rs. 700.00	Rs.500.00	Rs.3500.00	Rs. 4700.00 + 846 = 5546/-	4000 + 720 = 4720/-
Below age of 45 Yrs But above 35 Yrs	Rs. 1000.00	Rs.500.00	Rs.4500.00	Rs. 6000 + 1080 = 7080/-	5000 + 900 = 5900/-
Below age of 55 Yrs But above 45Yrs	Rs. 1650.00	Rs.500.00	Rs.5500.00	Rs. 7650.00 + 1377 = 9027/-	6000 + 1080 = 7080/-
Below age of 65 Yrs But above 55Yrs.	Rs. 2350.00	Rs.500.00	Rs.6500.00	Rs. 9350.00 + 1683 = 11033/-	7000 + 1260 = 8260/-
Below age of 75 Yrs But above 65Yrs	Rs. 3100.00	Rs.500.00	Rs.7500.00	Rs. 11100.00+ 1998 =13098/-	8000 + 1440 = 9440/-
Below age of 85 Yrs But above 75Yrs	Rs. 3800.00	Rs.500.00	Rs.8500.00	Rs. 12800.00 + 2304 = 15104/-	9000+ 1620 = 10620/-

LOCK IN PERIOD

- All the Regular members and beneficiary members below the age of 60 on joining shall have the benefit of the scheme after 12 months of joining the scheme.
- All the Regular members and beneficiary members above the age of 60 on joining shall have the benefit of the scheme after 24 months of joining the scheme.
- NO CASHLESS SERVICE (Members have to pay their bills themselves & claim later). It is a reimbursement.
- No advance payment will be made to the members.
- Members will be given reimbursement of 75% of total amount of the bill not exceeding the sum limited to each disease.
- If the benefit is not claimed in an academic year the benefit amount in total or any percentage will not be carried over to the subsequent years.
- A member will get a maximum of benefit of Rs.2 Lakhs in one year.

Chairman Dr Jambunath Gouda 094481 45035 Secretary Dr Madhusudhan K N 094481 40003 Treasurer Dr Hanumantappa A 99456 05974

Official Address : Dr. Jambunath Gouda, Kottureshwara MRI Scan Centre Near Little Heart School, Hosalli Road, GANGAVATHI-583227 | Ph.: 8618744511

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- Token System / OPD Billing
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- Prescription
- OPD Case Sheet
- Financial Reports



Single Specialization

CLINIC PLUS

FEATURES

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- Token System / OPD Billing
- Insurance / Corporate
- **Doctor Schedule**
- Prescription
- OPD Case Sheet
- Basic Lab
- Financial Reports

Pharmacy: Add on Package 1000.00 + GST / One time 500.00 + GST / Year



Single Specialization

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- Insurance / Corporate
- Doctor Schedule
- Prescription
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- Basic Lab
- Financial Reports

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- Basic IPD
- Basic Labs
- Discharge Summary
- Financial Reporting
- Additional Charges based on Service and Modules

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Dr. P. B. Karunakara

Hon. State Secretary

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IMA KSB-WDW "Srushti 2024"

IMA KSB-WDW "Srushti 2024" 6th women conference was held at Nandagokula convention center, Hassan on 22nd September 2024. The day began with an eye catching traditional Dollukunitha. Dr Savithri, Vice president, IMA-KSB delivered introductory speech. Dr Sowmyamani, chairman IMA-KSB WDW, briefed about the annual report of all the societies for the year 2023-24. Dr. S. Kantha, first vice chancellor of RGUHS inaugurated the conference and advised to adopt self care as health care in day to day routine. IMA KSB president Dr Srinivasa S. highlighted the role of women doctors in the present scenario and encouraged them to involve in all the social activities of IMA. Dr Karunakara B.P. Hon. secretary IMA KSB appreciated the overall service activities done by WDW through the state and wished them to continue with the good work along with IMA KSB. Dr. Anitha joint secretary IMA-KSB, Dr. Vishalakshi president IMA Hassan branch, Dr. Dinesh secretary IMA Hassan, Dr. Tejaswi chairman JDN IMA-KSB were present. We had a galaxy of speakers to immerse the delegates with wealth of Stand up comedy by Mr. Raghavendra Aacharya was outstanding. The event saw a colourful entertainment program with Pantchabootha dance by Udupi Karavali WDW. Award distribution was done during Valedictory program 300 delegates registered and participated in the event.











Indian Medical Association

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