

Vol. 12 Issue - 5 February - 2022, Place Bengaluru, Monthly, English, Pages - 20, Price. 1/-



#BreakTheBias

Women's Day







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# **EDITORIAL**

Dr. Soumya Y.J.

# Warm regards to all the members.

 $Feminism\ is n't\ about\ making\ women\ strong.\ Women\ are\ already\ strong.\ It's\ about\ changing\ the\ way\ the\ world\ perceives\ that\ strength.$ 

- G D Anderson

There is something very special about a woman who prevail in a man's world. It takes that spark of grace, strength, intelligence, fearlessness and the nerve to never take no for an answer.

With that note I extend my warm wishes to all the wonderful ladies, wishing everyone a very happy international women's day. Keep inspiring and let's be the change we want to see in the world. Thanks to all the men who have stood by and encouraged women to open up their wings to fly high, where sky is the only limit.

As the Russia-Ukraine conflict gets intense, Operation Ganga and the hope of evacuation of medical students stranded in Ukraine has left many of us thinking – Why is Ukraine a hot destination for MBBS? There are nearly 20,000 Indian medical students who went to the eastern European country in the hope for a better future.

Ukraine and other eastern European countries like Romania and Bulgaria are popular picks for medical education because of less expenditure. On an average, an Indian student has to shell out anywhere between Rs 50 lakh to Rs 1 crore in a private medical college in India. And this is their best bet, because getting into government colleges means competing against towering cut-offs.

In comparison, a student who goes to Ukraine to study for a six-year medical course needs to spend a fraction of it - around Rs 20 lakh. Along with low tuition fees, come other perks like affordable food and housing in Ukraine. And Ukraine falls in the bracket of easy-to-live countries. It will leave us all thinking that, can we in any ways make India more accommodating place for medical students? By influencing, guiding or advising the law makers in finding better solutions like increasing the number of government medical colleges and seats etc.

Let's see what best will be done. But for now, let's all pray God for the safety return of all the students.

# Important Health Days:-

# 1) World glaucoma week - March 6th-12th "world is bright save your sight"

World Glaucoma Week is a unique initiative that puts a spotlight on glaucoma as the leading cause of preventable, irreversible blindness worldwide

Theme for this year is "world is bright save your sight"

Glaucoma is a group of eye diseases associated with many risk factors, of which the modifiable factor is an increase in eye pressure and is characterised by damage to the optic nerve leading to irreversible blindness. Most often glaucoma causes silent vision loss as the patient will not be symptomatic till the moderate to an advanced stage. Around 11.2 million Indians suffer from the disease and 1.1 million have gone blind, including children. Screening family members of patients with glaucoma is mandatory, as

this disease can affect siblings and children of patients with glaucoma in up to 10-15% of cases.

The goal is to alert everyone to have regular eye (and optic nerve) checks in order to detect glaucoma as early as possible

Early recognition and treatment are most important to prevent the progression of glaucoma. The disease more commonly affects people beyond the age of 40.

There's no cure for glaucoma but early treatment can often stop the damage and protect your vision.

# 2) World tuberculosis day March 24th - Invest to End TB. Save Lives

World Tuberculosis (TB) Day is observed every year on March 24. It is to raise public awareness about the devastating health, social and economic consequences of TB, and to step up efforts to end the global TB epidemic. The date marks the day in 1882 when Dr Robert Koch announced that he had discovered the bacterium that causes TB, which opened the way towards diagnosing and curing this disease.

TB remains one of the world's deadliest infectious killers. Each day, over 4100 people lose their lives to TB and close to 28,000 people fall ill with this preventable and curable disease. The COVID-19 pandemic has reversed years of progress made in the fight to end TB. For the first time in over a decade, TB deaths increased in 2020.

The theme of World TB Day 2022 - 'Invest to End TB. Save Lives.' - conveys the urgent need to invest resources to ramp up the fight against TB and achieve the commitments to end TB made by global leaders. This is especially critical in the context of the COVID-19 pandemic that has put End TB progress at risk, and to ensure equitable access to prevention and care in line with WHO's drive towards achieving Universal Health Coverage. India accounts for the highest number of incident tuberculosis (TB) cases globally. Hence, to impact the TB incidence world over, there is an urgent need to address and accelerate TB control activities in the country. Nearly, half of the TB patients first seek TB care in private sector. PPs usually have varied diagnostic and treatment practices. Hence, their regulation and involvement as key stakeholders are important in TB prevention and care in India if we are to achieve TB control at global level.

My heartfelt congratulations to the members for getting recognised in various National IMA HQ Standing Committees, adding another beautiful feather in the cap of IMA Karnataka,

I thank Cauvery Group Of Institutions, Kritu Fertility Centre and Amritha Multispeciality Clinic and Diagnostic Centre for sponsoring this issue and special thanks to Dr K Nagesh, Dr Pavan Kumar Patil and Dr Ramachandra Kamath for being instrumental in obtaining the sponsors.

# **Long Live IMA**



IMA KSB President Dr. Kateel Suresh Kudva and Hon. State Secretary Dr. S.M.Prasad visit to IMA Hqrs. during the President's and Secretaries Meet. Felicitated IMA National president Dr. Sajanand Prasad Singh & Hon. Secretary General Dr. Jayes M. Lele along with IMA AMS National Chairman Dr. G.N. Prabhakara



# PRESIDENT'S MESSAGE

Dr. Kateel Suresh Kudva

My dear esteemed IMA members,

Lucky means who gets the opportunity Brilliant means who creates the opportunity Winner means who use the opportunity

February month was full of IMA activities. Each and every IMA Branch was creating history of their own by utilizing opportunities. IMA Belgaum, Hubli, Gadag, Sirsi, Chikkaballapur, Bangalore, Sullia, Yelahanka, Koppala created history by having series of activities. IMA WDW all over State was vibrant complimenting activities of their parent branches. IMA Ranebennur Branch with their public health and hygiene project involving all local luminaries is the best project of the month. IMA KSB academic committee an Medical Education Committee are giving excellent programmes week by week enriching the knowledge IMA Members, undergraduate students and post graduate students. I congratulate all the IMA Branches for their activity profile.

IMA-KSB Hospital Committee met Dr Vivek Dorai, Deputy Director of Health and Family welfare, Dr Kiran, Joint Director of Health and Family welfare, D.Randeep, Commissioner of Health and Sri. T.K.Anil Kumar, Additional Chief Secretary for Health and Family welfare Department and briefed about the difficulties in renewal of KPME registration due to fire NOC issue. Fire NOC is applicable only for buildings above 15 meters height. For the hospital buildings less than 15 meters height it should be called as Fir compliance / safety certificate. Hence we convinced that Fire NOC is misnomer. Death of patients admitted in the hospitals due to fire mishaps all over the country, Supreme Court has directed the Government to take preventive measures to save the precious life. Hence fire Department is issuing blanket notices to obtain Fire NOC to all the medical establishments irrespective of height of the building. We have requested that we will implement fire compliance / Safety measures in all our medical establishments depending on the height, to safe guard the life of the patients admitted as well as our own staff and property. Health secretary is convinced and has assured

that he will discuss the matter in inter ministerial committee meeting and issue appropriate orders. We requested him to allow the renewal of KPME registration till such time. I am sure that since then our medical establishments are not facing problems to renew KPME registration due to fire NOC issue. It is reliably learnt that Government is kind to us by allowing KPME registration renewal by giving under taking by us that Fire safety measures are installed in our medical establishments.

On 19th and 20th February State Presidents and Secretaries meeting held at New Delhi at our IMA HQ was attended by myself and Secretary Dr. S.M.Prasad. We presented our activity profile of IMA-KSB and was well appreciated. Our National President Dr. Sahajanand Prasad Singh, Honorary Secretary General Dr.Jayesh M. Lele, Past President Dr.Ravindra Wankhedkar and Dr. Vedprakash Mishra personally appreciated our activities. IMA Kerala State Team also personally greated us and invited IMA-KSB Team to visit their state HQ for exchange of Ideas in all IMA activities. On 27th February. We had a National level CME "Managing Heart health through Blended Edible Oil-Experts Perspective" by world famous endocrinologist Dr.Shashank Joshi and team. It was an excellent enlightening session. We all should follow this. I appeal every IMA Branch to propagate this knowledge for the benefit of our own members and public at large.

On 28th February, Oxygen Stewardship training programme, by Department of Health and Family Welfare for private medical establishments was very informative. On the occasional expressed that all training programmes for Government Doctors should also be extended to private Doctors to improve the knowledge and quality of medical management. The Private Public Partnership model during Covid-19 pandemic to be continued during post pandemic period also, to improve public health care delivery. IMA is always ready to join hands with Government in health care delivery in the state. On the same day I attended Syndicate meeting of RGUHS, where in many issues of the University and Convocation in the month of April 2022 were discussed.

We visited IMA Branches of Tumkur and Chikkaballapur Districts from 12th to 14thof February 2022. We are impressed by the activities of IMA Tumkur and Chikkaballapur Branches. On 27/02/2022 we visited IMA Doddaballapur Branch and their problem in KPME registration renewal was discussed. I have given a call to start Hospital committee (Hospital board of Karnataka) at all district level by District Coordinators and Hospital

Committee members so that we can address the issues of Hospitals unitedly.

I request all State Working Committee members to attend 858th State Working Committee meeting at Kukke Subramanya, Dakshina Kannada, where warm coastal type of hospitality with traditional culture and food is awaiting you in the cradle of Mother nature i.e. western Ghats.

# TOGETHER WE CAN...

Jai Hind Jai Karnataka Long live IMA

# IMA-KSB Women Doctors Wing Activities



Wish all women doctors a very happy International Women's Day

IMA KSB WDW had organised 2 CMEs, one was with DASS sub committee to celebrate National Girl Child Day on PCPNDT Act and the other was to create awareness on World Cancer Day. 2 teaching programs were organised in association with MEU sub committee one for undergraduates a case discussion on Pulmonary TB and other was for post graduates a case of Rh Negative pregnancy. A program on Save Girl Child was organised and I gave a talk on PCPNDT and POCSO. I was also a speaker in the CME organised by IMA and WDW Sullia on save the girl child. 4 km walkathon was organised in association with KVG Medical College Sullia, IMA and WDW Sullia. In the afternoon a health talk was organised for all staff of medical college to create awareness about oral, lung, GIT, breast and cervical cancers. Pap smears of around 50 ladies were taken. A beautiful video was prepared of the collages of Girl children of all doctors of WDW of all branches. All WDW branches celebrated Republic Day, National Save The Girl Child Day and World Cancer Day. New WDW branches are formed in Tumkur, Ron, Gauribidanur, Tiptur, Koppal with the total being 32 WDW branches.

WDW Bangalore branch had organised online CMEs, Banch President Dr. Anuradha Paramesh and Dr Vimochana gave talk on adolescent health at Abalashrama and also participated in the pulse polio program. Belgaum branch organised a live Facebook program in association with AAB on account of save the girl child. Bhadravathi WDW organised yoga, health awareness camps and online CME on hyperbaric oxygen therapy. Chikkaballapura WDW visited Swadhara Kendra where orphan girls and abandoned ladies were taken care of they gave health education, talk on POCSO and distributed sanitary napkins. Gadag WDW branch donated a water purifier to Govt Balamandir. Gangavathi WDW conducted adolescent training program and took a questionnaire from kids on ideas about opposite sex. Essay competition and rally was organised on account of save girl child in WDW Hospete .Honnavara WDW initiated free badminton coaching to girl children. Hubli WDW started a skill development program for under privileged girls they were trained in computers. Mangalore WDW branch organised a talk on organ donation and conducted essay competition for degree college students. Sirsi WDW visited an old age home and donated a cheque of 35 K. They organised drawing competition for school children along with health awareness programs. WDW Sullia donated 10 benches and desks to govt school. Online CME for school children, teachers was organised on account of save girl child. Walkathon and awareness programs were conducted for cancer along with Pap tests in 50 women. Women Doctors Wing ( WDW ) of IMA Yelahanka led by President Dr Shanthala Girish and Secretary Dr Padma Prakash celebrated National Girl Child Day on 24-01-2022 by conducting a webinar.

Regards **Dr. Geeta Doppa,** Chairperson



# SECRETARY'S MESSAGE

Dr. S.M. PRASAD



Dear Seniors, Colleagues & IMA members,

# !! Greetings from IMA Karnataka State Branch!!

Happy 'Shivarathri' to you all. During the month of January, 2022 we had many academic activities under IMA KSB. I thank all the office bearers of IMA branches for many activities done. I thank all committee office bearers for carrying out their respective activities. I thank all President & secretaries of all branches for updating the mobile numbers and email IDs to IMA headquarters portal. Please continue to update or getting your data with your IMA branches the same, like at-least 10 members per day from IMA branches. I am sure that all of you know that IMA and it's activities at many times are digital. Your mobile phone and email is very important to IMA along with your current address now.

We would like to inform you that during the membership drive more than 1700 New allopathy doctors enrolled as life IMA members from Karnataka. We stand 5th in the country for number of Life IMA members in the last year and also, 5th in the number under membership drive months from October 2021 to 15th December 2021. I thank IMA headquarters for giving the membership drive for reasonably good period of time. Hope all the new members enrolled as Life members have got messages from IMA headquarters. If any issues let us know. You can represent

through your IMA branch Presidents & Secretaries.

This year First Physical National IMA State Presidents & Secretary meeting was held on 19th & 20th February,2022 at IMA House, Indraprastha Marg, New Delhi. IMA KSB President Dr K Suresh Kudva and myself attended the physical meeting. On behalf of IMA KSB we had the opportunity to felicitate our National IMA President Dr Sahajan and Prasad Singh and National IMA Hony Secretary General Dr Jayesh M Lele for having taker over the Office. We presented the activities of last year till now and plan of actions for this year 2022. Every one appreciated the activities of IMA KSB.

I request every IMA member to bring at-least one new IMA member from Karnataka every month under "IMA member bring ONE". Let all of our allopathy doctors by enrolling to IMA as life members & family members to reap all the benefits under all schemes under IMA KSB as well as IMA Headquarters.

I congratulate all the IMA standing committee members nominated by IMA Headquarters as well as office bearers of IMA headquarters Sub-committees & wings.

I request all IMA members in Karnataka to join all our zoom programmes announced time to time as well our forth coming Karnataka Medical Conference in October 2022.

Jai Hind Jai Karnataka

Jai IMA



Hence forth, Following Official Mobile Numbers of IMA Karnataka State Branch & IMA Wings

IMA KSB President - 9606034326 IMA KSB Hon. State Secretary - 9606034325 IMA KSB Office Manager - 9606034327 IMA KSB Office Accountant - 9606034328 IMA KSB Office - 080-26703255
IMA Guest House - 080-26800409
IMA KPPS - 080 - 26705447
IMA KSSS - 0836 - 2355656
IMA KSHS - 6361074694 / 99867 00978



# VICE-PRESIDENT'S MESSAGE

Dr. Anuradha Paramesh

Maha Shivarathri Greetings to one & all,

Our association is growing stronger day by day as many doctors are becoming IMA members and are also availing the benefits of various IMA state and national beneficiary schemes.

IMA Bangalore Branch is inaugurating HPV testing in association with BSOG on 12th March 2022 at Trust well Hospital. It is at a discounted price of Rs 1200 & for the 1st 25 Lady Doctors, it is complimentary.

Making Cervical cancer testing more affordable & getting more Women screened shall continue throughout the year. I sincerely request all our esteemed Doctors to spread awareness, not only amongst patients but also lets make sure that our Lady Doctors & male Doctor's spouses also get HPV testing done.

In addition, we should continue to teach breast self-examination to every woman who walks into our clinic or hospital, in order to diagnose & initiate early treatment of breast cancer & increase 5year's survivability. Screening for breast cancer through Mammogram after the age of 50 years also needs to be encouraged.

It is also very essential to cover all girls from 9years up to their 15th birthday with 2 doses of HPV vaccine at 6 months interval & from 15 years to 45 years, 3 doses in a span of 6 months.

Hence on the eve of International Women's Day on 8thMarch, we should emphasize on prevention & early detection of cervical & breast cancer.

IMA KSB has been conducting webinars consistently, updating the knowledge of our members and also helping the exam going medical students both undergraduates and Post graduates.

I congratulate all our esteemed members who have been nominated as Chairman, Convener and members of various IMA National HQ Standing Committees.

IMA KSB WDW has been flying high under the leadership of Chairperson, Dr. Geetha Doppa.

Also, I wish to acknowledge that 3of our active WDW members have been nominated to National WDW and HQ POSTS. Dr Anuradha Paramesh- Joint Secretary, South Zone. IMA HQ WDW. Dr Radhika Kulkarni- Member, MPH, IMA HQ WDW

Dr Soumya. YJ, WDW member & editor, IMA Focus is nominated as Member of IMA standing committee for initiative for prevention of Diabetic Retinopathy. I request Office bearers of all Branches to enroll in all 3 schemes wherever applicable. It improves our understanding & knowledge about benefits availed & it's easier to get more to enroll.

It is very disheartening that out of 1.3 lakh Doctors on Karnataka, only about 30000+ are IMA Members &not even10% have enrolled in IMA Schemes. There are 2535 members in IMA KSSS old scheme and 2089 members in IMA KSSS silver jubilee scheme. 1558 Doctors are enrolled with KPPS & 938 Doctors with KSHS till date.

Webinars on public health issues like use of right edible oil, tobacco usage hazards have been dealt with at KSB webinars under the able guidance of our dynamic State President Dr. Kateel Suresh Kudva. President visits to Branches has been very effective. I had the opportunity to visit White field and Doddaballapur IMA branch during president tour program. More WDW branches are being inaugurated, members have been more interactive expressing their views & resolving their issues. MSN network is growing strong & exam-oriented webinars have been conducted for them.

Our National President, Dr. Sahajananda Prasad Singh has left no stone unturned in effectively getting PG Neet exams conducted & getting new PGs enter medical colleges.

Let's all continue with Ethical practice of Allopathy, discouraging against Mixopathy with due respects to other fields of medicine – Lets uphold values of our Noble profession.

Jai Hind Jai Karnataka Jai IMA



# **Congratulations**



Dr. Kateel Suresh Kudva
President IMA-KSB has been appointed
as Member, National IMA Standing
Committee for Cerebro Vascular
Accidents & Hypertension



**Dr. G.N.Prabhakara**Chairman, IMA Hqrs., has been appointed as Member, National IMA Standing Committee for Academic Committee



**Dr. S.M.Prasad**Hon. State Secretary IMA KSB has been appointed as Member,
National IMA Standing Committee for Social Media Network



Dr. N.Veeranna
Past President IMA KSB
has been appointed as Member,
National IMA Standing Committee for
Academic Committee

Dr. Madhusudhana Kariganur



Past President, IMA KSB has been appointed as the Co Chairman for
1) IMA Standing Committee for Covid task force (Pediatric)

Member for
2) IMA National President Task force
3) IMA National Standing committee for Finance.



**Dr. M.Venkatachalapathy**Imm. Past President IMA KSB
has been appointed as Member,
National IMA Standing Committee for
Emotional Health



**Dr. Pavankumar Patil**has been appointed as Convenor
National IMA Standing Committee for
Medico Legal Service



**Dr. S. Srinivasa**Past Hon. State Secretary IMA-KSB has been appointed as Chairman,
National IMA Standing Committee for Child Health



Dr. Shivakumar F. Kumbar Chairman IMA-AMS, KSC has been appointed as Member National IMA Standing Committee for Medico Legal Service and Rural Health



**Dr. J. Sharanappa**has been appointed as Member
National IMA Standing Committee for
Non Communicable Disease (NCD)



**Dr. Jaspalsingh H. Tehalia**has been appointed as Member
National IMA Standing Committee for
Rural Health



**Dr. Satish Bhandari**has been appointed as Member
National IMA Standing Committee for
Academic Committee



**Dr. Soumya.Y.J**Editor, IMA Focus
has been appointed as Member
National IMA Standing Committee for
Prevention of Diabetic Retinopathy



**Dr. Anuradha Paramesh**Women Vice President, IMA-KSB has been appointed as Jt. Secretary South Zone, Women's Doctors Wing, IMA Hqrs.

# **Dr. Radhika Kulkarni**has been appointed as Member National IMA Standing Committee for Mission Pink Health Wing

# **BRANCH ACTIVITIES IN DECEMBER-2021**

Branch: Bengaluru President: Dr. Anuradha V. Paramesh

Secretary: Dr. K. N. Pradeep Kumar & Dr. K. Sathyavathi

On 18.02.2022 CME Programme was conducted in association with SCEAD Foundation about cancer of ovary and endometrium. Nearly 100 members participated in the program. On 20.02.2022 Public Health Guest Lecture Program was conducted in Association with cardiological society of India & Medical Education & Research Trust Karnataka. On 22.02.2022 Health Camp was organized in Association with inner wheel Bangalore North at Tavarekere. Victoria Hospital Blood Bank Doctors and team conducted the Blood donation with all safe Measures. 110 People were screened for



Hypertension, Anemia and were advised appropriate Treatment. 31 people underwent eye check up from the doctors of Minto Hospital. 12 people were screened with ECG and advised by Dr. Anusuya. S, Cardiologist. The Camp was well Organized. and attended by Dr. Sathyavathi, Secretary IMA Bangalore Branch and Dr. Anusuya Dhanpal, Co-Chairperson Bangalore Branch Women's Wing.

**Branch: Belgaum** 

President Secretary : Dr. Rajashree R. Angol

: Dr. Santhosh Sinde



On 06.01.2022 Health camp was conducted for press reporters. were screened for diabetes and hypertension. Thyroid function test, Bone Density and general check up were done. Medical camp at joyada in association with Sanjivani foundation Karwar and Ekal Abhiyan BGM, 200 people were benefited. On 29.01.2022 Online facebook live awareness programme for public on Save girl child. 73rd Republic day was celebrated at IMA House Belagavi.

Branch: Gangavathi

President Secretary : Dr.G.Shashidhar : Dr.Karthik J.Gouda

On 26.01.2022 Republic Day was celebrated with great fervor and pomp. Our president hoisted the National Flag and gave a speech regarding the importance of celebration of republic day to the crowd gathered. On 05.02.2022 CME was conducted on account of world cancer day. Topic: "World cancer day". "CERVICAL CANCER SCREENING – PRACTICAL ASPECTS IN INDIA", by Dr. Shivakumar.H.C MS; Mch (surgical oncology). Another interesting case discussion on an operated case of Carcinoma Esophagus was done by one of our member, Dr. Avinash Bhavikatti.



Branch: Gadag

President : D

: Dr. Pyarali K. B. Noorani

Secretary

: Dr. Aravind Karinagannanavar

On 22.01.2022, 29.01.2022, 17.02.2022 CME Programme was conducted speakers: Dr Shivaprasad S. Dr Amanulla Khaji, DrMaqsood Punekar About 45 members participated. Blood donation camp was conducted at IMA blood Bank on 26th January and 25 units were collected. Five Health education Programme was conducted. (a) A guest lecture was done on

Hazards of Tobacco consumption on 12th February to KSRTC drivers and conductors. (b) Eye donation awareness and pledge was conducted in Veereshwar punyaashrama, Gadag in association with LION's club Gadag. (c) On 4th February a guest lecture about CPR was given at RDPR UNIVERSITY, Gadag (d) Guest Lecture was given by Dr Godbole on social service topic in BSW College, Gadag. (e) First aid training was given to students of Pt. Puttaraj college of music, Gadag by Dr Godbole. Celebrations of National/State events: (a). National Girl Child Day celebration was done in a Government organization Balmandir, Gadag an orphanage home on 24th January. (b). National Girl Child celebration was also done in a Hospital owned by our ex-president Radhika Kulkarni. 25 students were given awareness regarding education, health and about their rights. Book and stationaries were distributed to economical weaker section students. (c). 73rd Republic day celebration was done in IMA BLOOD BANK and in IMA HALL. (d). World cancer day was celebrated on 4th February by giving guest lecture at RDPR UNIVERSITY, Gadag around 80 students were attended the programme. Any other events: (1). Our IMA member DrAnupama Patil has been awarded



fellowship in Reproductive medicine and Advanced Diploma in ART and reproductive medicine from university of Schleswig Holstein-Keil Germany. (2). Swachbharat Abhiyan was held on 30th January in a new court premises in association with District Judge office, District Lawyer association and NGO's, (3). Gadag becomes first District in Karnataka to achieve 100% first dose COVID 19 vaccination coverage among 15 – 17 yrs children. (4)Covid 19 technical advisory committee meeting was attended by IMA doctors, (5)Most of our IMA members attended Training on Biomedical waste management organized by EMPRI.

Branch: Hassan President : Dr. Vagheesh Secretary : Dr. H.J. Tejashwi

On 08.02.2022: On occasion of world cancer day 2022, Indian Medical Association in association with HSOG had organised Cervical Cancer and breast cancer awareness and screening program for Asha and Anganwadi workers at community health center Mosalehosalli. More than 70 women were screened. Dr Savitri and Dr Babitha gave education talk regarding Ca Cervix and Ca breast.



Branch: Hubli President : Dr. S.Y.Mulkipatil Secretary : Dr. Manjunath Nekar



On 15.02.2022 IMA Hubballi Branch conducted a CME rogramme Dr. Sandeep Donagaon, Diabetologist, Hubballi spoke on "Subclinical Hypothyroidism: When to treat, what if, Left untreated? " About 85 Doctors participated. On 26.01.2022 Immunization camp (Booster Dose) for IMA members in IMA Hall. 20 members took the benefit of this camp. On 26.01.2022: Free OPD clinic For General Public

in this pandemic was started at IMA House parking from 26th January 2022 to 28th February 2022. Shri M.R.Dhora AGM Canara Bank Regional Office-1 inaugurated the Free OPD Clinic. CELEBRATION OF NATIONAL AND STATE EVENTS: On 26.01.2022: Republic Day was celebrated on 26th January, 2022 at IMA House. President Dr. S.Y.Mulkipatil Hoisted the Indian National flag, Secretary Dr.Manjunath Nekar, more than 50 members attended. On 04.02.2022: On this occasion of World Cancer Day Walkathon was organised by IMA Hubballi Branch and Department of Oncology, KIMS Hubballi. The walkathon was started from KIMS to Hosur and returned to KIMS. Dr.Ramlingappa Antharthani Director, Dr.S.Y.Mulkipatil President Principal Dr.Ishwar Hosmani, Superintendent Dr.Arunkumar C., Dr. Shashidhar K. HOD Surgical Oncology Dept. KIMS, Dr.M.Giriyappagoudar, Vice President Dr.Subhash Babruwad, Secretary Dr.Manjunath Nekar, Dr.K.G.Byakodi, Dr.S.P.Baligar, Dr.Girayapagoudar, Dr.Ravikiran and other members, KIMS Para medical students, Nursing and KIMS Staff participated in this walkathon. 200 Students participated. On 06.02.2022: On this occasion of World Cancer Day Cancer Awareness Cycle Ride was organised by IMA Hubballi Branch in association with HCG Hubballi. On 26.01.2022: Cloth Bank for needy people was opened at IMA House. Dr.P.V.Kanchi President KMC Inaugurated the Cloth Bank. He appreciated the President, Secretary and office bearers for taking such an initiative which will be very helpful for poor and needy

people. January 26th 2022: First time in the history of IMA Hubballi Branch IMA Calendar for the year 2022 was printed. Dr.Murlidhar Rao Past President IMA Hubballi and Dr.P.V.Kanchi President KMC released the IMA calander of the year 2022. February 15th 2022: On the occasion of IMA Hubballi monthly CME felicitation was done for the following members. Dr.P.V.Kanchi for KMC President, Dr.Shivakumar Kumbar for National Award of AMS,Dr.Mahesh Kumar for his services rendered during COVID pandemic, Dr.Karigoudar DHO Dharwad and Dr.M.C.Tapshetti Environmentalist Nature lover.

Branch: Jamkhandi President : Dr. H.G. Daddi Secretary : Dr. Biradar

On 25-01-2022 Condolence meeting held to mourn the sad demise of Dr. Ramesh S Mantur life member of IMA Jamkhandi. On 26-01-2022 Felicitation to outgoing DHO Dr. Anant Desai and incoming DHO Dr. Jayashri Emmi.



Branch: Mandya President : Dr. T.N. Marigowda

Secretary : Dr. Vinay



On 25 Jan 2022 Visit to Dwani Grameena Abhivruddhi Samsthe, Mandya, Deaddiction center for alcohol & tobacco. Medical checkup including BP and GRBS was done for 30 persons Health education regarding de-addiction & alcohol was given. On 26.01.2022. Republic day was celebrated in IMA hall, Mandya. Flag hoisting, national anthem and sweet distribution was done. On 07.02.2022 Cancer awareness program was conducted regarding oral cancer, breast cancer and cervical cancer. On 08.02.2022 Met MUDA president KS Doraswamy,

Mandya regarding allotment of site for IMA Mandya branch. On 10.02.2022 Executive committee and general body meeting was done regarding Dr.Somanna Memorial Silver Jubilee state level shuttle badminton tournament, Committees were formed for arrangements and smooth conduct. Tentative date was decided as august 2nd week.

Branch: Nelamangala President: Dr. M. Jayaprasad

Secretary: Dr. S. Rajendra Prasad

On 27.02.2022 CME Conducted. Many Doctors Shared their interesting cases in their clinical practice. Dr. Vikas, Dr. Jayaprasad, Dr. Rajendra Prasad, Dr. Suprabath Kumar, Dr. Praveen, Dr. Channabasappa and Dr. Venkatesulu spoke.



Branch: Nippani President : Dr. Nerli Rajesh R.

Secretary: Dr. Pavan Rathunavar Pramod

IMA Nippani Branch in Feb 2022 arranged for trek cum walk in the hills of Kanagala. About 40 members attended. We have suffered two gloomy years of Covid and aim was to bring cheer and positivity and enjoy nature's Senerity. All members enjoyed and had altogether different experience



Branch: Raichur

President : Dr. K.Ramappa Secretary : Dr. Nagaraj Bhalki



On 07-02-2022: Cancer awareness program was conducted in collaboration with Health and Family Welfare Department.

Branch: Sirsi President: Dr. Vinayaka Bhat

Secretary: Dr. Ravindra R. Kolvekar

On 03.01.22 Kannada Balaga was inaugurated in our branch with Dr. D.M Hegde as President and Dr Tanushree Hegde as Secretary. On 26.01.22 Republic day was celebrated by hoisting National flag at IMA Suvarna Soudha. Prizes were distributed to winners of competition on National girl child day. On 14.01.22 Blood donation camp and eye donation awareness at Vidhyadhiraj Kala Kshetra 16 units of blood collected. On 23.01.22 Juvenile diabetes check up and distribution of insulin and glucometer test strips was conducted by Dr Dinesh Hegde in association with Rotary IMA Juvenile Diabetes Club. 25 children benefitted from the camp. Extracurricular activities On 02.01.22 Walkathon to Shedikoddalu. On 08.01.22 IMA Sirsi Kannada Balaga in

association with Nayana foundation and Rotary Club Sirsi organised online lecture "Vachana Sahityadalli Swasthya". Renowned paediatric cardiologist Dr Vijaylakshmi Balekundre was the resource person. On 09.01.22 Cyclathon to Pandavara Hole. On 30.01.22 Temple Run to temples around Sirsi by cycling.



Branch: Soraba

President Secretary : Dr. M.K.Bhat: Dr. Syed Hasman



IMA Sorab assisted Pulse Polio program organized. In association with Taluka Health Office, Soraba. Dr M K Bhat is giving drops to kids. And had organized free cataract camp on 11 Feb wherein 62 patients were screened.

Branch: Sullia President : Dr. Veena. N

Secretary: Dr. Ravikanth. G. O.

On 20-01-22: As part of National girl child day celebration Dr.Geetha Doppa Prof and HOD dept of OBG KVG Medical college gave a talk on PCPNDT ACT to police school principals, teachers CDPO dept employees and Nagar Panchayat. On 23-01-22 A workshop was organized as part National girl child day and multiple sessions on various topics like girl child and law and woman empowerment were conducted. Drawing competition on save girl child was organized at in Junior college Sullia. On 28-1-2022: IMA in association with IDA Ayush Homeopathy, special vaccination drive was conducted. On 07-02-



2022 On occasion of World Cancer Day, IMA Sullia in association with KVGMCH organised a 4K walkathon in the morning followed by an informative session about early diagnosis and prevention of the common cancers. The event received an

overwhelming response. On 10-02-2022 Virtual CME on Advances in Cardiology and Disease Prevention. 11-02-2022 Dr Ravikanth, Hon Sec IMA Sullia was the resource person and organiser on a workshop 'Key Skills in

Laparoscopy' organised at KVGMCH attended by interns and post graduate students from various surgical fields. On 20-02-2022 Health check up and talk on cardiac well being to police staff at Sullia Police Station.

Branch: Udupi-Karawali President : Dr.K.Vinayak Shenoy Secretary : Dr.Ganapathy Hegde

On 1st to 10th 01 2022 - 29th annual de-addiction camp organised at Dr.A.V.Baliga Memorial Hospital, Udupi in association with Kamal A.Baliga Charitable trust Mumbai, Indian Psychiatrists' Association - Karnataka chapter, Rotary club Manipal and Haji Abdullah Charitable trust Udupi. The 10-days' camp was successfully organized under the guidance of IMA-UK life member and present vice-president Dr.P.VBhandary and his team at A.V.Baliga Memorial Hospital, Manipal. More than 40 beneficiaries benefited from this de-addiction camp President and

secretary attended the Udupi District Technical Advisory Committee Meeting chaired by Hon' DC Udupi at the Court Hall, DC Office, Rajathadri, Manipal called in the backdrop of prevailing COVID-19 situation and recent developments in the district. Meeting was also attended by all the experts of the TAC. On 18.01.2022 Emergency Condolence Meeting:\* An emergency condolence meeting was organised at IMA Bhavan, Udupi grieving death of our veteren member Dr.K.Prabhakar Shetty whose soul departed us on 15th January, 2022.

Branch: Yalahanka President : Dr.K.G.Shankarnarayan

Secretary : Dr.Suri Raju

On 26-01-2022, Republic day was celebrated at the office of IMA Yelahanka in the presence of Secretary Dr Suri Raju, Vice President Dr M Pavankumar, Dr Y.M Venkatesh and several other members of the branch. On 18-02-2022 a free Covid vaccination camp was conducted in association with Narayana Health at BBMP ward no 2, Kenchenahalli, Yelahanka. 63 people were vaccinated on the day EC member Dr Krishna Naik conducted this vaccination programme with the able support of President, Secretary, Vice president and other office bearers of the branch.



# Congratulations



# Dr Chidananda Kallappa Kumbara,

who secured a national first rank in super speciality gastro enterology and hepatology during 21-22 and made our state proud. IMA state senior doctors felicitated him at Mangaluru

# OBITUARY



Dr. K. Doddegowda Hassan Branch



**Dr. B.T. Sampathkumar**Bangalore Branch



**Dr. Chandramohan Jabin** Chitradurga Branch



**Dr. M.A. Kudva** Mulki Branch

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# President visit to Various Branches

















# IMA'S KARNATAKA SOCIAL SECURITY SCHEME



IMA House, Bailappanavar Nagar, Hubballi-29 IMA KSSS
Phone no. 0836-235 56 56

https://www.imakssshubli.org

Respected Members,

Earlier our web was http://www.imakssshubli.org, but now it is https://www.imakssshubli.org you can clear the browser history in the settings and open the above link.

# ENROLL YOUR MEMBERSHIP FOR IMA KSSS OLD EXISTING & SILVER JUBILEE SCHEME

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# ADMISSION FEE STRUCTURE FOR OLD EXISTING & NEW SILVER JUBILEE SCHEME

Age in Yrs	Below 30	Betwn 31-35	Betwn 36-40	Betwn 41-45	Betwn 46-50	Betwn 51-55	Betwn 55-60
Fee for Existing old Scheme	Rs 11700/-	Rs 12200/-	Rs 12700/-	Rs 20700/-	Rs 23700/-	Rs 28700/-	Rs 36700/-
Fee for Silver Jubilee Scheme	Rs 22700/-	Rs 24700/-	Rs 26700/-	Rs 31700/-	Rs 38700/-	Rs 47200/-	Rs 57700/-

Recent death claim benefit given under Silver Jubilee Scheme is Rs. 45,65,000/- and in old Scheme is Rs. 17,31,701/-

Death claim benefit given to Covid - 19 death is Rs. 17,31,647/- (Old existing scheme) and Rs. 47,52,500/- (Silver Jubilee Scheme)



Dr. Yoganandareddy.Y.C

Chairman

Mo: 9844085120 **Dr. S.B. Lakkol** Joint Secretary

Mo: 9448560400 Mo: 9845365638

**Dr. S.K. Nara**Joint Secretary

Dr. Maheshkumar S. Mo: 9448415777

Treasurer Mo: 9341738405

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Dr. Prakash Reddy K.T.

Secretary



# IMA KARNATAKA PROFESSIONAL PROTECTION SCHEME (R)

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- All operational modalities will be as per registered Bye-Laws of IMA's Karnataka Professional protection Scheme.

# FEE DETAILS

a)	Fee details for the 1st year (admission contribution)					
	Admission fee	Rs. 100/-				
	Annual subscription Fee	Rs. 2000/-				
	Advance fraternity contribution	Rs. 1000/-				
	Total	Rs. 3100/-				
b)	Fee details for subsequent years					
	Annual subscription fee	Rs. 500/-				
	Demand fraternity contribution	Decided and intimated that year *				

<sup>\*</sup>Amount paid towards financial assistance given to the members and Legal expenses in that financial year is equally divided and collected through Demand notice sent to each members as demand fraternity contribution every year in the month of April.

Dr. HonnegowdaDr. N. DhanapalaDr. J.SharanappaChairmanHon. SecretaryHon. TreasurerM. 9448118299M. 9342161266M. 9448924466



# **IMA'S KARNATAKA STATE HEALTH SCHEME**

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Don't wait until you or a family member becomes seriously ill to try to purchase health insurance.

# The Admission fee details is as follows

Age in Years	Total Amount, At the time of joining (1 <sup>st</sup> Year)	The Amount to be paid every year (2 <sup>nd</sup> Year onwards)	
Children below 25 yrs	Rs. 4000.00	Rs. 3000.00	
Below age of 35 yrs	Rs. 5000.00	Rs. 4000.00	
Below age of 45 Yrs but above 35 Yrs	Rs. 7000.00	Rs. 5000.00	
Below age of 55 Yrs but above 45 Yrs	Rs. 9000.00	Rs. 6000.00	
Below age of 65 Yrs but above 55 Yrs	Rs. 11,000.00	Rs. 7000.00	
Below age of 75 Yrs but above 65 Yrs	Rs. 13,000.00	Rs. 8000.00	
Below age of 85 Yrs but above 75 Yrs	Rs. 15,000.00	Rs. 9000.00	

# LOCK IN PERIOD

- I) **Founder member**:- shall have the benefit of the scheme **six months** after joining the scheme or immediately after launching the scheme whichever is longer.
- ii) All the **ordinary members** and **beneficiary members below the age of 65** on joining shall have the benefit of the scheme after **12 months** of joining the scheme or immediately after launching the scheme whichever is longer.
- iii) All the **ordinary members** and **beneficiary members above the age of 65** on joining shall have the benefit of the scheme **after 24 months** of joining the scheme or after launching the scheme whichever is longer.

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- \* No advance payment will be made to the members
- \* Members will be given reimbursement of 75% of total amount of the bill not exceeding the sum limited to each disease.
- \* If the benefit is not claimed in an academic year the benefit amount in total or any percentage will not be carried over to the subsequent years.
- \*A member will get a maximum of benefit of Rs.2 Lakhs in one year.

The scheme was launched on 1st of July 2017 on the Doctors day Celebration at Bengaluru.

Dr. Chinivalar. V. V. Chairman 94481 22978 drvvc2011@gmail.com Dr. Raghavendra Vimali Treasurer 9902992666 vimali@yahoo.com Dr. Sharanabasappa Matti Hon. Secretary, 9448023967 shailesh.matti@gmail.com

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Printed by M.S. Kamala, Published by Dr. S.M.Prasad on behalf of or owned by India Medical Association and Printed @ Padmashree Printers, No, 123, 1st 'K' Block, Dr. Rajkumar Road, Rajajinagar, Bangalore - 560 010, and Karnataka State Branch, IMA House, Near IMA Circle, Alur Venkata Rao Road, Chamarajapet, Bangaore - 560 018 Editor by Dr. Soumya Y.J.







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