



IMA FOCUS

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H - Have
O - Only
P - Positive
E - Expectations

LET'S BEAT
Cancer
TOGETHER



National Deworming Day

A Step To Make Every Child In
The Country Worm Free.



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EDITORIAL

Dr. Soumya Y.J.

Greetings to all the members,

"Strength does not come from winning; your struggles develop your strength. When you go through hardships and decide not to surrender, that is strength."

- Mahatma Gandhiji.

Indian Medical Association is one of the largest voluntary organisations which takes care of the interests of the doctors and the well being of that community.

Every time whenever some issues or problems pop up, we think of the association and keep enquiring what association is doing, instead why can't each one of us think that we are the association and any change we want to bring in will happen with the active participation of all of us. For any association its strength are its members, the bigger the association the more powerful it is.

There are so many wonderful schemes meant for the members which takes care of their health, profession and family.

The small smile of hope seen on the face of bereaved family members while handing over the Karnataka social security scheme benefit amount, gives us some amount of work satisfaction that the association is helping them in difficult times. And I am proud that we are part of one such association which takes care of the doctors.

Let us encourage all the doctors to join IMA and to enroll in all the beneficiary schemes of IMA.

EACH ONE ENROLL ONE.

January issue was very well appreciated by many seniors and members, I thank all of you for the encouragement and appreciation.

Important days in February: -

1) World Cancer Day

It is a global event taking place every year on 4th February to unite the people worldwide in the fight against cancer. The aim is to raise awareness and education about cancer, sensitize governments and individuals across the world to take action.

Globally about 8.8 million people die from cancer each year, if left unchecked, the number of deaths will increase to 13.2 million per year by 2030. The five most frequent cancers in India are breast cancer, cervical cancer, oral cancer, lung and colorectal cancer

The Theme is "close the care gap"

This is the equity gap – and it's costing lives. People who seek cancer care hit barriers at every turn.

The reality is that who you are and where you live could mean the difference between life and death, it isn't fair. But we all together can change this.

Half the world's population lacks access to the full range of essential health services. When it comes to cancer, many are denied basic care, despite the fact that we live in a time of awe-inspiring advancements in cancer prevention, diagnosis and treatment.

Government and many NGOs are working towards the better availability of care to the cancer patients.

The world is the great gymnasium where we come to make ourselves strong.

Everyone must make healthy lifestyle choices to reduce their risk of cancer.

Diagnosis of cancer at its initial stages and seeking timely care can save lives.

With the right support, people living with cancer can return to work successfully.

2) NATIONAL WOMEN'S DAY

In India, the National Women's Day is observed every year on 13 February to commemorate the birth anniversary of Sarojini Naidu. She was born on February 13, 1879. She was known as 'Nightingale of India' or 'Bharat Kokila'.

Sarojini Naidu was not only a freedom fighter, but she also became the first woman governor of the United Provinces, the present Uttar Pradesh. She was one of the forefront leaders who led the Civil Disobedience Movement and the Quit India Movement. She was an important figure in India's struggle for independence from colonial rule.

National Women's Day is observed to celebrate the social, cultural, political, and economic achievements of women.

Women have pierced and penetrated into all the spectrums of development. Women doesn't need extra reservations to prove her abilities but she needs equal opportunities and equal respect to do so.

I salute to all the women who believe they have achieved something in their life and keep encouraging, motivating others to accomplish greater success in their life.

3) NATIONAL DEWORMING DAY:

The National Deworming Day observed on February 10th and also on August 10th is an initiative of Ministry of Health and Family Welfare, Government of India to make every child in the country worm-free.

According to World Health Organization, around 24 % of world population is infected with soil-transmitted helminths. In India around 241 million children between the ages of 1 and 14 years are at risk of parasitic intestinal worms. Almost 7 in 10 children between 6-59 months age are anaemic, with even higher rates of anaemia in rural areas.

We all know that these STH (Soil-Transmitted Helminths) infections can lead to anaemia, malnutrition, impaired mental and physical & cognitive development, and reduced school participation.

STH Infections can be prevented by providing awareness and education about the disease, its transmission and different measures to stop the transmission of the infection.

We should educate the general public about the following

- Using sanitary toilets, not defecating outside

- Hand-washing, particularly before eating and after using toilets
- Wearing slippers and shoes
- Washing fruits and vegetables in safe and clean water
- Eating properly cooked food

4) SEXUAL AND REPRODUCTIVE HEALTH AWARENESS DAY

It is observed on 8th February

In India, discussing sexual wellness and reproductive health issues openly is considered taboo, due to which many health issues go unnoticed for years. The celebration of this day aims to make this subject a much more comfortable topic to discuss. Lack of awareness and proper guidance on sexuality and reproductive health make adolescents more vulnerable to sexual exploitation, early unintended pregnancy, STDs, and other health physical and mental issues.

Sex education, on what to expect and safe sex are the main health promotion components, as STIs remain a significant health concern.

Contents on sexual and reproductive health education should also address about the Physical and emotional changes associated with puberty, Behaviour towards the opposite gender, gender standards, and moral codes.

How to identify these sexual problems, their solutions, and to ask for help and approach the parents if they face any such problems are also important aspects of sex education.

5) INTERNATIONAL CHILDHOOD CANCER DAY

15th of February is International Childhood Cancer Day (ICCD). ICCD is a global collaborative campaign to raise awareness about childhood cancer and to express support for children and adolescents with cancer, the survivors and their families.

The theme is "Better Survival is achievable through your hands. Right care at the right time by the right team".

Every year, an estimated 70,000 to 80,000 new cases of childhood cancer are detected in India, among which leukemia is the most common. As many as around 35-40 percent cases are leukemia.

Leukemia is highly curable if detected early, the survival rate in developed nations is as high as 80-90 percent.

Yet, in India, the survival rate is as low as 33 percent, majorly because of factors like - lack of awareness that leukemia is curable, insufficient funds and late detection. Educate parents about these and help them get the best treatment.

I thank Jain Mission Hospital Chikkaballapur, Nagesh Group of Institution, Channarayapatna and Kushi Infertility Centre, Bangalore for sponsoring the issue.

Long Live IMA



PRESIDENT'S MESSAGE

Dr. Kateel Suresh Kudva

My dear esteemed IMA members

Freedom in mind, Strength in the words,

Pureness in our blood, Pride in our soul,

Zeal in our Hearts, Let's salute our India on Republic Day.

Happy Republic Day. All over India Republic Day is being celebrated with joy and pride. However, we have to introspect our self how far we are living up to the expectations of our Constitution. It is disheartening to know that constitution which is the heart and brain of our democracy is not well understood by many of us. Our constitution applauded by all, as best in the world, should have been part of our curriculum at least in high school so that every student coming out after SSLC will be shaped as responsible law abiding citizen of India.

Around 1500 doctors have joined IMA in last 2 months, Thanks to concession in membership offered by IMA HQ. We have more than 1,30,000 doctors registered in Karnataka Medical Council. But hardly around 28000 are IMA members now, which speaks about the unity among doctors. As you all know democracy is number game. Unless we are in good numbers it is difficult to fight out for our rights. Our legitimate demands are pending since last one decade as follows

1. To stop violence on doctors and medical establishments across the country by

bringing in central medical establishment protection act.

2. Urgent amendments in PC & PNDDT act to ensure that strict penalties are imposed only on actual act of sex determination and female feticide and not for clerical errors and errors in maintenance of register etc.
3. Exemption of single doctors clinics and medical establishments from clinical establishments (Registration & Regulation) act.
4. Exempting medical profession from CPA and capping of compensation.
5. Enforcing law that modern medicine drugs would be prescribed only by modern medicine doctors. No myxopathy, bridge course to Ayush & others.

Not only Government has been dormant on its promise, but also has brought NMC bill, to bring medical profession to its knee. Government not only sat on our demands, but also challenges our existence. NMC is antidemocratic as it contains mainly nominated members in majority. It is anti federal as it represents only few states at a given time. It is anti poor as it empowers private medical colleges to fix their own fees and it is pro quackery allowing unqualified to prescribe modern medicine.

New National Educational Policy is going to bring changes in curriculum in medical colleges

so as to have integrated medicine will only exist by 2030 in India replacing modern medicine, Ayush, Homeopathy in its pure form. Efforts are made in the direction to promote mixopathy by Govt allowing CCIM running MS (Shalya) course to ayush doctors in medical colleges training under modern medicine surgery professors.

Even during covid 19 pandemic govt did not act properly. Ministers and bureaucrats behaved like medical consultants advising our senior medical administrators to obey their commands. Suicide case of Dr Nagendra in Mysore district is the live example of this. Doctors and paramedical staff are made to work round the clock with out rest, with out reasonable compensation. Even private doctors are forced to work with promise that they will be taken care by govt if they contract covid19 and doctors family will be compensated by 50,00,000 in case of death. But now the promises are not fulfilled. More than 1750 doctors have succumbed to covid19 all over the contry, including our Past National President Dr.K.K.Aggarwal. Resident doctors lost one precious year of their career due to late NEET exams and late NEET counselling. Even Supreme Court has erred by delaying orders on PIL. There are instances of hearing in urgent cases even at mid night. It is pity that a PIL of national importance was neglected by Apex Court by not hearing in time and wasting one year of resident doctors that too when covid19 third wave was impending, needing their services very badly.

Hence if we don't fight for our legitimate rights against illegal, unethical policy of govt it will be too late to do so. Our newly installed National President is the only the ray of hopes to take care of this situation by proper surgery. All of us should strengthen his hands. Hope year 2022 be a year to repair old wounds.

I am happy that all our IMA local branches, district coordinators, Divisional coordinators,

office bearers, Sub committees are working with full vigour and strength. Medical education sub-committee, women doctors wing, academic sub committee, public heath sub committee, anti quackery sub committee, hospital sub committee, medical students net work, and junior doctors net work are doing wonderful work. MES, WDW and MSN have joined together to have training programmes for under graduates by online clinical case presentations, orientation for examinations and research as well. Public health committee has planned to take up projects like adult vaccination, awareness on junk food adversely affecting health, tobacco hazards and sanitation and hygiene. Anti-quackery committee is planning to take appropriate legal action against quacks and mixopathy by ayush and integrated doctors. Hospital committee is planning to ease fire safety norms for various level of medical establishments. There will be end to confusion of KMC registration renewal shortly.

Third wave of Covid19 has constrained us to cancel our SWC at Dharmasthala on 09/01/2022 and we conducted it in zoom platform on the same date at the same time. If the situation permits we will have next SWC at Dharmasthala. National girl child Day was celebrated by many of WDW of IMA local branches in a grand manner. WDW State Branch also celebrated it in a befitting way. Republic day was also celebrated by many of local branches. Few branches like IMA Mangalore had socio-medical activities like mass blood donation camp and IMA Hubli celebrated it by

1. Inauguration of free IMA Clinic for publics
2. Free Immunization camp
3. Free cloth bank
4. Release of Hubli Calendar

IMA KSB deligation comprising of myself along with Dr.S.M.Prasad, Hon. State Secretary, IMA

KSB, Dr.M.Venkatachalapathy, Imm. Past President IMA KSB, Dr.Madhusudan Kariganur Past President, IMA KSB, Dr.S.Nagendraswamy, Chairman, Hospital Board, IMA KSB, Dr.Ravindra.R., Imm. Past Chairman, Hospital Board, Dr. Pavan Patil and Dr.Sandeep Prabhu, members, Hospital Board, IMA KSB, Dr.Prasanna, President, PHANA met Dr.Vivek Dorai, Deputy Director KPME, Dr.Kiran, Joint Director of Health, Sri.D.Randeep, IAS, Commissioner Health and Sri.Anilkumar.T.K. IAS, Principle Secretary, Dept. of Health & Family Welfare met and discussed Fire NOC issue in detail. Convinced them that this has to be termed as Fire Compliance Certificate and different Category of medical establishments to have different criteria. As many are disturbed by

this for KPME renewal, till such rules are framed allowing KPME registration by auto renewal mode without Fire certificate They have fixed interministrial meeting on 5-2-2022 to discuss with all concerned. We may get favourable reply soon.

I Congratulate all such IMA branch Presidents and Secretaries, District coordinators, Divisional coordinators, State working committee members, State office bearers for their contribution to IMA.

Many of the local branches are taking up the project of free covid19 vaccination. I am very grateful to them.

TOGETHER WE CAN...

Jai Hind

Jai Karnataka

Long live IMA



The delegation led by IMA Karnataka State branch met the following officials to apprise them about the difficulties in implementation of fire safety norms for registration of private hospitals under KPME on 1-2-2022 at Bangalore.

- **Sri. T. K. Anil Kumar, IAS**, Principal Secretary to Government, Dept. of Health & Family Welfare.
- **Sri. D. Randeep IAS**, Commissioner, Health and Family Welfare Services.
- **Dr. Kirankumar. M.**, Joint Director, Health and Family Welfare Services.
- **Dr. Vivek Dorai**, Deputy Director, KPME, Health and Family Welfare Services.

All of them responded positively towards our grievance and assured us to easify the KPME renewal & registration.

Dr. Kateel Suresh Kudva, president IMA KSB along with **Dr.S.M.Prasad**, Hon. State Secretary, IMA KSB, **Dr.M.Venkatachalapathy**, Imm. Past President IMA KSB, **Dr.Madhusudan Kariganur** Past President, IMA KSB, **Dr.S.Nagendraswamy**, Chairman, Hospital Board, IMA KSB, **Dr.Ravindra.R.**, Imm. Past Chairman, Hospital Board, **Dr. Pavan Patil** and **Dr.Sandeep Prabhu**, members, Hospital Board, IMA KSB, **Dr.Prasanna**, President, PHANA.

The weak can never forgive . Forgiveness is the attribute of the strong



SECRETARY'S MESSAGE

Dr. S.M. PRASAD

Dear Seniors and IMA members,

!! Happy Republic Day 2022 to all of you. !!

First of all, I thank every member who are instrumental in bringing in more of our doctors into IMA membership during the membership drive months. We expected more members to join in Karnataka. Hope the services and benefits of joining the various schemes under IMA-KSB will be taken as priority while enrolling as members henceforth. All of you know that there are many hurdles for smooth working for all of us whether it is KPME, Fire NOC's, Violence on doctors, etc where most of us become soft targets. Whether it is a single owner Clinic, Hospital, Teaching Hospital, Corporate Hospital, issues faced are more or less same. But we need to know the ways to tackle things at our own levels.

As the 3rd wave is going on and fortunately not many admissions to hospitals like we saw in 2nd wave. We as doctors need to exercise more precautions. We have come across many of our fraternity affected with viral infections whether it is covid or non-covid recently.

There are many programmes and activities under various Sub-Committees under IMA-KSB. As IMA member kindly start participating in them to update our medical knowledge as well as contributing your views. For all these programmes, kindly be in touch with your friends and President, Secretaries of your area IMA branches.

Now, all of you must be aware that IMA is digital and you can download your own Membership Certificates and IMA member cards by log in to IMA website.

Also, I request you to inform us or President and Secretary of your branch details of any IMA member and their dependants whom we unfortunately lost during the 1st and 2 wave of Covid. Hope you are aware that there is COVID martyr's fund by IMA Hqrs. given to dependants of deceased allopathy doctor. Kindly help us in providing their details to make them as beneficiaries in the database.

Hope we overcome the 3rd wave early atleast by end of February, 2022.

Jai Hind

Jai Karnataka

Jai IMA



Hence forth, Following Official Mobile Numbers of IMA Karnataka State Branch & IMA Wings

IMA KSB President - 9606034326

IMA KSB Hon. State Secretary - 9606034325

IMA KSB Office Manager - 9606034327

IMA KSB Office Accountant - 9606034328

IMA KSB Office - 080-26703255

IMA Guest House - 080-26800409

IMA KPPS - 080 - 26705447

IMA KSSS - 0836 - 2355656

IMA KSHS - 6361074694 / 99867 00978

All Birds find shelter during rain. But Eagle avoids rain by flying above clouds.



VICE-PRESIDENT'S MESSAGE

Dr. K. Ramachandra Kamath

Dear Members of IMA,

We wish all our esteemed members Happy Republic Day.

The modern medicine is at its crossroads. The expectation from the public are reaching sky high, cost of quality treatment is also increasing exponentially high. The pressure of the finances is shifted on the treating doctors and institutions. The Government can intervene more effectively by decreasing the treatment cost and increasing the budget allocation for health care services. Now we as professionals, have to unite and without suspecting our colleagues and leaders give our support for the betterment of our fellow professionals and society at large.

After taking over as Vice President, along with President we visited IMA local branches of districts namely Udupi, Uttarakannada, Dakshina Kannada, and Kodagu district of zone-III. All the branch Presidents, secretaries and office bearers were available with the members for interaction. We felt highly obliged. District committees were formed under the leadership of district coordinations. This new concept has energised the involvement of the local branches at district level. Hopefully in the coming days this will become the norm. District coordinators-Dr.G.K Bhat Sankabittilu, Dr.Dinesh Hegde, Dr.Sudharshan Rao, Dr.Mohan Appaji, Dr.Anitha N Rao and Divisional Coordinators Dr.M.K Bhat, Dr.Ravindra Puttur were also present.

The membership development team under the able leadership of Dr.G.K Bhat Sankabittilu is working over time. More than 45 members joined in Mangalore branch. Hope this year, maximum number of new members will join the IMA Family. Two beneficiaries of KSSS scheme were Dr.K.G Bhat & Dr. Mukta N Chowta. The cheques were handed over to the respective bereaved families at Mangalore IMA. We request more members to create awareness about these schemes where the family values of IMA Family will get highlighted. Health scheme, Professional Protection Schemes are also getting more members enrolled.

The women Doctors wings were formed at all branches after the President's visit. The Lady Doctors are working with more enthusiasm under the leadership of state women doctor wings chairperson Dr.Geetha Doppa. This initiative will get more better in coming days and all branches of IMA will become active and productive. Our expressions & activities are well captured in the IMA Focus, by dynamic editor Dr.Soumya and team.

Issues of Medical students, Junior doctors, Medical teachers, Resident doctors Family Physicians, Specialist doctors, Govt doctors and all members, future members need to be given sufficient care. This new team under the leadership of Dr.Kudva, Dr.S.B.Lakkol, Dr.Venkatachalapathy, all vice presidents and Dr. S.M Prasad will guide us to solve their problems.

Long live IMA

All of us do not have equal talent. But, all of us have an equal opportunity to develop our talents.

BRANCH ACTIVITIES IN DECEMBER-2021

Branch : Bengaluru

President : Dr. Anuradha V. Paramesh

Secretary : Dr. K. N. Pradeep Kumar & Dr. K. Sathyavathi



IMA Bangalore Branch in Association with BBMP Conducted vaccination drive for Doctors and their Children's Booster Dose and Elder Group Dose. On 01.12.2021 World AIDS day, awareness campaign was conducted at government ladies' hostel Chamrajpet by Dr Mamatha. On 02.12.2021 Dr Anuradha H S conducted webinar on Back to School. On 04.12-2021 Dr. Anuradha Paramesh was the Guest of honor at webinar on "Endometrim on Hysteroscopy Dialogue" on virtual platform. Dr Anuradha Paramesh Received IMA National President's appreciation award for Women for Best Social Activity during NATCON 2021. She received GNANAVARSHA APPRECIATION AWARD from BSOG on 29th December 2021. On 08.12.2021 Dr.Vimochana and Dr Sathyavathi conducted health camp at various Anganwadi many people were screened for Diabetes and Hypertension. Health awareness talk on anemia in children was given by Dr.Vimochana. Iron and Folic Acid syrup was administered. On 26.01.2022 Republic Day was Celebrated. On 30.01.2022 President & Office Bearers visited Leprosy Hospital on the occasion of World Leprosy Day & distributed clothes, sweets & fruits to in patients. Dr Jyothi.R was felicitated on 26th January 2022 at Jigenahalli, Kadur. She has constructed a flag hoisting platform in memory of her late Husband, Dr Raghavendra.N.

Branch: Belgaum

President : Dr.Rajashree R. Angol

Secretary : Dr.Santhosh Sinda.

On 18.01.2022 Health camps was conducted at Chigule Village Khanapur. About 150 villagers benefitted. On 29.12.2021 Health education programme was conducted. Online facebook live awareness programme for public on topic of AIDS was done. IMA KSB president Dr Kateel Suresh Kudva visited branch on 4th December. On this occasion a press conference was arranged. And followed by District Council meeting where other IMA branches from Belgaum district attended and presented. Fire NOC letter was handed over to MLA s Shri Benake Anil and Shri Abhay Patil, who in turn agreed to look into the matter. HBI Belgaum chapter was started and members were informed about various benefits of HBI. Meeting was conducted with Dr Mahajan for social security scheme.

Failure will never overtake me if my definition to succeed is strong enough.

Branch : Bhadravathi: **President : Dr.Kumaraswamy.P.R**
Secretary : Dr.Ramachandra. H.M

CME Program was conducted on 26/01/2022 by Dr Suma K S on Hyperbaric Oxygen Therapy. Health Camps about antenatal Health and Yoga were conducted by Dr Veena S Bhat on 9th and 26th December 2021. On 18th Dec 21 Health Education Programs at Almohammed Education Institution were conducted about Adolescent health problem and First Aid. On 30th Dec 2021 talk on Legal awareness to women employees about POSH Act was given. On 23rd Dec 2021 - All India Radio Program – Pannel discussion about Common Misconceptions about women's health from Menarche to Menopause by Dr Veena Bhat, Dr Vani Kori and DrArathi althal participated



Branch : Chikkodi **President : Dr. Darshan Poojari**
Secretary : Dr. Sushma Kosti

On 12.01.2022 CME was conducted. Topic: "Introduction to neurosurgery" by Dr Vijaymahantesh Pujari gave an elaborate talk on the topic. 30 IMA members attended the CME.



Branch: Gadag **President : Dr. Pyarali K. B. Noorani**
Secretary : Dr. Aravind Karinagannanavar



On 06.01.2022 and 13.01.2022 CME Programme were conducted by Dr Suraj Kubihal and Dr Gunavathy N Jakaraddi.

Health camps : (a) Health checkup camp and blood donation camp were conducted at Gadag jail and Azad Bank around 66 units of blood was collected. **Health education Programme :** (a) CPR awareness was conducted at Gadag jail and at Azad bank jail by Dr Guruprasad N and Dr Pyarali Noorani (c) Vaccination

drive at Govt. school and KVSR college and (d) CPR awareness was done at Sukhyada Hospital. Christmas was celebrated with Prema Nilaya orphanage and Rs.12000 was donated to the trust. New year celebration was

organized at Deaf and Dumb school at Naregal. On 11.01.2022 at 11:30 AM wherein Hon'ble Union Minister of Health & Family Welfare with 126 senior doctors engaged in managing COVID-19 were invited among them our IMA member Dr Pavan Patil were part of this from Karnataka. 15-18 years school children Covid 19 vaccination drive was increased by IMA Gadag by providing the required man power to district administration. Many IMA members attended the CME conducted by Dept of Microbiology and Dept. of pediatrics at GIMS Gadag.

Branch: Gangavathi

President : Dr. G. Shashidhar

Secretary : Dr. Karthik J. Gouda

On 01.12.2021 The WDW of IMA-GANGAVATHI - MAITHRI arranged a walkathon in association with ART centre, Gangavathi and IMA-GANGAVATHI. The office bearers along with other Maithris attended the walkathon, followed by counseling of public regarding the preventive measures. This Program was also attended by the DC and CEO of Koppal



District, On 05th 12.2021 About Basic CPR and Hands - on training workshop was conducted for the final year nursing and paramedical students of two Nursing colleges of Gangavathi. A total of 88 students attended the workshop. A detailed presentation was done on the topic by our experts and experienced Anesthesiologists, Dr Anitha Shashidhar and Live Demonstration on Mannequins were done by our expert Anesthesiologist, Dr Sujatha Aradhya. This was followed by a Questionnaire session and Handouts were given. On 12.12.2021 A free health check up camp was organized by the team of IMA - MAITHRI, in association with SR Yashodha Hospital, Gangavathi. On 23.12.2021 Amid Covid scare, a unique program was initiated by IMA-Maithri as a part of New Year Activity and Children's activity. Customized greeting cards were made by the children on occasion of New year 2022. At the same time, all Maithri ladies were requested to make homemade sweets for distribution on New year. Cards along with sweets were packed in a unique way our Maithri members and distributed to all the Maithri families and Doctors of IMA Gangavathi. This activity was unique and was well appreciated by all the members of the IMA family.

Branch: Hubli

President : Dr. S.Y.Mulkipatil

Secretary : Dr. Manjunath Nekar

On 21.12.2021 CME program was conducted Dr. Avinash Patil MD, DM, Endocrinologist KIMS, and Mr. Gaurav Prakash Krishna Chief Manager were the resource persons. On 11.01.2022 CME Program was conducted Dr. Pawan Katti Consulting Urologist, Hubballi was the speaker. On 26.12.2021 IMA WDW in association IMA Hubballi and NGO Hasiru Dala, had organised a school health check up camp at Ashray colony Govt. school, Hubballi. Inner wheel club distributed free medicines. On 30.12.2021 IMA WDW in association IMA Hubballi conducted health check up of residents of Ragpickers colony Ashray colony Unkal in a govt school. On 05.01.2022 IMA WDW in association IMA Hubballi conducted health check up camp to lady staff of BVB college. Dr Sangeeta Antaratani briefed about awareness and Dr Mamata Patil gave talk on prevention of ca Breast and Ca Cervix. Pap smears slides was reported by Dr Bharati Bhavikatti and Dr Kanchana U.T. On 13.01.2022 IMA Hubballi along with DD Clicks Dharwad conducted online Health Education session. Dr. Savita.D. MD, DVD

Consultant Dermatologist and Cosmetologist spoke on Skin Disorders and Skin Care and Health in Children. 23.12.2021 IMA Hubballi in association with Ashakiran observed International Day for the persons with Disabilities at IMA House, Hubballi.



Branch : Ilkal

President : Dr. Sunitha A. Kathari

Secretary : Dr. Subhrani M. Kadapatti



On 26-1-2022 Republic Day was Celebrated

Branch: Jamkhandi

President : Dr. H.G. Daddi

Secretary : Dr. Biradar

On 27.12.2021 World AIDS Day observed at General Hospital. On 31.12.2021 Meeting with Commissioner of local TMC regarding site for IMA. On 06.01.2022 General body meeting was held to discuss about the IMA site allocation and funding for the same. On 17.01.2022 Attended meeting at Tahasildar office regarding Republic Day Celebration.



Branch: Karwar

President : Dr. Suresh Bhat

Secretary : Dr. Sharad Kolvekar



On 12.12.2021 CME Programme was conducted. One Day CME on knowledge update on super speciality topics at Karwar Institute of Medical Sciences, Karwar. Dr.K.Suresh Kudva, President, IMA-KSB inaugurated the CME and declared the formation of IMA Uttara Kannada District council Meet. More than 200 doctors of the district participated in the CME.

Man needs difficulties in life because they are necessary to enjoy the success.

Branch : Mandya**President : Dr.T.N.Marigowda****Secretary : Dr. Vinay**

On 19.08.2021 Cancer Awareness Program was held for ASHA workers, inaugurated by Dr.Dhananjaya DHO Mandya district. On 13.1.22 President and secretary of the IMA Mandya branch actively arranged the Booster dose of Covid Vaccination for all the IMA members of Mandya branch and health care workers in private hospitals and nursing homes. IMA Mandya branch actively participating in covid prevention and control activities.

**Branch: Mangaluru****President : Dr. Sathyamurthy Aithal****Secretary : Dr. Sadananda Poojary**

IMA Mangaluru organized first and precautionary dose camp at IMA house, jointly with district administration.

**Branch: Mulki****President : Dr. U Sridhar****Secretary : Dr. Chandrakanth Bhatt**

IMA Mulki branch organized covid vaccination drive on 30-01-2022.

Branch: Nippani**President : Dr. Nerli Rajesh R.****Secretary : Dr. Pavan Rathunavar Pramod**

On 5th December, Marathon Run was organised and around 35 members participated in the event. On 16th December, we had organised a Family Get together which was attended by many members and their families. There were many entertainment activities, creativity corner and fun filled events enjoyed and appreciated by everyone.



Branch : Raichur**President : Dr. K.Ramappa****Secretary : Dr. Nagaraj Bhalki**

On 09.01.2022 Deputy Commissioner of Raichur and MLA addressed the IMA Members on the rise in the Covid cases at IMA hall Raichur.

**Branch : Sirsi****President : Dr. Vinayaka Bhat****Secretary : Dr. Ravindra R. Kolvekar**

On 11.12.21: Official visit by IMA KSB President Dr Kateel Suresh Kudva and his team to our branch. IMA WDW was inaugurated. **Academic activities:** From 10th to 12.12.21 Annual Conference of Karnataka Ophthalmological Society on virtual platform. Dr Shivaram K V, Dr Tanushree Hegde, Dr Manjunath B A and Dr Vishwanath Ankad were resource persons. Dr Shivaram K V was presented with Dr Krishnaprasad Kudlu Best Community service award. On 12.12.21 District level CME programme in KaIMS, Karwar. Dr Dinesh Hegde gave a talk on Legal Aspects in Medical Practice. Health Camp: On 17.12.21 Voluntary Blood donation camp at PGH IMA life line Blood Bank by IMA members was done on the occasion of 101th birthday of late Dr.A.N.Patwardhan. 21 doctors donated blood of which 3 were lady doctors.

Health Education Programmes: On 05.12.21:-

Dr Ravikiran Patwardhan gave health awareness talk in Indian Senior Association. On 11.12.21 Dr Vinayak Subramaniam spoke on Healthy habits and importance of exercises in Govt.1st grade college Sirsi. On 14.12.21:- Dr Ravikiran Patwardhan delivered guest lecture on adulteration in honey and easy honey purity testing methods at KRISHI VIGYAN KENDRA Sirsi. On 24.12.21: Dr Shanta Bhat gave health awareness talk at Telang High school. Around 120 students participated. On 29.12.21:- Dr Suman Hegde spoke on menstrual hygiene to girl students of School and distributed biodegradable ecofriendly sanitary napkins in association with IMA WDW and Inner wheel club under project UDAAN. On 30.12.21 Breast cancer awareness programme was conducted by WDW IMA. Clinical breast examination and training for self breast examination was given by Dr Shanta Bhat, Dr Asha Prabhu and Dr Swati Vinayak. Around 30 women benefitted. On 15 and 16.12.21 Distribution of note books, school bags and sports equipments to high school students of in association with Rotary IMA Juvenile Diabetes Club and Endocrinology and Diabetes Research Trust. On 19.12.21 Cyclathon to Isloor hill view point from Sirsi Cycle Club. On 26.12.21 Cyclathon 40 km to Moregar falls from Sirsi Cycle Club.

When someone tells me 'no,' it doesn't mean I can't do it, it simply means I can't do it with them.

Branch : Sullia**President : Dr. Veena. N****Secretary : Dr. Ravikanth. G. O.**

On 21/12/21: Virtual CME conducted on various options of management of Ca Breast, by Dr Karthik K S and Dr Nishitha Shetty. On 21/12/21 A talk by Dr Veena on 'Health and Hygiene' at NMC Sullia. Virtual CME and screening camps were conducted for ANEMIA IN ADOLESCENT GIRLS. Under Mission Pink Health more than 300 students were screened and some of them were found anemic. On 31/12/2021 A talk on 'Adoloscet Health and Personal Hygiene' at different schools of Sullia by Dr Veena. On 4/1/2022 The President and Secretary monthly IMA virtual meeting was attended by Dr Veena and Dr Ravikanth. IMA Sullia and WDW Sullia donated 10 benches and desks and library books to a Govt. Primary School in Sullia. On 6/1/2022 Virtual case presentation for UG students - Uterovaginal Prolapse. 9/1/2022 Dr Geeta, Chairperson of WDW Karnataka attended the State Working Committee Meeting. On 18/1/2022 A virtual CME conducted on 'Blood and blood products' and 'Heamovigilance' by Dr Shamee C Shastry and Dr Pallavi P.

Branch: Tumkur**President : Dr. Sanjay. M****Secretary : Dr. Sanathkumar. G.K.**

On Dec 1st, 2021 World AIDS day was observed and a program was conducted by Tumkur District AIDS Prevention and Control Unit in association with IMA Tumkur. In this program, President of IMA Tumkur Branch Dr. Sanjay M, was honoured on behalf of all Doctors who worked under this Covid Situation. On 31st December 2021, Health Awareness program to Parents

was conducted in Govt. Higher Primary School, Kadashettihalli, in association with THS Hospital and IMA. On 8th jan 2022, IMA Tumkur and THS Diagnostic centre combinely conducted LIVER FIBRO SCAN camp for IMA Members, was done by Dr. Gnanendra, Medical Gastro. IMA Tumkur branch organised 3rd dose for all doctors and health care staffs of private hospitals and clinics on 18th and 19th of January 2022, in IMA Auditorium, Tumkur. On 26th jan 2022, Republic Day was celebrated in IMA Tumkur branch, by Flag hoisting in IMA premises. On 28-1-2022, Meeting was organized by Tumkuru Corporation commissioner and Mayor and was attended by IMA President and Secretary, TPHANA Secretary. In the meeting, request was submitted to cancel Trade license for Clinics, Hospitals and nursing homes, as they are service oriented sectors. And also urged to cancel property tax on Doctors martyred on COVID duty. And many other issues were discussed.

"Success is the sum of small efforts repeated day in and day out."

Branch : Udupi-Karawali **President : Dr.K.Vinayak Shenoy**
Secretary : Dr.Ganapathy Hegde

On 06-12-2021 the program on COPD was organized in association with Department of Health and Family Welfare, District Hospital Udupi, District Surveillance Unit, National Health Mission and IMA-UK, Dr Vyshak Pulmonologist was the resource person and gave talk to mid-level health care providers. On 19-12-2021 General body meeting and monthly CME programme was conducted at IMA Bhavana in association with Kasturba Hospital, Manipal. Dr.Sahana Shetty and Dr.Vinod C Nayak were guest speakers. On 23-12-2021 Dr.K.Vinayak Shenoy, President IMA-UK attended a meeting chaired by Hon DC Udupi on COVID-19 third wave preparedness and management.



Branch : Yalahanka **President : Dr.K.G.Shankarnarayan**
Secretary : Dr.Suri Raju



President Dr K G Shankarnarayana and Secretary Dr Suri raju attended the 96th National Conference of IMA, NATCON held at Patna on 27-28th Dec 2021. They received the Dr N S Chandra Bose Rotating trophy awarded to IMA Yalahanka. CME was held on 17/12/2021 by IMA Yalahanka in association with Aster CMI Hospital, Dr. Sudheer K A, Dr.Parimala V consultant Neonatologist and Dr.Sapna Lulla, Lead Consultant, OBG were the resource persons.

Branch : Yadgiri **President : Dr. G.Rajendra**
Secretary : Dr. Pradeep Reddy



Dr Swetha Jaka, Dermatologist from Yadgir and IMA member from Yadgir IMA branch. She was the winner of recently held Mrs Karnataka at Bangalore and was conferred with Mrs India remarkable and vivacious.



Republic Day was Celebrated at IMA KSB Building



IMA KSSS Cheque of Rs. 17,31,642.00 was handed over to Mrs. Rajeshwari (w/o Late Dr. Gopalakrishna Bhat)



IMA KSSS Cheque of Rs. 47,52,500.00 was handed over to Dr. Nithyananda Chowta and Dr. Rithika N. Chowta (H/o and D/o Dr. Muktha Chowta)

OBITUARY



Dr. K.M. SRINIVASA GOWDA
Bengaluru Branch



Dr. NIJAGUNA SWAMY
Chitradurga Branch



Dr. PRABHAKAR SHETTY
Udupi-Karawali Branch



Dr. VENUGOPAL
Whitefield Branch



Dr. RAMESH SHANKAR
MANTUR
Jamkhandi Branch

IMA-KSB Women Doctors Wing Activities



Wish all IMA colleagues a very Happy New Year . WDW IMA KSB organised two virtual CMEs on Recent advances in management of carcinoma breast, Blood components and hemovigilance. 2 undergraduate teaching programs on case discussions in OBG and Paediatrics. Dr.Geeta Doppa gave a talk on PCPNDT on 20th January to school principals, teachers, police and CDPO members in Sullia. WDW Bangalore conducted an awareness campaign on AIDS, CME and 2 health camps and health awareness talks. WDW Bhadravathi conducted yoga and antenatal classes. Dr.Veena and Dr.Kavita gave talks in 2 schools about adolescent health problems. Legal awareness program about POSH Act to women employees was organised. WDW Chikkaballapura doctors gave awareness about health, hygiene and POCSO Act to Govt girls hostel students. WDW members of Dharward branch were installed and a talk on injection Carbetocin was organised. WDW Gadag conducted various health & anemia detection camp and talk on patient safety was given at CSI hospital by Dr.Sadiga. WDW Gangavathy organised a walkathon for public awareness, CPR workshop and health camps. WDW Hospete gave talk in schools on adolescent health. WDW Hubballi organised a program on end violence against women, a talk on diet for healthy skin., adolescent health program in schools around 1500 children were screened for various

ailments. Benefits of Yoga and Surya namaskara were told to school children and conducted health camps in ragpickers colony. WDW Mangalore chairperson, Dr.Amritha Bhandary participated in State level Masters Athletic Meet & got first place in javelin throw and selected to represent Karnataka in National Masters Athletic Meet in Hyderabad. Dr.Aruna Yadiyal co authored a book Journey of a women. WDW Sirsi had a blood donation camp, health awareness talks to school students. Biodegradable sanitary napkins were distributed in government school. Breast carcinoma awareness program was organised. WDW Sullia organised a health check up camp for pregnant and malnourished children and free medicines were given. World AIDS day was celebrated. Adolescent health talks were given in 3 schools. A program on family planning services was organised for health care workers. A CME program was organised on Anemia in adolescents. Anemia screening was organised in junior college Sullia,. New WDW branches have been formed in Belgaum and Honnavara. Total we have 25 WDW branches throughout Karnataka, hoping for many more to be installed in coming days.

Warm wishes for NATIONAL GIRL CHILD DAY 2022.

Regards

Dr. Geeta Doppa, Chairperson



IMA'S KARNATAKA SOCIAL SECURITY SCHEME

IMA House, Bailappanavar Nagar, Hubballi-29 IMA KSSS

Phone no. 0836-235 56 56

<https://www.imakssshubli.org>



Respected Members,

Earlier our web was <http://www.imakssshubli.org>, but now it is <https://www.imakssshubli.org> you can clear the browser history in the settings and open the above link.

**ENROLL YOUR MEMBERSHIP FOR IMA KSSS
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"EACH ONE GET ONE"

ADMISSION FEE STRUCTURE FOR OLD EXISTING & NEW SILVER JUBILEE SCHEME

Age in Yrs	Below 30	Betwn 31-35	Betwn 36-40	Betwn 41-45	Betwn 46-50	Betwn 51-55	Betwn 55-60
Fee for Existing old Scheme	Rs 11700/-	Rs 12200/-	Rs 12700/-	Rs 20700/-	Rs 23700/-	Rs 28700/-	Rs 36700/-
Fee for Silver Jubilee Scheme	Rs 22700/-	Rs 24700/-	Rs 26700/-	Rs 31700/-	Rs 38700/-	Rs 47200/-	Rs 57700/-

Recent death claim benefit given under Silver Jubilee Scheme is Rs. 45,65,000/- and in old Scheme is Rs. 17,31,701/-

Death claim benefit given to Covid - 19 death is Rs. 17,31,647/- (Old existing scheme) and Rs. 47,52,500/- (Silver Jubilee Scheme)



Dr. Yoganandareddy.Y.C
Chairman

Mo : 9844085120

Dr. S.B. Lakkol
Joint Secretary

Mo : 9448560400

Dr. S.K. Nara
Joint Secretary

Mo : 9845365638

Dr. Maheshkumar S.
Treasurer

Mo : 9341738405

Dr. Prakash Reddy K.T.
Secretary

Mo : 9448415777

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I can't change the direction of the wind, but I can adjust my sails to always reach my destination



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IMA KPPS

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NEW SCHEME

• FINANCIAL ASSISTANCE CLAIM (INDEMNITY) AMOUNT UP TO RS. 1 CRORE (ONE CRORE)

- All the existing members will be upgraded to New Scheme after receiving the new application and request letter after adjusting the balance payment.
- The cause of Action must be in the period of active membership for all claims.
- Membership becomes effective from the Date of realization of Cheque or DD In favour of IMA KPPS.
- All operational modalities will be as per registered Bye-Laws of IMA's Karnataka Professional protection Scheme.

FEE DETAILS

a) Fee details for the 1st year (admission contribution)	
Admission fee	Rs. 100/-
Annual subscription Fee	Rs. 2000/-
Advance fraternity contribution	Rs. 1000/-
Total	Rs. 3100/-
b) Fee details for subsequent years	
Annual subscription fee	Rs. 500/-
Demand fraternity contribution	Decided and intimated that year *

*Amount paid towards financial assistance given to the members and Legal expenses in that financial year is equally divided and collected through Demand notice sent to each members as demand fraternity contribution every year in the month of April.

Dr. Honnegowda
Chairman
M. 9448118299

Dr. N. Dhanapala
Hon. Secretary
M. 9342161266

Dr. J. Sharanappa
Hon. Treasurer
M. 9448924466

Today's accomplishments were yesterday's impossibilities.



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Don't wait until you or a family member becomes seriously ill to try to purchase health insurance.

The Admission fee details is as follows

Age in Years	Total Amount, At the time of joining (1 st Year)	The Amount to be paid every year (2 nd Year onwards)
Children below 25 yrs	Rs. 4000.00	Rs. 3000.00
Below age of 35 yrs	Rs. 5000.00	Rs. 4000.00
Below age of 45 Yrs but above 35 Yrs	Rs. 7000.00	Rs. 5000.00
Below age of 55 Yrs but above 45 Yrs	Rs. 9000.00	Rs. 6000.00
Below age of 65 Yrs but above 55 Yrs	Rs. 11,000.00	Rs. 7000.00
Below age of 75 Yrs but above 65 Yrs	Rs. 13,000.00	Rs. 8000.00
Below age of 85 Yrs but above 75 Yrs	Rs. 15,000.00	Rs. 9000.00

LOCK IN PERIOD

- i) **Founder member** :- shall have the benefit of the scheme **six months** after joining the scheme or immediately after launching the scheme whichever is longer.
- ii) All the **ordinary members** and **beneficiary members below the age of 65** on joining shall have the benefit of the scheme after **12 months** of joining the scheme or immediately after launching the scheme whichever is longer.
- iii) All the **ordinary members** and **beneficiary members above the age of 65** on joining shall have the benefit of the scheme after **24 months** of joining the scheme or after launching the scheme whichever is longer.

NO CASHLESS SERVICE (They have to pay their bills themselves & Claim later)

- * **No advance payment will be made to the members**
- * Members will be given **reimbursement of 75% of total amount** of the bill not exceeding the sum limited to each disease.
- * **If the benefit is not claimed in an academic year the benefit amount in total or any percentage will not be carried over to the subsequent years.**
- * **A member will get a maximum of benefit of Rs.2 Lakhs in one year.**

The scheme was launched on 1st of July 2017 on the Doctors day Celebration at Bengaluru.

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We generate fears while we sit. We overcome them by action



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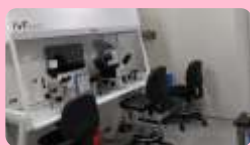
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