



IMA FOCUS

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2nd December
**NATIONAL
POLLUTION
CONTROL
DAY**



**IMA KSB President Speaks
On 23rd of Every month, On Zoom Platform**

Meeting ID : 594 076 5774
Passcode : imapre





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“A vision to strengthen healthcare in the communities we serve and empower patients to make informed choices is the genesis of Suguna Hospital”.

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1A/87, Dr. Rajkumar Rd. 4th 'N' Block, Rajajinagar, Bengaluru - 560 010, Karnataka
info@sugunahospital.com | 080 40194444 / 23327777

www.sugunahospital.com

EDITORIAL BOARD

PRESIDENT

Dr. Shivakumar B Lakkol
9448560400 / 9606034326
sblakkol@yahoo.co.in

EDITOR

Dr K.G. Shankarnarayana
98450 65527
drshankey@yahoo.com

SECRETARY IMA FOCUS

Dr. Praveen Ramachandra
77953 23949
praveenpgimer@gmail.com

HONORARY TREASURER

Dr Vijayasaradhi A
95351 56734
dravs73@yahoo.com

EXECUTIVE EDITORS

Dr B P Karunakara
9845263322 / 9606034325
bpkaruns@gmail.com

Dr Venkatachalapathy M
94489 85567
drmvchalapathy@gmail.com

CO-EDITORS

Dr Soumya Y J
98452 22245
soumyayjs@gmail.com

Dr S M Prasad
98451 05122
smprasad63@gmail.com

EDITORIAL BOARD

Dr Y C Yogananda Reddy
98440 85120
reddy.yogananda@gmail.com

Dr N Someshwar
98804 65661
naasomeswara@gmail.com

Dr Ravindra R
98450 34546
dravindra@sugunahospital.com

Dr Rajendra P Joshi
98456 44283
drpjoshi@gmail.com

Dr Karthik J Goud
99862 24148
drkarthikjgouda@gmail.com

Dr Veena N Sullia
94482 15940
drnveena@gmail.com

Dr Sachin Revankar
98802 50083
drsachinrevankar@yahoo.co.in

STATE OFFICE BEARERS

Dr S Srinivasa
93412 38129
drsrinivasa7@gmail.com

Dr Narayanamurthy C
98453 16090
murthyath@gmail.com
vasavidiaagnostic@gmail.com

Dr Prasanna Shankar S
94480 69977
dr.prasannashankar@gmail.com

Dr Rajashree R Anagol
94481 57444
rajashriangol1969@gmail.com

Dr Shrishaillesh Amarkhed
94481 15525
drshrishaillesh@yahoo.co.in



EDITORIAL

From the Desk of
Dr. K G Shankarnarayana

Greetings to all the members of IMA Karnataka,

Happy to note that a good number of branches across the state have shared the reports of their activities in time this month. This particular issue was discussed in detail during the 1st online meeting of the IMA Focus Editorial board for the year 2022-23 which was held on 20/11/2022. This meeting was well attended and lot of suggestions were obtained from the members of the editorial board for improving the content as well as the reach of IMA Focus. I would like to record my appreciation and gratitude to all the members of the board for their time and valuable participation.

In order to make our members wait eagerly for the monthly issues of Focus we have started 3 new columns from this issue namely,

- 1. MY HOBBY MY PASSION** – All our members are actively involved in practicing their profession from the time they finish their studies. Some of them blessed with some talent and some are interested in hobbies which they are pursuing with passion. This column gives us an opportunity to hear stories of such passion which might motivate many others to pursue their hobbies.
- 2. TRAVELOGUE** – In spite of their busy schedules members are sparing some time to travel along with their families to various destinations both inside and outside our country. This column encourages them to share their travel stories with us.
- 3. FOCUS POINT** - Readers can write their opinions & offer suggestions under this column which will be published in Focus.

Write ups in these 3 columns will be published in every issue. We have already received an over whelming response from the members and quite a few have sent their articles some of which are being published in this issue. I would like to assure our members that all the articles sent by them will be published in chronological order according to the dates we receive them.

I would like to request the Presidents and Secretaries of all the branches across the state to register their respective branches under the KARNATAKA SOCIETIES REGISTRATION ACT, 1960. Such a registration is helpful for the following reasons-

- It makes the association a legal entity.
- Brings in accountability as accounts of the association has to be audited every year once it is registered.
- Builds trust among the members and the general public.

iv) Will be helpful to acquire properties and manage the assets in due course of time.

The procedure for registration is quite simple and systematic hence there is no need for hesitation in taking up the same.

Finally the following important events are observed during the month of December,

- 1) 1st December- World AIDS day
- 2) 2nd December – National Pollution Prevention day. It is observed annually on December 2 in memory of the people who lost their lives in the 1984 Bhopal Gas Tragedy.

3) 3rd December – International Day of Persons with Disabilities to promote the rights and well-being of persons with disabilities

4) 12th December – Universal health coverage day for ensuring equitable access of health services to all the citizens in every part of the country, regardless of income level, social status, gender, caste or religion.

Wishing all our members a Merry Christmas and a Happy New Year in advance.

Long live IMA, Thank you all.....

Financial knowledge for the doctors is inevitable..

- Even though doctors are intelligent people in the society but... poor in managing finance
- Are we still dependent only on our profession for our earnings?
- Are we still thinking real estate is the only way to create wealth?
- Are we still thinking stock market is satta ?
- Are we still buying ignorant policies?
- Are we financially ignorant?
- Do you want to become financially independent early?
- Just take a deep breath...
- It is the right time to think and doubt about your financial knowledge..



“Financial education articles for the doctors by the doctors coming soon...”

Please watch this space in the next issue...



Focus Point...

It is a good initiative to bring out extra curricular talents /hobbies of our members. Also the travelogue will help members to plan their short / long trips during the work break or holidays. Good initiative Sir,

- Dr. D.Vijayakumar, IMA KGF

A very vibrant and welcome move, it was really required. Hope one day it will pave way for exhibitions of our professional group and make hobbies more viable and sustainable. Thank you Sir.

- Dr. Thippeswamy, IMA SNMC Bagalkot



PRESIDENT'S MESSAGE

Dr. Shivakumar B Lakkol

Dear esteemed members,

Warm greetings from IMA KSB.

"What you do makes a difference, and you have to decide what kind of difference you want to make." - Jane Goodall

My congratulations on the fine Conference of IMA KSB, MEDICON 2022 hosted by IMA Karkala branch from 28th to 30th October at Mudabidri. It was rich in content and valuable in creating better understanding of the issues that were discussed. Kudos to the efforts of the office bearers of the Karkala IMA.

Kannada Rajyotsava was celebrated with great enthusiasm & gusto on 1st November at the IMA House Bengaluru. Dr.PrsannaShankar our Senior vice president, State Secretary Dr. Karunakaran B.P, Treasurer Dr. Vijayasarahdi, Joint Secretary Dr.Anitha D and many other members and medical students participated.

On 6th November attended as the Chief guest for the Installation ceremony of new office bearers of Gangavathi IMA Branch who were installed by Dr.Madhusudhan Kariganoor.

On 7th November attended the RGUHS Meeting and on the same day visited Tumkur Branch along with Secretary Dr.Karunakara B.P, President Elect Dr. Srinivasa.S, Treasurer Dr.Vijayasarahdi and National Chairman of IMA AMS Dr.G.N. Prabhakara. This was planned in view of the incident happened at the Tumakuru government hospital. About 300 Doctors were present in the meeting called by the IMA Tumakuru at the IMA House. Our team personally met the Obstetrician Dr. Usha & assured her all possible support by the IMA Karnataka state branch. She overwhelmingly appreciated our support and the comfort it gave to her at the times of sorrow. IMA KSB submitted a memorandum to Chief Minister and Health Minister of Government of Karnataka to take back her suspension order.

Attended Medical student's National Conference of the PANACEA at Bangalore Medical College on 8th November as the chief guest. I addressed the students & stressed

upon the need of new young leadership for the IMA. I also motivated the medical students to take-up the membership of IMA MSN Karnataka state. My sincere appreciations to the IMA MSN State Convener Mr.Mithun for the coordination.

Two press meets were addressed by IMA KSB this month. One at Gadag press club on 9th November where Myself, IMA KSB Past presidents Dr.B.M.Allur, Dr.Rajshekar Bellary, Dr. G.B Bidnal & our state PRO Dr. Pavan Patil and other office bearers of Gadag IMA were present. Another at Bangalore press club on 17th November where Myself, President Elect Dr.Srinivasa.S, Imm. Past President Dr.Venkatachalapathy. M, State Secretary Dr.Karunakara.B.P, State PRO Dr.Pavan Patil.M, State Assistant Secretary Dr.L.D. Bakale & Bye Laws committee Chairman Dr.Madhusudhana Kariganoor were present. On both the occasions we emphasized the basic rights for the medical practitioners and listed out eight demands for the Government to meet & Safeguard the Healthcare system in our Country. This includes curbing the menace of the fake doctors, incitation of a new PG degree in family medicine, Simplification of fire safety mandate for small and medium hospitals, ban on unscientific mixing of modern medicine with other system of medicine and role for IMA and private hospitals in fixing the package rates in Yashasvini health scheme.

The book titled "Syringe Hidiyuva Kai Pennuhididaga" which is the collections of the real stories written by Dr. Anayya Kulal in kannada was re- released on 12th November at IMA House Bengaluru.

863 rd State Working Committee Meeting of the IMA KSB was held on 13-11-2022 at Bengaluru. The concept of having our own IMA Printing & Publishing was discussed. We had local Branch President & Secretaries, Divisional Coordinators & District representatives meet in the afternoon session. The Speakers gave information on various Schemes of IMA KSB, Digitalisation of IMA and Dr.Vivek Dori the Deputy Director of KPME spoke on the issues related to the registration and renewal under KPME act.

On 17th November we met our Honourable Health Minister of Karnataka Government Dr.Sudakar and discussed about the incidence happened at Tumkur. We requested him to consider IMA while making health policies by the government. On the same day we met Dr.Vivek Dori, the Deputy Director of KPME & discussed about the Fire licence and KPME Act. We submitted a request letter to him to publish the list of Registration and Redressal committees of all the Districts of Karnataka in its KPME website. We also met Dr.Ravikiran the Joint Director of Health and apprised him about the same issues.

In the evening we welcomed Dr. Anil Nasarani who was on cycle Marathon from Kashmir to Kanyakumar and made all the arrangements for his to stay at our IMA Guest house.

As promised I addressed the IMA Karnataka state members on 23rd November through our online Zoom platform wherein the various plans of IMA KSB was mooted. It was followed by very good interactive session.

On 24th November I attended the RGUHS Meeting at Bengaluru and requested the VC to sponsor the digital for IMA KSB.

On 25th November along with our state Assistant Secretary Dr.Bakale gave a visit to the Nippani Branch with 85, Sankeshwar Branch 25, Chikodi Branch with 70 life members. All these branches have their own buildings and WDW wing. The Chikodi IMA branch was very impressive as they have meticulously maintained the association records which is a role model to other branches.

We Visited Ugar kurd Branch having 22 members which was inactive. It was activated by Dr.A.A.Pangi who is IMA KSB Alternate CWC Member. The new office bearers of

the branch were installed on the occasion. Visited Athani branch having its own building & WDW wing. They conducted the meeting with very well with good hospitality. Visited Gokak branch & discussed various issues like KPME Fire licence and Trade Licence.

On 26th November visited Saundathi branch and Belagaum branch wherein more than 100 members were present. Dr.Rajeshri Annagol our State Women Vice President, Dr.Pavan Patil, PRO, Dr. Jaspal Singh Tehalia, Divisional Coordinator, Dr. Santosh Shinde District representative, Dr. L D Bakale Asst. secretary, Dr.Halegekar, Dr.Sapna Mahajan Secretary IMA Belagaum, Dr. Hemant Koujalgi and Senior Doctors like Dr.Vaji Yelburgi and many other family physicians attended the meeting. Belagaum District Hospital Board was inaugurated on the occasion. We appreciate the efforts of IMA HBI Committee member Dr.Devegowda in taking this task.

On 27th November after visiting the Bailhongal IMA Branch in the morning, we attended IMA KSSS MC meeting at Hubballi. On behalf of IMA KSB we congratulated and honoured Dr.Y C Yogananda Reddy and his new team for taking the responsibility of the IMA KSSS for the term 2022-25. Founder Chairman of KSSS Dr.Vittal D Sapare, Past Presidents Dr.Mantakanikar, Dr. G.B Bidnal, Dr.Madhusudhan Karignoor were present.

Relationships are stepping stones for the evolution of our consciousness. Each interaction we have, be it one of joy or contrast, allows us to learn more about who we are and what we want in this lifetime. They bring us into greater alignment. Keep in touch with the IMA Karnataka state branch.

Wishing you all health, wealth, and endless blessings in the New Year 2023.

Long Live IMA



OBITUARY



Dr. Pranathi
IMA Raichur Branch

Dr. S.N. Lingegowda
IMA Bengaluru Branch





SECRETARY'S MESSAGE

Dr. B P Karunakara

Dear Esteemed members of IMA Karnataka,

Greetings from IMA Karnataka State Branch!

The first month of the new Team; NOVEMBER 2022, has been an action filled month with numerous activities! Started off the month with a memorable and well attended Kannada Rajyotsava flag hoisting celebrations at IMA KSB office premises. We started our work with blessings of almighty Goddess Bhuvaneshwari! The Secretary, Joint secretary and the treasurer sat together and discussed responsibilities and functioning. The Tumkur incident was an urgency for the sensitivity of the issue. An emergency visit by our President and his team, interacting with the concerned doctors, IMA Tumkur branch leaders and Karnataka government doctor's association representatives helped us understand and calibrate the response to the incident appropriately without making it a food to the media. The affected doctor has been assured of support from IMA KSB. A government enquiry is in place, hope the doctor gets justice. Series of meeting were held with various (concerned) government department officials and important issues were discussed and memorandums were submitted for redressal. A well-attended SWC meeting provided us an opportunity to interact with newly elected members and listen to their voices. Members were updated on various aspects, functions, responsibilities of the IMA KSB, various schemes for the members, KPME, and others. Subcommittees were formed to streamline the functioning of activities. Various aspects and concerns of Medical student's network and junior Doctor's network were discussed and remedial measures were discussed.

Office functioning will be streamlined with punctuality,

speedier responses to the queries and improved productivity.

Multiple press meets and media interaction at Bangalore and Gadag by our beloved President Dr. Shivakumar B Lakkol, Past President Dr. MadhusudhanKariganoor, PRO Dr. PavanPatil and other functionaries highlighted the purpose and agendas of IMA KSB like community service, role of medical professionals in health of the society, vital roles played by family physicians at gross root level and many concerns like KPME, medical quackery, fire safety and others.

Many of our members were honored with prestigious awards and honors and our sports team dominated and secured maximum medals in recently held sports activities at Goa. IMA KSB appreciates and congratulates all of them.

The new initiative, President's speech has been initiated to connect with the members, discuss important issues, communicate the works of the state branch to the members, and establish a line of communication for feedback and suggestions. It will be a monthly affair, scheduled on 23rd of every month. The first episode of the President Speech on 23/11/22 was well received and our President Sir, touched upon most of the important issues and the measures taken.

We sincerely thank all the seniors, well-wishers, our team members for great work and support and encouragement.

What You Do Has far Greater Impact than What You Say!

We will work for your satisfaction!

Jai Hind!

Jai Karnataka!

Long live IMA!

IMA KSB Membership Fee (HFC) Details

Membership Fee Paid to IMA Karnataka State Branch.

Single life membership Rs. 11,020/-

Couple life membership Rs. 16,530/-



Senior Vice-President's Message

Dr. Prasannashankar Shivappa

My dear honourable IMA members, my warm regards & thanks for giving me an opportunity to serve our IMA. Our IMA KSB President Dr Shivakumar Lakkol gave an opportunity to hoist the Kannada Rajyothsava Flag at IMA KSB at Bangalore on 1-11-22. Dr Karunakara, Hon. Secretary & his team made all the arrangements for the same.

In IMA Mysore we celebrated Blood Donation Day in KR Hospital Blood Bank & World Immunization Day at PHC, Ashokpuram. We also conducted Antiquackery Day on 15-11-22. KPME Act came into existence because of Statewide IMA Antiquackery Movement by closing Clinics and Hospitals and Jathas. The then Health Minister told that in order to differentiate Quacks and Qualified Doctors we have to register by giving nominal fees & Unregistered

Quacks will be eliminated. We believed his words and now facing two Demons, Quacks and KPME Act. They failed to eradicate Quackery & on the other hand harassing the KPME registered Doctors. OTC, over the counter sales of Drugs by Chemists has not stopped even after giving complaint to the Drug Controller. What next, whether to accept our defeat or to fight. But Doctors are not good fighters which is known to the Public & the Politicians.

Public knowing fully well the practicing Fake Doctor is not a qualified person, still they take treatment from the Quacks. District Authorities are aware of the Quacks present in their jurisdiction but they're not at all taking actions against them. The reasons well known to all. Let's work unitedly and boldly to eradicate Quackery.

Long live IMA

National IMA Hqrs. Elections

IMA - KSB Congratulates its esteemed members on being unanimously elected as;



Dr. G.N. Prabhakara
Director - 2022-23
IMA-AKN Sinha Institute,
IMA Hqrs.



Dr. M. Venkatachalapathy
National Joint Secretary - 2022-24
IMA-Hqrs.



Dr. Pavankumar Patil
National Joint Secretary - 2022-24
IMA CGP, Hqrs.

IMA-KSB is Proud of you! Best wishes!

Sub Committees under IMA KSB for the year 2022-23

IMA KSB President Dr. Shivakumar B. Lakkol will be the President, Hon. State Secretary, Dr.Karunakar.B.P will be the convener and President Elect Dr. Srinivasa.S. will be the member for all the Sub-Committees of IMA KSB for the year 2022-23.

1) Finance Sub Committee

Sl No.	Name	Designation	Place	Mobile No.
1	Dr. A.S. Saravesha Raje Urs,	Chairman	Hunsur	9448434261
2	Dr.Yogananda Reddy.Y.C	Member	Bellary	9844085120
3	Dr.Honnegowda	Member	Hassan	9448118299
4	Dr. H.L.Krishnegowda	Member	K.R.Nagar	9449272211
5	Dr. Jambunathgouda	Member	Gangavathi	9448145035
6	Dr.A.Vijayasaraadhi	Member	Bengaluru	9535156734
7	Dr.S.Rajendraprasad	Member	Nelamangala	9844021211

2) Rules and Bye-Laws Sub Committee

Sl No.	Name	Designation	Place	Mobile No.
1	Dr. Madhusudhan Kariganur	Chairman	Shiraguppa	9448237145
2	Dr. A.S. Saravesha Raje Urs	I.P. Chairman	Hunsur	9448434261
3	Dr.Honnegowda	Member	Hassana	9448118299
4	Dr.S.M.Sureswaraiah	Member	Bengaluru	9448510217
5	Dr.Vani Kori	Member	Shimoga	9845901110
6	Dr.J.Sharanappa	Member	Yelahanaka	9448924466
7	Dr.B.Veeranna	Member	Bengaluru	9448250685

3) Subject Sub Committee

Sl No.	Name	Designation	Place	Mobile No.
1	Dr. Veeranna. B	Chairman	Bengaluru	9448250685
2	Dr.R.S Bellary	Member	Gadag	9448364161
3	Dr.Annayya Kulal M. Ulthur	Member	Mangaluru	7019531045
4	Dr.R.N.Malavegowda	Member	Chnnapatna	9844028852
5	Dr.Jaspalsingh H. Tehalia	Member	Bijapur	9448139330
6	Dr.Harish Delanthabettu	Member	Bhadravathi	9448461704
7	Dr.K.S.Karanth	Member	Kundapur	9448012028

4) Awards Sub Committee

Sl No.	Name	Designation	Place	Mobile No.
1	Dr. Arvindapatel	Chairman	Ballari	9448461704
2	Dr. K.S. Karanth	IP Chairman	Kundapur	7019531045
3	Dr. J. Sharanappa	Member	Yalahana	9448924466
4	Dr.Honnegowda	Member	Hassan	6363026500
5	Dr.Geetha Doppa	Member	Sullia	9448003477
6	Dr.K.G.Shamkarnaryana	Member	Yalahana	9845065527
7	Dr.Madhusudhana Kariganur	Member	Siruguppa	9448237145

5) Legal Sub Committee

Sl No.	Name	Designation	Place	Mobile No.
1	Dr.Y.C.Yoganand Reddy	Chairman	Bellary	9844085120
2	Dr.Honnegowda	Member	Hassan	6363026500
3	Dr.Sandeep Prabhu	Member	Dharwad	9343401934
4	Dr.Hareesh Delathabettu	Member	Bhadravathi	9844028852
5	Dr.ShriShailesh Amarkhed	Member	Raichur	9448115525
6	Dr.Pavan Patil	Member	Gadag	6364149150
7	Dr. Prakash Harishchandra	Member	Mangaluru	8748897248

6) Membership Drive Sub Committee

Sl No.	Name	Designation	Place	Mobile No.
1	Dr.Venkatachalapathy.M	Chairman	Chikkaballapura	9448985567
2	Dr.G.K.Bhat	I.P.Chairman	Mangaluru	9448475196
3	Dr.Ramalingappa Antrarni	Member	KIMS, Hubli	9449864822
4	Dr. Srinivas L.D.,	Member	Davanagere	7259920520
5	Dr.Nagaraj Bhalki	Member	Raichur	9845343568
6	Dr.Ashok	Member	Tumkur	8971418516
7	Dr.K.Sathyavathi	Member	Bengaluru	9886205341

7) Hospital Board of Karnataka (HBK) Sub Committee

Sl No.	Name	Designation	Place	Mobile No.
1	Dr.Sreedhar Kurdagi	Chairman	Gadag	7829233009
2	Dr.R.Ravindra	Member	Bengaluru	9845034546
3	Dr.Pavan patil	Member	Gadag	6364149150
4	Dr.Susheel Jathanna	Member	Mysuru	9964879727
5	Dr.Devegowda	Member	Belgaum	8904126936
6	Dr.Madhusudhana Kariganoor	Member	Siruguppa	9448237145
7	Dr.R.N.Malavegowda	Member	Channapattana	9448461704

8) Anti Quackery Sub Committee

Sl No.	Name	Designation	Place	Mobile No.
1	Dr. Sandeep Prabhu,	Chairman	Dharwad	9343401934
2	Dr.D.Vijayakumar	Member	KGF	9448713921
3	Dr.C.Ananda Rao	Member	Bidar	9448109565
4	Dr.Kiran Oswal	Member	Bijapur	9481083999
5	Dr.Mohan Appaji	Member	Coorg	9845471569
6	Dr.K.Gangamma	Member	Siraguppa	9448717620
7	Dr.Sathish Ramanna	Member	B'lore North	8310753870

9) Women Doctor's Wing Sub Committee

Sl No.	Name	Designation	Place	Mobile No.
1	Dr. Manpreeth Kaur	Chairman	Bijapur	8867033222
2	Dr. Geetha J. Doppa	I.P. Chairman	Sullia	9448003477
3	Dr. Y.J. Soumya	Member	Chikkaballapur	9845222245
4	Dr. Vidyavathi Vaidya	Member	Ranebennur	9448590651
5	Dr. Anuradha Paramesh	Member	Bengaluru	9845040451
6	Dr. Sulochana Chiniwalar	Member	Gangavati	9448382080
7	Dr. Shashikala Hosamani	Member	KMC-Hubli	9448148545

10) Sports Sub Committee

Sl No.	Name	Designation	Place	Mobile No.
1	Dr.Dinesh Hegde	Chairman	Sirsi	9448153406
2	Dr.R.N.Malavegowda	Member	Channapattana	9448461704
3	Dr.Arvind Karigannavar	Member	Gadag	9448383604
4	Dr.Arvinde Naik	Member	Mudhol	9980400995
5	Dr.Prasanna Patil	Member	Yadgiri	9886865803
6	Dr.Devaraj.G.C	Member	Gangavathi	9446123488
7	Dr.Mahesh Kumar.S	Member	Hubli	934178405



11) Academic and Medical Education Sub Committee

Sl No.	Name	Designation	Place	Mobile No.
1	Dr. Sanjana Tallur	Chairman	Gulbarga	9448585094
2	Dr. Harish Dalanthabettu,	I.P. Chairman	Bhadravathi	9844028852
3	Dr.Prasad.S.M	Member	Bengaluru	9845105122
4	Dr. Preetam Hurakadli	Member	Dharwad	8861710027
5	Dr.Animesh Jain	Member	Mangaluru	9845032334
6	Dr.Geetha J.Doppa	Member	Sullia	9448003477
7	Dr.Diwakar Gaddi	Member	Ballari	8618522794

12) Doctors Against Sex Selection Sub Committee (DASS)

Sl No.	Name	Designation	Place	Mobile No.
1	Dr. Anitha N.Rao	Chairman	Koppa	9448007119
2	Dr. K.S.Subhratha	Member	Shimoga	9448149927
3	Dr. Anita D.,	Member	Chikkaballapur	9880104151
4	Dr. A.Vijaysaradhi	Member	Bengaluru	9535156734
5	Dr. Naaz Saliya Dharmayath	Member	Hospet	9980719753
6	Dr. Rashmi Patel	Member	Ballari	8867374796
7	Dr. Sapna Mahajan	Member	Belagavi	9480327755

13) Digital and Medical Software Sub Committee

Sl No.	Name	Designation	Place	Mobile No.
1.	Dr. Jaspalsingh H. Tehalia	Chairman	Bijapur	9448139330
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3	Dr. Pavan Patil	Member	Gadag	6364149150
4	Dr. Naaz Saliya Dharmayath	Member	Hospete	9980719753
5	Dr. Gaddi Diwakar	Member	Ballari	8618522794
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7	Dr. Veena Sullia	Member	Sullia	9448215940

14) Pharmaco Vigilance Sub Committee

Sl No.	Name	Designation	Place	Mobile No.
1	Dr. Kiran L.J,	Chairman	Davanagere	8884781555
2	Dr. Manjunath G.N.	I.P. Chairman	Tumkur	9880183458
3	Dr.Asha,	Member	Chikkaballapura	9686071177
4	Dr.Mruthyunjaya Mirje	Member	Gadag	9945885883
5	Dr.Sathish Aithal	Member	Sullia	9448857961
6	Dr.Nagaraj Prasad Sai	Member	Shimoga	9483349365
7	Dr.Jayashree V.Nagaral	Member	Hassan	9481981405

15) Disaster Medical Management Brigade Sub Committee

Sl No.	Name	Designation	Place	Mobile No.
1	Dr. Honnegowda	Chairman	Hassan	9448119299
2	Dr.Vivek Dorai	Member	Bengaluru	9449999989
3	Dr.Prasanna Patil	Member	Yadgiri	9886865803
4	Dr.S.S.Karabari	Member	Gulbarga	9845072005
5	Dr.Jaspalsingh H. Tehalia	Member	Bijapur	9448139330
6	Dr.Dinesh Hegde	Member	Sirsi	9448153406
7	Dr.Azaar F. Kittur	Member	Hubli	9845252474

16) IMA Kannada Vaidya Barahagarara Upasamithi

Sl No.	Name	Designation	Place	Mobile No.
1	Dr. Shivnand Kubsad	Chairman	Mudhol	9448012767
2	Dr. Aravind Patil	IP. Chairman	Ballary	9448918764
3	Dr.Suresh Sagarada	ಪದನಿಮಿತ್ತ ಸದಸ್ಯರು ಸಂಪಾದಕರು ವೈದ್ಯ ಸಂಪದ	Raichur	9448139339
4	Dr.K.S.Subratha	(ಸಂಯೋಜಕರು, ಐ.ಎಂ.ಎ. ಕರ್ನಾಟಕ ರಾಜ್ಯ ವೈದ್ಯಕೀಯ ವಿದ್ಯಾರ್ಥಿ ಜಾಲ)	Shimoga	9448149927
5	Dr.N.Someshwara	Member	Bengaluru	9880465661
6	Dr.Sanjeeva Kulkarni	Member	Dharwad	
7	Dr. Veena.N	Member	Sullia	9448215940
8	Dr. Gaddi Diwakar	Member	Ballary	7760992203
9	Dr. Vinaya Srinivas	Member	Shimoga	9844083284
10	Dr.Shivaraj Patil	Member	Sindhanur	

17) Medical Student Network- IMA MSN Karnataka

Sl No.	Name	Designation	Place	Mobile No.
1	Dr.Shivakumar .B.Lakkol	President	IMA-KSB	9448560400
2	Dr.Karunakara.B.P	State Secretary	IMA-KSB	9845263322
3	Dr.A.Vijayasaraadhi	Hon. Treasurer	IMA-KSB	9535156734
4	Dr.Arjun.C	Chairman	Chikkaballpur	9611909919
5	Dr.K.S.Shubratha	IMA-Co-ordinator	Shimoga	9448149927
6.	Mr.Mithun.M	Convenor	GIMS Gadag	9591525287
7	Ms.Pooja Patil	Co-Convenor	Raichur	8867991097
8	Mr. Bishnu Kinkar Paul	Co-Convenor	KBN Gulbarga	8486905982
9	Ms. Monisha.S	State General Secretary	KIMS, Bengaluru	7760840542
10	Ms. Krupa R. Kumar	National Council Member	KIMS, Bengaluru	8197175351
11	Mr.Nithin Prasad	Jt. Secretary-1	BLDEA, Bijapur	9497016304
12	Ms. Meghana	Jt. Secretary-2	KIMS, B'lore	7349660829
13	From respective Medical College Branches of MSN Chapter	State Council Members of IMA MSN of Colleges in Karnataka		

19) IMA KSB, Bangalore IMA JDN Karnataka

Sl No.	Name	Designation	Place	Mobile No.
1	Dr. Shivakumar. B. Lakkol	President	IMA-KSB	9448560400
2	Dr. Srinivasa. S.	President-Elect	IMA-KSB	9341238129
3	Dr. Kateel Suresh Kudva K	Imm. PP	IMA-KSB	9448725265
4	Dr. Karunakara. B.P	State Secretary	IMA-KSB	9845263322
5	Dr. A.Vijayasaradhi	Hon. Treasurer	IMA-KSB	9535156734
6	Dr. Thejaswi. H.J	Chairman	Hassan	8147824157
7		Vice-Chairman		
8		Advisory Board Up to 5 members Revenue Zone		
9		State Convener		
10		State Co-Convenor-2 Male and Female		
11		State General Secretary		

20) Public Health Sub-Committee

Sl No.	Name	Designation	Place	Mobile No.
1	Dr. Aravind Karinagannavar	Chairman	Gadag	9886699958
2	Dr. Annadani M. Meti	I.P. Chairman	Mundarg	9448629611
3	Dr. Suresh Kagalkar	Member	Bijapur	8884792610
4	Dr. A.A.Pangi	Member	Athani	9448493900
5	Dr. Padma Prakash.A	Member	Yelahanka	7204342290
6	Dr. P.R.Bhasme	Member	Byadgi	9880061871
7	Dr. M.S.Jayanth	Member	Mysore	9448325885

ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಪ್ರಾರ್ಥನೆ

ಎಲ್ಲರೂ ಸಂತೋಷವಾಗಿರಲಿ,
ಎಲ್ಲರೂ ಆರೋಗ್ಯವಾಗಿರಲಿ,
ಎಲ್ಲರೂ ನೋವಿನಿಂದ ಮುಕ್ತವಾಗಿರಲಿ,
ಎಲ್ಲರೂ ದುಃಖದಿಂದ ಮುಕ್ತವಾಗಿರಲಿ,
ಎಲ್ಲಾ ಆಸೆ ಅಮಿಷಗಳನ್ನು ಮೀರಿ
ಗುಣಪಡಿಸುವವರು ನಾವಾಗಿರಲಿ.



IMA PRAYER

May everybody be happy
May everybody be healthy
May everybody be free from pain
May everybody be free from sorrow
May we be the healing cure
Beyond every greed & lure

ಧ್ವಜ ವಂದನೆ

ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಸದಸ್ಯರಾದ ನಾವು ನಮ್ಮ ರಾಷ್ಟ್ರಧ್ವಜವನ್ನು ವಂದಿಸಲು ಇಲ್ಲಿ ನಿಂತಿದ್ದೇವೆ.
ಅದರ ಗೌರವ ಮತ್ತು ವೈಭವವೇ ನಮಗೆ ಬೆಳಕು ಮತ್ತು ಶಕ್ತಿ ಮತ್ತು ಅದರ ಪಥವೇ ನಮ್ಮ ಪಥವು.
ಮಾನ್ಯತೆ ಪಡೆದಿರುವ ರಾಷ್ಟ್ರ ಸಂಸ್ಥೆಯ ಸದಸ್ಯರಾದ ನಾವು ನಮ್ಮ ಜವಾಬ್ದಾರಿಗಳನ್ನು ಅರಿಯುವ ಮೂಲಕ
ನಮ್ಮ ರಾಜನಿಷ್ಠೆಯ ಶಪಥ ಮಾಡುತ್ತಿದ್ದೇವೆ. ನಮ್ಮ ರಾಷ್ಟ್ರ ಧ್ವಜವು ಉನ್ನತ ಮಟ್ಟದಲ್ಲಿ ಹಾರಾಡುವ
ಸಲುವಾಗಿ ನಮ್ಮ ಅಧಿಕಾರದಲ್ಲಿರುವ ಎಲ್ಲವನ್ನೂ ಅದಕ್ಕೆ ಸಮರ್ಪಿಸುವ ಪ್ರಮಾಣ ಮಾಡುತ್ತಿದ್ದೇವೆ.

ಜೈಹಿಂದ್

FLAG SALUTATION

ಐ.ಎಂ.ಎ. ಜಿರಾಯುವಾಗಿರಲಿ

We, the members of Indian Medical Association stand here to salute our national flag.
Its honour and glory shall be our light and strength and its course shall be our course.

We pledge our allegiance to it and realizing our responsibilities as the accredited members of this national organization, we swear we will dedicate everything in our power to see it fly high in the comity of nations.

Jai Hind

Long Live IMA

BRANCH ACTIVITIES

Branch : Ballari
President : Dr. B.K.Sundar
Secretary : Dr. Nitesh Kumar Kathariya

On 05.11.2022: "CME Programme was conducted in association with Manipal Hospital, Whitefield, Bangalore at Hotel Nakshatra LR, Ballari. Nearly 100 members attended the program. On 13.11.2022 "Walkathon for Diabetes awareness" was conducted for diabetes awareness in common people on eve of World Diabetes day @ 07.30am. The Rally started from IMA Hall District Hospital through Royal Circle, Bangalore Road, Jain Market, Mothi Circle, Railway station road and ended at IMA Hall. Nearly 120 + members participated in the rally.



Branch : Belgaum
President : Dr. Swapna Mahajan
Secretary : Dr. Hemant Koujalgi

Conducted 2nd clinical meeting, Topic: "Changing trends in laproscopic oncology" by Dr.Vishwas Pai, Laproscopic oncosurgeon, more than 100 delegates attended. World arthritis day, had face book live awareness programe, by rheumatologist Dr Archana and orthopaedic surgeon Dr Hemant koujalgi. World osteoporosis day celebration by

public awareness and free bone density camp at Kasbekar Metgud Clinic by Dr Hemant Koujalgi and team. World diabetes day celebration, free blood sugar testing by Dr Swapna mahajan. Dhanvantri pooja at IMA Hall on occasion of dhanteras. Dr Santosh prabhu gave talk on Fire and safety norms ,waste management and antiquackery aspects. On the occasion of WORLD DIABETIC DAY, IMA Belgavi Branch, WDW Belgavi branch, Mahaveer blood bank, & Dr. Gizare Hospital conducted Free Blood sugar & B P check up camp at mahaveer blood bank for the staff of surrounding hospital, shops and Rickshaw drivers. Around 70 people availed the benefit of free check up and 5 were diagnosed with high BP and high RBS levels.

Branch : Bengaluru
President : Dr. Anuradha Paramesh
Secretary : Dr. Pradeep

On 24th September 2022: Conducted a Free Medical Camp for school Teachers and parents at JSS Primary School, Chamrajpet Bangalore. On the occasion of World Lung Day on 25.09.2022 A total of 17 persons were screened. Their blood pressure, SpO2, temperature and weight were measured. RBS was checked for all the participants. Pulmonary function test was done on 10 persons and were advised treatment for their ailments. Dr. Rajasree.M.B organized and conducted the camp. Dr. Ramakrishna. S, member of IMA Bangalore Branch took part in this free camp. On 29th September 2022 we conducted a free medical camp On World Heart Day at SriPaada Raja Mutt, Chamrajpet, Bangalore for general public. Dr. Thirthankar, IMA Bangalore Branch EC member, Dr.Ramakrishna.S, Senior IMA BB EC member and Dr. Rajasree MB, IMA BB EC member took part in the camp. a total of 19 persons were screened. Their blood pressure, SpO2, temperature were measured. Blood Lipid profile test and HbA1C was performed on 16 persons. On 29th October 2022: Dr. Rajasree. M.B represented IMA BB on the WORLD STROKE DAY Walkathon, organized by Trust well Hospital to increase the awareness of early intervention in stroke management among general



public. On 13th November 2022: Dr. Anuradha Paramesh Conducted FPAB CME at Hotel Nandhini, R T Nagar Main Road, M L A Layout, Bangalore-560032, 50 Doctors Participated in the program. On 15th November 2022: Dr. Anuradha Paramesh Cochaired CME on Infertility updates at Hotel Bangalore. 25 Doctors Participated in the Program. On 30th October 2022: IMA Bangalore Main Branch Received following Awards at 88th Medicon held at Moodabidri. (1). The President's Appreciation award for best branch, (2). Maximum increasing Membership awarded. (3) Dr. Uma Seshagiri – President Appreciation awarded for her yeomen services to fraternity & Society (4). Dr. Anuradha Paramesh V Received IMA -KSSS SCROLL OF HONOUR & AWARD OF APPRECIATION.

Branch : Bhadravathi
President : Dr. Kavita Sadashiv
Secretary : Dr. Arun. G S

On 10.10.2022: Free checkup and antenatal counselling, diet & Nutrition awareness for Pregnant ladies at Bhadravathi Govt. Hospital (PMSMA) by Dr Veena S Bhat - Beneficiaries-40. On 11.10.2022: Dr Arun. G. S. IMA Secretary conducted free bone density screening camp. IMA President Dr Kavitha Sadashiv and WDW Chairperson Dr.Veena S. Bhat



gave awareness about Osteoporosis – Beneficiaries – 55. On 15.10.2022: Alcohol De-addiction camp at Bhadrashwara Kalyana Mantapa, Bhadravathi. Dr Veena Bhat Examined 60 Patients and gave advise as a camp officer. On 18.10.2022: Dr Veena Bhat Explaining Side effects of alcohol and Counselling On 05.11.2022: Installation of new office bearers of IMA , Bhadravathi branch for the year 2022-23 was held at VISL Guest House, Bhadravathi with Dr. Kavita Sadashiv as President & Dr. Arun.G S as Secretary. Also office bearers for the Women Doctor's wing 2022-23 were elected with Dr. Veena Bhat as Chairperson and Dr. Swarnalatha as Secretary. The programme was inaugurated by Shri. B. L. Chandwani, Executive Director, SAIL - VISL Bhadravathi. Felicitated our esteemed member Dr. Narendra Bhat, who was honoured with "Distinctive achievement award" at Adichunchanagiri matt. Also felicitated our ex IMA team and Dr. Subramanya Bhat who were felicitated at 88 th Medicon. CME was held on the same day in association with Nanjappa hospital, Shimoga. Dr. Spoorthi Pai, consultant endocrinologist presented three interesting endocrinology cases and spoke on the topic "Combining Vidagliptin and Dapagliflozin: ideal for Indian patients?". Free Health Check up and health awareness program: On 09.11.2022: Free checkup and antenatal counseling Pregnant ladies at Bhadravathi Govt. Hospital (PMSMA) by Dr Veena S Bhat - Beneficiaries – 45. On 15.11.2022: Health awareness about common health problems and hygiene was given at Gadikoppa Women's Hostel, Shimoga. On 19.11.2022: Free health checkup camp conducted by IMA Bhadravathi to Bommanakatte Primary School students. Awareness given by Dr Veena S Bhat, Dr Sathish Chandra and Vindya Hegde. On 20.11.2022: Kannada Rajyothsava celebrated by IMA Bhadravathi Kannada Barahagarara Balaga along with Bhoomika Bhadravathi at Nayana Sabangahana.



Branch : Bidar
President : Dr. Madna vaijinath
Secretary : Dr. Mallikarjun Panshetty

On 15.10.2022: New office bearers installation ceremony happened. Dr Madna vaijinath as president & Dr Mallikarjun Panshetty as secretary took charge. Chief guest Dr.P.S.Shankar graced the occasion. IMA Bidar women doctors wing was formed and installed. IMA Bidar also did COLS(chest compression only life saving) workshop for the engineering

students of Lingaraj Appa Engineering College, Bidar on the same day. On 22.10.2022 (1). Breast Cancer Awareness Programme for women at BRIMS , Bidar. Guest Speaker: Dr. Vipin Goyal, Senior Oncosurgeon, Hyderabad. (2). Sexual Awareness for adolescents Health in Millennium Public School, Bidar by Dr. A C Lalithamma, Chairperson IMA WDW. On 28/10/22 Conducted Breast Cancer awareness month programme. On 09.11.2022 Excellence, Modern Age Perinatal Challenges; Beware and Be Aware. Guest Speaker: Dr. Chinmaya Ratha, Chairperson FOGSI. (3). On 16.11.2022 Health and Hygiene for students at Karnataka Arts and Science College, Bidar by Dr. A C Lalithamma, Chairperson IMA WDW.

Branch : Chikkodi
President : Dr. Darshan Pujari
Secretary : Dr. Sushma Koshti

On 10.11.2022 CME was conducted In association with UAIMS Sangli. Topic: "Approaches to a patient with chest pain" by Dr Rahul Mahadik, Cardiologist, (2). "GI bleeding -DD and management" by Dr Sujay Kulkarni, Gastroenterologist, and (3). "Minimal invasive Cardiac surgeries" by Dr Amol Bhoje, CTVS. 35 members attended the CME. On 16.11.2022: CME was conducted in association with Kolhapur Cancer Centre. Topics: (1). "Signs, symptoms and management of cancer." By Dr Suraj Joshi, Cancer surgeon, (2). "Versa HD - New era of Radiation oncology" by Dr Yogesh Anap, Radiation Oncologist. 30 members attended the CME.



Branch : Gangavathi
President : Dr. Madhusudhan.K.N
Secretary : Dr. Mahantesh.G.PattanaShetty

On 06.11.2022 INSTALLATION CEREMONY: New Office bearers under the able leadership of Dr Madhusudan K N , took charge from previous office bearers. Like wise IMA women doctors wing MAITHRI took charge on the same day. For Installation ceremony Dr S B Lakkol President IMA KSB was chief guest and Dr Madhusudan Kariganur Past president IMA was Installation Officer. It was presided by Dr V V Chiniwalar President elect IMA

KSB, Dr Jambunath Gouda Chairman IMA KSHS. On 13.11.2022 STATE HEAD QUARTER MEETING: Our President Dr Madhusudan Koti and Dr Jambunath Gouda Chairman IMA KSHS attended the IMA Presidents and secretaries meeting at Bangalore, Once. On 13.11.2022, DIABETES AND HTN DETECTION CAMP AT VITTALAPUR: On the occasion of WORLD DIABETES WEEK, Diabetes and Hypertension screening camp was done at Vittalapur Sai Baba temple. Close to 100 people were screened for DM, HTN. 6 new cases of DM and 11 new cases of HTN were detected and advised treatment guidelines. On 17.11.2022: HEALTH CHECK UP CAMP AT HIREBENAKAL: In association with Gangavathi Junior college NSS Camp, Gram Panchayath Hirebenakal, Murarji school hirebenakal, we conducted general health checkup camp for 250 school students n 60 general public were screened for various diseases and given treatment. On 19.11.2022: DIABETIC DETECTION CAMP AT GANGAVATHI: Conducted a diabetic screening camp at Junior college grounds for general publi in association with IAP koppal, IMA Maithri Gangavathi. 185 patients were screened with GRBS, out of them 34 patients were found to be with uncontrolled blood sugar levels, they were prescribed with proper mediation & guidance given about the food to control blood sugar levels. It was done On 19.11.2022 CME PROGRAMME: IMA Gangavathi in association with HCG SUCHIRAYU HOSPITAL HUBBALLI, conducted a CME on 19/11/2022. Dr Amit sattur spoke on Introduction of OCT and FFX in Interventional cardiology. Dr KISHOR Bellary Diabetic foot management, Dr Manjula patil spoke on Gestational Diabetes. More than 100 IMA members attended the programme. On 20.11.2022, CYCLATHON: IMA Gangavathi in association with Go Green Gangavathi cycling cub organised a cyclathon to create awareness on diabetes among the public in villages en route to Hampi. 15 IMA members along with 20 Go Green members attended the event. On 20.11.2022, WALKATHON: On the eve of world Diabetic day celebration along with Maithri, Lions club Gangavathi, API Koppal, Gangavathi nursing school, Lions school Gangavathi conducted a walkathon rally in Gangavathi and educated the public regarding diabetes detection, its complications, role of diet and exercise.

Branch : Honnavar
President : Dr. Vishal.V
Secretary : Dr. Vinayaka Raikar

A CME was conducted by IMA Honnavar in association with SMRC's VM Salgaocar Hospital, Goa, on the topic of Surgeon's perspective on GERD, presented by Dr Santosh Koppal. A one of its kind live operative workshop was conducted in association with Indian Dental Association and St Ignatius Hospital, Honavar. Dr Vishwas Pai, Dr Vagesh Bhat and Sunil Manakame

performed a Commando surgery for oral cancer, while Dr Sushma Pai and Dr Amritha Balkur provided anaesthesia coverage. On October 10, world mental health day was celebrated in association with Psychiatry department of St Ignatius Hospital, Honavar, where public awareness programmes were performed to benefit the public.

Branch : Hassan
President : Dr. Abdul Basheer
Secretary : Dr. Kumar S. R.

On 01.11.2022: IMA hassan celebrated Kannada Rajyotsava. The program included hoisting Karnataka flag by IMA president Dr Abdul Basheer followed by singing Karnataka state anthem and Kannada song Hacchevu kannadada Deepa. The event was attended by around 50 IMA members. On the occasion of Kannada Rajyotsava month, IMA Hassan conducted a special programme consisting of Free diabetic screening camp for general public and auto Rickshaw drivers in presence of Hassan SP Mr Hariram Shankar and chief guests were HIMS director Dr Ravikumar, Medical Superintendent Dr Krishna Murthy, District Surgeon Dr Satheesh Kumar, KGMOA president Dr Kiran Kumar. Following the event there was a specially curated program that included singing Kannada songs by doctors, dance, skit on Kittur Rani Chennamma and fashion show of State Costumes by IMA members. The event was a grand success with over 250 members attending the program.



Branch : Jamkhandi
President : Dr. H.G. Daddi
Secretary : Dr. Biradar

On 01-11-2022: Participation in Kannada Rajyotsav celebration. On 14-11-2022 Walkathon on the occasion of 'World Diabetic Day'. Dr. Daddi addressed the gathering after the walkathon. On 16-11-2022 CME on approach to 'Cardiac Emergencies' by Dr. Kiran Chulki Cardiologist from Vijayapur. On 18-11-2022 Meeting at Asst. Commissioner Office regarding Japanese Encephalitis Programme.



Branch : Mangaluru
President : Dr. Venugopala D
Secretary : Dr. Archith Boloor

On 11.11.2022: INSTALLATION CEREMONY programme of IMA Mangaluru was held at the IMA hall. The chief guest Dr. M. Shantaram Shetty, Pro Chancellor NITTE University addressed the gathering and called for a collective effort towards curbing the menace of Mixopathy. The guest of honour Dr. M Venkatraya Prabhu administered the oath for the incoming office bearers. Dr. Venugopala D, president elaborated the programmes the new team is planning for the next year. The meeting was attended by 140 members. On 13.11.2022 President Dr. Venugopala D attended the meeting of IMA-KSB Divisional Co-Ordinators and Local Branches Presidents and Secretaries at Bengaluru. in Bangalore. On 19.11.2022 FELICITATION OF SENIOR MEMBERS. Felicitated two of our most senior and revered members and past presidents for their recent achievement. Dr. K V. Devadiga Sir was conferred with the Prestigious IMA Medicon 2022 Award. Dr. Habib Rehman Sir was conferred with the prestigious D K Zilla Rajyostava Award 2022. On 20.11.22 National IMA racquet sports tournament conducted by IMA Goa. Dr Sheetal Savur won women's singles, doubles and 35+ singles first place. Dr Suhitha G and Dr Monawwer Ala won men's doubles first place and men's singles 3rd place in open and 35+ category respectively.



Branch : Kundapur
President : Dr. Mahesh.G
Secretary : Dr. Rajesh Kumar

On 19.11.2022 : CME programme was conducted at Hotel Sharon, Kundapura. Topic: "MEDICAL NEGLIGENCE" by Dr Ullas Shetty Associate Professor, Department of Forensic medicine, AJIMS. He spoke on importance of documentation and consent, including various case scenarios and how doctors have to be aware of various legal consequences.



national health programs was also done. On 13.11.2022: IMA Mandya branch participated on Marathon walk towards World Diabetes day. It was inaugurated by Sri Srinivas (MLA). On 14.11.2022: IMA Mandya branch participated on Cycle jatha towards Children's day. It was inaugurated by Dr Dhananjay (DHO) and Dr Marigowda (President IMA). Health check up regarding diabetes and hypertension was conducted on the occasion of World Diabetes day.

Branch : Mandya
President : Dr. Marigowda T N
Secretary : Dr. Vinay M

03.11.2022: President attended the KPME meeting at DHO office Mandya. Dr Dhananjay (DHO) presided over the meeting. Discussion regarding sex identification by radiologists and PCPNDT Act and Registration of private clinic and nursing home doctors was held. On 05.11.2022: IMA Mandya branch and Vikasana Samsthe conducted a health check-up camp and NCD clinic. Health education regarding

Branch : Mysore
President : Dr. Y.M. Shivakumar
Secretary : Dr. Devianand. K.P

Indian Medical Association, Mysuru Branch conducted the "World Immunization Day" Programme on Thursday, 10.11.2022 at 10.30 AM in Primary Health Centre, Ashokapuram, Mysuru.



Branch : Nelamangala
President : Dr. M. Jayaprasad
Secretary : Dr. S. Rajendra Prasad

On 14.10.2022 CME Programme was conducted. Topic: "Effective Control of Inflammatory Arthritis" By Dr. Vijay K.R. Rao, Consultant Rheumatologist, Bangalore.

Branch : Nippani
President : Dr. Neela S. Shetty
Secretary : Dr. Pavan Rathunavar Pramod

On 17.11.2022: Monthly Meeting was conducted. Topic of discussion- "ABC of CBC" by Dr Mahesh Kore, Paediatrician from Nipani. Topic: "Targeted therapy in Oncology" by Dr Akshay Shivachand



Branch : Raichur
President : Dr. Prabhuraj
Secretary : Dr. Shree Harsha Patil



On 21.10.2022: Condolence meeting was held on sad demise of IMA member Dr Pranathi. 01.11.2022: On the occasion of Kannada Rajyostava Dr. B Mahalinga Senior IMA Member got Yede Dore Sadhaka Prashasti for his contribution towards education, social service and health service. On 05.11.2022: Taluka Kannada Sahithya Sammelana was held. Dr Ravi Rajeshwar senior IMA Member was felicitated on the

occasion. Voluntary blood donation by IMA Raichur Secretary Dr Shree Harsha Patil at IMA Blood Bank on the occasion of Kannada Rajyostava. 12 doctors from our branch attended IMA Medicon 2022 at Mudabidri. Dr. H Ramakrishna Setty was a member of Social Security Scheme on his demise the claim amount of RS 17,00,000/- cheque was handed over to his son Dr. Siddesh Kumar .H by IMA Secretary Dr. Shree Harsha Patil . IMA Raichur started conducting free yoga training & fitness program in IMA auditorium premises on every Sunday starting from 13-11-2022 at 7:00 Am under the guidance of yoga guruji Raghavendra G. On 17-11-2022 there was CME Jointly organized by IMA Raichur and Raichur Orthopedic Society(ROS) around 75 members participated. Speakers were Dr. Darshan Kumar A Jain, hand Surgeon Bangalore and Dr. Anirudh Kulkarni, Associate Professor Dept of Orthopedic, Raichur. On 06-11-2022 blood donation camp was conducted at Sri Chaithanya Techno School Raichur; 19 units of blood collected. Blood donation camp on 13 November 2022 at Kakateeya Residential School Raichur by Taluka Kammavari Sangham was conducted and 25 units of blood was collected. 18.11.2022: 9 doctors from IMA Raichur Participated in IMA National Racket Sports Tournament 2022 at Goa. CME programme on oncology organized in association with Yashoda Hospital Secunderabad on 19/11/2022. Guest speaker Dr Rajesh bollam ,medical oncologist & Dr. Ramesh C Sagar oncosurgeon.

Branch : Sagar
President : Dr. B G Sangam
Secretary : Dr. Kishan R Bhagwat



First-aid & CPR awareness programme was conducted to 120 members of Youth Hostels Association of India(YHAI), Sagar branch on November 19, 2022. Dr. Kishan Bhagwat, secretary of the Sagar IMA branch conducted the 90 minutes training programme and discussion which included a live demo Dr. B G Sangam, President of Sagar IMA and other doctor members also contributed to the discussion.

Branch : Shimoga
President : Dr. Arun.M.S
Secretary : Dr. Raksha U. Rao

On 21.10.22, Team IMA met Newly appointed SP to Shimoga District, Mithun Kumar and welcomed him and discussed various issues related to safety of doctors in case of mob violence, joint venture to train police staff on basic CPR. On 12-11-2022, we started this year's cultural activities by Kannada Rajyotsava Celebrations. Chief guest Dr. K.N Gurudutt spoke on Kannada nadu nudi and addressed topics on the birth of Karnataka, the grandeur of our state, the current situation of Kannada language. Dr. Vinaya Srinivas organized Kannada quiz via for the audience and winners were given Kannada books. On 17.11.2022, as part of international week of safe adoption of kids, IMA pledged the Sankalpa Sandesha to support legal Child adoption in association with DHO office. On, 19.11.2022, CME organised jointly by Maax Hospital and IMA. Guest of honour Dr. Nagendra, MD, Maax hospital. Dr. Sudheer M Bhat spoke on Minimally invasive cardiac surgery. Dr. Shreyamsa M spoke on Transoral Endoscopic Thyroidectomy- Vestibular approach. Dr. Arun S spoke on Neuro Navigation- An overview.



Subraya Hegade Mattihalli was the chief guest for the occasion. On 14.11.2022 we conducted a walkathon on behalf of "WORLD DIABETES DAY". On 14.11.2022 "JUVENILE DIABETES SCREENING" was organized by Mahalakshmi memorial hospital Dr. Dinesh Hegde consultant paediatrician in Sirsi. On 16.11.2022 IMA member Dr. Adithya Phadnis consultant ophthalmologist donated blood. He is a regular blood donor every 3-4 months. Our IMA member Dr. Sharada Satish received the prestigious MRCOG degree. Hearty congratulations to her.

Branch : Sirsi
President : Dr. Rama Hegde
Secretary : Dr. Radhika Marathe

On 01.11.2022 Kannada Rajyotsava was celebrated in IMA Kannada Balaga. Chairman : Dr. D.M.Hegde and Secretary Dr. Tanushree Hegde. On 11.11.2022 IMA Kannada Balaga conducted "KANNADA SAHITYA- MERAGU BERAGU" on the occasion of Kannada Rajyotsava. We remembered Nadina Nudi Deepa "Chutuku Brahma" DINAKARA DESAI. Shri



Branch : Sullia
President : Dr. Veena
Secretary : Dr. Ravikanth G.O.

Dr Geeta Doppa member of IMA Sullia is given the responsibility of divisional Co ordinator for Dakshina Kannada, Udupi and Chikkamagalur. Dr Veena is appointed as the member of editorial board of IMA Focus for 2022-23. Dr Aishwarya KC member of IMA Sullia branch has been elected as Vice President of Indian Radiological & Imaging Association of Karnataka chapter for the year 2022-23. On 29.10.22: Dr

Geeta Doppa received the President Appreciation Award for her work as Chairperson WDW Karnataka State IMA. On 06.11.2022: Dr Geeta Doppa attended a health camp in Virajpet organised by KVG Medical College, Lions Club Virajpet and other associations. On 07.11.22: Dr Himakar Kurunji, member of IMA Sullia branch received felicitation from Sullia Kannada Sahitya Parishath. On 19.11.2022: Quiz competition held in Govt school Sullia, 100 children participated enthusiastically and had a great time.

Branch : Yadgiri
President : Dr. Bhagwanth Anwar
Secretary : Dr. Vaijanath Duggani

On 14.11.2022: On the occasion of world diabetes day, IMA YADGIR organised first ever walkathon on Nov 14, various other govt departments were involved in this mega event including school children, college students & local joggers. Event was inaugurated by ex-MLA and senior surgeon Dr. V.B.Reddy, Guest of honour. Yadgiri Dist SP, Dr Vedamurthy, Yadgir ZP CEO, Sri Amaresh Nayak & various other prominent leaders. 700 people participated.



audience. We received the IMA KSB President appreciation award for the year 2021-2022 at 88th Medicon which was held at Moodabidri. On 01-11-22, Kannada Rajyotsava was celebrated at the office of IMA Yelahanka. Dr Suri raju hoisted the flag in the presence of other office bearers and members of the branch.

Branch : Yelahanka
President : Dr. Suri Raju V
Secretary : Dr. Nalina D

CME-21-10-2022: CME was conducted by in association with Sparsh hospital at royal orchid successfully. it was blend of cultural and academic activity. more than 20 amazing talents between age group 3 years to 10 years, exhibited their painting skills. Speakers from Sparsh hospital, Dr Bhaskar and Dr Mahesh both covered their respective topics very well by engaging

IMA National Racket Sports Tournament 2022 @ GOA (Badminton & Table Tennis)

State team bagged 11 Medals!

We congratulate and appreciate our sports team for this achievement! for bringing laurels to IMA KSB! We congratulate **Dr. G.B.Bidinahal**, IMA National sports Standing committee member for motivating and inspiring the team to achieve this feat!



Badminton results

Dr Akhilesh (Hubli): Gold medal in open men's singles (badminton)

Dr Akhilesh (Hubli & Dr Tejaswi from Mandya): Gold medal in open men's doubles (badminton)

Dr Jyoti (Bangalore): silver medal in above 35+ women's singles

Dr Veeresh (Bangalore & Dr Jyoti- Bangalore) silver medal in open mixed doubles.

Dr Veeresh (Bangalore): bronze medal in open men's doubles

Table tennis results

Dr Sheethal Savur (Mangalore)

Gold medal-open women singles

Gold medal- 35+ women's singles Gold medal- open women doubles.

Dr Suhitha & Dr Manohar Ala (Mangalore) : gold medal in open men's doubles

Dr Suhitha (Mangalore) Bronze medal open men's singles

Dr Monaver Ala (Mangalore): Bronze medal in open table tennis singles.

Women Doctors Wing Activities

Women Doctors Wing Gangavathi : On 06.11.2022: We took charge in the presence of Dr S B Lakkol – President, IMA-KSB 2022-23 & Dr Madhusudhan Kariganur, Past President, IMA- KSB. On 13.11.2022 we started our social and cultural activities in the name of GOD, in this auspicious month of - Kartheeka Masa” by lighting Diyas in Sai Baba Temple Vittalapur. On the eve of “The World Diabetes Week “ IMA Maitri and IMA Gangavathi Conducted a Diabetic Screening camp in Vittalapur on Monday November 14 th . IMA Gangavathi , IMA Maitri, API Koppal in association with NSS unit of junior college and Gram Panchayat Hire Benekal conducted a health check Up camp at Morarji Residential School Hire Benekal on 17.11.2023 . IMA Gangavathi , IMA Maitri in association with API Koppal conducted Diabetes Screening Camp at Junior college grounds on 19.11.2022at 6.30 am to 8 am . On 20.11.2022, WALKATHON: On the eve of world Diabetic day along with IMA Gangavathi , conducted a walkathon rally in Gangavathi .



Woman Doctors' Wing, Hubballi : On 06.11.2022: A new office beares of IMA Hubballi AND WDW HUBBALLI WAS INSTALLED. New Chair Person Dr Shashikala Hosamani, Secretary Dr. Kanchana.U.T Have Taken Charge As New Office Bearers In The Presence Of Chief Guest Shree Labhuram, IPS Officer. On 10.11.22: IMA WDW in association with with RCHC conducted an MHM program on 10/11/22 at Rotary high school CBSE Hubballi ,which focused on Menstrual hygiene management in adolescence girls and also focusing on sanitation and hygiene in girls. Dr. Mamta. Patil was the speaker, in which 150 girls and 50 boys attended and were educated about Adolescent health with a slide show. Beneficiaries: 200. On 13/11/2022: Conducted a healthy baby show on the eve of children's day in association with Rotary central in which Dr. Renuka. Dugganni and Dr. Shashikala. Hosamani participated in the event in which 100 babies were examined. On 14/11/2022: Pannaga N. Prasad, w/o Dr. Aniruddh Kulkarni presented an interesting and informative talk on home composting, green buildings, soil conservation and permaculture on AIR Dharwad's Vanita Vihara programme on 14th Nov 2022. She has completed her Environmental MSc in Environment and Sustainable Development from the University of Glasgow, UK, and currently she is working as the Environmental and Social Nodal Officer, Hubballi-Dharwad Smart City Ltd. On 16/11/2022 Free Health check-up camp held on 16th at Kamripet from 10 to 2pm in association with Rotary club central. The strength of the participation from our doctors was great. Health check-up was on general physical examination, dental, skin disorders and ophthalmic were concentrated in which 100 patients were examined and were served with free medicines.



My Hobby My Passion

Art

- Dr Megharanjini Patil, MBBS, DNB

Consultant Radiologist & Member, IMA Gangavathi

Like any other child, I too had interest in drawing and painting during my childhood, but I never perceived it seriously. In this era of rat race, I am sure most of us have sacrificed our interests and passions, just to be a sheep in the herd and not to be an outcast in the society. We have forgotten to live "IN THE MOMENT" and instead we keep planning for the uncertain future. After decades of medical education and career, now when I am having a more secured personal and professional life, it has got me thinking. I feel its never too late to perceive on the things which we had left behind, which we always wanted to do, things which make us happy. This thought trigger was enough for me to follow my passion and hobby on arts. Belonging to family of artists, my inspirations (Renuka Molgi and Shilpa Kalburgi), I started my journey. The diverse culture, vibrant colours, epic tales, innumerable gods and goddesses of folk arts belonging to different parts of India amazed me to the core and I ended up doing all these mind-blowing art forms one after another. And now there is no looking back. Art of course is in my bucket list during my retirement

ART IS MEDITATION, ITS WORTH GIVING A TRY!!!

Folkarts of India:

Folk arts are as diverse as our culture in India. They represent the rich cultural heritage which has been passed from generation to generation. Each of them depict religious epics, god or goddesses. Belonging to different states of India, folk arts are very colourful and unique in their own way. Most of them were done with natural colours, mud, leaves, etc hundreds of years ago, which over time have adopted the modern painting materials. Most of them are still practiced in different states and are untouched by modernization.



Madhubani :

This art originates from parts of Bihar. It is also called Mithila art. It originated in kingdom of Janak.



Kalighat :

This art form originated from Kalighat, west Bengal. Initially depicted god and goddesses but then took a turn towards social reform during upheaval against British.



Kalamkari :

This originates from Machilipatnam in Andhra Pradesh. Today it is being used in ethnic clothing and sarees.

Gond art:

Gond tribe from Madhya Pradesh created this bold art form. It creates a sense of belonging to nature mostly depicting flora and fauna.





Cheriyal art:

It is a stylish form of Nakashi art, originating from regions of Telangana.



Warli art:

It is a tribal art created from sahyadri region of Maharashtra. It revolves around the marriage of God Palghat. Mainly depicts the daily chores, music, dance etc.



Kerala mural art:

This art dates back to 9th-12th century.

Depicts Hindu mythology in Kerala.

Phad painting:

It is religious scroll painting from Rajasthan. Traditionally done on a long piece of cloth/canvas called phad.



Pichwai art:

This traditional art originates from Rajasthan. It has deep religious roots and executed by utmost devotion by the artists.

Pattachitra:

This art form originates from Odisha, west Bengal and parts of Bangladesh. It is a traditional cloth based scroll painting. Initially created as souvenirs for pilgrims of puri and use as ancient Bengali narrative art



Khovar art:

Still practised in many districts of Jharkand. The Khovar art illustrates the socio-religious custom of preparing a wedding room.

My Hobby My Passion

Cycling

- Dr Jagadish V Bhoomraddi

Orthopaedic Surgeon, Member IMA Gadag

Cycling....my hobby !

I used to cycle daily (about 16 to 20kms) from 2003 to 2008. I slowly shifted over to walking.

But I restarted cycling about a year and a half ago....during Covid times.

I am addicted to working out...either weights or cardio for the past twenty five years of more. It allows me to indulge in my other passion...food ! Especially sweets.

I cycle about twice or thrice a week now. Sundays I go for 30-40 kms. Remaining days, I work out at home...exercise bands/kettle bells/ light dumbbells/body weight routines, etc. Cycling is a form of cardio exercise, not very strenuous on the joints. It does not require any training....most of us can cycle. There is a flexibility regarding how you want to cycle..speed or effort. You need different type of cycles for that. And all information regarding cycling is available on the net. Things were not so easy when I used to cycle in the early 2000s.

Apart from it being a good cardio exercise, I find it a very relaxing exercise. It works all the big muscles in the body...if you increase size and power in these muscles, your energy expenditure at rest goes up also...easy to reduce weight.

And I feel that cycling is a form of meditation for me.... I am most relaxed mentally when I cycle.

The only negatives about cycling...risk of accidents...I choose narrow village roads where there is almost negligible traffic. Cycling does not help in preventing osteoporosis. And for males, the supposed increased chances of ED. I cycle alone most of the time. Occasionally my fellow doctor's join in on Sundays. My target is to do a 100km ride, and then do a lot of those (I am 60 yrs old!)



Anti Quackery - News

Dr K H Prasad DHO, Dr Ravi KPME Nodal officer, KPME Advocate, Police officer visited the unlicensed Naveen Clinic in Mysore along with the IMA office bearers. The centre closed till the clinic gets KPME licence.





Madhya Pradesh the heart of Incredible India

- Dr. Ashwini H R, Asst Prof, KIMS Hubli
Member, IMA Hubli Dharwad

We recently toured Madhyapradesh, the heart of incredible India in March. Unfortunately, the weather was hot and the summer was soaking wet.

We started from Hubli in the morning and reached Indore by noon. Indore warmth struck us and Ahalyabai Holkar's statue greeted us in the airport. We managed with a light lunch in the hotel, we stayed and as planned we visited the food street that evening. We were surprised at the variety of snacks and the cleanliness of the shops. Our gut permitted us to eat at a few places only. The next day we were supposed to visit Ujjain and Mahakal temple. Along the way we visited the Sandipini ashram which was Krishna's gurukul in dwaparayug. We have learned that Krishna has mastered many soft skills and philosophical subjects that we seldom consider important. Malakal in Ujjain was one of 12 jyotirling where the ashes of human bodies are showered during the arti particularly in the night. While returning we were imprinted on our forehead with turmeric paste for 50 rupees which made us feel divine.

The following day we visited Omkareshwar temple, one of the Jyotirling located in an island surrounded by the river Narmada. We boated in the crystal clear, cold river water and the entire vision was a rejuvenating one.

The next day we reached the clean city of Gwalior by train. Tea vendors on the platform welcomed us with typical chai tune. When we visited the palace, we were wonderstruck to its history, sumptuous interiors, custom made chandeliers, amazing party halls and incredible kitchen utensils. The forts of the royal kings too were unbelievable. The kings had planned rooms to hide, celebrate, for courtyard events, dances, etc. Temples with beautiful sculptures, idols portrayed the sincerity of the artisans towards the king and the tremendous talent they had was very evident in their work. If it were not destroyed by Mughals, no wonder all 8 wonders of the world would have been in India.

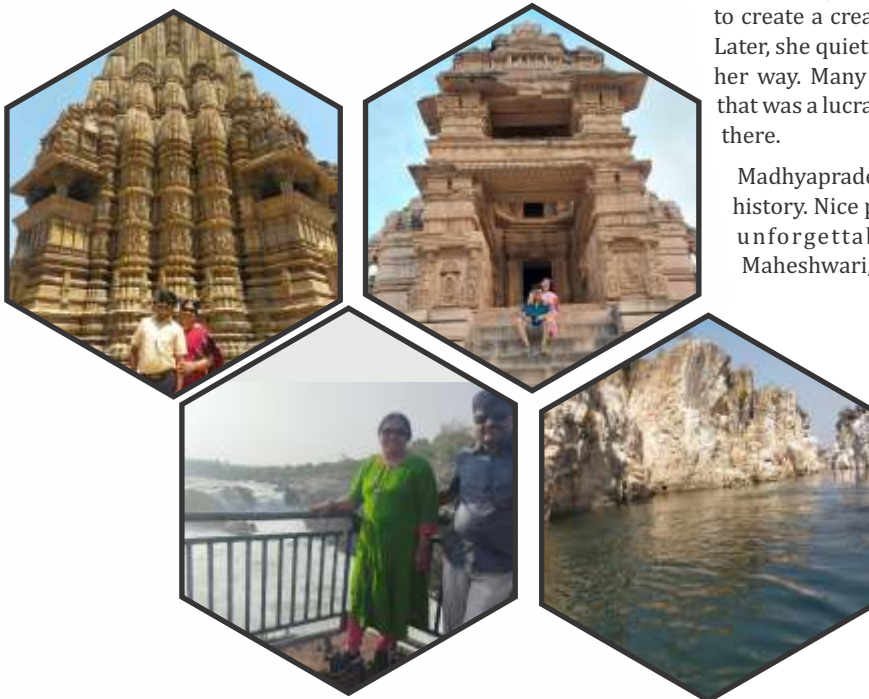
In the evening, we visited sarafa bazaar which sells jewellery in the daytime and becomes a food street in the night. Buildings housed in bazar light up in the night and they portray architectural wonders from different parts of the world.

Our next destination was khajuraho which was a confluence of 3 to 4 huge temples. We saw a temple for Varaha avatar of Vishnu for the first time in our life. The art and carvings were fantabulous with foresight. We visited beda ghat in Jabalpur

the next day, where Narmada flows furiously enough to create a creamy lather imitating the flow of milk. Later, she quiets down and carves the marble hills on her way. Many movie scenes were filmed here and that was a lucrative advertisement by the guides over there.

Madhyapradesh has a rich heritage and a proud history. Nice people, nice visuals, divine vibrations, unforgettable street delicacies, Silks like Maheshwari, Chanderi and bamboo, clean cities for

which municipal employees work all night long, luxurious palaces and forts of brave men makes a perfect destination to explore and experience. One needs comfortable attire, good supply of rehydrating fluids, a head cap and night full of sleep to powerpack your body for the next day adventures. After all it was built and ruled by one of the visionary, Smt Ahalyabai Holkar and royal Sindhis.





Visiting Melbourne

- Dr Ramitha A Pai

Consultant Pediatrician,
Member IMA Bangalore Branch

Amidst the chaos of Omicron, I travelled to Melbourne, from Bangalore, with my husband, in February this year. After 2 yrs. of the strictest lockdown, Australia finally made some exemptions to their travel restrictions in January 2022, and we took advantage of them. Though we had a nightmarish experience at Delhi before boarding our flight to Melbourne, it was finally worth the effort, as we could breathe free upon touchdown.

Melbourne, the capital of the state of Victoria, in Australia, is both a cultural hub and also known for its nature, scenic riverfronts and wildlife. This visit was relatively different, as we had to exercise a lot of caution and did not use the public transport that Melbourne is famous for. They have tramlines, rail lines and well-connected bus services to travel around the city.

We stayed in Belgrave, a beautiful suburb, located on the Dandenong ranges. Just waking up each morning to fresh air with a lot of Eucalyptus trees locally called 'Gumtrees' around us, with only the sounds and sights of various birds of different hues and sizes was in itself a refreshing change to the pollution, sounds of vehicles and dogs, back home. Another bonus was No Mosquitoes! We had white Cockatoos, Kookaburras, Rosellas, Swallows, Magpies, Wagtails, Sparrows, Parrots and the common Indian Myna, visiting our yard. Evening walks in parks close by, were always exciting as we could sight Kangaroos, Echidnas, Ducks, Waterfowl etc.



Rosellas Outdoors



Echidna



Kangaroos in natural habitat

A visit to the Yarra Valley, was not too far, and I just couldn't stop admiring the beautiful landscapes and scenery along the way. This valley is Australia's premier cool-climate region and renowned for its wineries, having 80 vineyards set amongst picturesque rolling hills. The Yarra Valley denotes the region on the upper bank of the Yarra River. There was also a hot air balloon ride available for an aerial view experience of the diverse landscape of the



1 metre long chocolate
their native

valley. Ofcourse, we couldn't resist a visit to the famous Yarra Valley Chocolateries' and ice creamery too. The Healesville Sanctuary, is also situated in the Yarra Valley. It is a zoo, specializing in native Australian animals and the smallest of the 3 zoos in Melbourne, but a great place for international visitors and a unique place for kids to learn about environment. With plenty of Koala bears, Wallabies, Wombats, Possums, Dingo etc. and native birds, I was particularly excited to seeing a Kangaroo carrying its 'Joey' in its pouch. Live operations on injured animals could be viewed here. There was also an indoor play area 'Future Vets,' where kids could role-play being a vet. A wonderful initiative was kids under 16, visit free on weekends and public and school holidays.



Koala bear

Kangalorr with Joey

Mornington Peninsula, in a fantastic coastal town Mornington, got its name after the Earl of Mornington. There were great scenic spots to visit as also some of the best beaches. We went their post noon, with some tent equipment and beach chairs, set up a tent and just spent time on the beach, getting into the water, waiting for sunset and then sat back and watched nature's best moments of sunset over the horizon.



Colorful Boat Sheds lining the beach

Philip Island, an island 125Kms to the South-East of Melbourne, famous for 'The Penguin Parade' is the most popular tourist attraction. This is the homebase to the smallest penguins in the world, the 'Little Penguins'. So, after a walk on the captivating coastline, we could sit at a designated area just after sunset, to watch the penguins waddle out of the sea in droves and walk along the beach to their burrows on the hillside. Of course, everyone was requested to be very quiet, though the little blue penguins were very noisy, what with their little ones waiting for them at home!



Flower Festival-By April it was already Fall and temperatures were dipping. So, stirring out of home, meant being warmly clothed with warm headgear too, even during the day. We were lucky to be able to visit the 'Tessellar Flower festival'. The flower fields, with over a million flowers in bloom, spread over a 5-acre garden, belong to a Dutch family who hold this annual event. They generally have the Tulip festival in Spring which is Sep-Oct. Though we missed the Tulips, the riot of colors of the flowers were really a feast for the eyes. It was like a fair with plenty of stalls for kids with face painting, games etc. There were also plenty of food stalls, with traditional Dutch food.



Dandenong Ranges, famous for its cool ferny glades and lush towering native forests has majestic views to be experienced day or night. As it was time to bid adieu to Melbourne, we visited Sky High, one of the most popular points of Mount Dandenong, a premier tourist attraction. Sky High was on the uppermost reach of the Dandenong Ranges and we could get a view of Melbourne's skyline below, in addition to a spectacular view of sunset. The huge Giant Chair was a perfect spot for a scenic lookout. We had dinner at the Sky High restaurant watching sunset, from our table. Indeed, a memorable way to end our 3-month vacation, even though we didn't visit the usual tourist spots of Melbourne.





IMA'S KARNATAKA SOCIAL SECURITY SCHEME

IMA House, Bailappanavar Nagar, Hubballi-29 Ph.: 0836-2355656

<https://www.imakssshubli.org>

Respected Members,

Earlier our web was <http://www.imakssshubli.org>, but now it is <https://www.imakssshubli.org> you can clear the browser history in the settings and open the above link.

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Age in Yrs	Below 30	Betwn 31-35	Betwn 36-40	Betwn 41-45	Betwn 46-50	Betwn 51-55	Betwn 55-60
Fee for Existing old Scheme	Rs. 17700/-	Rs. 18200/-	Rs. 18700/-	Rs. 28700/-	Rs. 31700/-	Rs. 36700/-	Rs. 44700/-
Fee for Silver Jubilee Scheme	Rs. 20700/-	Rs. 22700/-	Rs. 24700/-	Rs. 31700/-	Rs. 38700/-	Rs. 47200/-	Rs. 57700/-

Recent death claim in Old Existing Scheme – Rs. 17,93,000/-

Recent death claim New Silver Jubilee Scheme – Rs. 52,77,500/-



Dr. Yoganandareddy.Y.C.
Chairman
Mo : 9844085120

Dr. Sachin Revankar
Secretary
Mo : 9880250083

Dr. Soumya Y.J.
Joint Secretary
Mo : 9845222245

Dr. Anandravi B.N.
Joint Secretary
Mo : 9845192351

Dr. Maheshkumar S.
Treasurer
Mo : 9341738405

Kindly visit our website- www.imakssshubli.org

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IMA KPPS

IMA House, Alur Venkata Rao Road, Chamarajpet, Bengaluru 560 018

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NEW SCHEME

• FINANCIAL ASSISTANCE CLAIM (INDEMNITY) AMOUNT UP TO RS. 1 CRORE (ONE CRORE)

- All the existing members will be upgraded to New Scheme after receiving the new application and request letter after adjusting the balance payment.
- The cause of Action must be in the period of active membership for all claims.
- Membership becomes effective from the Date of realization of Cheque or DD In favour of IMA KPPS.
- All operational modalities will be as per registered Bye-Laws of IMA's Karnataka Professional protection Scheme.

FEE DETAILS

a) Fee details for the 1st year (admission contribution)	
Admission fee	Rs. 100/-
Annual subscription Fee	Rs. 2000/-
Advance fraternity contribution	Rs. 1000/-
Total	Rs. 3100/-
b) Fee details for subsequent years	
Annual subscription fee	Rs. 500/-
Demand fraternity contribution	Decided and intimated that year *

*Amount paid towards financial assistance given to the members and Legal expenses in that financial year is equally divided and collected through Demand notice sent to each members as demand fraternity contribution every year in the month of April.

Dr. Honnegowda
Chairman
M. 9448118299

Dr. N. Dhanapala
Hon. Secretary
M. 9342161266

Dr. J.Sharanappa
Hon. Treasurer
M. 9448924466



IMA'S KARNATAKA STATE HEALTH SCHEME

imakshs@gmail.com

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A doctors mutual health contribution scheme will give peace of mind in knowing that you are protected from most of these costs

Don't wait until you or a family member becomes seriously ill to try to purchase health insurance.

The Admission fee details is as follows

Age in Years	Total Amount, At the time of joining (1 st Year)	The Amount to be paid every year (2 nd Year onwards)
Children below 25 yrs	Rs. 4000.00	Rs. 3000.00
Below age of 35 yrs	Rs. 5000.00	Rs. 4000.00
Below age of 45 Yrs but above 35 Yrs	Rs. 7000.00	Rs. 5000.00
Below age of 55 Yrs but above 45 Yrs	Rs. 9000.00	Rs. 6000.00
Below age of 65 Yrs but above 55 Yrs	Rs. 11,000.00	Rs. 7000.00
Below age of 75 Yrs but above 65 Yrs	Rs. 13,000.00	Rs. 8000.00
Below age of 85 Yrs but above 75 Yrs	Rs. 15,000.00	Rs. 9000.00

LOCK IN PERIOD

- Founder member** :- shall have the benefit of the scheme **six months** after joining the scheme or immediately after launching the scheme whichever is longer.
- All the **ordinary members** and **beneficiary members below the age of 65** on joining shall have the benefit of the scheme after **12 months** of joining the scheme or immediately after launching the scheme whichever is longer.
- All the **ordinary members** and **beneficiary members above the age of 65** on joining shall have the benefit of the scheme after **24 months** of joining the scheme or after launching the scheme whichever is longer.

NO CASHLESS SERVICE (They have to pay their bills themselves & Claim later)

* **No advance payment will be made to the members**

* Members will be given **reimbursement of 75% of total amount** of the bill not exceeding the sum limited to each disease.

* **If the benefit is not claimed in an academic year the benefit amount in total or any percentage will not be carried over to the subsequent years.**

* **A member will get a maximum of benefit of Rs.2 Lakhs in one year.**

The scheme was launched on 1st of July 2017 on the Doctors day Celebration at Bengaluru.

Chairman
Dr Jambunath Gouda
094481 45035

Secretary
Dr Madhusudhan K N
094481 40003

Treasurer
Dr Hanumantappa A
99456 05974

**Official Address : Dr. Jambunath Gouda, Kottureshwara MRI Scan Centre
Near Little Heart School, Hosalli Road, GANGAVATHI-583227 | Ph.: 8618744511**

President Visit to Various Branches





IMA KSB Office Bearers met Hon'ble Health Minister, Govt. of Karnataka **Dr. K. Sudhakar**



IMA KSB Office Bearers met Deputy Director, KPME **Dr. Vivek Dorai**



Inauguration of SWC Meeting on 13-11-2022 at IMA KSB Auditorium



President Participated in KSSS Special General Meeting at Hubli on 27-11-2022



Dr. Vivek Dorai addressing the Divisional Co-ordinators Meet at IMA House Bengaluru on 13-11-2022



Dr. K.G. Shankaranarayan addressing the Divisional Co-ordinators Meet at IMA House Bengaluru on 13-11-2022



Dr. Sachin Revankar addressing the Divisional Co-ordinators Meet at IMA House Bengaluru on 13-11-2022



Dr. J. Sharanappa addressing the Divisional Co-ordinators Meet at IMA House Bengaluru on 13-11-2022

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|  Gynaecologic Oncology |  Head & Neck Oncology |  Haemato-Oncology |
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|  Robotic Surgery |  Breast Oncoplasty |  Musculoskeletal Oncology |
|  Nuclear Medicine |  Pain & Palliative Medicine | |

3000+
Robotic Surgeries

1000+
HIPEC Surgeries

15000+
Breast Surgeries

100+
PIPAC Surgeries

25000+
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