



IMA FOCUS

Vol. 13 Issue - 3 December - 2022, Place Bengaluru, Monthly, English, Pages - 40, Price. 1/-

Happy Republic Day



Happy
New Year
2023

Happy Makara Sankranti



IMA KSB President Speaks
On 23rd of Every month, On Zoom Platform

Meeting ID : 594 076 5774
Passcode : imaksb





WHEN EVERY MINUTE MATTERS...

We offer a full array of Cardiology Services provided by a team of highly skilled Cardiologists and Clinicians. Suguna Hospital also has the latest and most advanced Philips Azurion 7 CathLab

FULL SCOPE OF MEDICAL AND DIAGNOSTIC SERVICES UNDER ONE ROOF



MEDICAL

- General Medicine
- Cardiology
- Orthopaedics
- Nephrology
- Gastroenterology
- Obstetrics & Gynecology
- Paediatrics & Neonatology
- Urology
- Ophthalmology
- ENT

SURGICAL

- Orthopaedics & Joint Replacement
- Renal Transplant Surgery
- Peripheral Vascular Surgery
- Neuro Surgery
- Surgical Oncology
- Obstetrics & Gynecology
- General & Laproscopic Surgery
- Plastic Surgery
- ENT
- Cosmetic & Reconstruction Surgery

DIAGNOSTIC

- CT Scan
- Ultrasound
- X-Ray
- Bio Chemistry
- Pathology
- Haematology
- Microbiology & erology
- Histopathology

“A vision to strengthen healthcare in the communities we serve and empower patients to make informed choices is the genesis of Suguna Hospital”.

SUGUNA HOSPITAL

1A/87, Dr. Rajkumar Rd. 4th 'N' Block, Rajajinagar, Bengaluru - 560 010, Karnataka
info@sugunahospital.com | 080 40194444 / 23327777

www.sugunahospital.com

EDITORIAL BOARD

PRESIDENT

Dr. Shivakumar B Lakkol
9448560400 / 9606034326
sblakkol@yahoo.co.in

EDITOR

Dr K.G. Shankarnarayana
98450 65527
drshankey@yahoo.com

SECRETARY IMA FOCUS

Dr. Praveen Ramachandra
77953 23949
praveenpgimer@gmail.com

HONORARY TREASURER

Dr Vijayasaradhi A
95351 56734
dravs73@yahoo.com

EXECUTIVE EDITORS

Dr B P Karunakara
9845263322 / 9606034325
bpkaruns@gmail.com

Dr Venkatachalapathy M
94489 85567
dmvchalapathy@gmail.com

CO-EDITORS

Dr Soumya Y J
98452 22245
soumyajys@gmail.com

Dr S M Prasad
98451 05122
smprasad63@gmail.com

EDITORIAL BOARD

Dr Y C Yogananda Reddy
98440 85120
reddy.yogananda@gmail.com

Dr N Someshwar
98804 65661
naasomeswara@gmail.com

Dr Ravindra R
98450 34546
drravindra@sugunahospital.com

Dr Rajendra P Joshi
98456 44283
drpjoshi@gmail.com

Dr Karthik J Goud
99862 24148
drkarthikjgouda@gmail.com

Dr Veena N Sullia
94482 15940
dmvveena@gmail.com

Dr Sachin Revankar
98802 50083
drsachinrevankar@yahoo.co.in

STATE OFFICE BEARERS

Dr S Srinivasa
93412 38129
drsirinivasa7@gmail.com

Dr Narayanamurthy C
98453 16090
murthyath@gmail.com
vasavidiaagnostic@gmail.com

Dr Prasanna Shankar S
94480 69977
dr.prasannashankar@gmail.com

Dr Rajashree R Anagol
94481 57444
rajashriangol1969@gmail.com

Dr Shrishaillesh Amarkhed
94481 15525
drshrishaillesh@yahoo.co.in



EDITORIAL

From the Desk of

Dr. K G Shankarnarayana

A VERY HAPPY NEW YEAR TO ALL THE MEMBERS AND THEIR FAMILIES.....

A BIG THANK YOU to the Presidents & Secretaries of all the branches across the state for their overwhelming response in sending the reports of their activities in time for this issue. More than 30 branches have narrated about their activities in detail. What is very impressive is the utilization of local Radio & TV channels by some of the branches to spread health awareness among the general public. I would like to laud the efforts of Udipi Karavali & Chitradurga branches in particular. I hereby urge other branches to utilize the channels of media as well as social media platforms to constructively engage the general public to spread health awareness.

We from the editorial board are excited to introduce 2 new columns from this issue – Career Guidance & Personal Finance. I would like to acknowledge the support of Dr Yoganand Reddy & Dr Sachin Revankar respectively in bringing out these columns.

CAREER GUIDANCE - an effort to explore the avenues available for students interested in medicine for UG & later for PG studies both in India & abroad.

PERSONAL FINANCE - to educate our members to manage their finances intelligently. This is with the help of Doctor members of WEALTHCON - an online education forum which is BY THE DOCTORS, OF THE DOCTORS & FOR THE DOCTORS.

Both these columns will run every month henceforth.

There are interesting contributions this month in our popular columns – My Hobby My Passion & Travelogue. I am sure our readers will get inspiration from reading these articles.

Finally mentioned below are the important events for the month of January as well as February so the branches can plan their activities well in advance and implement them successfully,

30th January – World leprosy day 4th February – World Cancer day 10th February – National De worming day

12th February – Sexual & Reproductive health awareness day 15th February – International Childhood Cancer day

Long Live IMA, Thank You All

Focus Point...



IMA Focus is coming out very well and keeps the reader interested to go on till the last page without a break. The recent add ons like - my hobby my passion and travelogue make every member to participate in IMA Focus.

As the editor stresses about registration of IMA branches across the state under the Karnataka Society act and its benefits by doing so, it is worthy of noting down. A few decades ago Cycling was the major form of individual transport which has taken backstage due to automation. Now it has become a hobby and a tool of workout. Dr J V Bhoomraddi has given a new inlook into cycling.

A short and informative article on different folk arts of India by Dr Megharanjini was fabulous.

Melbourne visit by Dr Ramitha a Pai made me recount my past visit to the same place. And among the branch activities “Kannada Sahitya – Merugu Berugu” by Sirsi branch was notable.

Dr Nataraj T M

Paediatrician & member, IMA Challakere



Dear Esteemed Members
Warm Greetings from IMA-KSB

"May this Makara Sankranti bring in new hopes and a fruitful harvest for you. Happy Makara Sankranti and a Happy New Year 2023".

It was a proud movement to visit our IMA land at the Doddaballapur on 3rd December along with past president of IMA-KSB Dr. Honnegowda Dr. Madhu sudhan Kariganoor and President Elect Dr. Srinivasa.S and Sate Secretary Dr.Karunakara.B.P. Presided over the one day workshop conducted by IMA-KSB Kannada Vaidya Barahagarara Samithi along with IMA-KSB MSN on 4th December at the IMA Auditorium. It was intended to help and guide the medical students who are interested in Kannada literature. Many well known Kannada doctor Kannada writers like Dr. Dayananda Lingegowda, Dr. Kiran, and Dr. Saleem Nadaf spoke on various topics. Legal experts like Prof.O.Nandimat spoke on medical ethics on the occasion. I Appreciate the efforts by Dr.Madhusudhana Kariganuru, Dr.Veena.N, Dr.Shubratha, Dr.Arjun.C and Mr. Mithun for meticulously conducting the event which was inaugurated by Dr.Ravi.K, the Dean of BMC &RI.

Visiting the IMA Local branches has given immense experience. We visited Tiptur, Arsikere, Kadur-Birur, Tarikere and Bhadravathi IMA branches on 9th, Shimogga, Sagara, Soraba, Mundgod and Sirsi on 10th & Yallapura, Sirsi, Haveri on 11th December. We discussed on various issues like KPME renewal, fire & trade licence. Anti quackery and Prevention of Harassment on doctors activities were briefed by Dr. Pavan Patil , our state PRO. We narrated about various scheme like KPPS KSHS, KSSS and stressed on the need to increase the IMA life membership to strengthen our association. I highlighted about the importance and role of family physician in the present scenario. It is delighted to inform that all these branches have their own Buildings.

My sincere thanks to all the President and secretaries of all these branches and special thanks to Dr Bakale.L.D, Dr. Satish of Tiptur, Dr. Harish Dalathabettu, Dr. Kavitha of Bhadravathi ,Dr. Dinesh Hegde of Sirsi, Dr. Vani kori, Dr.Vinay, Dr.Srinivas, Dr.

PRESIDENT'S MESSAGE

Dr. Shivakumar B Lakkol

Subratha K S of Shivamogga and Dr. Girish Malladad of Haveri for their co-operation.

It was a honour to Inaugurate community mammography centre at Sirsi and attending the "IMA Sirsi Seva Pratistana" in memory of Golden jubilee of IMA Sirsi building. During the event "Suvarna smriti" Souvenir was released by Shree Mad Gangadharendra Sarasvathi Mahaswamigalu, Svarnavali mata. On the way we gave a visit to IMA Mundgod branch and activated it which was hitherto inactive.

We visited Chitradurga IMA branch on 13th December, accompanied by our state Vice President Dr. Narayana murthy who is on the mission to enrol at least 100 life members to IMA-KSB and start two new Local IMA branches. The visits to Kunugal & Nelamangala branches were fruitful and our sincere thanks to Dr. Jyaprasad, Dr. Rajendra prasad for their warm welcome & our special thanks to Dr. Malaevogowda.R.N, our IMA KSB Divisional co Ordinator who enlightened the members about the schemes and to Dr. Bhasakar the District Representative who accompanied us.

ON 14th December I attended RGUHS meeting.

I was invited as the guest for the 3rd National summit of PHANA held at Bengaluru on 17th December wherein our state health minister Dr.Sudhakar. K was the inaugurator. We had good interaction with Sri. Randeep , The Health commissioner, Deputy Director Dr.Vivek Dori and Dr. Prasanna the President of PHANA, Past president R Ravindra, Vice President Dr. Shobha Prakash, Honaray secretary Dr. Rajashekar H.L, President Elect Dr. Govidayya yatesh. We sincerely thank the PHANA & its office bearers for their hospitality.

IMA KSB had online meeting with the members of the IMA Hospital Board Subcommittee 16th December to discuss about the issues related to the KPME & Yashaswini scheme. It was decided to form Hospital Board Committees at the Local Branch levels for easy understandings of the local problems of the hospitals and communication with the IMA KSB. A letter has been sent to all the branches in this regard.

As everyone was aware of the shortcomings in the re-launched Yashaswini scheme & as discussed in the IMA HBI meeting we have requested the government of Karnataka to relook into the issues. We have

written a letter to Honourable Chief Minister of Karnataka Sri.S.R.Bomma in this regard and also met him personally at Belagavi on 22nd December with a delegation led by Myself Dr. Pavan Patil our PRO, Dr. Rajashree Anagol, Vice president IMA-KSB, Chairman Hospital Board Dr. Shridhar kuradagi, Member Dr. Devegowda along with the President & Secretary of Belgaum Branch. We also met Honourable Cooperative Minister Sri. S.T. Someshekar and Dr. Yatheendra Siddharamaiah who assured to look into the issue. On the same day we had a press meet at IMA Belagum branch.

On 23rd December I delivered my monthly Presidential speech "Adhyakshra Mathu" on the virtual platform with good interaction with the members across Karnataka.

It's really encouraging and good development that most of the sub-committees of IMA KSB have conducted series of meetings and are coming out with futuristic plans.

On behalf of IMA KSB, I take this opportunity to congratulate the all the National IMA awardees from Karnataka state and local IMA branches, conferred at the NATCON held at Prayag on 27 & 28 December 2022. I appreciate all the members who attended the CWC meeting of the IMA Headquarters and their active participation.

IMA KSB Kannada Vaidya Barahagara samithi is organising one day "Vaidya sampada varshikotsava mattu lekhakara samavesha" at Bengaluru in our IMA Auditorium on 8th January 2023 from 9 AM onwards. I

request all the members to get registered for the event in large numbers and attend to have personal interaction with stalwart Kannada doctor writers.

There is an increasing incidence of complaints and lawsuits against doctors. Hence knowledge about Medico Legal issues is as important to the practice of medicine as clinical skills. Keeping this in view IMA KSB is organising one day "Medico-Legal Conference" on Sunday 29th January 2023 at IMA KSB Auditorium. National and State renowned experts in the field are giving their valuable inputs in the event. We request all the members of IMA Karnataka to make use of the occasion.

With an increase in Covid cases in China and other countries as reported, the Covid scare is once again back to haunt us again. Let's not live in fear but let's live with faith in the science. We request esteemed members to take care of the patients and follow the scientific information.

"Freedom of thought, strength in our convictions and pride in our heritage. Let's salute our brave martyrs on Republic Day. Happy Republic Day!"

We Wish Everyone

"UNITY IS OUR STRENGTH"

"LONG LIVE IMA"

IMA KSB Membership Fee (HFC) Details

Membership Fee Paid to IMA Karnataka State Branch.

Single life membership Rs. 11,020/-

Couple life membership Rs. 16,530/-

OBITUARY



Dr. Brij Mohan Kumar, K.R. Nagar



Dr. S. Srinivasamurthy, K.R. Nagar



Dr. Kavitha Sadashiv, Bhadravathi



Dr. Shivaramaiah, Mandya



Dr. Roopa, Chitradurga



Dr. Raghavendra rao, Gangavathi



SECRETARY'S MESSAGE

Dr. B P Karunakara

Dear esteemed all,
Greetings from IMA KSB!

Wishing a very happy and prosperous New Year 2023!

December, the last month of the year 2022 was an action packed month for the state branch!

To start with, IMA KSB and its branches bagged many appreciation awards from the National IMAHQ. Many office bearers too received individual appreciation awards for their good works. Overall it was very satisfying for the state branch. ***Congratulations to everyone who received appreciation awards! Best wishes the new local branch teams for the coming year!***

IMA-KSB PRESIDENT'S Talk: An innovative initiative of our beloved President had second episode in December. President spoke on important issues like Yashashvini and others. Wonderful discussion happened on many important issues and members had an opportunity to speak to President. The activity has been well appreciated and received. Looking forward to more interactive sessions in the coming months.

Yashasvini scheme Concerns: Concerns about implementation of Yashasvini scheme was an important issue, requiring focus all through the month. Government of Karnataka wants to introduce the scheme in January 2023 for the benefit of the large section of society. However Yashashvini scheme in its current form and tariff structure is not welcomed by large section of private hospitals. The current tariff, which is much below actual expenses for the service offered, has angered hospital owners. Most of the small and medium sized hospitals across the state are run by our IMA members. The unilateral decision of the government to go ahead with the implementation of the scheme without consulting the stake holders (service providers and their associations) has not gone well with them. Based on the large number of grievances by the members, IMA KSB decided to address the issue. Through Hospital Board committee of the state branch, held series of

meetings to sensitize the members and also to formulate the response. Culmination of the churning, President of IMA KSB, took a delegation to Belagavi, where the winter session of the Karnataka state was underway, met Chief Minister and Cooperation minister, expressed concerns of private hospitals and requested to relook at the concerns and take necessary steps. Both the CM and the Minister were receptive to the concerns and demands and agreed to look into the issue. We are looking forward to an acceptable outcome on the issue.

Medical student network was very active. Workshop on Kannada medical writing, an innovative workshop was conducted at IMA Auditorium, Bangalore. Students participated actively appreciated the initiative to teach them skills of writing and other aspects. Our MSN student's representatives attended National MSN convention held at Delhi and received President's appreciation. Clinical bedside teaching webinar with experts was well received by the students and are keen to continue to help them prepare for the exams. MSN along with IMA Kannada Barahagararabalagaalso brought out Kannada English translation on common clinical history taking works and small sentences for the benefit of students from other state in their clinical practice. This unique work is expected to help students from other states to interact with patients and relatives during clinical case history and examination. The first draft was released during Kannada writing workshop. It will be further fine-tuned to make it an easy ready reckoner for the students. Overall, it was a very fruitful month for the MSN and hopes to build on it.

Building Committee: The first meeting of the Building committee meeting was held on 4/12/2022 and the outgoing team handed over the responsibility to the new team with satisfaction of doing good work. Dr. Madhusudan Kariganoor, the chairman of 2022 gave a detailed handover in the presence of President. Informed the new committee about the initiatives and works taken up, the improved revenue and the development worked that needs to be taken to provide better service to the

students using the facilities.

Land development Committee: President and the team visited the IMA KSB land and took stock of the status of the land, grape forming, and land keeper to look after the property and expressed happy at the visionary thinking in purchase of the valuable land at a place and price, only lucky and privileged ones can have. The surrounding area is fast developing with eight lane expressway and getting ready to accommodate many future industries, educational institutions, high end real estate and many more. Our precious land will be a prime property soon! The painstaking efforts have gone in to maintain the property with fencing, grape forming, keeping servant to maintain and safeguard. Kudos to the seniors for the vision and hard work!

IMA KSB Committees: 20 sub-committees have been formed for the year 2023 and happy to note the enthusiasm shown by each one of them. Some of them have already outlined plan the agenda for the year and eagerly looking forward to implement them. We are hoping to see a remarkable work from each committee.

Glimpses of some of the committee works;

Hospital Board of Karnataka Sub-Committee: Has seized the agenda of new Yashashwini scheme implementation by Karnataka Government and has done a remarkable work on the issue. The issue was discussed threadbare in the committee meetings and plan of action was put in place on priority basis. Under the guidance of President, the committee submitted the memorandum to the chief minister and the cooperation minister. The memorandum has requested to reconsider the concerns raised by the IMA KSB and do the needful in an acceptable form. The team has been assured of the same.

Woman's Doctors wing Sub-Committee is literally in pink of form. The committee is highly enthusiastic and raring to do a great work through the year. It has already prepared plan of action for major activities of the committee, including celebrating International Woman's Day, Girl child day etc... The committee has earnestly started webinar series with first one in December itself, addressing the issues concerning the health of the woman's children. IMA KSB, well aware of the importance of the Woman's Doctors wing, has set an ambitious plan of having woman Doctors wing in all the branches across the state during the tenure of the current team and has

entrusted the work to the committee to take up the issue on war footing, extending full support and cooperation. It will be a landmark work for the team.

Digital and Medical Software sub-committee is working on an ambitious project of making a software for hospital by IMA KSB, an easy to operate and less cost app. The work is well progressing and the product should be available soon. The app is expected to help small and medium size hospitals in a big way and save huge amount on commercially hospital softwares.

Kannada Vaidya Barahagarara Balaga Upasamithi has been very actively doing various activities and notable in the month was holding workshop on writing in Kannada for the students. Brought out Kannada English translation ready reckoner on clinical history taking and examination for the smooth learning & communication of medical students with patients and relatives. The samithi also brought out "**SYRINGE HIDIVA KAI PENNNU HIDIDAGA**" a landmark publication of the group! It has planned Vaidya Sampadha on 8 January 2023.

Academic and medical education Sub-Committee has started much appreciated clinical case presentation series webinars and has successfully conducted two sessions. The program has been well appreciated by the students and will be of great help for preparing for the exams.

IMA AMS Karnataka: Has a serious agenda of increasing the membership and exploring various options including concessions and others. Has already conducted two programs and a separate report is there in this issue of focus.

Some of the important activities in January 2023

Digital Software for Hospitals

Kannada Vaidya Sampada – 8 January 2023

Medicolegal Conference – 29 January 2023

A leader is best when people barely know he exist, when his work is done, his aim fulfilled, they will say; we did it ourselves!

-LAO TZU

Dear all, we are working on to address the important issues and make our members professional works and life smooth. We expect active participation from one and all in all IMA activities!

Once again, wishing a wonderful 2023 for one and all! 



Vice-President's Message

Dr. Narayana Murthy C

Respected members of IMA KSB,

At the outset thank you all for giving me a opportunity to serve IMA KSB as an Vice-president.

This is my first opportunity to address to you all. Our team is a combination of young blood and experienced members. Our captain Dr. Shiva Kumar lakkol is basically from our own Fort city-Chitradurga district. He is very calm and cool. I am confident that we can do something this time under his guidance. Time to think out of the box and give logical end to so many burning issues like existing commercial electricity of medical laboratories, illegal laboratories and fire safety requirements needed especially for small and medium health setups and to prevent physical attack on doctors. Even our senior IMA office holders have done their best. We must

together try to put an logical end to these issues.

Membership drive ; Our main focus is to open new IMA branches wherever possible and also to mobilize young doctors to get IMA membership. We are opening minimum of three new branches in our zone. Any taluk wants to open IMA branch please contact me.

NAMASTE IMA : We started unique monthly radio programme in the name of "NAMASTE IMA" at Chitradurga, as a pilot project so that we can educate the public regularly with common health problems and precautions to be taken.

For any suggestions we are just a call away.

Thank you all.

Long live IMA

ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಪ್ರಾರ್ಥನೆ

ಎಲ್ಲರೂ ಸಂತೋಷವಾಗಿರಲಿ,
ಎಲ್ಲರೂ ಆರೋಗ್ಯವಾಗಿರಲಿ,
ಎಲ್ಲರೂ ನೋವಿನಿಂದ ಮುಕ್ತವಾಗಿರಲಿ,
ಎಲ್ಲರೂ ದುಃಖದಿಂದ ಮುಕ್ತವಾಗಿರಲಿ,
ಎಲ್ಲಾ ಆಸೆ ಆಮಿಷಗಳನ್ನು ಮೀರಿ
ಗುಣಪಡಿಸುವವರು ನಾವಾಗಿರಲಿ.



IMA PRAYER

May everybody be happy
May everybody be healthy
May everybody be free from pain
May everybody be free from sorrow
May we be the healing cure
Beyond every greed & lure

ಧ್ವಜ ವಂದನೆ

ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಸದಸ್ಯರಾದ ನಾವು ನಮ್ಮ ರಾಷ್ಟ್ರಧ್ವಜವನ್ನು ವಂದಿಸಲು ಇಲ್ಲಿ ನಿಂತಿದ್ದೇವೆ.
ಅದರ ಗೌರವ ಮತ್ತು ವೈಭವವೇ ನಮಗೆ ಬೆಳಕು ಮತ್ತು ಶಕ್ತಿ ಮತ್ತು ಅದರ ಪಥವೇ ನಮ್ಮ ಪಥವು.
ಮಾನ್ಯತೆ ಪಡೆದಿರುವ ರಾಷ್ಟ್ರ ಸಂಸ್ಥೆಯ ಸದಸ್ಯರಾದ ನಾವು ನಮ್ಮ ಜವಾಬ್ದಾರಿಗಳನ್ನು ಅರಿಯುವ ಮೂಲಕ
ನಮ್ಮ ರಾಜನಿಷ್ಠೆಯ ಶಪಥ ಮಾಡುತ್ತಿದ್ದೇವೆ. ನಮ್ಮ ರಾಷ್ಟ್ರ ಧ್ವಜವು ಉನ್ನತ ಮಟ್ಟದಲ್ಲಿ ಹಾರಾಡುವ
ಸಲುವಾಗಿ ನಮ್ಮ ಅಧಿಕಾರದಲ್ಲಿರುವ ಎಲ್ಲವನ್ನೂ ಅದಕ್ಕೆ ಸಮರ್ಪಿಸುವ ಪ್ರಮಾಣ ಮಾಡುತ್ತಿದ್ದೇವೆ.

ಜೈಹಿಂದ್

FLAG SALUTATION

ಐ.ಎಂ.ಎ. ಚಿರಾಯುವಾಗಿರಲಿ

We, the members of Indian Medical Association stand here to salute our national flag.
Its honour and glory shall be our light and strength and its course shall be our course.

We pledge our allegiance to it and realizing our responsibilities as the accredited members of this national organization, we swear we will dedicate everything in our power to see it fly high in the comity of nations.

Jai Hind



Long Live IMA

BRANCH ACTIVITIES

Branch : Bagalkot
President : Dr. Shrikanth Telsang
Secretary : Dr. Samarth Yogappanavar

On -6.12.2022 CME Programme was conducted by the District Magistrate of Bagalkot District. And IMA Members to discuss about 2 important topics: **(1). "Combined biomedical waste treatment facility and (2). "Enforcement of Strict PNDT act rules and regulations".** On 14.12.2022 Meeting was conducted by IMA Bagalkot Branch members about enrolment in the Yashashwini scheme and discussed about the concerns of all the network hospitals regarding the same. On 15.11.2022 A letter of memorandum was submitted Regarding concerns of Yashashwini scheme to the Deputy director Department of co-operation Bagalkot district.



Branch : Belgaum
President : Dr. Swapna Mahajan
Secretary : Dr. Hemanth Koujalagi

In the month of December we had 3rd clinical meeting topic was medico legal awareness programme by Dr shivkumar Kumbhar, anesthetist and medico legal expert. Who highlighted about various medico legal hurdles in our day today practice and how to overcome it, meeting conducted in Adarsh palace

attended by more 100 delegates. IMA State President Dr. Shivakumar Lakkol along with secretary and state pro Dr Pawan patil and other Office Bearers had visited Belgaum dist, Dr.Lakkol addressed at IMA Belgavi regarding the various schemes of IMA and membership drive, antiquery, and various other issues. Function was attended by more than 100 members. Working doctors women wing conducted two public awareness programme regarding menopause at two different place. Emergency training for police team for up coming winter session at Belgaum was conducted. Workshop conducted on basic life support, CPR Mangement was demonstrated by Dr santosh and DDr.Basavraj, Dr.Neha Kulkarni. Primary management in burns was spoken by Dr.Rajput. First aid in road traffic accident by Dr Hemant koujalgi. First aid treatment in poisoning and snake bite by Dr Ujwala halgekar. DCP Law and order and Asst. Commissioner of Police attended the Workshops with more than 70 police constables. 4th working committee meeting was also held with working committee members

Branch : Bengaluru
President : Dr. Venugopal K.
Secretary : Dr. L. Madhushankar

On 26.11.2022 CME & Installation Ceremony was held at Hotel Radisson Blue, Ulsoor Bangalore, Dr. Venugopal Karigowda President, IMA Bangalore Chapter, Bangalore Inaugurated the function. Dr. Madhushankar L Secretary, gave welcome Speech & Dr. Mohan Kumar M Joint Secretary, IMA Bangalore chapter, Introduced Chief guest Dr. Kiran Kumar M (Medical Director of Health & FW Services, Bangalore Guest of Honour is Dr. Srinivasa S MD (Paediatrics) President Elect - IMA KSB, were of IMA Bangalore Chapter. On 26.11.2022 IMA Bangalore Chapter, Conducted CME Program in association with Redcliffe Life tech Pvt Ltd. at Hotel Radisson Blue Ulsoor, Bangalore. Speakers: Dr. Tirthankar M, Internal Medicine/Physician & Diabetologist, KIMS, gave a talk on: new indication for NT pro BNP testing, Dr. Neha Singh: MBBS, DNB, Lab Head, Bangalore, gave a talk on "Radcliffe labs: Window Through Routine Diagnostics, Dr. Madhushankar L: MBBS, MS General Surgery, Professor department of surgery, KIMS Hospital Bangalore gave a talk: Management of Diabetic foot - Recent Advances. On 29.11.2022 Neonatal week awareness camp conducted at Srirampuram lions UPHC in



association with Rotary Midtown and Indian Medical Association Bangalore Chapter. 82 children under 5 months of age were screened for Anthropometry & were examined by the Paediatricians for any defects and deficiencies. Mothers were given appropriate advice. Dr. Vimochana gave awareness on new-born Care Dr. Sathyavathi K gave a brief awareness about family planning and population control. Sweaters were distributed by the Rotarians to all the children. On **02.12.2022 free Medical Camp**: Dr. Venugopal Karigowda & Dr Srinivas velu attended the Program, 160 persons attended speech & Hearing camp at Kunigal. Around 60. persons require hearing aids were given free hearing aids. Dr Ranganath MLA of Kunigal graced the occasion. On **11.12.2022** Dr. Venugopal K, President Inaugurated the “Temporal Bone Surgery Workshop” at MENTS hospital, BSK 2nd stages. This workshop was organised in collaboration with Meenakshi ENT Speciality hospital and M/s Karl Zeiss company this was the first joint CME organised by IMA Bangalore Chapter and KMC has awarded 2 Credit points for this workshop. On **18.12.2022**, Public Health Guest Lecture (PHGL) was conducted at the IMA House, Bangalore.. **Speakers: (1)**. Dr. Pradeep Kumar K, Intervention Cardiologist, gave a talk on: “Common cardiac Emergencies. What everyone should be aware of, (2). Dr. Mythri Shankar MD, Consultant Nuclear Medicine, gave a talk on “How to lose weight, prevent Diabetes, Heart Disease & Cancer, On **19.12.2022** our branch conducted Health camp for construction workers at Koramangala, 80 workers were screened for diabetes, hypertension, cardiac issues, refractive errors & lung diseases.

Branch : Bengaluru North
President : Dr. Sreedhar.G
Secretary : Dr. Sathish Ramanna



On 10.12.2022 CME Program was conducted at The Fern Residency, Yeshwanthpur. In association with Ramaiah Memorial Hospital. Topics: (1) “Robotic Surgery in Urology” by Dr Tarun Dilip Javali, Senior Consultant and Head, Dept of Urology, (2) “Robotic Surgery in Gynaecology” by Dr Manjula N.V, Senior Consultant Obstetric and Gynaecologist.



Branch : Bhadravathi
President : Dr. Prashanth Bhat T.
Secretary : Dr. Arun G.S.

Diabetes were given by Dr.K.G.Bhat, Dr.Kavita Sadashiv - IMA President, IMA Secretary Dr Arun G.S. Dr. Veena S Bhat and Dr. Sunitha P Bhat and Dr Swarnalatha . More than 50 patients were the beneficiaries. On 22.11.2022 Awareness program on Adolescent Health Problems was conducted by Dr. Veena S. Bhat at SDM First Grade College and Government First Grade College, Honnavar. Dr Veena Bhat Conducted awareness session about Diabetes to common public and Lion members on Occasion of Vishwa Madhumeha Dinacharane - at Honnavara Lions Club. On 24.11.2022 DR. Veena S Bhat gave awareness talk on Mental health to the Students of Rajeev Gandhi B.Ed Collage. On 25.11.2022 Dr Veena Bhat Conducted Yoga Pranayama Workshop to Rajiv Gandhi Education Trust D.Ed Students – Beneficiary 70. HIV/AIDS DAY was celebrated on 01.12.2022 Awareness was created to the common people on HAART, Universal Testing, Preventive measures by IMA President, Dr. Kavita Sadashiv, Treasurer, Dr. Suitha P Bhat , Chair Person WDW Dr.Veena S Bhat and Councillor Vinutha Sathish. On 29.11.2022 2nd CME was conducted by Shankara Eye Hospital, Shimoga . Dr.Ravishankar spoke on **Diabetes Retinopathy** and Dr. Suchitra Biswas on **Screening and Management of Retinopathy of prematurity**. On 09.12.2022 Free awareness and antenatal check up conducted by PMSMA at Taluk Govt. Hospital, Bhadravathi. Dr. Shivakumar B Lakkol, IMA President, KSB , visited our Branch on 09.12.2022 and addressed almost 50 doctors. He spoke on Family physicians and measures taken by IMA to resolve Doctors' various issues. He was accompanied by Dr. Laxman Bakle, Assistant Secretary of IMA-KSB. On 09.12.2022 3rd CME was conducted by Dr. Ramakrishna.H.S, Surgeon , Laxmi Nursing Home, Bhadravathi spoke on **Upper GI Bleeding**. On 13.12.2022 - Dr Veena Bhat addressed parents and students of Sahyadri Education Trust about Roll of Parents in education and Importance of maintaining good health.

Branch : Bidar
President : Dr. Madana Vaijinth
Secretary : Dr Mallikarjun Panshetty

IMA members in association with Dist health and family welfare office has conducted a workshop on eradication of measles & rubella on 06.12.2022 at 7 pm at IMA hall for the IMA members to get acquainted with features of measles & rubella & how to report so as to avoid outbreak & eradicate these diseases from children. On 26.11.2022. IMA Bidar in association with HCG cancer hospital Gulbarga conducted a cancer screening & awareness programme for women of Bidar old City. Mammography, USG & PAP smears were done free of cost. 65 pts were screened for breast & cervix cancer. 25 pts underwent mammography & 28 pts underwent pap smear.



Branch : Chamarajanagar
President : Dr. M. Basavarajendra
Secretary : Dr. Swetha Shashidhar



On 20.12.2022 CME Program was organized in association with NU Hospitals, Bangalore. Topics: (1). **“BPH and Urolithiasis”** by Dr.Vinod Kumar.P, Consultant Urologist (2). **“Practical Management of Erectile Dysfunction and**

Overview of Andrology” by **Dr.Pramod.K**, Consultant Andrologist & Prosthetic Urologist and (3). **“Kidney Disease in Children.”** By Dr.Nitin Nayak.M, Consultant Paediatric Nephrologist. Program was Organised in Garden Tennis Club, Sathi Road, Chamarajanagar. Maiden Live Workshop to Demonstrate total Knee Arthroplasty to 27 Orthopedic Surgeons in State of the heart operation Theatres by doing 5 Live Surgeries in a Govt. Medical College for the first time under Ayushman Bharath Arogya Karnataka Scheme. Chamarajanagara Institute of Medical Sciences conducted a CME and Live demonstration of TOTAL KNEE ARTHROPLASTY- A Workshop on Saturday, 17th December, 2022 from 8AM to 5PM under the banner of Karnataka Orthopedic Association(KOA), Mysore Orthopedic Association(MOA) & Indian Medical Association(IMA), Chamarajanagar. This is the first time in the Karnataka that 5 live total knee replacement surgeries were conducted simultaneously in 5 modular operation theatres by 5 Expert & Experienced teams of Joint Replacement surgeons in a Government Medical college. The event was successfully conducted by Dr Maruthi CV (Professor & Head of the Department of Orthopaedics), who was the Organising Chairperson. The 27 orthopaedic surgeons and postgraduates who registered for live workshop, were divided into 5 teams & the live demonstration was done in 5 state of the art operation theatres simultaneously. 176 delegates participated in this CME programme and they were made aware regarding- (1). How to start an arthroplasty unit, (2). Indications and Contraindications for Total Knee Arthroplasty, (3). Design and Rationale of Implants, (4). Approaches for Total Knee Arthroplasty, (5). Varus knee, (6). Valgus Knee, (7). Complex knee and Ligament Balancing, (8). Post Operative Xray findings in Total Knee Arthroplasty and (9). Post Operative Pain Management. This event enlightened the public through media, about the Ayushman Bharath Arogya Karnataka scheme and its benefits for the public.

Branch : Chikkodi
President : Dr. Darshan Pujari
Secretary : Dr. Sandhya Patil

On 14.12.2022 Meeting was arranged with Karnataka State Pollution Control Board, Chikkodi in association with Taluka health department. Regional officer Shri Umesh V high lightened about changes in rules of Biomedical Waste management and online registration of hospitals. Dr. Priyadarshini Patil of Bijapur gave presentation on biomedical waste disposal and management. Meeting was attended by IMA members of nearby talukas and Medical officers. General body meeting was arranged on 16th December. Academic activities for the coming year were discussed. Discussions were made on biomedical waste disposal and management.





Branch : Chitradurga
President : Dr. R.T. Vijayakumar
Secretary : Dr. K.M. Basavaraj

New Office bearers installation ceremony was held. On 23.11.2022 IMA Chitradurga WDW celebrated Rajyotsava Day was conducted. With extraordinary cultural events including "Kantara" Boothakola dance.

Branch : Gadag
President : DR. V.S.Hosmani
Secretary : DR. Saleem A Jamadar



CME Programme was conducted in association with BGS Gleanagles Global hospital, Bangalore. Topics: (1). "ABO INCOMPATIBLE TRANSPLANTATION" by Dr Anilkumar. B.T, Nephrologist (2)- "Does my patient require Joint replacement" by Dr Basavraj .C. M., Consultant, Orthopaedic surgery, . No of doctors attended 45. **Celebrations Of National/State Events:** INTERNATIONAL DAY FOR VIOLENCE AGAINST WOMEN ON 24/11/2022. Dheera master trainers gave talks on various issues of violence against women. Police personnel gave demonstrations about self defence. **WORLD AIDS DAY** On the occasion of world AIDS Day nutrition kits were distributed to patients affected with tuberculosis. **ELOCUTION & POSTER PRESENTATION CONTESTS** were held for PUC students of Sanmarga PU college in association with Gadag dermatologists' association and Lions Club Gadag. **ACOIN DRISHTI RATH YATHRA** was received by IMA Gadag & Dept of Ophthalmology GIMS, Gadag. Bike Rally, school health education and village visit were conducted. **OTHER EVENTS:** Land For IMA Gadag was purchased on 1/12/2022. Long standing dream of IMA GADAG at last became a reality and this achievement was celebrated. People instrumental in this were felicitated. **Income Tax Awareness Session:** An important educational program was arranged by IMA Gadag for its members about Income Tax Laws & Procedures with special emphasis on doctors. Mr Sangresakoppa, income tax officer Ward -1 TPS GADAG gave an educating talk. **DR V D CHAFEKAR ORATION** was organized by Gadag Gynaecology and Obstetrics society. IMA Gadag officials participated in the same. On 05.11.2022 CME Programme was conducted. Topic: (1). "Role of OCT in Coronary Intervention" by Dr.Narendra Hiregoudar & DR Jagdish Alur. (2). "Liver Transplantation" by Dr. Sanjay Govil. **Celebrations Of National/State Events:** On 01.11.2022 Karnataka Rajyotsava was observed. Monthly nutrition packs were distributed to 10 tuberculosis patients on the same day in the presence of government officials. Children's day celebrated on 14/11/2022 IMA GADAG family members and children participated. On 09.11.2022 Press meet was conducted by Dr.S. B.Lakkol, President, IMA KSB. Cricket mini tournament conducted on 20/11/2022 as a preparation for IMA cricket tournament



Branch : Gangavathi
President : Dr. Madhusudhana. K.N
Secretary : Dr. Mahanthesh G. Pattana shetty

Condolence meeting was called on 21/11/2022 over the sad demise of senior IMA member Dr Raghavendra Rao. About 20 members attended the event to pay homage to the departed soul, many expressed their views on his commitment of

service towards community and his role in strengthening IMA. On 24/11/2022 **World Immunisation Day was celebrated.** IMA Gangavathi, IMA maithri in association with SDH Gangavathi conducted world immunization day at Govt hospital Gangavathi. About 50 babies were immunized with various vaccines. On 26.11.2022 **CME Progeamme On Haematology And Sports Injuries** IMA Gangavathi in association with SPARSH GROUP OF HOSPITALS, BANGALURU , conducted a CME on 26/11/2022. Dr SUNIL UDGIRE spoke on Common haematological disorders: A case based discussion. Dr ANIL R PATIL spoke on Intervention in sports injuries of the knees. More than 70 IMA members attended the programme. We felicitated our IMA member Dr Praveen Hiremath for securing DNB OBG in GOKAK . On 30/11/2022

Childrens Day Celebration was Celebrated. IMA Gangavathi in association with Maithri celebrated childrens day on 30/11/2022, more than 65 children attended the event and participated in various cultural activities and games. On **01.12.2022, WORLD AIDS DAY RALLY:** IMA Gangavathi in association with SDH Gangavathi conducted AIDS day rally along with PANJINA MERA VANGE, on 1/12/2022. Around 300 members participated in the programme, It was attended by KOPPAAL SUPERINTENDENT OF POLICE SRI ARUNANGSHUGIRI, and District surgeon DR ISHWAR SAVADI. On **03.12.2022 Trek To Hirebenakal.** IMA Gangavathi and Maitri arranged for a trekking and trip to Mauryara betta Hirebenakal, a world UNESCO Megalithic heritage site. It was an excellent trek with 50 IMA members participating in it. Prof Kolkar sir, briefed us about the history which goes 3000 years ago. On 10/12/2022, CME ON **"NEUROLOGY AND PSYCHIATRY"** IMA gangavathi in association with VARASIDDHI hospital conducted a CME ON 10/12/2022. Topics were ACUTE ISCHEMIC STROKE by DR RAMESH PATIL Neurophysician, MEDICALLY UNEXPLAINED SYMPTOMS by DR VADIRAJ Psychiatrist. It was attended by 60 members. On **11.12.2022, STATE IMA KSHS MEETING:** IMA KSHS managing and scrutinizing committee meeting held on 11/12/2022 at IMA hall Gangavathi. Claims of about Rs 1350000, were disbursed to beneficiaries for different ailments. On 12.12.2022 eye check up camp at Malkanmaradi. IMA Gangavathi in association with Dharmasthala gramabhivruddhi group conducted , eye screening camp at malkanmaradi. 230 patients were screened for different eye ailments and advised accordingly. Free drugs were distributed to the patients.

Branch : Hassan
President : Dr. Abdul Basheer
Secretary : Dr. Kumar S. R.

On 20.11.2022 Childrens day was celebrated. In association with IMA ladies wing. at IMA Hall. It included painting session, games and Dance. Around 60 kids participated in this fun filled event. IMA Hassan started Music classes for IMA members, their spouses and kids as an innovative idea to encourage music learning. It was well appreciated by the members and weekly twice music classes are held at IMA premises.



Branch : Hubli
President : Dr. Subhas Babruwad
Secretary : Dr. Vivek Patil

Installation Ceremony of IMA Hubballi Branch-2022-23 was held on Sunday 6th November 2022 at IMA House. Chief Guest was Shri Labhu Ram Police Commissioner, Hubballi Dharwad City, Guests of Honour were Dr. Ramlingappa Antarthani

Director, KIMS, and Dr. P.V. Kanchi President, KMC Bangalore. Chief Guest inaugurated the function by watering the plant. Guest of Honour Dr. P.V. Kanchi installed the office Bearers of IMA Hubballi Branch 2022-2023 and IMA Womens Doctors Wing, Hubballi. Outgoing office bearers led by President Dr. S.Y. Mulkipatil handed over the charge to Incoming office bearers led by President Dr. Subhas Babruwad. Amended by-law of IMA Hubballi Branch was released by the Chief Guest. IMA Hubballi in association with Jaypriya Eye hospital World Diabetes Day was observed by organizing Free Eye check up and Free Blood Sugar check up camp on 14th Nov. 2022 at IMA House. 100 eye check up and blood sugar was done and free coupons were distributed for Diabetic Retinopathy screening. In association with Rotary Club, Hubballi World Diabetes Day was observed by conducting Awareness programme on 17th Nov. 2022 at Shri Honappa Tavargeri Rotary Bhavan, Akshaya Colony, Hubballi. Dr. Sandeep D. Endocrinologist, Hubballi spoke on Health Education. In association with The Karanatak Cancer Therapy and Research Institute, Navanagar Hubli a mega Blood Donation Drive for Cancer and Needy patients and Blood Grouping program was held on Eve Of Founders Day of Canara Bank on 19th Nov. 2022 at Canara Bank, Circle Office, Gokul Rd, Hubballi. 50 units of blood was collected. In Association with Jaypriya Eye Hospital and Bhagni Mandal, a Free Eye Check up camp was conducted on 30th November at Jaypriya Hospital. 50 persons were screened for cataract and 5 persons were operated free. Dr. Sunil Gokhale Gokhale highlighted importance of eye and organ donation. In association with KIMS Hubballi World Aids Day was observed on 1st December 2022 by conducting awareness walk from KIMS Hubballi to MVP Hosur. President Dr. Subhas Babruwad, Dr. B.P. Yalgi, Nursing students, staff of KIMS and other members of IMA participated. Role Play by Nursing students of KIMS Hubballi at OPD KIMS was held. A CME was held at

Goldent Jubilee Hall, KIMS Hubballi. Dr.Bharatraj Yalgi Past President of IMA Hubballi spoke on Prevention and Treatment of AIDS. In association with Saksham, a Workshop on Empowering persons with Disabilities was held on 4th December 2022 at IMA House. Chief Guest Shri Shankar Patil Munenakoppa Hon. Minister Of Textile & Sugarcane Government of Karnataka inaugurated the workshop. 250 students and public attended the workshop. The 1st Monthly meeting and IMA CME was held on Saturday, 10th December 2022 at 7.45 p.m. at IMA House. Dr. Vishal Kulkarni, Consultant Medical & Hemato Oncology from HCG Cancer Hospital, Hubballi spoke on " Multiple Myeloma and Basic Factors of BMT ". IMA Hubballi Branch in association with Ashkiran KIMS, Hubballi, Saksham KIMS and Rotary Club West observed International Day Of Persons With Disabilities on 16th December 2022 at KIMS Auditorium, Hubballi. Chief Guest Dr.Ramlingappa Antartani Director KIMS inaugurated the function by watering the sapling. President Dr.Subhas Babruwad, Dr. Ishwar Hosmani, Principal KIMS Hubballi, Dr.Arunkumar C., Medical Supdt. KIMS Hubballi, Dr.Sunil Gokhale and other members participated in this programme. 4 Divyang persons who have excelled in academics were felicitated. Prizes were distributed to divyang who participated in sports and cultural activities.

Branch : Jamkhandi
President : Dr. H.G. Daddi
Secretary : Dr. Biradar



On 01.12.2022 World AIDS Day was observed. Jatha and Function were held. Government departments, NGO's and students participated. On 05.12.2022 Japanese Encephalitis Vaccination programme held at local school Local MLA participated. On 07.12.2022 CME was held. Specialists from Mahatma Gandhi Cancer Hospital Sangli spoke on (1). Oral Cancer – Then and Now, (2). Role of Radiation in Various Cancers and (3). Breast Cancer- Revisit. On 09.12.2022 Health awareness talk at local School.



Branch : K.G.F.
President : Dr. Vijayakumar
Secretary : Dr. Shivakumar D

On 24.11.2022 Conducted the Executive committee meeting was held and discussed about the planned General Body Meeting on 25.11.2022. On 25.11.2022 Conducted the GENERAL BODY MEETING and presented the activities of IMA-KGF during the year 2022 till date. Presented the

financial report and submitted final bank balance in the IMA -KGF Bank account. The sitting President of IMA-KGF step down after a marathon 15 years tenure and paved the way for future election. Important posts viz, President, Vice-Presidents, Hon. Genl. Secretary, Hon Joint Secretaries and Treasurer were unanimously elected and giving the liberty to the President and Hon Gen secretary to fill the remaining vacant posts. On 29.11.2022 A CME Program was arranged and the topic was "Diabetes And Gliptins" by Dr. B.Rajendrakumar, Physician. IMA-KGF doctors along with other private doctors took part in the Induction programme of local Golden valley Education Trust's engineering college Students. Seven Doctors took part and talked about health awareness and COVID-19 SOP and DOS DON'TS to protect from COVID-19 in the present context. On 13-12-2022 Conducted the Executive Committee Meeting to finalise the office bearers.

Branch : Kollegal
President : Dr. Shivakishore J.V.
Secretary : Dr. Praveen Kumar M.



CME programme was conducted. Topic: "Urological interventions" by Dr Umesh, Neurosurgery and Dr Punith. Annual General Body Meeting was conducted and electing new office bearers was elected. LIVE streaming of football finals at IMA hall for IMA MEMBERS. CME ON Cardiovascular interventions by Dr Aditya Udupa, Diabetic CKD by Dr Arun

Branch : K.R. Nagar
President : Dr. Mahendrappa K.R
Secretary : Dr. Ajay A.S.

On 18.11.2022 Annual General Body Meeting was held. New office Bearers were elected. On 17-12-2022: 225th CMEP and Family Get-Together was held at IMA House, K.R.Nagar in association with Manipal Hospital, Mysore. Dr. Shaheen Akhtar, Consultant Obstetrician and Gynecologist, Manipal Hospital, Mysore spoke on Diabetes in Pregnancy. Dr.Nischay.R., Consultant Medical Gastroenterologist spoke on Case Capsules – Advanced GI Interventions. About 40 Members attended the Programme. All the members maintained 1 minute silence and prayed for the departed soul of our member Dr. Srinivas Murthy, Rtd. Orthopedic Surgeon who passed away on 14-12-2022.



Branch : Kumta
President : Dr. Ashwini Shanbhag
Secretary : Dr. Sumalatha



On 01.12.2022 World Aids Day was conducted and candle light march was done.

Branch : Kundapura
President : Dr. Mahesh G.
Secretary : Dr. Rajesh Kumar

IMA Kundapura team is only IMA team to have participated against many corporate teams in Corporate Cricket league organised by KMC Manipal on 17/12/2022 at Manipal end point.



Branch : Mandya
President : Dr. T.N. Marigowda
Secretary : Dr. Vinay M.

On 11.12.2022 Installation of New Office Bearers assumed charge Dr Marigowda as President, Dr Vinay as Secretary, Dr Gopal Krishna Gupta as Treasurer, Dr Vasumathi S Rao, Dr Manjunath M, as Vice Presidents, Dr Yogendra Kumar as Joint Secretary



Branch : Mangaluru
President : Dr. Venugopal D
Secretary : Dr. Archith Boloor

MEETING was held at Dr. A V Rao Conference Hall, IMA House. Dr. Maneesh Rai spoke on **“Device therapies for heart failure”** and Dr. Muralidhar Yadiyal B gave a talk on **“Our planet our health- Sustainable energy solution”**. The meeting was attended by 120 members. The minutes of the EC meeting were read in front of the members. On 16.12.2022 **Womens Doctor Wing**, IMA Mangaluru meeting was held. IMA Mangaluru gave a press release regarding safety of JE vaccination. Dr. Archana Bhat gave a talk on Japanese encephalitis vaccination awareness in Akashwani (AIR) Mangalore, IMA KSSS beneficiary cheque was handed over to Dr.M Vivekananda Bhat

EXECUTIVE COMITEE MEETING Was held on 24.11.2022 at Kanara club, Kadri. Attended by 35 members. Discussion on various matters done and decisions taken. Minutes circulated amongst members of IMA Mangaluru. On 09.12.2022 CME

Branch : Mundargi
President : Dr. Annadani M. Meti
Secretary : Dr. Prakash Hosmani

On 13.11.2022 Annual General Body Meeting was held. The same day CME also a talk was given. Topic: **"Newer drugs in the management of DM 2"** by Dr Laxman Pujar. On 14.11.2022 on account of world Diabetes Day- Public Health check up camp & public awareness talk was done. for N.W.K.S.R.T.C. employees at NWKSRTC depot, Mundaragi.

Blood sugar test was done for 250 patients free of cost. Echocardiography for 150 patients was done by VIHAN HEART CARE CENTRE free of cost. Dr Prakash Hosmani Hon Secretary of IMA Mundaragi took a leading role in organising the camp by way of his participation, arranging for free distribution of medicines. Dr Prakash Hosmani also gave a talk on "How to be away from diabetes by LifeStyle Modification". On:01-12-2022 : World AIDS awareness day was celebrated by organising a talk on AIDS & HIV for Jawahar Navodaya Vidyalaya of Gadag District located at Korlahalli involving the adolescent children. Dr Annadani Meti gave a talk on HIV & AIDS prevention. About 250 children were present. Many children actively participated in the question & answer session after the talk. On 20-12-2022 a special GB was held to felicitate DR Annadani M Meti, Past President of IMAKSB for having been selected for National President's appreciation award for exemplary work done by him as Chairman of Public Health Committee during the year 2021-22. On 26th, 27th & 28th December 2022 two members of IMA Mundaragi branch attended the NATCON-2022 held at PRAYAGRAJ, UP. Dr Annadani Meti took active part in the CWC meeting held AMA convention centre Prayagaraj & gave valuable suggestions regarding PCPNDT ACT reforms & initiation of PG course in Family Medicine for the upliftment of family physicians. Dr Annadani Meti received the President's appreciation award by the National IMA President Dr Shahajanand Singh on 26-12-2022 at the CWC meeting.



Branch : Mysore
President : Dr. Y.M. Shivakumar
Secretary : Dr. Devianand K.P.

On 22.10.2022 Installation Ceremony of New Office Bearers of IMA Mysore Branch was held. The following Office Bearers were elected unanimously and took charge for the following post. Dr. Y.M. Shivakumar as President, Dr. K.P. Devianand as Secretary: Dr. Shivashankar. B.N as Treasurer: Dr. Jayanth. M.S, as

President - Elect, Dr. Chandrabhan Singh. N, and Dr. Manjunath. R.D, Vice-Presidents, Dr. Somasundar.K as Joint-Secretary. Indian Medical Association, Mysuru Branch conducted the Blood Donation Camp at K.R. Hospital Blood Bank Premises on Thursday, 27.10.2022 at 10.00 AM on behalf of National Voluntary Blood Donor's Day and totally 60 units of Blood were collected and successful. The following IMA members were present. Indian Medical Association, Mysuru Branch celebrated Anti - Quackery Day and World Diabetes Day programme on 15.11.2022, Tuesday at 07.30PM in IMA Building, New Sayyaji Rao Road, Mysuru. Dr. B.V. Rajagopal, Former National Vice-President of IMA gave talk on Anti Quackery and Dr. Chandrabhan Singh. N, Vice-President of IMA Mysuru gave talk on Diabetes. Dr. Y.M. Shivakumar, President honoured the speakers. The Programme was successful. Indian Medical Association, Mysuru Branch celebrated Kannada Rajyotsava Programme on 30.11.2022 at 05.00PM in IMA Building, New Sayyaji Rao Road, Mysuru. The programme was started by lighting of the lamp. Dr. Y.M. Shivakumar, President, IMA Mysuru compered the programme. Dr. B.D. Sathyanarayana, Retd. Prof & HOD of Dermatology, MMC&RI, Mysuru gave introductory speech on Kannada Rajyotsava and the office bearers felicitated the chief guest and the programme was followed by musical nights and nearly 40 songs were sung by Dr. K.A.K. Surendran, Dr. Devianand. K.P, Dr. M.S. Natashekar, Dr. T.M. Mahadevappa, Dr. Ashwini and the programme was successful.

Branch : Nelamangala
President : Dr. M. Jayaprasad
Secretary : Dr. S. Rajendra Prasad

On 11.11.2022 & 25.11.2022 CME programme were conducted. Topic: (1). **"Approch to Gastroenterology cases"** by Dr. Dinesh Kini, Consultant Gastroenterologist, (2). **"Management of common Gastroenterology cases"** by Dr. Vijaya Kumar, Consultant Gastroenterologist, Apollo Clinics in Gastroenterology, (3). **"CVJ Abnormalities and its management"** by Dr. Prakash Rathod, Consultant Neurosurgeon, (4). **"Recent Advances in management of MI"** by Dr. Prasad M. Bhat, Consultant Interventional Cardiologist.



Branch : Sagar
President : Dr. B.G. Sangam
Secretary : Dr. Kishan R. Bhagwat

Dr. H S Mohan, senior IMA member of our branch was felicitated by Sagar IMA for getting "Rajyotsava award" from the Government of Karnataka. It has been conferred on him for his tireless efforts to bring health awareness to general public through articles and books on medical issues in Kannada; his contribution to protect and uplift our cultural artforms of folk-music and Yakshagana. Dr. Shivakumar B Lakkol, President, IMA – KSB visited our branch on 10th December, 2022. He motivated all the members to deliver healthcare to the needy in rural areas. He also emphasised the importance of all the IMA schemes and the need to increase the membership drive. Dr. Pavan Kumar Patil, PRO, IMA-KSB interacted with all the members regarding new initiatives. Obituary – It is with heavy hearts we pay our respects to the departed souls of 2 of our IMA members: 1. Dr. Maheshchandra Babu and 2. Dr. Lolith



Branch : Shimoga
President : Dr. Arun M.S.
Secretary : Dr. Raksha Rao

IMA 2022-23 activities was inaugurated at Medicolegal Symposium held on 23.9.22 at Shimoga Institute of Medical Sciences jointly organised by IMA, KPMEA and SIMS. Newly elected President Dr. Arun M.S and Secretary Dr. Raksha Rao took charge. Chief guest Justice R.K. Agrawal, President of

NCDRC spoke on Medical profession under the Consumer Protection Act, 2019 and Member of NCDRC Dr. S.M. Kantikar spoke on legal issues in hospital management. On 25.9.2022, IMA Shimoga joined hands with Rotary Club Shimoga and Inner Wheel Club and jointly organised an address on how to lead a happy life in old age by our senior member, orator, author and general practitioner Dr. Krishna Bhat from Bhadravathi at Jeevana Sanje Vriddhashrama on the occasion of **World Alzheimer's Day**. Dr. Mythili and Dr. Raksha Rao did general health screening of residents of the old age home. DHO office in association with IMA organised a cycle jatha on the occasion of **World Heart Day** on 29.09.2022. The event started at DHO office with inauguration by D C Dr. Selvamani and ended at IMA House after commuting through major roads of Shimoga. President and Secretary joined hands for the good cause and helped promote exercise as a good lifestyle measure for heart health. On 1.10.22, IMA President Dr. Arun M.S Inaugurated **World's National Voluntary Blood Donation Day** at Indian Red Cross society of Sanjeevini Blood Bank. On 2.10.22, **Birth anniversary of Gandhiji and Shastriji** was celebrated at IMA hall. President Dr. Arun addressed the gathering and spoke about the inspirational life of the two great leaders. Dr. Sreekanth Hegde presented his analysis on how Gandhian values hold good in current era also. **World Mental Health day** celebration jointly by IMA Shimoga, Kshema Trust and Rotary Club on the occasion of National Girl Child Day at Kamala Nehru Girls College on 11.10.22. IMA Secretary Dr. Raksha Rao spoke on women and mental health and Dr. Shubrata sensitised the audience on importance of mental health and conducted an interactive session. 15.10.22, **Visiting IMA seniors at their house**- This unique program was initiated at the house of ADr. Suresh Isloor and Dr. Veena Isloor and enquiring about their health and talking about professional experiences and IMA memories. President Dr. Arun, Secretary Dr. Raksha Rao, Treasurer Dr. Shashidhar along with senior IMA EC members Dr. H. Nagraj and Dr. Srinivas were present. On 21.10.22, Team IMA met Newly appointed SP to Shimoga District, Mithun Kumar and welcomed him and discussed various issues related to safety of doctors in case of mob violence, joint venture to train police staff on basic CPR. On 05-11-2022, Team IMA did a courtesy visit to senior member Dr. Nandini's house and had a nice chat about good old days of her practice and experience over the years. On 12-11-2022, we started this year's cultural activities by Kannada Rajyotsava Celebrations. Chief guest Dr. K.N. Gurudutt spoke on Kannada nadu nudi and addressed topics on the birth of Karnataka, the grandeur of our state, the current situation of Kannada language. Dr. Vinaya Srinivas organized Kannada quiz via for the audience and winners were given Kannada books. On 17.11.2022, as part of international week of safe adoption of kids, IMA pledged the Sankalpa Sandesha to support legal Child adoption in association with DHO office. On 17.11.22, team IMA gave a courtesy visit to SIMS Dean Dr. Virupakshappa. On, 19.11.2022, CME organised jointly by Maax Hospital and IMA. Guest of honour Dr. Nagendra, MD, Maax hospital. Dr. Sudheer M Bhat spoke on Minimally invasive cardiac surgery. Dr. Shreyamsa M spoke on Transoral Endoscopic Thyroidectomy- Vestibular approach. Dr. Arun S spoke on Neuro Navigation- An overview.



Branch : Raichur
President : Dr. Prabhuraj Gaddikeri
Secretary : Dr. Shree Harsha Patil

On 10.12.2022 and 15.12.2022 CPR workshop was conducted. In association with Beats Heart Care Foundation. About 50 nursing staff attended the session .

Branch : Sullia
President : Dr. Veena
Secretary : Dr. Ravikantha G.O.

On 26.11.2022 Health camp at CHC Sullia in association with KVG hospital. On 27.11.2022 Kannada Rajyotsava celebrations, felicitation of Mrs Jayalakshmi Damle, Principal, Sneha Educational Trust Sullia. On 05.12.2022 Vaccination drive against Japanese Encephalitis Virus by MLA Angara with THO Dr Nandakumar. On 06.12.2022 Anemia detection camp at KVG polytechnic college, talk given on importance of blood grouping. With help of Thaluk hospital refraction test was also done. On 13/12/22 Health information program for women at Sandhya Rashmi Hall, Sullia regarding 'Breast Cancer and Uterine Issues' by Dr Bhavya and Dr Saigeetha.



Branch : Tumkur
President : Dr. Chandrashekar
Secretary : Dr. Chaluvegowda

On 02.11.2022 IMA Tumkur Branch Office Bearers met Director of Health and family welfare, Services at District Hospital Tumkur premises. Objective : To convince about the situation in District Hospital, Tumkur and that Dr. Usha, Gynecologist, Dist Hospital Tumkur has not conducted any negligence related to Maternal death happened. On 06.11.2022 Rangoli and Drawing competition on the occasion of Kannada Rajyotsava and Children's day was conducted at IMA premises, Tumkur. Children's and Doctors participated in the competition. On 07.11.2022 IMA- KSB President Dr.Shivakumar.B.Lakkol, Secretary Dr.Karunakara and President elect Dr.Srinivas.S, Vice-President Dr. Narayanamurthy, visited IMA Tumkur branch. On this occasion Dr. Prabhakar, National Chairman, IMA AMS, Dr. R.Jyothi Swaroop, IMA-KSB Divisional Co-ordinator, DR Chethan, President, KGMO Tumakuru, Dr. Veena District Surgeon, District Hospital, Tumkur and EC members, IMA members were present. It was decided that every one from IMA will fight for Dr Usha and stand with her in this situation. As we all know she is not culprit, Dr. Veerabhadraiah suggested to go for stay for suspension and resume her duties in District Hospital. On 14.11.2022 World Diabetes day was conducted, GRBS and BP checkup camp organised in Amanikere park. 70 people were tested. And also Free Diabetes checking camp was conducted in THS premises in association with THS super speciality Hospital and Sree Auto Tumkur. On 18.11.2022 Dr J A Jayalal, Past National President New Delhi HQ, and Honorable Secretary for Common Wealth Medical Association for 2022-24 visited IMA Tumakuru Office, Tumakuru. On 20.11.2022 Kannada Rajyotsava and Children's Day were conducted. On 20.11.2022, Cook without fire competition held at IMA Tumakuru branch. On 01.12.2022 World AIDS Day 2022 was conducted in IMA Hall, Tumakuru in association with Dist Administration, DHO Office, Blood Banks, Red Ribbon colleges, NGO's and others. Program includes procession from DHO office to IMA Hall, and stalls installed in Govt Bus stand, Private Bus Stand, Railway Station and Antharasanahalli Vegetable Market. And also Street play was conducted as a part of program. Program was conducted under the chairmanship of Dr. Chandrashekar, President and Dr. Cheluvegowda, Secretary and other members participated.

Branch : Udupi-Karavali
President : Dr. P.V. Bhandary
Secretary : Dr. Keshav Nayak

Arogya Vahini Health Education Programme:Our branch members gave health awareness talks every week in the local TV channel of Udupi district which is an interactive programme. The list of speakers and the topics covered are as follows. 1/10/22 Dr. Praveen Shastri - Ultrasound and its role in spectrum of clinical disease. **8/10/2022** Dr.Shasikala Bhat - role of ultrasound in pregnancy. 15/10/2022 Capt Dr. L Ramachandra - diabetic

foot. 22/10/22 Dr.Sanath S Rao - Skin infections. 28/10/22 Dr.Rajesh Bhakta- Infertility. 05/11/22 Chennakeshav Rao G- Shoulder

pain. 12/11/22 Dr. Sathish K Nayak - Digestive systems problems 19/11/22 & 26/11/22 - Dr. Purushotham Acharya - Urological Disorders. **On 09.10.2022** State working committee meeting was held under the aegis at IMA Bhavan Udupi. Dr. Kateel Suresh Kudva President IMA -KSB presided over the function. Inaugural function was attended by President and secretary of IMA Udupi Karavali. **On 09.10.2022:** The installation ceremony of newly elected office bearers of Indian Medical Association (IMA), Udupi-Karavali unit for the year 2022-23 was held on 9th October 2022 at 6pm at Amrith Gardens, Udupi on a grand note. Dr. Sathish Rao, Professor, Department of Psychiatry, KSHEMA, Mangalore was the installation officer. Dr. K S Karanth, Senior Consultant Psychiatrist and Former Vice President IMA KSB, Kundapur was the guest of honor. Dr. P Venkataraya Bhandary took over as the president for 2022-23 with Dr. Keshava Nayak as Secretary. Installation Ceremony was followed by Dance Program by Hejjenaada Dance Group, Mangalore. **On 10.10.2022: World Mental Health Day:** as celebrated at IMA Bhavan Udupi in association with AV Baliga Memorial Hospital, Udupi. Awareness program on mental health was conducted for Nursing Students. More than 150 nursing students from three nursing Colleges attended. Our member's Dr. Manas.E.R, Dr. Deepak Mallaya and Dr. Vasudev.S all consultant psychiatrists and Dr. Manu Anand, Psychiatrist, district mental health program spoke regarding mental health. Quiz competition was conducted for the participants. **October 29 and 30 2022 – state Conference at Moodubidri:** 70 delegates IMA Udupi Karavali were attended the 88th Medicon 2022 at Moodubidri. Our members Dr. Rajeshwari G Bhat and Dr. P V Bhandary participated as faculty in scientific session. Dr. Capt Ramachandra L gave Dr. RHN Shenoy oration at the conference. Dr. Ravindranath Shetty Senior member of our branch was felicitated for his rural medical service for over 50 years. Dr. Rachana R Bhat D/o our member Dr. Raghunath N Bhat and DR. Mayuri G Bhat. D/o Dr. Gurumoorthy Bhat P S were felicitated for their academic excellence. A press conference was held on 03.11.2022 at Udupi press club. Various programme planned by IMA Udupi Karavali as part of World Diabetes day were informed to the press. It was attended by President Dr. P V Bhandary, Secretary, Dr. Keshav Nayak and Dr. Shruthi Ballal joint secretary.



November 6, 2022 – IMA Udupi Karavali conducted a program on 06th November 2022 as part of World diabetes day – Health awareness, screening and workshop for about 150 Asha care workers was held. **November 7, 2022: World Mental Health Day:** Conducted a programme as a part of World Mental Health day on 07.11.2022 at AV Baliga Memorial Hospital Udupi. Awareness and workshop on **stress management in health careworkers** was conducted. About 70 health care workers from various hospitals attended. **November 13, 2022: Walkathon:** On 13.11.2022 Walkathon was conducted by members and nursing students of various nursing colleges to spread awareness on diabetes as part of World diabetes day. About 400 nursing students participated. About 100 general public were screened. **November 14, 2022:** As part of world Diabetes day, screening and awareness programme was conducted at Udupi Railway station along with Konkan Railway Corporation Udupi. About 300 members (staff and passengers) were screened. In addition door to door screening for Diabetes mellitus was conducted by IMA Udupi Karavali in association with City Hospital Udupi. **November 17, 2022: Press conference:** Press conference was conducted as part of antimicrobial awareness week to spread awareness for judicial use of antimicrobials. **November 19, 2022: workshop:** IMA along with department of Education Udupi organized a workshop on “Teacher as a Counsellor” at A.V. Baliga memorial Hospital. **CME:** CME was conducted as part of world antimicrobial awareness week 2022 on 19.11.2022 at 7.00PM at IMA Bhavan, Udupi. A panel discussion on “Combating antimicrobial resistance – an interdisciplinary approach” was moderated by Dr. Chiranjay Mukhyopadhyay, Professor KMC Manipal. The programme was planned and organized by Dr. Shashikiran.U, HOD of Medicine. About 100 delegates attended. **November 20, 2022: Cyclathon:** A cyclathon was conducted in association with cycling club Udupi and KMC Manipal on 20.11.2022 from KMC Manipal to IMA Bhavan Udupi to spread awareness on judicious use of Antibiotics as part of antimicrobial hawareness week from 18.11.2022 to 24.11.2022. Cyclathon was flagged off by Dr. Sharath Rao, Dean KMC Manipal and Dr. P V Bhandary IMA president was attended by IMA members. **November 20, 2022: World diabetes day 2022:** A screening and awareness workshop was conducted as part of word Diabetes day for members of Sri Kshethra Dharmasthala Rural Development Programme, Udupi. **November 23, 2022 – Nasha Mukth Abhiyan:** On 23.11.2022 Nasha Mukth Abhiyan was conducted in association with Sri.Madhwa Vadiraja institute of technology and management, Bantakal. **November 27, 2022:** An awareness programme on Diabetes and organ donation was held in association with Lions club Brahmagiri Udupi at IMA Bhavan. Programme was inaugurated by Dr. Ashok Kumar Y G, who emphasized the need for early diagnosis and proper treatment of Diabetes with diet exercise and medication to prevent complication.

Branch : Yelahanka
President : Dr. Suriraju V.
Secretary : Dr. Nalina D.

IMA Yelahanka branch successfully conducted a CME programme in association with Cytecare hospital on 25/11/2022. Cultural programme was held with Kannada Rajyotsava as the theme. Children participated in a fancy dress show. Dr. Shreedhara, Neurologist recited with meaning excerpts from- ರನ್ನನ ಗಡಾಯದ್ಡ.

Guest speaker Dr. Deepak dispelled some common myths about Total knee replacement surgery. Dr. Suri raju introduced the guest speaker as well as special invitees Dr. Ramachandra & Dr. Nagaraj from Hoskote branch who shared their thoughts about IMA. Dr. K G Shankarnarayana, Editor, IMA Focus dedicated his first issue of IMA Focus to Yelahanka branch.



President Visit to Various Branches



President Visit to Various Branches



SIDDAPUR



SIRSI



TIPTUR



President Dr.S.B. Lakkol attended PHANA 3rd National Health Summit 2022

President IMA KSB Dr. S.B. Lakkol with other office bearers met Hon'ble CM and other ministers at Belguam to discuss about Yeshaswini Scheme



IMA Siruguppa Branch Activities



The new office bearer's installation ceremony of the IMA Siruguppa branch was held on 16-12-2022 at Hotel Abhinav Garden Restaurant. Dr. Abdul Jaleel.K. took oath as the President and Dr. Sujatha Soogur as the Secretary. Dr. Achuthkumar.C. was the installation officer. Senior family Physicians Dr. Narayanappa.B, Dr. Jayramareddy and Dr. M.G. Hallur were felicitated on this occasion.

IMA-AMS

Why must we become member of IMA AMS?

AMS is the academic wing of Indian Medical Association

- Updates on recent developments in all the specialities
- Organises all India Annual Conferences (AMS CON) for its members.
- Gives fellowship (FIAMS) to the eligible members.
- AMS conducts many fellowship certificate courses in sub-speciality and super-specialities.
- Gives opportunity to know the updates of all the specialities for the members who are busy in their respective specialities only.
- Senior AMS eligible members will be awarded Honorary Professorship.
- Every year during the time of AMSCON, Convocation will be conducted to award the fellowships after completion of the courses.
- AMS Membership along with other wings of IMA gives eligibility to contest elections of IMA H.Qrs
- Best articles of various specialities are published annually in the IMA AMS Journal.
- Member can increase their credit hours by attending various zonal

Conferences, workshops, and State chapters conducted by supervision of AMS H.Qrs, which is mandatory for all the IMA members.

Who can become member of IMA AMS?

The membership of the Academy of Medical Specialities is open to all the Life Members of IMA who have Speciality qualifications in any discipline of medicine. The Fellows of the College of General practitioners who have passed the FCGP examination are also eligible to become members of the Academy of Medical Specialities as they have specialised in the field of family medicine. In the coming days we will update our members regarding the membership fee and details of how to become members of IMA AMS. We had 2 meetings with our State President Dr. Lakkol Sir, state office bearers, Dr. Yogananda Reddy Sir, Dr. Madhusudan Kariganur, Past Chairman's of IMA AMS regarding increasing membership and activities of IMA AMS of Karnataka State. The activities of IMA AMS were inaugurated on 7th December 2022 by Dr. Prabhakar GN Chairman IMA AMS Headquarters. Dr. Shivkumar Lakkol Sir gave the opening remarks and gave his best wishes for our activities. First online webinar was by Dr. Manjunath Shenoy President Elect National IADVL2023 on Use and Misuse of Topical Corticosteroids. It was chaired by Dr Sarvesh Raje Urs past Chairman IMA AMS.

We will be conducting webinars on first Wednesday of every month between 8pm - 9 pm.

Requesting all IMA members to become AMS members, actively conduct and participate in AMS activities.

Dr. Geeta Doppa

Chairman IMA AMS2022-24.

IMA AMS Karnataka State
activities inauguration and webinar



Natcon 2022 at Prayagraj, Allahabad



Congratulations for IMA National Award 2022



IMA KSB:

"IMA Karnataka State" for the "IMA National President's Appreciation Award for Doctor's Day Celebration"



Dr Kateel Suresh Kudva
"IMA National President's Appreciation Award for Best adjudged President of State"



Dr S M Prasad
"IMA National President's Appreciation Award for Best adjudged Hon. State Secretary of State"



Dr Annadani M Meti
"IMA National President's Appreciation Award for IMA Community Service for Individuals"



Dr Shivakumar F. Kumbhar
"IMA Dr. AP Shukla Memorial Distinguished Service Award"



Dr Geeta Doppa
"IMA Dr. Kanak Goel Award for safe Motherhood"



Dr Anuradha Paramesh
"IMA Appreciation Award for Best Adjudged President of a Local Branch Achiever's Award-IMA Woman's Wing"



Dr Mulkipatil S.Y.
"IMA National President's Appreciation Award for Best Adjudged President of a Local Branch"



Career Guidance

Armed forces

Wing Commander (Dr) Indranil Chakraborty (Veteran)
MBBS from AFMC Pune (1987) and MD Aerospace Medicine from
Institute of Aerospace Medicine (1995).

Fulfil your Dreams to Serve the Nation as a Doctor

Many of us have a childhood dream to become a Doctor and save lives. That motivation drives us to burn the midnight oil and crack the NEET, to secure a seat in a Medical College. Once we graduate from medical college, we look out for placements in various healthcare sectors. Further, we think of qualifying for PG course, become specialist doctors and continue the good work in some super specialty hospital or own clinic.

Why not dream differently? Think of taking up a career in the Armed Forces of India, and not only fulfil your dreams of saving lives as a Doctor, but also work side by side with other members of the Armed Forces in different parts of the country and the world.

Why join Armed Forces as a Doctor?

I can think of several reasons, the main being the following:

- ⬆ You will become a part of the elite Army Medical Corps (pronounced Army Medical Core) (established in 1764), and serve as a Commissioned Officer in Army, Navy or Air Force.
- ⬆ You will be a part of the multicultural work force, as you will meet people from all parts of India, with diverse social and religious background.
- ⬆ You will be posted at different parts of the country and the world (as part of peace keeping forces) and will be able to experience the diverse socio-cultural background of these regions.
- ⬆ Those who are inclined towards sports and adventure, will have the opportunity to take part in various competitions/ expeditions.
- ⬆ After completing your tenure as a Short Service Commissioned/ Permanent Commissioned Officer, you will be entitled to numerous benefits and future employment opportunities.
- ⬆ And lastly, if you retire as a regular Officer, you join the elite group of Armed Forces Veterans. A Veteran is revered not only in your own country but all over the world.

How to join the Armed Forces as Doctor?

Post Class 12

Apply for NEET and then apply for Armed Forces Medical College, Pune

Link: <https://afmc.nic.in>

Post MBBS/ Post graduation

Apply for the post of Medical Officer/ Specialist Medical Officer through Army Medical Corps

Link: <http://www.amcsscentry.gov.in>

I have not further elaborated the eligibility criteria, as you will find all the details on the official websites.

Disclaimer: These are my personal views as a retired Army Medical Corps Officer. Please read all rules and regulations carefully at the official websites and take your own decision.



IMA State Level Cricket Tournament

IMA cricket tournament Shimoga 2022, conducted between 23rd to 25th Dec 2022. 32 teams and over 600 doctors participated in this mega event arranged in 8 grounds. Bengaluru bulls are the winners and mysuru royals runners up.



Personal Finance

Mutual Funds

Dr. Shirish M. Narsapur,
Orthopaedic Surgeon, Bangalore.
Wealthcon TMP Graduate.

Mutual funds: How to increase your returns by just doing one change?

Everyone must be investing in mutual funds. Are you doing so through an agent? Are you aware about regular and direct funds? There is a huge difference between the regular (going through an agent) and direct (doing it yourself). All it takes is spending 15 mins to learn how to invest in a mutual fund all by yourself. Just have a look at the table below.

Type of Investment	Investment/Month	Duration	Invested Amount	Final Amount
Dr. Thakur – Through Agent (Charges “ONLY” 1% as commission)	₹ 50,000/-	30 yrs. – total 360 installments	₹ 1.8 crore	<input type="checkbox"/> 22.7 Crore (Regular fund) 15% p/a returns but net only 14% as 1% given as commission
Dr. Gabbar – Spends 5 minutes on self-study to select same funds as the agent chose for Dr. Thakur	₹ 50,000/-	30 yrs. – total 360 installments	₹ 1.8 crore	<input type="checkbox"/> 27.8 Crore (Direct fund) Same 15% p/a returns without any agent commission
Why Dr. Gabbar got <input type="checkbox"/> 5.1 Crore More for the same amount of return for the same fund???	Because Dr. Thakur paid 1% commission to the agent, this miniscule sounding amount compounds to such large number over time. Dr. Gabbar saved this 1% and made a killing.			REJECT REGULAR DO DIRECT

If the agent has even 5 clients like Dr Thakur, he will have made 25cr on the commission alone which is more than Dr. Thakur's returns. All it takes is to spend a few minutes and learn how you can become independent in deciding the investment yourself.

“Biggest enemy of a long-term investor is, the investor himself. One can be a passive investor, but one has to be an active learner” – Dr. Ramnath Guthe.

To learn more about converting regular funds to direct funds, as well as learning much more about financial independence, visit – www.wealthconindia.com

Wealthcon – Financial Education Drive for Doctors by Doctors.



Personal Finance

Wealthcon

Dr Vishwanath Shindolimath, IMA Gokak
Dr K G Shankarnarayana

Wealthcon is an educational forum to teach the nuances of finance to the doctor fraternity. This platform of Wealthcon has transformed itself into a fast growing tree with more than 25000 allopathic doctors from India as well as 12 overseas countries being actively involved in financial education of doctors.

Since its inception in the year 2017, Wealthcon has made financial education of the fraternity of doctors, the primary goal. To achieve this goal, Wealthcon has been conducting various conferences and educational programmes in various cities of India like Mumbai, Delhi, Pune, Nagpur, Aurangabad and Akola. The response to these programmes have been overwhelming, with full capacity audience eager to learn from excellent presentations, lectures and live demonstration of analysis and trading in stocks. The speakers and faculties in these forums have been doctors who are experienced and trained in investment and finance despite being active in their respective clinical practices.

Q. How to join Wealthcon?

Step 1: Download Telegram messenger App.

Step 2: Kindly update photo and full name in telegram profile and make it visible.

Step 3: Join Wealthcon homepage channel -<https://t.me/joinchat/SNa25sNU3s81YjQ1>

Step 4: Read Instructions of pinned message in homepage channel to join WPI discussion group

Q. Who started Wealthcon?

Answer: Dr Ramnath Ghute, a Radiologist, from Mumbai started Wealthcon in 2017. It started with 20-30 members as a whatsapp group and now there are >25000 members.

Wealthcon is registered trademark and owned by Dr Ramnath.

Q. Does Wealthcon provide TIPS or wealth management services

Answer: NO. Wealthcon is purely educational platform. It is not associated with any agent, broker, or insurance company.

Q. Who can become Wealthcon member?

Answer: Any MBBS doctor can join Wealthcon via telegram group links.

Q. Is there any membership fees to join Wealthcon?

Answer: No membership fees to join Wealthcon.

Q. What are learning avenues at Wealthcon?

90% Content at Wealthcon is FREE of cost.

Members can

- attend Basic investors course, and Tuesday meets
- access Wealthcon journal from wealthconindia.com.
- read previous messages of Goldmine, Alphabet and Tuesday meet channel.
- discuss queries in the General telegram groups relevant to passive investment.

Q. Are there paid courses ?

Answer: Yes, interested members can join courses for advanced learning.

Cool trading: Shares

TMP: Shares and FnO

AIC : Advanced investors course.

Q. How to register to courses?

Answer: You can keep watch on Notice in Webinar Channel for further details.

Women Doctors Wing Activities



My Hobby My Passion

IMA Sirsi Members

- Dr Vinayak Subramaniyan

Doctor friends, batchmates, friends and family members are often shocked and stunned when they come to know that I don't practice in the evening time. as I am an ENT surgeon in the government hospital Sirsi, I get to see around 50 patients per day and as my better half and myself are doing reasonably good on the monetary front, I prefer pursuing my hobby that is learning music. I had an inclination to learn the music when in school but due to change of places and teachers it was an on and off affair. I am really blessed to have found a teacher in Ajay Hegde who teaches me harmonium 4 times a month. As you all know that music is a stress buster and all this hopefully keep insane after my retirement.



Dr Adithya Phadnis

WARM GREETINGS EVERYONE. In today's era with fastfood counters popping in every corner of the town, we are just a click away from ordering and having delicious gastronomic experiences as well as subjecting ourselves to the illhealth. This awful affair inclined me to develop my culinary skills towards healthy cooking at home. After having found some free time after 7 pm and day off on Sundays, I started developing my chemistry with kitchen. Initially I used to be bewildered with combination of different gravy, masalas, soups but once when I got enlightened with the basics of cooking, cooking became my usual affair. I further found that when we doctors advise our patients to stop eating unhealthy foods, but we ourselves are at receiving end of junk food. This led me to modify my cooking skills towards healthy cooking. Whenever our patients attenders ask us about diet advise, be it in postoperative period or kids who want shy away from nutrition, I tell them smart hacks to combine their natural diet with nutrition. Further my experience in kitchen taught me how to convert a boaring traditional food into extocic healthy dish for ex: making rolls out of traditional chapati and bhaji. Charity begins at home. As some wise man said a successful stage artist is incomplete without an effective audience. Home chef like me is incomplete without positive critics from my lovely family members. I am thankful to my family members who allow me to experiment on the dishes and compliment me. Presenting in the picture baked samosas.



Dr Radhika Marathe

Greetings to all the doctors, colleagues and friends. I am a practicing Anesthetist in SIRSI. My all time passion is dancing. I am a Bharatanatyam dancer. My first guru is none other than my father Dr. Mukund Marathe. He himself is a Bharatanatyam dancer. He encourages me, supports me and corrects me when comes to dance. There are times when he had stay awake till 2am for my performances. I learned my further classes with Vid Seema Bhagwat in Sirsi. Its because of him and his effort I am able to call myself a classical dancer. A small glimpse of pic of a dance I performed on womens day IMA Shiva tandava stotra.



My Hobby My Passion

Spinning with Charkha

Dr Sanjeev Kulkarni, MBBS, DGO, DNB
Tavargeri Nursing Home, Dharwad 580007
9448143100, sankulajeev@gmail.com

Madness is the other word for passion . And I am happy to announce to the whole big world that my latest passion or madness is spinning . Spinning with charkha. Yes, you read it right -- spinning with Charkha. For the last one year I have taken to spinning and I am really enjoying it. To be honest spinning has changed my life. I am a transformed person today. But looking back I am still surprised as to how it all happened . Because right from my medical college days I have always been wearing only khadi clothes. And as you all know khadi and charkha always go together. But somehow I had never embraced charkha neither had charkha ever come close to me. Not that I had never seen a charkha. I had seen charkhas in Mumbai, Delhi, Sabarmati ashram in Ahmedabad as well as in



Sevagram ashram. Last year in October I had the opportunity to attend a workshop on Eco-friendly Lifestyle. There two friends of mine gave a demonstration of spinning with charkha.. That very moment something clicked inside me I just can't explain what happened but I that very moment I decided that I must learn spinning. Long story short from November last year onwards not only have I learnt spinning but also have been spinning very religiously everyday . I have been able to spin yarn enough to get more than 15 meters of fabric weaved and I have got 6 shirts stitched- two for myself two for my son and two for my daughter with that fabric. Many people think that spinning is a thing of bygone ages , that it's a relic of the past. But only those who have seen spinning and have taken to it know what great joy it gives . Almost everybody even today thinks of charkha as a big non portable object where as the charkha that we use today is a portable object quite compact just the size of a small briefcase. spinning is great meditation too. I have now made a habit of getting up early at around 5:00 a.m. and then spin for about an hour from 5:30 to 6:30 in the quiet hours of the day when the world is still sleeping. I either spin in total silence listening to the silent music of the spinning wheel or quite often I listen to some wonderful podcast or classical music on my mobile. That one hour in the morning has become a great nourishment to my soul. In fact spinning is nothing short of miracle .You hold little bit of cleaned carded cotton in your left hand and with your right hand you rotate the charkha wheel and before you know the yarn is getting formed. Once sufficient amount of yarn is produced I give it to the nearest khadi centre in Hebbally and there my weaver friends weave that yarn into fabric and send it back to me. Spinning is in a way clean entertainment and what is more it is a great way of establishing a live relationship with my other countrymen like farmers who grow cotton, carpenters who make the charkha, weavers we weave that yarn into fabric, people who colour that fabric. Thus I really become one amongst many who collectively make this society. It is indeed very heartening to know that if I spin for an hour everyday food is getting prepared in some weaver family somewhere. If hundred people spin for an hour everyday that will give employment for 5 weavers all through the year. As one individual i cannot change the entire country I cannot solve all the problems of the country but i can in my own little way contribute to the well being of maybe just a couple of families and that is good enough for me. Being a doctor myself it is so nice to know that spinning has many health benefits also. Spinning helps in enhancing hand eye coordination, stamina, concentration and mind body coordination. Spinning being a highly relaxing activity is a perfect antidote to the stress and tension of our medical profession. What is more spinning helps us in keeping Parkinson's and Alzheimer's disease at bay. Before I conclude let me say this One may not be interested to go into the history of charkha. But I am convinced it is certainly a hobby not only for today but also for all the tomorrows to come.



HIREBENAKAL THE VALLEY OF THE DEAD

Dr Prabha Raikar, Gynaecologist
Gangavathi



We all are very familiar with the ruins of the great civilization of **Hampi**, during the reign of the **Great Sri Sri Krishna Deva Raya**. and we have also travelled along the co existence of History and Mythology at Anegundi¹. This day, we take you on a **Time Capsule** to witness the life of our predecessors during the **Iron Age – LIFE AFTER DEATH**.

On 4th of December 2022, an early Sunday Morning, the group of Doctors of IMA – GANGAVATHI and IMA – MAITHRI, set out to explore our past. Story telling is an Art and the story, **Nature** told us that day was Mind baffling. Also known as the **VALLEY OF THE DEAD**, **Hire Benakal** is a small quiet village situated within 50 kms of Hampi and just 10 kms from our Hometown, Gangavathi.

One of the **largest Megalithic Burial sites of South India**, it is estimated to be around 3000 years old. Popularly known as '**Morayara Betta**' – or **The Hill of the Dwarfs**, initially mistaken to be dwelling areas are now known to be Funerary. This site consists of around 1000 odd Megalithic structures (Dolmens) built between 1000 and 500 BCE, which falls in the period between the **Neolithic age** and the **Iron Age** – when the Human civilization had just discovered uses of Iron to make tools and weapons.



Similar Megalithic structures have been reported from other parts of the world as well, like -
ANTIQUARA DOLMENS SITE OF SPAIN² GOCHANG, HWARUN AND GANGWA DOLMENS SITE OF KOREA² MEGALITHIC JAR SITE, XIENGKHUAG OF LAOS²

Back to Hirebenakal, the Dolmens structures are situated at a height of 605 m from the ground level atop a Granite hill. these Dolmens are made of 3 sided chambers with capstones forming the Roof. Small Dolmens are 50- 100 cms in height where as the larger ones are upto 3 m in height. Few structures have stone windows carved into them. These structures are Funerary and are seen to flank both sides of what was once the Main Street. Pre historic **Rock Paintings** which depict Mesolithic Art can be seen within these Rock shelters depicting the peoples dance, hunting animals like deer, oar, peacock, and weapons used. Paintings were made using Red Ochre and other locally available pigments. As we go further into the area, we come across rock ponds, meant to retain rain water, and water reserves with water lilies are seen.



Another attraction of the area, whilst going uphill, is the **KETTLEDRUM³**.

This is a roughly **Hemispherical Stone** positioned strategically on a hillock 10 m high. it has a diameter of 2.2m, and when beaten using stone or wooden hammers, produces a musical sound which can be heard over a radius of 1 km. this might have served the purpose of announcing to the inhabitants about Congregations or cautioning them against possible Invaders.



Another example of stone carving in this area is the **Monolithic Human Figurine** which was once erect on the Ground. Hours passed by as we soaked up the History amongst us, as we had an Insight into the lives of Humans and the Significance of Death and Afterlife at the time. Nevertheless, Though we were truly intrigued on finding such a area with **Prehistoric** significance, just in our Neighbourhood, we were left pondering, why many were not aware of this place. Maintenance efforts have been made by the **Archeological Survey of India**, though a lot more has to be done. There are very few sign boards along and if not for a **local guide**, one can easily get lost. We finally started



downhill from the **Dolmens**, the Sun right over us, sweating and panting we reached the foothills of **Morayara Betta**

, ... looking behind, we were in awe of what we just saw. We were truly taken back to the **Iron Age**. I would definitely recommend this place as a must visit for anyone visiting **Gangavathi** the next time. Thus ends our Sojourn, and though we go back to our busy lives, **Morayara Betta** still lingers somewhere behind. **REFERENCES:** 1) <https://gops.org> 2) whc.unesco.org 3) en.m.wikipedia.org

Memories

- Dr. Vinayak Subramaniyan, Sirsi

I guess the word travelogue comes from Catalogue of travels. Gone are those days where the camera used to be a constant companion on any of one's travels. Now in the era of mobile phones everyone is a photographer and the camera has gone into redemption, gone are those days where the camera role needed to be developed and photos treasured. Now are the days when the same photos are kept temporarily in the mobile, laptop and when they are they are deleted, thus came my idea thanks to my wife Dr swathi who suggested we develop photos taken on our trips and make a scrapbook and give the photos some caption. Friends believe me, this scrapbook has lot of memories attached to it.





KINDER Jananimitra

Best Delivery Package for Bengaluru's Expecting Mothers

PACKAGE INCLUDES

Pre-Delivery

- OBG Consultations
- Scans*(Anomaly Scan, NT Scan, Growth Scan)
- Lab Investigations*
- Antenatal Classes

During Delivery

- Room Stay
- Doctor Charges
- OT charges
- Labor /Recovery Room Charges
- Pharmacy*
- Lab Investigations*
- Food during the stay

Post Delivery

- Delivery Attending Charges
- Investigations*
- Basic Birth Vaccinations
- Paediatric Consultations*



Package covers from the day of conception, delivery and one month post delivery

₹ 70,000/-
(Semi-private ward)

PACKAGE COST
ALL INCLUSIVE*

₹ 75,000/-
(Private ward)

For more information

+91 86189 99833

*Conditions apply



[kinderhospitalsbangalore](https://www.kinderhospitalsbangalore.com)

Kinder Women's Hospital & Fertility Centre

(A unit of Kindorama Healthcare Pvt. Ltd.)

#40F, Doddanekundi Industrial Area, Graphite India Road,
Hoodi Village, K R Puram, Bengaluru - 560 048

+91 80 2888 8880 www.kinderhospitals.com

89th IMA

Karnataka State Annual Medical Conference 2023
Organised by - IMA Bidar Branch



89th
MEDICON
2023



BLOCK YOUR DATES
27th-29th October 2023



CONFERENCE VENUE :
Bidar Institute of Medical Sciences
(BRIMS), Bidar

REGISTRATION FEES

DATE	DELEGATES	PG	ACC. PERSON
1st Jan - 30th April 2023	4000	3000	3000
1st May - 31st July 2023	5000	3000	3000
1st August till Spot	6000	3000	3000

Further Details :
Dr. Mallikarjun Panshetty : 9243230100

Register Now at :
www.imakarnataka.in



IMA KSSS



IMA'S KARNATAKA SOCIAL SECURITY SCHEME

IMA House, Bailappanavar Nagar, Hubballi-29 Ph.: 0836-2355656

<https://www.imakssshubli.org>

Respected Members,

Earlier our web was <http://www.imakssshubli.org>, but now it is <https://www.imakssshubli.org> you can clear the browser history in the settings and open the above link.

ENROLL YOUR MEMBERSHIP FOR IMA KSSS OLD EXISTING & SILVER JUBILEE SCHEME

"EACH ONE GET ONE"

ADMISSION FEE STRUCTURE FOR OLD EXISTING & NEW SILVER JUBILEE SCHEME

Age in Yrs	Below 30	Betwn 31-35	Betwn 36-40	Betwn 41-45	Betwn 46-50	Betwn 51-55	Betwn 55-60
Fee for Existing old Scheme	Rs. 17700/-	Rs. 18200/-	Rs. 18700/-	Rs. 28700/-	Rs. 31700/-	Rs. 36700/-	Rs. 44700/-
Fee for Silver Jubilee Scheme	Rs. 20700/-	Rs. 22700/-	Rs. 24700/-	Rs. 31700/-	Rs. 38700/-	Rs. 47200/-	Rs. 57700/-

Recent death claim in Old Existing Scheme – Rs. 17,93,000/-

Recent death claim New Silver Jubilee Scheme – Rs. 52,77,500/-



Dr. Yogananda Reddy.Y.C.
Chairman
Mo : 9844085120

Dr. Sachin Revankar
Secretary
Mo : 9880250083

Dr. Soumya Y.J.
Joint Secretary
Mo : 9845222245

Dr. Anandravi B.N.
Joint Secretary
Mo : 9845192351

Dr. Maheshkumar S.
Treasurer
Mo : 9341738405

Kindly visit our website- www.imakssshubli.org

IMA House, Bailappanavar Nagar, Hubballi-29 Phone no. 0836-235 56 56



IMA KARNATAKA PROFESSIONAL PROTECTION SCHEME (R)

IMA KPPS

IMA House, Alur Venkata Rao Road, Chamarajpet, Bengaluru 560 018

Reg. No.DRB-2/SOR/179/2019-20

Email : imakpps@gmail.com | Phone No 080 -26705447, 8197330598

NEW SCHEME

• FINANCIAL ASSISTANCE CLAIM (INDEMNITY) AMOUNT UP TO RS. 1 CRORE (ONE CRORE)

- All the existing members will be upgraded to New Scheme after receiving the new application and request letter after adjusting the balance payment.
- The cause of Action must be in the period of active membership for all claims.
- Membership becomes effective from the Date of realization of Cheque or DD In favour of IMA KPPS.
- All operational modalities will be as per registered Bye-Laws of IMA's Karnataka Professional protection Scheme.

FEE DETAILS

a) Fee details for the 1st year (admission contribution)	
Admission fee	Rs. 100/-
Annual subscription Fee	Rs. 2000/-
Advance fraternity contribution	Rs. 1000/-
Total	Rs. 3100/-
b) Fee details for subsequent years	
Annual subscription fee	Rs. 500/-
Demand fraternity contribution	Decided and intimated that year *

*Amount paid towards financial assistance given to the members and Legal expenses in that financial year is equally divided and collected through Demand notice sent to each members as demand fraternity contribution every year in the month of April.

Dr. Honnegowda
Chairman
M. 9448118299

Dr. N. Dhanapala
Hon. Secretary
M. 9342161266

Dr. J.Sharanappa
Hon. Treasurer
M. 9448924466



IMA'S KARNATAKA STATE HEALTH SCHEME

imakshs@gmail.com
www.imahealthscheme.org

IMA KSHS

A doctors mutual health contribution scheme will give
peace of mind in knowing that you are protected from most of these costs

Don't wait until you or a family member becomes seriously ill to try to purchase health insurance.

The Admission fee details is as follows

Age in Years	Total Amount, At the time of joining (1 st Year)	The Amount to be paid every year (2 nd Year onwards)
Children below 25 yrs	Rs. 4000.00	Rs. 3000.00
Below age of 35 yrs	Rs. 5000.00	Rs. 4000.00
Below age of 45 Yrs but above 35 Yrs	Rs. 7000.00	Rs. 5000.00
Below age of 55 Yrs but above 45 Yrs	Rs. 9000.00	Rs. 6000.00
Below age of 65 Yrs but above 55 Yrs	Rs. 11,000.00	Rs. 7000.00
Below age of 75 Yrs but above 65 Yrs	Rs. 13,000.00	Rs. 8000.00
Below age of 85 Yrs but above 75 Yrs	Rs. 15,000.00	Rs. 9000.00

LOCK IN PERIOD

- Founder member** :- shall have the benefit of the scheme **six months** after joining the scheme or immediately after launching the scheme whichever is longer.
- All the **ordinary members** and **beneficiary members below the age of 65** on joining shall have the benefit of the scheme after **12 months** of joining the scheme or immediately after launching the scheme whichever is longer.
- All the **ordinary members** and **beneficiary members above the age of 65** on joining shall have the benefit of the scheme after **24 months** of joining the scheme or after launching the scheme whichever is longer.

NO CASHLESS SERVICE (They have to pay their bills themselves & Claim later)

* **No advance payment will be made to the members**

* Members will be given reimbursement of 75% of total amount of the bill not exceeding the sum limited to each disease.

* If the benefit is not claimed in an academic year the benefit amount in total or any percentage will not be carried over to the subsequent years.

* **A member will get a maximum of benefit of Rs.2 Lakhs in one year.**

The scheme was launched on 1st of July 2017 on the Doctors day Celebration at Bengaluru.

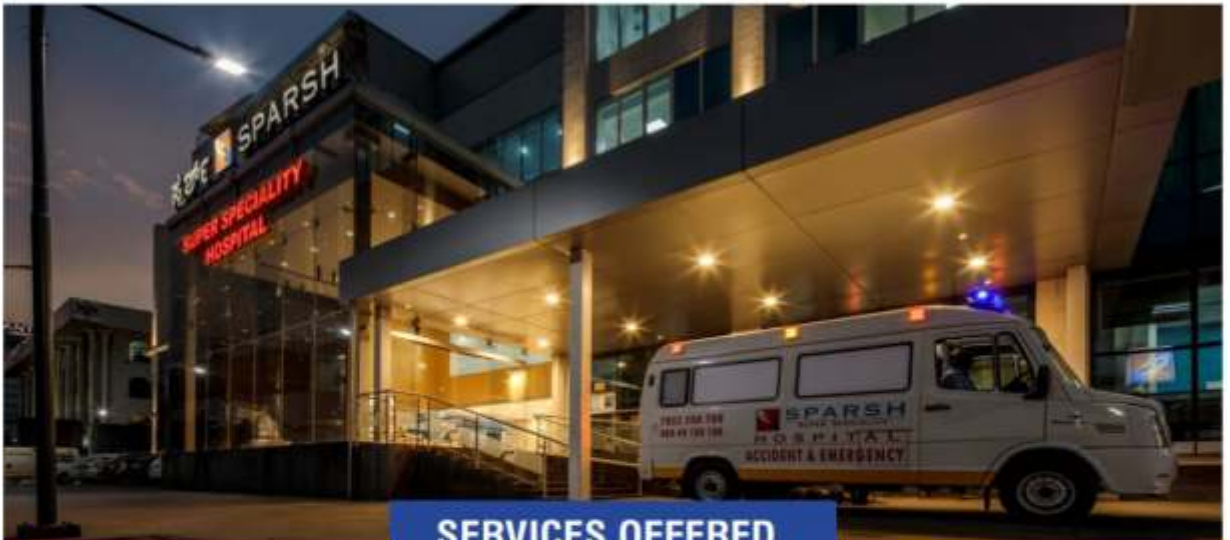
Chairman
Dr Jambunath Gouda
094481 45035

Secretary
Dr Madhusudhan K N
094481 40003

Treasurer
Dr Hanumantappa A
99456 05974

**Official Address : Dr. Jambunath Gouda, Kottureshwara MRI Scan Centre
Near Little Heart School, Hosalli Road, GANGAVATHI-583227 | Ph.: 8618744511**

www.sparshhospital.com



SERVICES OFFERED

- Orthopaedics
- Cardiology
- Cardiothoracic & Vascular Surgery
- Neuro Surgery
- Neurology
- Spine Surgery
- Imaging and Intervention Radiology
- Plastic & Reconstructive Surgery
- Cosmetic Surgery
- Maxillofacial Surgery
- Gastroenterology, Hepatology
- GI, HPB Surgery
- Bariatric Surgery
- General Medicine
- Endocrinology
- Geriatric Medicine
- Breast Oncology
- Medical Oncology
- Surgical Oncology
- Haematology, Paediatric Oncology & Bone Marrow Transplant
- Nephrology
- Urology
- Pulmonology
- Dermatology
- ENT
- Dentistry
- Obstetrics & Gynaecology
- Fetal Medicine
- Paediatrics (Paediatric & Neonatal ICU)
- ICU and Emergency
- Physio and Rehabilitation
- Organ Transplant (Liver / Kidney / Pancreas / Heart / Lung)

For Appointments, Call: **080 61 222 000**



SPARSH Hospital, #4/1, Tumkur Road, Yeshwanthpur, Bengaluru - 22
ALSO AT: INFANTRY ROAD | HOSUR ROAD | HASSAN | DAVANAGERE



IMA KARNATAKA STATE LEVEL MEDICO - LEGAL CONFERENCE



Date: 29-01-2023 - Sunday - 09-00 AM to 05-00 PM

09-30 AM - 10-30 AM

" Medical Negligence in contemporary world "

Dr. Suresh Bada Math

MD, DNB, PGDMLE, PGDHRL, PhD in Law
Head of Forensic Psychiatry, NIMHANS

10-30 AM - 11-30 AM

" How to face Legal Notice "

Sri.Dore raj

Advocate, Law Chambers of Dore raj, Bengaluru

11-30 AM - 12-30 PM

" Documentation How useful is it "

Dr.Jayanth R Navarange

MD(Pediatrics) LLB, Pune

Inaugural Programme

12-30 PM to 01-00 PM

01-00 PM - 01-45 PM

" Medical Ethics "

Dr.Ravi Wankhedkar

Past National President IMA

02-30 PM - 4-30 PM

" Panel Discussion "

Experts from Medicine, Law, Media and Police

Registration Charges: Off line Rs 1000/- Online Rs 750/-

For registration Visit: <https://imakarnataka.in>

Venue : IMA Auditorium

IMA House , Chamarajapete, Bengaluru

Inauguration

Dr.Ravi Wankhedkar

Past National President IMA

Chief Guest

Dr.Ramesh .M.K.

Vice Chancellor, RGUHS

Presided by

Dr.Shivakumar B Lakkol

President

IMA Karnataka State

QR Code for Registration



For Details contact

Dr.Madhusudhana Kariganuru

9448237145

Dr.PavanPatil

6364149150

SATTVIK SPINE AND SCOLIOSIS CENTER

Center Of Excellence For Back And Neck Problems

Putting Patient's Interests Before Everything Else
Caring And Curing With Compassion

Error Margins In The Management Of Spinal Problems Are Very Narrow. Hence, Rather Than Being A "Jack" Of All Medical Problems, **"Sattvik Spine And Scoliosis Center"** Takes Pride In Being "Master" Of One, i.e. Spinal Problems.



World Class Facility Offering The Patient With Spinal Problem A Level Of Care That Is At Par With Any And Every Top Center Across The World

Ranging From Minimally Invasive Spine Surgery To Complex Surgeries For Scoliosis And Kyphosis, The Center Takes Pride In Tackling Every Problem With Perfection.

• Before Surgery

• After Surgery



No. 472 [new Number 25], Near Sangam Circle, Jayanagar 8th Block, Bengaluru. India

Book Appointments Directly On Our Website: <https://sattvikspine.com>

Ph: 8296082122 / 080-42068257 Find Us On Google Map

ASTER CMI IS AWARDED THE BEST HOSPITAL, PAEDIATRICS - SOUTH,

by the Economic Times at
The ET Healthcare Awards-2022.



We thank the doctor community and parents
who have trusted us for our expertise.

The Global Centre of Excellence in Paediatrics.

In an initiative to offer every child the best possible outcome, Aster combines a multi-speciality, multidisciplinary approach with the latest in world class technology for children and adolescents. This comes with 24x7 Paediatric Emergency, 365-day OPD, 24x7 Retrievals, 24x7 Paediatric Helpline, Newborn ICU care and Paediatric ICU care.

24 X 7 CHILDREN'S EMERGENCY

- 24x7 Paediatric Emergency
- 365-day OPD
- 24x7 Retrievals
- 24x7 Paediatric Helpline
- Paediatric ICU Care
- Newborn ICU Care
- Paediatric Emergency OT
- Paediatric Anaesthesia & Sedation Services
- Paediatric Medical / Surgical / Transplant ICU Services
- Blood Bank
- Paediatric Scan CT/MRI/USG/ECHO

COMPREHENSIVE PAEDIATRIC SUPER SPECIALITY

- Paediatric Immunology & Rheumatology
- Paediatric Oncology & Haematology
- Paediatric Endocrinology
- Paediatric Pulmonology
- Paediatric Neurosciences
- Paediatric Gastroenterology & Hepatology
- Paediatric Urology
- Paediatric Nephrology
- Paediatric Cardiology

MEDICAL & SURGICAL EXPERTISE

- Paediatric Surgery
- Paediatric Bone Marrow, Liver & Kidney Transplant
- Paediatric Cardiothoracic Surgery
- Paediatric Neurosurgery
- Paediatric Plastic Surgery & Burns Unit
- Paediatric Oral & Maxillofacial Surgery

For appointments
Call: 080 4342 0100

Aster
CMI HOSPITAL
We'll Treat You Well

Indian Medical Association

Karnataka State Branch IMA House, Near IMA Circle
Alur Venkata Rao Road, Bangalore- 560 018
Ph.: +91-80-26703255 | Email : imafocus@gmail.com
Web : www.imakarnataka.in