



# IMA FOCUS

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## WORLD HEALTH DAY



*"Building a fairer, healthier world"*

*7th April 2021*



## ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಪ್ರಾರ್ಥನೆ

ಎಲ್ಲರೂ ಸಂತೋಷವಾಗಿರಲಿ,  
ಎಲ್ಲರೂ ಆರೋಗ್ಯವಾಗಿರಲಿ,  
ಎಲ್ಲರೂ ನೋವಿನಿಂದ ಮುಕ್ತವಾಗಿರಲಿ,  
ಎಲ್ಲರೂ ದುಃಖದಿಂದ ಮುಕ್ತವಾಗಿರಲಿ,  
ಎಲ್ಲಾ ಆಸೆ ಅಮಿಷಗಳನ್ನು ಮೀರಿ  
ಗುಣಪಡಿಸುವವರು ನಾವಾಗಿರಲಿ.

## IMA PRAYER

May everybody be happy  
May everybody be healthy  
May everybody be free from pain  
May everybody be free from sorrow  
May we be the healing cure  
Beyond every greed & lure

## FLAG SALUTATION

We, the members of Indian Medical Association stand here to salute our national flag.  
Its honour and glory shall be our light and strength and its course shall be our course.

We pledge our allegiance to it and realizing our responsibilities as the accredited  
members of this national organization, we swear we will dedicate everything  
in our power to see it fly high in the comity of nations.

Jai Hind !

Long Live IMA!

## ATTENTION

## Membership Fee (HFC Details) Life Membership fee of the IMA 1-11-2019 onwards

Particulars	Amount to be Sent to IMA KSB	Extra Amount collected & retained by the local Branch Decided by the local branch
Single Life	11000-00	
Couple Life	16500-00	



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## EDITORIAL

Dr. B. DEVDAS RAI

The unparalleled value of good health is celebrated on World Health Day on April 7. Spearheaded by the World Health Organization (WHO), physical, mental, and emotional well-being is promoted and celebrated all over the world on this day.

From its inception at the First Health Assembly in 1948 and since taking effect in 1950, the celebration has aimed to create awareness of a specific health theme to highlight a priority area of concern for the World Health Organization.

To talk about World Health Day, we need to talk about the creation of the World Health Organization as a whole. In December 1945, officials of Brazil and China proposed the creation of an international health organization that is all-encompassing and absolutely independent from any government powers.

Half a year later, in New York, in July 1946, the constitution of the World Health Organization was approved. on April 7, 1948, as 61 countries signed in agreement for the inception of the NGO.

As one of the first official acts of WHO, they created the celebration of World Health Day. It was first observed on July 22, 1949, but the date was later changed

to April 7, the establishment of WHO, to encourage student participation.

Since 1950, the World Health Day uses a different theme and the theme each year is selected by that year's WHO Director-General, based on the suggestions of the member governments and staff.

Over the past 50 years, this has brought to light important health issues such as mental health, maternal and child care, and climate change. The celebration is marked by activities which extend beyond the day itself and serves as an opportunity to focus worldwide attention on these important aspects of global health.

For the first time in 20 years, global poverty levels are predicted to rise and hinder the progress towards the Sustainable Development Goals. Up to 60% of people living in some countries of the Region lack coverage with essential health services. More than 1 billion people living in informal settlements or slums are facing increased challenges in preventing infection and transmission of the corona virus

This **World Health Day**, we're calling for action to eliminate health inequities, as part of a year-long global campaign to bring people together to build a fairer, healthier world. The campaign highlights WHO's constitutional

principle that “the enjoyment of the highest attainable standard of health is one of the fundamental rights of every human being without distinction of race, religion, political belief, economic or social condition.”

The world is still an unequal one. The places where we live, work and play may make it harder for some to reach their full health potential, while others thrive. Health inequities are not only unjust and unfair, but they also threaten the advances made to date, and have the potential to widen rather than narrow equity gaps.

As COVID-19 has highlighted, some people are able to live healthier lives and have better access to health services than others - entirely due to the conditions in which they are born, grow, live, work and age.

All over the world, some groups struggle to make ends meet with little daily income, have poorer housing conditions and education, fewer employment opportunities, experience greater gender inequality, and have little or no access to safe environments, clean water and air, food security and health services. This leads to

unnecessary suffering, avoidable illness, and premature death. It harms our societies and economies.

That's why we are calling on leaders to ensure that everyone has living and working conditions that are conducive to good health. At the same time, we urge leaders to monitor health inequities, and to ensure that all people are able to access quality health services when and where they need them.

COVID-19 has hit all countries hard, but its impact has been harshest on those communities which were already vulnerable, who are more exposed to the disease, less likely to have access to quality health care services and more likely to experience adverse consequences as a result of measures implemented to contain the pandemic.

World Health Day provides a global opportunity to focus attention on important public health issues that affect the international community. However, health inequities are preventable with strategies that place greater attention to improving health equity, especially for the most vulnerable and marginalized groups.

**Long Live IMA**





## President's Message

Dr. M. VENKATACHALAPATHY

**W**orld health day was observed on 7th April with the theme of " Building a fairer and a healthier world for everyone".. Soon the storm of Corona entrapped the whole of India.. We started noticing that the fire which we all felt was dousing suddenly started to appear as a big huge ball of fire spreading all over the country.

Since the time Covid 19 has hit the world, it has taken many lives causing massive disruptions in families, societies and all over the country.

At the same time, it has triggered the response to the global health emergency in the history like medical innovations, inventions, newer technologies, instruments vaccines, a huge change in the world of health systems.

Looks like this double mutant strain of Covid 19 has gained double power in infecting the large population.

Vaccines are a great boon and a ray of hope amidst this tragic situation of pandemic. When most of the renowned scientists, doctors and great personalities have taken this vaccine, why still keep that hesitation and stigma about having it.? I urge people to voluntarily go and take vaccines. We would request the government to conduct more rigorous vaccine drive and to vaccinate everyone, and we all know by the proven data that the severity of the disease in a vaccinated person is

very very less as compared to the non vaccinated person.

Very happy news is that government has given green signal to vaccinate all the people above the age of 18yrs. It's our duty to promote vaccination and adhere to the tested measures which keeps us all safe.

We all are witnessing that this second wave of pandemic is affecting all the age groups.

All of us have been impinged or infected by this mutant Covid virus by one or the other way. i urge everyone to promote vaccination and adhere to the three basic norms, WEARING MASK, SOCIAL DISTANCING AND SANITISING HANDS as the tridents of a trishula to fight against this Covid pandemic,

And one satisfying part of IMA is the social security scheme through which we are helping our own fraternity by giving one and half times the regular money given,

Beyond all the discussions and researches, Remdisivir is still making the noise of being the Rama Bana for Covid. It's time for all of us to treat according to the studies and the previous data available.

Hope this oxygen requirement issue will be sorted out very soon,

Let us all work together in harmony and solidarity.

**Long Live IMA**





## Vice President's Message

Dr. UMA SHESHGIRI

**Greetings to all the fellow members,**

**H**ope and pray that you and your family members are safe and doing well.

The current situation on the health front is alarming and terribly saddening. The Covid virus has raised its ugly head again and we have become mute spectators and victims. People are running from pillar to post in panic seeking medical attention, admission to the health facilities and gasping for oxygen, many of them breathing their last even before getting admission. It is heart wrenching to see people even scrambling to get a place for cremation of their departed family members and give them a dignified farewell.

Let us see why this deplorable situation has arisen.

1. Is the Covid virus to be blamed for this dreadful situation? Of course yes and it had already shown its destructive capacity and ruthlessness just a few months ago. But can it be blamed alone? The answer is no.

2. Are people/public responsible? Certainly yes. We saw people showing hardly any regard for minimal precautionary guidelines in day to day life, throwing the advice to the wind. In addition, they did not show any constraint in participating in social gatherings, political gatherings and religious gatherings in large scale. People in

general are paying the price for the misdemeanor of few.

3. Are the doctors, nurses, health workers or in general health care providers responsible for this grim situation? Absolutely not. Are they suffering? Yes. They are suffering as health care providers as well as victims of deadly infection. As the health care providers, they are working relentlessly without rest, break, sleep, food and with an additional agony of working in their suffocating PPEs, risking their life. As if this is not enough, they are getting into the wrath of agitated patients and their relatives for the inadequate facilities like interrupted supply of oxygen, medicine, intensive care. Are the doctors and nurses accountable for this hapless situation? No, but they are suffering for no fault of theirs.

4. Was there a lapse on the part of policy makers and governance resulting in this abominable situation? Unfortunately, the answer is yes and it is a bitter truth. Where did they fail? Let me list out a few here,

- a. Unrealistic over confidence in combating capabilities.
- b. Premature celebrations of perceived victory in battle against the virus.
- c. Failure to recognise the impending disaster though well predicted and written on the wall.

- d. Shift of the focus and direction from the reality and pushing it to the position of last priority.
- e. Unbelievable wastage of golden gift of six months which could have been utilised in ramping up health care system in terms of beds, intensive care, medicines, oxygen generating units, and robust coordinating network.
- f. Glaring mismatch between preaching and practicing of adherence to Covid preventive guidelines and protocols.
- g. Promotion of unscientific theories and ventures.

#### **What next? Any solutions?**

- 1. At this point in time, one can only think of some damage control measures which may or may not yield desired results.
- 2. People should wake up and adhere to the guidelines for their own safety as well as others at least in future. Get vaccinated at the earliest.
- 3. High time for policy makers to reflect and realign themselves to the reality. Absolute need

to relook and make sincere attempt to restructure the “Public Health Infrastructure and Management System” (PHIMS). Central leadership of IMA has submitted a document to the Government in this regard in the recent past and recommended establishment of position of Surgeon General Of India who will take cognizance of all the needs and gaps to build a sustainable and robust health care network.

- 4. Must include Public Health Experts and Epidemiologists in the PHIMS. Establish “Disease Surveillance System” at the earliest.
- 5. Implementation of rational and more pragmatic “Universal health coverage system”.
- 6. It is the need of the hour that all the stakeholders make a genuine and honest effort to tackle the situation now and in future because “Every life counts”

Do take care of yourself as you are the backbone of health care system. Country and the people need you.

**Long live IMA**

**Jai Hind**

**Jai Karnataka**

## **OBITUARY**

*We regret to inform the sad demise of*



**Dr.H.Vadiraj, Raichur**



## Secretary's Message

Dr. S.M. PRASAD

**Dear IMA senior members & friends,**

***Greetings from IMA KSB.***

All of us are passing our journey through difficult times of Covid-19 situations all over. On one side, many of us are burdened by the over work in our hospitals, OPD's, our nursing homes and clinics. The 2<sup>nd</sup> wave by the mutant strain B 1.1.127 has caused a rapid and wide spread. We had experienced a better situation during the first wave of Covid-19 due to effective lockdown and containment. The 2<sup>nd</sup> wave is totally a different kind of challenge to all of us. It started affecting the younger population who are the bread winners in most of the families

Also, this wave has affected many children and infants. Spread is faster and affects the younger population with involvement of lungs on HRCT findings and not being picked up in RTPCR tests or screening. Even the higher cost of treatment including getting HRCT done & demand of Oxygen have grown exponentially. Many people are getting admitted when saturation is significantly below the normal range.

All of us now have taken the 2 doses of the Covid vaccination. Definitely vaccinations will prevent a serious problem of the Covid disease avoiding ICU admissions, reduced Oxygen requirements whenever the Corona virus enters the body especially through the nostrils as well as breaking the chain of transmission. Corona Viruses are also fighting for their existence by undergoing mutations trying to win over all. Hence, 3 SMS- Social distancing of 6 feet, use of Masks, hand Sanitization is a must though we are vaccinated as vaccinations will not prevent entry of the Corona viruses. Vaccinations provide active immunization to the person and thus prepare the immune system of the individual when viruses enter the human body. That is to say that when we fail individually to take all the precautions of SMS described above, virus will enter and needs to be handled by our body. How our immune system stimulated by effective vaccine, co morbid conditions, other immune factors within us decide how much our body reacts. It can be simple fever, coryza, myalgia, tiredness, system



involvement of various intensities. I have seen many of our colleagues in many places not properly wearing the appropriate masks and the mask coming down the nose. HENCE, AS AMBASSADORS OF HUMAN HEALTH, WE NEED TO EXERCISE EXTRA PRECAUTIONS OURSELVES AS WELL AS OUR FAMILY MEMBERS.

I would like to suggest that all the nursing homes, hospitals, establishments dealing with Covid admissions in all our divisions keep atleast 2-5% percent of beds for medical fraternity depending on the number of health care workers in your area. Most of the allopathy doctors & families have been covered with health insurances, Corona cavach health insurances, etc. Paying the hospital or establishment should not be an issue with some concessions given by the owners.

During my recent meeting with IMA headquarters on 25-04-2021, Sunday of state Presidents & Secretaries, we have suggested to start Corona Helpline center for advising the available bed strength, addresses of CCCs, home care management, etc. through the phone lines at all IMA local branches in the state to guide the public on Corona pandemic situation & helping them to manage the situation. I request all the branches to consider this proposal at the earliest as this 2<sup>nd</sup> wave will be here through end of May.

Also, I request all our members to contribute for

IMA headquarters martyr's fund through your IMA branches to the account kept for the same to be distributed with accountability to the family members of the deceased allopathy IMA doctors. List of Covid IMA martyrs has already been prepared and sent. Some of the families of martyred IMA doctors are in distress

Also, I would like to inform that the fight against MIXOPATHY is still active. We will conduct awareness at all branch levels till we succeed in Supreme Court. This is as per the directions and information by IMA Hqrs.

Also, there is Mask initiative by IMA Hqrs exclusively for IMA members shortly like last year. Kindly be in touch with President, Secretary, Treasurer, EB members of the branch and use the opportunity in time.

As all our schemes IMA-KSSS, IMA-KSHS, IMA-KPPS are the protection, safety and financial security for IMA members & their families, kindly propagate the knowledge to all our members. They are all financial friends in need. Many of the family members who lost our IMA members were repenting for avoiding these excellent schemes by IMA KSB as some of them could not take it at appropriate time.

I request all our members and family to stay safe by taking all precautions.

# BRANCH ACTIVITIES IN APRIL

**Branch: Bengaluru**

**President: Dr. H.N. Vinay**

**Secretaries: Dr. K.N. Pradeep Kumar & Dr. R. Jyothi**

11.4.2021: Indian Medical Association, Bengaluru Branch in Association with GSK Pharmaceuticals held an interactive online CME Total 133 Doctors participated in the meeting. On 14.4.2021: Dr. B.R. Ambedkar Jayanthi was observed. 23.4.2021: With active involvement of IMA BB WDW members, IMA BB was registered with Registrar of Cooperative Societies. 27.04.2021: Covid Vaccination Drive at Srinivasa Cancer Centre was conducted with active support of WDW. Nearly 30 Health Care Worker were vaccinated.



**Branch: Ballari**

**President: Dr. S. Ravishankar**

**Secretary: Dr. B.K. Srikanth**

IMA Ballari along with health and family department and district administration held Covid awareness Jatha during the "Lasike Utsava" which was from 11-14 April.



**Branch: Bhadravathi**

**President: Dr. Veena S. Bhat**

**Secretary: Dr. Swarnalatha**

On 1st April, adolescent health problems and HPV vaccination awareness programme was organised at Women's polytechnic. On 7th of April, on the occasion of World Health Day, health awareness programme was organized. Safe motherhood day was observed on 11th April.



**Branch: Gadag****President: Dr. Prakash K. Dharana****Secretary: Dr. Vishwanath S. Kulkarni**

On 04-04-2021 Surgical CME was conducted by ASI Gadag branch along with IMA Gadag. On 07-04-2021 IMA Gadag celebrated World Health Day. at MGM hospital with appreciating the work done by the health care workers and discussed about importance of the health. On 12-04-2021 COVID Vaccination awareness program was started uniquely. On 14-04-2021 World photography week was being celebrated by IMA National headquarters cultural committee and IMA doctors from Gadag took active participation and presented their photography skills. IMA Gadag Blood Bank activities: For the Month from 20th March 2021 to 20th April 2021: Total Number of Bags collected: 228, Total Number of PRBC issued: 373, Total Number of FFP issued: 56, Total Number of PC issued: 62.

**Branch: Sirsi****President Dr. Vinayak Bhat****Secretary Dr. Ravindra R Kolvekar**

On 18.04.21 Teachers Training Program was conducted.





Branch: Soraba

President: Dr. M.K. Bhat  
Secretary: Dr. Syed Hasman

On 09.04.2021 Free Cataract camp in General Hospital with Cooperation of Shankar Eye Hospital, Shimoga. 72 people were screened and 40 cataract cases were selected for operation.



Branch: Yelahanka

President: Dr. K.G. Shankarnarayan  
Secretary: Dr. Suri Raju

On 01/04/2021 our 4th annual trekking expedition was held, this time it was at Nandi hills. About 35 people participated in the trek which was enjoyed by everyone.



Branch: Raichur

President: Dr. K. Ramappa  
Secretary: Dr. Nagaraj Bhalki

On 15-04-2021 Condolence meeting was conducted regarding demise of Senior IMA member Dr. H. Vadiraj. On 26.03.2021 CME Programme was conducted by Sparsh Hospital, Bangalore.





## IMA'S KARNATAKA STATE HEALTH SCHEME

[imakshs@gmail.com](mailto:imakshs@gmail.com)

IMA KSHS

[www.imahealthscheme.org](http://www.imahealthscheme.org)

A doctors mutual health contribution scheme will give peace of mind in knowing that you are protected from most of these costs

Don't wait until you or a family member becomes seriously ill to try to purchase health insurance.

The Admission fee details is as follows

Age in Years	Total Amount, At the time of joining (1 <sup>st</sup> Year)	The Amount to be paid every year (2 <sup>nd</sup> Year onwards)
Children below 25 yrs	Rs. 4000.00	Rs. 3000.00
Below age of 35 yrs	Rs. 5000.00	Rs. 4000.00
Below age of 45 Yrs but above 35 Yrs	Rs. 7000.00	Rs. 5000.00
Below age of 55 Yrs but above 45 Yrs	Rs. 9000.00	Rs. 6000.00
Below age of 65 Yrs but above 55 Yrs	Rs. 11,000.00	Rs. 7000.00
Below age of 75 Yrs but above 65 Yrs	Rs. 13,000.00	Rs. 8000.00
Below age of 85 Yrs but above 75 Yrs	Rs. 15,000.00	Rs. 9000.00

### LOCK IN PERIOD

- Founder member** :- shall have the benefit of the scheme **six months** after joining the scheme or immediately after launching the scheme whichever is longer.
- All the **ordinary members** and **beneficiary members below the age of 65** on joining shall have the benefit of the scheme after **12 months** of joining the scheme or immediately after launching the scheme whichever is longer.
- All the **ordinary members** and **beneficiary members above the age of 65** on joining shall have the benefit of the scheme after **24 months** of joining the scheme or after launching the scheme whichever is longer.

### **NO CASHLESS SERVICE ( They have to pay their bills themselves & Claim later )**

- \* No advance payment will be made to the members
- \* Members will be given **reimbursement of 75% of total amount** of the bill not exceeding the sum limited to each disease.
- \* If the benefit is not claimed in an academic year the benefit amount in total or any percentage will not be carried over to the subsequent years.
- \* A member will get a maximum of benefit of Rs.2 Lakhs in one year.

The scheme is launched on 1st of July 2017 on the Doctors day Celebration at Bengaluru.

**Dr. Chinivalar. V. V.**

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## IMA'S KARNATAKA SOCIAL SECURITY SCHEME

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IMA KSSS



[www.imakssshubli.org](http://www.imakssshubli.org)

**ENROLL YOUR MEMBERSHIP FOR IMA KSSS  
OLD EXISTING & SILVER JUBILEE SCHEME**

**"EACH ONE GET ONE"**

### ADMISSION FEE STRUCTURE FOR OLD EXISTING & NEW SILVER JUBILEE SCHEME

Age in Yrs	Below 30	Betwn 31-35	Betwn 36-40	Betwn 41-45	Betwn 46-50	Betwn 51-55	Betwn 55-60
Fee for Existing old Scheme	Rs 11700/-	Rs 12200/-	Rs 12700/-	Rs 20700/-	Rs 23700/-	Rs 28700/-	Rs 36700/-
Fee for Silver Jubilee Scheme	Rs 22700/-	Rs 24700/-	Rs 26700/-	Rs 31700/-	Rs 38700/-	Rs 47200/-	Rs 57700/-

**Recent death claim benefit given under Silver Jubilee Scheme is Rs. 39,20,000/- and in old Scheme is Rs. 17,32,806/-**

**Death claim benefit given to Covid - 19 death is Rs. 84,76,500/- (Including both Scheme)**



Chairman

**Dr.Yoganandareddy.Y.C**  
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Secretary

**Dr. Prakash Reddy K.T.**  
Mo : 9448415777

Joint Secretary

**Dr.S.B.Lakkol**  
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**Kindly visit our website- [www.imakssshubli.org](http://www.imakssshubli.org)**

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## IMA KARNATAKA PROFESSIONAL PROTECTION SCHEME (R)

**IMA KPPS**

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Reg. No.DRB-2/SOR/179/2019-20

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### NEW SCHEME

## • FINANCIAL ASSISTANCE CLAIM (INDEMNITY) AMOUNT UP TO RS. 1 CRORE (ONE CRORE)

- All the existing members will be upgraded to New Scheme after adjusting the balance payment.
- The cause of Action must be in the period of active membership for all claims.
- Membership becomes effective from the Date of realization of Cheque or DD In favour of IMA KPPS.
- All operational modalities will be as per registered Bye-Laws of IMA's Karnataka Professional protection Scheme.

### FEE DETAILS

<b>a) Fee details for the 1st year (admission contribution)</b>	
Admission fee	Rs. 100/-
Annual subscription Fee	Rs. 2000/-
Advance fraternity contribution	Rs. 1000/-
<b>Total</b>	<b>Rs. 3100/-</b>
<b>b) Fee details for subsequent years</b>	
Annual subscription fee	Rs. 500/-
Demand fraternity contribution	Decided and intimated that year *

\*Amount paid towards financial assistance given to the members and Legal expenses in that financial year is equally divided and collected through Demand notice sent to each members as demand fraternity contribution every year in the month of April.

**Dr. Honnegowda**  
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**Dr. N. Dhanapala**  
Hon. Secretary  
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**Dr. J. Sharanappa**  
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Dr. B.P. Karunakara



Dr. S. M. Prasad



Dr. H.N. Vinay



Dr. Anitha N. Rao



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