



IMA FOCUS

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IMA Focus is Getting Digitalized IMA Focus App



DIGITAL FOCUS LAUNCH @ MEDICON 2018



Happy Makara Sankranti & Republic Day 2019

IMA KSB Web Address : www.imakarnataka.in

ACTIVITIES GALORE



IMA KSB Orations



Bengaluru



Chikkaballapura



Chikkamagaluru



Gadag



Gangavathi



Gulbarga



Hubli



Koppala

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**Editorial**

Dear IMA'ns,

Namaskar.

Dreams do come true.... They do at IMA KSB. IMA KSB is now digital. Two months ago, I promised a new change to you all in my debut editorial, and now we present you the change. In an effort to cut short the currencies and go green, IMA KSB thought of getting IMA focus a new digital dimension and has succeeded in doing so. Our past, present and future presidents - Dr. Yogananda Reddy, Dr. Annadani Meti and Dr. Madhusudhana Kariganuru with my editorial team have worked with 9G speed to make this come into existence. When the old roots cherish the present ambitions, the future flourishes in any Institution. Who else, other than an obstetrician would suit the best job to deliver new things? This is precisely what they did in selecting me to deliver the transition from the hard pages to soft images of IMA Focus on your screens. But I must mention here that I have been only a surrogate to launch this new venture and my team has taken all the labor pains. I did seize the opportunity to launch the IMA Focus App during the 84th MEDICON – IMA KSB inaugural function.

This issue of IMA Focus will be the last you will receive in print and the next edition will be on your screens. To access focus on your screens, go to Apple App store or Google play store and search for IMA KSB, download and install the IMA KSB mobile App on your device and open IMA KSB mobile App to get all that you need to hear, read and write about IMA KSB. With an intention to keep the license of IMA Focus live with Registrar of News Papers of India and not to make the focus antique, we will be having few copies printed for academic purpose and copies to all the branches. Those of you who wish to possess a personal printed copy may get it from IMA KSB office with a prepaid envelope or download the copy and print. For those of my friends who discern the tech feel of focus, I plead to change the mindset. For, in this era of artificial intelligence wherein we perform robotic cardiac surgery sitting away 30 kilometers, nothing is difficult to the learned professional. I appeal to you all to give us a space of 7GB in your mobiles to reach us to place IMA near your hearts. This App is IMA KSB's New Year gift to you all; share it with your friends and guests at your local IMA functions.

One more dream of IMA KSB to host the National Conference 2018 came real. The organizers not only planned it well with well themed orations, best of the speakers, but also executed energy with passion and zeal to make this a success worth the whole trip. It did add on a great memorable event in the diary of IMA

KSB. To my mind, bringing in the audience inside the auditorium and seminar halls in spite of good registrations was the most challenging task. Are we failing to give that extra stuff to our audience, or is it the conferences and workshops being conducted in excess which is draining away the attendance is the point to be pondered. I congratulate the organizers and the award winners for their achievements.

From the Games Galore, our friends from Tumkur and Gangavathi taunted their batting skills at Chikkaballapura and proved that all work and no play makes a doctor a dull boy. Kudos to them.

The friction fare doesn't seem to end in 2018 with our law makers. Big Guns arrive with the COPRA 2018 billed in the parliament and forecasts to keep our fighting spirits high. Our policy makers often seem to have uncanny instincts in contrast to our self regulated analytics of the profession and fail to realize that they are converting the science of medicine into the business of advocacy and legality. An orchestrated psywar has been mounted against health care and its provider's éclat of strategic autonomy of our profession. It is unwise and risky to put all our eggs in the aped American health policy basket and reenact the absurd bill to invite disaster in delivering our heritage health care to the poor patient. Hope the wisdom dawns on the law makers soon though absurdly late after 14 years of Consumer Protection Act 1994.

My Woman with Wings column is gathering many feathers and I'm proud to write about Dr.Nirmala Kesaree in this edition.

Treasure Hunt column is growing deep with many stories to unravel, but I find it most deemed to share the letter by the founder Editor of IMA Focus, Dr.V.Parameshwara. I guess no appreciation or future awards would equate his blessings on my tiny endeavors, which I treasure the most.

Do reciprocate with your thoughts and new ideas to flaunt the Focus.

YOUR SUGGESTIONS ARE OUR STRENGTH.

LONG LIVE IMA.

- Dr Vani Kori

HFC Details (Membership Fee)

Particulars	Amount to be collected by Local Branch	Amount to State Branch	Amount Retained by Local Branch
Single Ordinary	2188/-	1045/-	1143/-
Couple Ordinary	2625/-	1410/-	1215/-
Single Life	15313/-	12017/-	3296/-
Couple Life	20598/-	16410/-	4198/-



President's Desk

My dear IMA family members,

Namaskar and warm greetings of the New Year and ensuing by Makara Sankranthi.

At the very outset let me sincerely thank the IMA Binnipeth branch and the organising team of State MEDICON/ NATCON headed by IMA KSB IPP Dr. H.N. Ravindra and National IMA VP Dr. G.N. Prabhakar for making it a grand success.

I am glad to inform you all that hence forth "IMA FOCUS" shall be paperless and the digitalisation has been officially launched at MEDICON 2018.

On 11th December 2018, an emergency meeting of all the IMA branches Bengaluru was called to discuss the sole issue of assault on IMA doctors of Apoorva Hospital of Yalahanka. Many important suggestions were given by the members present for handling critical situations. Downloading the KSB app in the smart phones and using at times need of was one of the good suggestions made. Subsequently I visited IMA Yalahanka branch on 15th December 2018 to console, to know the first hand information details and to extend any kind of remedial measures from IMA-KSB if required.

I inaugurated IMA state level inter branch cricket tournament hosted by IMA Chikkaballapur branch on 15th and 16th December which was a grand success with maximum number of participating teams. Visits to IMA branches of Gouribidanur with Dr. Sharanappa and Kanakapura, Ramanagar, Channaptna with sr vice president of IMA-KSB Dr Suresh Rudrappa were rejuvenating to the branches.

Participation in the syndicate meeting of RGUHS on 21st December was meaningful. My suggestions regarding the empowerment of MBBS doctors and family physicians were positively taken by the Vice Chancellor. The medical sub committee chairman Dr Bhusaraddi, the director of GIMS Gadag did an exemplary work at the time of NATCON/MEDICON. He organised an excellent, meaningful panel discussion regarding empowerment of MBBS doctors, family doctors and reforms in the medical education. As many as 45 medical college principals / academicians with pan India representation participated in the discussion. Many important resolutions were adopted for recommendations to the government, MCI and universities.

During MEDICON/NATCON the IMA lady doctors wing had its preparatory meeting and sketched the framework of the scheduled "CONCLAVE" to be held at JSW premises, Toranagallu in April/May 2019. The "IMA Kannada Barahagarara Balaga" had its preliminary meeting and chalked out the details of the scheduled "IMA Barahagarara Sammelana". Dr. S.P. Yoganna former IMA KSB Vice President and writer has been chosen as president for the meet {writers summit} to be held under the aegis of IMA KSB.

On 2nd January 2019 a delegation IMA KSB consisting of myself, Dr. Madhusudhan Kariganur, Dr. Aruna Rao and Dr. Yoganandareddy met the new Medical Education Minister Sri Tukaram and appraised him about the hike in medical college fees and inclusion of NRI quota in government medical colleges and requested him to take decision so that it does not hinder the interests of the merit students.

In a nut shell, IMA got rejuvenated after the MEDICON/NATCON

Long Live IMA

- Dr. Annadani M. Meti



Secretary's Desk

Dear friends,

On behalf of IMA Karnataka State Branch, I wish our members a very Happy New Year 2019 and Happy Makara Sankranti.

This is the 3rd issue of IMA Focus which will be the last one before going to be completely digital. It's my privilege to present the Secretary's report for the IMA Karnataka State Branch.

Along with IMA KSB President, Dr Annadhani Meti, I have attended the State Level Cricket Tournament, that was held at Chikaballapur on 15 Dec 2018. This event was inaugurated by the District Commissioner, who commended the doctors for their service to the community. The IMA branch of Chikaballapur and its President, Dr .M.Venkatachalapathy and team need to be congratulated for the excellent facilities provided at the venue for conducting this event. This event highlights the fact that IMA encourages sportsmanship besides academics for all its members.

Our visit to the Gauribidanur Branch of IMA was well appreciated, as we held discussions with various senior members including Dr.J.Sharanappa. Elaborate discussions were held relating to the welfare of the IMA members.

Following the recent attacks on the doctors at Yelahanka, IMA KSB President and office bearers met the concerned doctors of the Yelahanka branch of IMA. Much discussion has taken place to ensure some solution for prevention of attacks on doctors.

I herewith request all my professional colleagues to register themselves under the KPME Act at the earliest, to avoid any negative implications in the future.

I extend hearty Congratulations to the entire Organizing Team of the recently concluded 93rd NATCON and 84th MEDICON. It was extremely successful and I am sure many of you have already registered for the next State Conference that will be held at Chamarajanagar in the month of October 2019.

We shall be observing a Day of Protest on January 4, 2019, as per the instructions received from our IMA Headquarters. This is to protest against the:

Consumer protection bill 2018,

NMC bill 2017

Indian Medical Council Prohibition act.

I request all the members to participate in this protest, to ensure the success.

We will keep updating you about future events.

Jai Hind. Jai IMA.

- Dr. S. Srinivasa
Hon. State Secretary



Treasure Hunt

When I started excavating the history of IMA KSB and IMA Focus, the first thought on my mind was to know about the pages of IMA Focus. The name which echoed again and again was Dr.V.Parameshvara. I requested my editorial committee member Dr.Shanmugananda to meet this great icon of our times and requested to gather info. To my surprise, I got a big bundle of books with few copies of original IMA Focus and an adoring letter by Dr.V.Parameshvara. I Promise these books and copies will be at IMA KSB office library after I complete my tenure for future reference. IMA Focus was a bimonthly journal inaugurated on 18th July 1982 by Sri.A.K.Abdul Samad, Hon'ble Minister for Health & Family Welfare. It is heartening to realize that Dr.V. Parameshvara, the great leader of

IMA KSB who has served as the National and State President of IMA keeps himself updated about IMA at his ripe age of 88years. Worth more than a million words, I take this opportunity to publish his letter to me which translates my gratitude to him. And I promise to follow his path in bringing out more through IMA Focus.

- Editor

Dr. V. PARAMESHVARA

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3rd December 2018

Dear Dr.Vani Kori,

I received copies of 'IMA Focus' of Vol-9. Issue -1 October 2018 and Vol.9 issue -2 November 2018 with excellently picturised front covers. Your editorial in the October 2018 Issue "New Change" is praiseworthy and the editorial in the November issue is subtle yet, factual statement you come across as an intelligent and innovative editor of "IMA Focus".

I feel proud as it is I who started IMA Focus(Bimonthly) in the year 1982 when I was the President of IMA Karnataka State Branch. My intention of starting IMA Focus was that it would serve as a public relation wing of Karnataka State Branch of IMA (Copies enclosed). Now under your helm "IMA Focus" is being scripted along the lines for which it was intended.

My blessing to you and good wishes to IMA KSB as well.

Warm regards,

Yours sincerely,

DR.V.PARAMESHVARA

HON. SECRETARY IMA BANGALORE Branch 1966-1969

PAST PRESIDENT, IMA BANGALORE BRANCH 1979-80

PAST PRESIDENT, KARNATAKA BRANCH 1981-82

NATIONAL PRESIDENT, IMA 1985-88

FORMER CHAIRMAN, IMA AMS 2 TERMS

PAST NATIONAL PRESIDENT,

ASSOCIATION OF PHYSICIANS OF INDIA (API) -1988-89

FORMER DEAN, ICP (API) 1984-96

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Woman With Wings

Dr. NIRMALA KESAREE

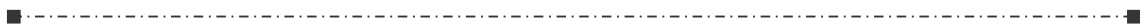
She rushed like a storm inside ward number 58 (emergency ward) of Chigateri General Hospital, Davanagere and stood still by the bedside. The baby which had howled for hours together had given up to go soundless forever and laid still on the bed with the scalp vein literally in the vein of its shaven scalp by her, which was the art practiced only by her. With eyes filled, she bowed her head down, touched the tiny little foot of the baby and said...I'm sorry, I couldn't save you. She was Dr. Nirmala Kesaree, the Doyen of Paediatrics.

Let me confess before I go further on..that, this space is too short for me to write about the lady legend's accomplishments and tour de force. But, I'm sure; my readers will appreciate my efforts in making her story a memorable one.

Dr. Nirmala Kesaree was born on 14th September 1930 in the remote village of Somanahalli in the Haveri District. Her father, Mahadeva Kesaree was a lawyer and a freedom fighter. Her mother Parvathi Devi was the daughter of Mysore Basvaiah, who served in the kingdom of Sri. Krishnaraja Wodeyar in bringing up the poor. It was natural for the children in the family to have inherited the intelligent, fighter and sincere genes. Her Elder sister Malathi Kesaree was the first lady engineer of Karnataka then. Her second sister Leela Kesaree served as registrar of Dharwad University for 22 years. Yet another sister Shobha Kesaree was intelligent at par. Nirmala was extremely sensitive child and took a vow to serve sick children after seeing two of her brothers, Suresh and Prakash Kesaree dying at the ages of 7 and 8 due to lack of medical help. Though the family was considered elite in the society, they did not have surplus money to look after her higher education. But, she was too good to fail and took up the scholarship from Mumbai University by scoring highest in biology. She thus entered the reputed Grants Medical College, Mumbai to do her MBBS. She was an epitome of endurance and earned money by teaching Hindi to foreigners, selling her own handmade knitwear and even as an announcer in Akaashvani Mumbai during her student days. She came out as a doctor in 1955, and worked in USA for 5 years and then in U.K for 6 years. For the love her hometown, she came back in 1967 and joined as a lecturer in pediatrics at J.J.M. College, Davanagere. It is in this place, she built a queenship of pediatrics. She served the college as the most qualified Pediatrician of the country for 50 years.

She was a Social pediatrician...

In a country with vast interference of ignorance, she felt that parent groups should grow to bring a change in the health of our newborns. She had an inclusive practice, where she involved grand parents, parents, nurses, social workers in her clinics. Her campus thus had a kitchen, kitchen garden and even a kindergarten! She believed that "Nutrition is the Solution" to shun sickness in children. It was this passion, which made her start Nutrition Rehabilitation Centre and the Davanagere Mix, using indigenous Ragi, Groundnuts, roasted Bengal gram and Jaggery. She was successful in making this more famous than the Davanagere Benne Dose for children!



She is an Inventor...

She invented Nirmala Kesaree Syringe for retracted nipple, just by cutting the regular 20ml syringe and reversing the plunger. The application of common salt to heal umbilical granuloma was another in her inventory. The drop and drip method for breast refusal invented by her was a boon to the newborns. She was the first to start immunization services in the community in 1970. She organized mass immunization camps in 225 villages of Davanagere and Harihara taluks. She involved students, interns, nurses, faculty and volunteers from community for this massive work and carried it out successfully for 10 years until the Government of India took up the Universal Immunisation Programme in 1986. She got the WHO recognized National Diarrhoea Training and Treatment centre to JJM Medical college. She implemented RCH Programme in 5 urban slums in Davanagere covering 25,000 populations. She implemented PPTCT Prevention of Parent to Child Transmission project by getting grants from Elizabeth Glaser Paediatric AIDS Foundation U.S.A.

She has been an inspiration to all those who inspire us. In the year 1994, she took up the challenge of developing the Bapuji Child Health Institute and Research Centre, which is a state of the art 200 bedded centre of excellence catering to more than one lakh children with 120 skilled members serving the sick babies and neonates for their needs under one roof. She scripted her aspirations on the emblem of this institution as "Your smile is our fortune". She was successful in harvesting hopes to the parents of the sick children here working as the Director for 22 years.

She is a Visionary...

She knew the importance of support systems, nurses and the paramedical staff in paediatrics and ran training programs for neonatal nursing, infant feeding, and lactation management counseling for more than two decades.

For a game changer like her, publications and awards were routine. She was conferred with the prestigious Karnataka Rajyotsava Award in 2005.

She had gathered many feathers on her way and was never tired of studying. Her long list of degrees include; M.R.C.P(Lond.)1966, M.R.C.P.(Edin.)1965, M.R.C.P.(Canada)1965, D.C.H.(Lond.)1964, Diploma in Nutrition, NIN, Hyderabad1970, F.R.C.P(Canada) 1975, FIAP 1985, FRCP(London) 1990, FRCP(EDIN) 1990. She wrote exams at the age of 55 years to get her new degrees.

Having been over used, her brain went on strike with her and refused to remember anymore. She acquired Alzheimer's disease which she dreaded and suffered it for four years and was looked after by her own students. She laid like a small child without even recognizing her favorite students on the beds of Bapuji Hospital. She gave eternal love to all her students. For those who were inquisitive to know why she remained a spinster, she would say she did not wish to be selfish to share her love from her patients to her own children! She was like a river, kept flowing with the tide, never keeping anything for self. She donated all her earnings and property to public trusts for the welfare of Women and Children. She flew her feathers off on 5th February 2016 at the age of 86 leaving behind a legacy of dedication, selflessness, sincerity and encouragement to all those who loved her for the AMMA KESAREE she was!

She is my proud WOMAN WITH WINGS for the month.

- Editor

(Information courtesy – Dr.Kotturesh H.V)



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Various Sub-Committees for the year 2018-19

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Sciences, Karwar

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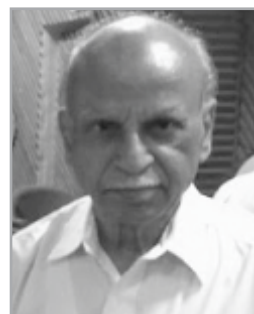
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RIP



Dr. H.T. Gangal
Life Member of Hubballi
DOD: 31/12/2018



Dr. Smithi Shripathi

DOB :31/07/1968
DOD : 08/12 /2018
She was Professor & Head,
Dept of Radio diagnosis,
KMC, MANIPAL.



**Dr. Sangamesh
B. Jawai**

Life Member of
Laxmeshwar
DOB: 27/10/1946
DOD: 25/08/2018



**Dr. Andanappa
V. Ballolli**

Life Member of Koppala
DOD: 12/11/2018

BRANCH ACTIVITIES

Branch: Belgaum President: Dr.Rajashri Anagol Secretary: Dr.Santhosh Sindhe

On 18.09.2018: Election Of New Office Bearers for the Year 2018-19. Dr. R G Veveki as the President. Dr.Rajashri Anagol as the Hon Secretary, Dr Santosh Shinde as treasure are elected, 1st Working Committee Meeting was conducted, 50 Members attended. On 18.09.2018 Clinical Meeting was arranged. Dr Prashant K Monkikar well known OB and G from Kumta topic Hysteroscopy and Resectoscopy 80 members attended. On 18.10.2018 Breast Cancer Awareness Month.. On 18.11.2018 Breast Screening Camp For lady Doctors and Spouses 70 Members benefited. On 18.11.2018 Anaemia Detection Camp in Govt School under MISSION PINK Health. 160 Girls examined and given Hematinic for Anaemia girls. Dr. R G Veveki, Dr. Rajashri Anagol, Dr (Mrs) Suchitra Latkar, Dr(Miss) Pote. On 18.11.2018 2nd Working Committee Meeting IMA House. 60 Members Attended and Dhanwantri Pooja and Flectionation of Dhanwantri Award to Dr D V Girzare. World Diabetics Day in Collaboration with Karnataka State Medical Representatives Association and Kodakany Eye Care Belagavi, Talk by Dr Sanjay C Porwal on Heart Attacks in Youngs, Dr Mukand Udachankar spoke on Stress Management Shri Vithal Balekundri spoke on Medical Representatives and Doctors Relationships. 100 Delegates of Medical Representatives of Association underwent High Check Up, Lipid Profile and RBS. Clinical Meeting- Dr Santosh Shinde (Dermatologist) Belagavi spoke on relapses in fungal infections, Dr Ravi Rathod, Prof and HOD of Dermatology KIMS Hubballi spoke on Challenges in Dermatology, Dr R G Viveki President, spoke on National guidelines H1 N1, Home isolation, testing, treatment and Hospitalization of Swine Flue cases. 100 members were attended. On 18.12.2018 3rd Working Committee Meeting IMA House. 60 members attended. Health Check up Camp at Hunman Nagar in Association with Sanskruti Mahila Mandal. 130 Ladies were examined and advised by Dr Pote, Dr Tebhla, Dr. Viveki, Dr Anagol.

Branch: Bengaluru

President : Dr.N.Dhanpal

**Secretaries : Dr.H.N.Vinay &
Dr.A.Vijayasaradhi**

1st December being "WORLD AIDS DAY", IMA Bangalore Branch in association with Bangalore Medical College & Research Institute organized a procession to create awareness about AIDS disease amongst General public. Dr. Sathish, Dean of BMC&RI flagged the procession. The procession was led by Dr. Dhanpal.N, branch president. Dr. Syed.A.A.Javez, Vice-president and Dr. Vijayasaradhi.A, Secretary participated in the event. About 300 members consisting of medical students, nursing students and IMA members participated in the procession. Pamphlets regarding do's and don'ts with AIDS patients were distributed among general public in both kannada and English languages. Free testing for HIV was done at IMA house, Chamarajpet. On 8th December, an interactive session with Commissioner, DME, Government of Madhya Pradesh was held at Hotel Taj West End, Bangalore regarding 'Opportunities for super specialists in Madhya Pradesh'. On 15th & 16th December, IMA Bangalore Branch in association with Axis Conclave presented by Indo Global Cardio Diabetes Academy conducted programme on 'A Cardiovascular & Metabolic update'. Dr. Dhanapala.N and Dr. Syed.A.A.Javaz, president and vice-president participated in the programme. Endovigilance Symposium, obesity symposium and cardiology clinics were conducted. IMA Bangalore Branch in Association with CSI & MERT conducted Public guest lectures were held on 16th December at IMA house, Chamarajpet. It was presided over by Dr. Vijayasaradhi A. Hon. Secretary, IMA Bangalore Branch. Dr. C.B.Patil, Cardiologist, Bangalore spoke on "Heart Attack" & Dr. S.S.Mahesh Kumar, District RCH Officer, Bangalore spoke on "AIDS - A Brief Overview".

Branch: Chikkaballapura President: Dr.M.Venkatachalapathi Secretary: Dr.Soumya Sharan.Y.J.

On 24.11.2018 Celebrated Kannada rajyotsava and Children's day. Chief guest was Mr Venkatachalapathy B S , Assistant Director department of Kannada and Culture, Chickaballapur, and guest of honour being Dr Santhosh S , HOD Department of Paediatrics , Sridevi Medical college, Tumkur. Doctor's children were dressed as patriotic historians of Karnataka. It was indeed a colourful event where the fragrance of Karnataka was all over and was immensities by the songs glorifying the beauty of Karnataka by doctors. On 15 to 16.12.2018 Conducted State level IMA KSB cricket tournament. There was overwhelming response wherein 18 teams from all over from Karnataka had taken part . Matches were played simultaneously in 4 different stadiums. It was inaugurated by Mr Anirudh Shravan, Deputy commissioner of Chickaballapur and Chief guest being Dr Annadani M Meti , President, IMA KSB. Tournament concluded by a nail biting tie between IMA TUMKUR TEAM AND IMA GANGAVATHI TEAM, Wherein both were declared as winners.

Branch: Gadag

President: Dr.Dhanesh Desai

Secretary: Dr.Sharan B. Alur

Dr.Dhanesh Desai & Dr.Sharan B.Alur attended District TB forum held in DC office on 04/12/2018. Gadag DC Shri M.G.Hiremath addressed, took suggestions from office bearers of IMA and other Associations, Societies, regarding awareness ,evaluation & treat unidentified TB cases.Onco CME was organised on 15/12/2018 at IMA Hall, Senior oncosurgeon from Hubballi Dr.Sanjeev Kulgod spoke on "Paradigm shifts in Cancer Surgery" & Radiation Oncologist Dr.Yeshwant Pawar delivered lecture on "Current trends in radiation therapy". IMA Board meeting was held on 19/12/2018, to plan upcoming events.

Branch: Gangavathi

President: Dr.Srinivas Reddy

Secretary: Dr.Arjun Hosalli

On 21.11.2018 CME on management of biomedical waste management and disposal by environmental officer, PCB, Koppal. On 01.12.2018 Mega rally on the event of world AIDS day in association with Taluk Sub-division hospital, Gangavathi, IMA Gangavathi and LION's Club Gangavathi. On 09.12.2018 CME on RECENT ADVANCES ON SURGICAL ONCOLOGY AND RADIOTHERAPY. As the new body of President, Secretary and Treasurer has taken the charge on NOV-4th, there was bit delay in handing over the full charge, hence forth will not be delayed. We screened almost 154 patients for diabetes and created awareness for the same on world diabetes day On 14.11.2018. In association with Lion's club Gangavathi. We conducted an awareness programme on management of bio-medical waste segregation and disposal on NOV-21st in association with Pollution Control Board, Karnataka government. IMA Ladies Wing: On the occasion of world AIDS day on December 1st, IMA ladies wing actively participated in a rally conducted to create awareness in public regarding the disease.. This rally was conducted in association with government hospital Gangavathi and lions club..This rally was inaugurated by district commissioner of Koppal Mr.sunil Kumar and senior judge of Gangavathi.. On December 15th eye check up camp was conducted by IMA ladies wing with DCB bank, Vaddarahatti for general public.. Around 60-70 patients were examined and treatment was given, patients who needed surgery for cataract were referred to hospital. Hereby uploading the images of the camp

Branch : Gulbarga

President: Dr V.S.Kappikeri

Secretary: Dr Gurulingappa patil

On 10th and 11th h December 2018, IMA Kalaburagi chapter along with Dr Manikappa Ultrasound education group conducted a Transthoracic ECHO Cardiogram workshop kalaburgi. 15 Doctors of Kalaburagi attended the course and learnt about the Echo Cardiogram.

Branch: Hubli**President: Abhay Matkar****Secretary: Dr.Sachin Revankar**

On 11.10.2018: Valedictory & Inauguration Ceremony was held at IMA House, Bailappanavar Nagar, Hubli. The function was inaugurated by Shri Mallikarjun Siddanavar, Resident Editor, Kannada Prabha, Hubballi by lighting the lamp. New Office Bearers for the year 2018-2019 was installed. Dr.Abhay Matkar as President, Dr.Sachin Revankar as Secretary, Dr.Yogindra Kabade as Treasurer, Dr.Kranti Kiran as Vice President, Dr.Manjunath Nekar as Joint Secretary, and Dr.Mahesh D.K. as Joint Treasurer. On 11.10.2018: IMA Monthly CME was organised before inauguration. Dr. Arun G. Arali MBBS, MD (Anaesthesiology) spoke on "The Hyponatremia Conundrum" and Dr. Sandeep S. Sajjan MBBS, MD (Anaesthesiology) spoke on "Underlying Mechanisms". On 06.11.2018: IMA Monthly meeting was held on November 6th at IMA House at 4.30 p.m. Dr. M.C. Tapshetti was honoured for tremendous work done in plantation of saplings through Hubli city. President Dr.Abhay Matkar, Dr.Azhar Kittur, senior members Dr.P.D.Sontake and Dr.A.H.Bekinkar were present. On 04.12.2018: IMA Monthly CME was held at IMA House at 9.00 p.m. where Dr. Sanjeev Kulgod MS, MCh. Surgical Oncologist, RadOn Cancer Centre, Hubballi spoke on "Recent Advances in Breast Cancer Surgery" and Dr.Vishwas D. Pai MCh (Surgical Oncology) Consultant Surgical Oncologist Spoke on "Oral Cancers, Past Present & Future" 100 members attended the CME.

Branch: Koppala**President: Dr.S.S.Kambliyal****Secretary: Dr.D.B.Patil**

IMA Koppal participated in world HIV awareness day JATHA along with NACO koppal on december first .

Branch: Kundapura**President: Dr.Shekar****Secretary: Dr. Durgaprasad Hegde**

CME was conducted on 24/11/2018. Dr Rakshith Shetty, Consultant neurosurgeon AJ hospital and Research Cente, Mangalore spoke on "My Neurosurgical sojourn in United States" elaborating newer innovation in the field of neurosurgery. Free school health check up was conducted on occasion of World Aids day on December 1st at Sanjay Gandhi English medium school, Ampar,Kundapura. World disability day was celebrated on December 3rd in Manasa Jyothi residential school for mental and physical handicap children in Koni, Kundapura. IMA cricket team participated in cricket tournament organized by Bar Association, Kundapura.

Branch: Mangaluru**President: Dr.B.Sachidananda Rai****Secretary: Dr.Sudhindra Rao.M**

Installation ceremony of new team was conducted on November 14.11.2018 . Prof (Dr) Shantharam Shetty M, Pro Chancellor of Nitte Deemed to be University was Chief Guest and Mr Sasikanth Senthil, IAS, Deputy commissioner of DK Dist was Guest of Honour. The program was attended by 180 members. As part of organ donation awareness drive guest lectures were arranged by our members in many institutions and associations reaching more than 10,000 students and publics. Many hospitals and buildings in city of Mangaluru were illuminated in green light on November 25th to 27th evenings as part of this drive. A three kilometre walkathon was conducted on 25th November morning at Mangala stadium which was attended by nearly 3,000 people including luminaries from different fields. Hoardings about Organ donation were put at various prominent places across city of Mangaluru. Executive committee meeting was held on 5th December to discuss about upcoming events. On 16th December IMA trauma meet and Prof(Dr) Sudhakar Shetty oration was conducted. Dr Meghana Mukund, Dr Ashok Shetty, Dr Vinod Kumar, Dr Deepak Rai, Dr Rajesh Ballal discussed about primary management of patients with different types of traumatic injuries. Dr Ajith Kumar gave oration lecture on ' Ethical legacy'.

Branch: Nelamangala**President: Dr.M.Jayaprasad****Secretary: Dr.S.Rajendra Prasad**

CME was conducted on 16.11.2018. Topic: (1). "Allergic Rhinitis" By Dr. Rohith, ENT Surgeon, Manipal Hospital, Bangalore and (2). "Joint Replacement" by Dr. Ranjith, Orthopaedic Surgeon, Manipal Hospital, Bangalore.

Branch: Raichur**President: Dr. Mahalingappa B****Secretary: Dr. Anirudh C. Kulkarni**

On 09.12.2018 organized a CME programme. Topic: (1). "National Accreditation Board For Hospitals (Nabh)" Entry Level For All Hospitals And Nursing Homes by Mr. B. H. Balaji General Manager Acme Consultants Chennai and (2). Topic: IMA Karnataka Social Security Scheme by Dr. Anirudh Kulkarni. IMA Blood Bank Raichur conducted a Blood Donation Camp on 02-10-2018 in association with Film Actor Mr. Sudeep Fans, Raichur, 18 blood units collected. IMA Blood Bank conducted a Blood Donation Camp on 03-10-2018 at Devadurga Taluka in association with NPS Naukarara Sangha, 56 blood unit collected. IMA Blood Bank Raichur conducted a Blood Donation Camp on 04-10-2018 at in the association with Mahendra Finance Raichur. IMA Blood Bank conducted a Blood Donation Camp on 07-12-2018 at HDFC Bank, on the occasion of 12th Anniversary of HDFC Bank, 36 blood unit collected. IMA Blood Bank conducted a Blood Donation Camp on 10-12-2018 in association with PG Centre Students Yeragera Raichur Taluka, 16 blood unit collected.

Branch: Shimoga**President: Dr.P.K.Pai****Secretary: Dr.Mallikarjun Koppad**

On 08.12.2018 CME was conducted in association with Indian Heart Center. Topic: (1). Newer Oral Anticoagulants-Impact on Clinical Practice" by Dr. Yusuf Kumble and (2). "How to Recognise Acute changes in Myocardial Infarction" by Dr.Sanjay Kumar.H. On 16.12.2018 Conducted camp in association with FOGSI, Shimoga for HBS antibodies titer in the serum at concessional rate for all the health care personals.

Branch: Sullia**President: Dr.Geeta J. Doppa****Secretary: Dr.Bharath Shetty**

A workshop and CME on Bipolar Energy Source in Laparoscopic Hysterectomy was organised by Dept of Obstetrics and Gynaecology on 24th November 2018. Dr Ravikanth, Joint Treasurer of Sullia IMA was the Operating surgeon and Dr Geeta Doppa, President IMA Sullia was the Organizing chairperson. World AIDS day was organised on 1 December, Dr Geeta Doppa gave a talk on 'Prevention of Parent to Child Transmission of HIV'. Dr Nandakumar life member of IMA Sullia branch and State Council Member gave a talk on 5 December to adolescents about healthy life style, hazards of drug abuse and its consequences at a program in Bellare. On 8 December there was a blood grouping camp at kumbalacheri Kodak. About 150 students from 1st std to 7th std from 3 Government schools. Dr Saigeetha gave a talk on importance of Blood Grouping, and also maintenance of hygiene to the students. Health camp was organised at Devachalla organised by KVG Medical College, KVG dental college and IMA Sullia on 9 December, around 114 patients were examined and treated. Dr. Geeta Doppa gave the talk on importance of regular health check up, early diagnosis of ailments and treatment. On 9 December Dr Bhanumathi Executive Committee Member of IMA Sullia gave a talk on diabetes at Parulu, 150 patients were examined and treated in the health camp. Dr Saigeetha inaugurated a youth red cross camp at Sharada women's college sullia and spoke about the importance of red cross society and how oneself can maintain good health to take care of others on 10th December. On 19 December a health camp was organised by NSS wing of Nehru Memorial College Sullia, Doctors of IMA Sullia participated in the camp, around 110 patients were examined and treated. A CME was organised by IMA Sullia on Basic Cardiopulmonary Resuscitation on 15 December, Dr Shankar

Narayana Professor of Anesthesiology KVG Medical College and Hospital was the guest speaker. Dr Saigeetha attended the "makkala grama Sanger " at Narkodu govt. higher primary school Narkodu. Children from eight govt.schools had attended. At the end I gave a health talk and medical check up was done and treatments were given on 14th of December. Free medical check up and treatment camp at sri sathya sai Kendra chokkadi , Doctors from IMA Sullia Dr Saigeetha Jnanesh, Dr. M. B. Pare, Dr. Sathish Aithal and Dr. Archana examined and treated around 160 patients on 16th December 2018. Dr Geeta Doppa attended the intercollegiate PG Quiz program organised by Mangaluru Obstetrics and Gynaecology society , she was one of the co ordinators of the meeting . Dr Geeta Doppa has been announced the IMA State President's Appreciation Award 2017-18 for her dedicated work towards IMA as the Women Vice President IMA-KSB in 2017-2018.

Branch: Sirsi**President: Dr Raghavendra Udupa****Secretary : Dr Tanushree Hegde**

Health awareness activities: On 27.11.2018 Dr Kishore Pawar gave a talk on Endoscopy at Gayatri balaga monthly meet. On 07.12.28 Dr Shivaram K V gave a talk on eye donation for HDFC bank employees. On 01.12.2018 Dr Vishwanath Ankad gave a talk on eye donation at Lawyers day function. On 29.11.2018 Dr.shanta bhat gave a awareness talk on breast cancer. On 29.11.2018 Dr Ravindra Kolvekar gave a eye donation awareness talk. On 09.12.2018 Ravikiran Patwardhan gave a talk on blood donation. Academic activities: At southern regional ophthalmic state conference KOSCON 2018,Mangalore, Team GANESH NETRALAYA conducted an instruction course on "Biometry dilemmas deciphered " under able leadership of Dr Shivaram K V. Dr Manjunath B A presented a paper on experience on Use of Razumab intravitreal injections in 140 eyes and also gave a talk on management of traumatic glaucoma. Dr Tanushree Hegde gave a talk on Headache in Ophthalmic practice. Dr.Shivaram moderated a session on posterior segment complications of anterior segment surgery. Dr Pooja shet contributed as convener at a session on cataract surgery for beginners. 15th dec -CME on oncology conducted .Dr Guruprasad bhat talked on Newer insights into common malignancies.Dr vishwas Pai gave a talk on Oral malignancies past present and future. Social service programs: On 27.11.2018 A Neuro camp was conducted at Sirsi scan centre.91 patients benefited. On 29th Nov- free health check up camp conducted at Belale. Nearly 100 patients benefited. IMA lifeline blood bank conducted two blood donation camps and totally 51 blood units were collected from donors.Dr Suman Hegde and Dr Mamata hegde coordinated the camps. NICU the IMA joint venture with PG Hospital ,Sirsi provided free neonatal intensive care to neonates. Juvenile diabetic club camp conducted.10 children benefited. On 15th Dec- Free spine and neuropathy camp was conducted at Rotary hospital. The members participated in Swach Bharath abhiyana on every Sunday in different localities. Free health check up camp was conducted at JMJ college by Dr Dinesh hegde, Dr Ramesh Hegde. Around 500 students examined and given free medicines. On 21.12.2018 Dr.Siddeshwar Hiremath conducted Eudiometry camp at Rotary hospital. Extracurricular activities: IMA achievers in rotary zonal tournament held on 24th and 25th Nov at Sirsi. Dr.Dinesh first in 200 mtrs running 2nd in shuttle singles 1st in shuttle doubles. Dr.Kailash 1st in shuttle singles and doubles 2nd in TT doubles. Dr Ramesh 3rd in 100 mtrs running 2nd in shuttle doubles. Dr.Mmahesh Hegde 1st in TT singles and 2nd in TT doubles. Dr Dinesh Hegde took a session on How to face exams to SSLC students of Govt. Urdu High School Sirsi. More than 80 students helped.

Udupi-Karawali:**President: Dr.Sudharshana Rao****Secretary: Dr.Suresh Shenoy**

On 22.11.2019 Community health Programme was held at a high school, Nittur,Udupi: Adolescent health by Dr Rajalakshmi,Treasurer of IMA UK. 01.11.2018 Community health Programme: Mother &Child health by Dr Rajalakshmi,Treasurer of IMA UK. This programme was held at Anganwadi,Kallianpur,Talk was on

pregnancy, breastfeeding and family planning. 16.12.2018 Monthly general body meeting along with CME : Truth and false of joint problems by Dr.Yogeesh D Kamat, MB, MS, D, DNB, FCPS, FRCS, MD, CCST(UK). As usual on 3rd Sunday, 16th Dec 2018, we started our meeting with ZERO Hour Presentation by Dr.Muralidhar V Pai, who spoke on "Near miss maternal morbidity audit". This gave us a good insight on our health care standard and ways to improve on with introspection, objectively by our own past experience. Thereafter, CME resource person, Dr.Yogeesh D Kamat, consultant orthopaedician spoke on common joint problems of hip and knee and ways to take care of them. He made sure delegates take home the message that analgesics have very small role to play and surgery too has to be contemplated only after careful selection of the candidate. This meeting was attended by 115 members of our branch.

Branch: Yadgiri**President: Dr.P.Vijaykumar****Secretary: Dr. Prasanna Patil,**

CME Was Conducted By IMA Yadgiri On 22.12.2018. Topic: "Treating Sub fertility" by Dr Meeta Angadi Dr Bhagyashree patil and Dr Rashmi Gadwal.

Branch: Yalahanka**President: Dr.Y.M.Venkatesh****Secretary: Dr.K.Shankarnarayan**

Between 17/11/2018 & 05/12/2018 there were 2 incidents of violence against doctors and damage to property of hospitals in yalahanka region. In both the instances police personnel were not very cooperative. Members of IMA yalahanka showed great unity in dealing with the police and made sure that FIR was registered & culprits arrested in both the cases. A procession was held in this regard to create awareness in the public. A memorandum was also submitted to the Circle Inspector of Yalahanka police station requesting him to sensitize the police about prevention of violence against medical establishments. IMA Yalahanka is thankful to IMA KSB President Dr Annadani Meti, secretary Dr Srinivasa and Dr H N Ravindra who extended their support to the members of our branch during this crisis. An emergency meeting that was held by IMA KSB on 11/12/18 to discuss these incidents was attended by the office bearers of our branch. On 14/12/2018 a CME programme was held in association with Cyte care hospital. Dr Vikram kekatpure spoke about the role of HPV virus in head & neck cancers. Dr Ajay rao spoke about role of de escalation of treatment protocol in these cases. Dr Aparna Gangoli enlightened the audience about the role of intra op pathological consultation (frozen section) in various surgeries. On 15/12/2018 IMA KSB President Dr Annadani Meti, Secretary Dr Srinivasa accompanied by Subject Committee president Dr Sharanappa visited our branch and interacted with our members.

IMA PRAYER

May everybody be happy
May everybody be healthy
May everybody be free from pain
May everybody be free from sorrow
May we be the healing cure
Beyond every greed & lure

FLAG SALUTATION

We, the members of Indian Medical Association stand
here to salute our national flag.
Its honour and glory shall be our light and strength
and its course shall be our course.
We pledge our allegiance to it and realizing our responsibilities as the
accredited members of this national organization, we swear
we will dedicate everything in our power to see it
fly high in the comity of nations.
Jai Hind ! **Long Live IMA!**

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- CASHLESS FACILITY WITH MOST OF THE INSURANCE COMPANIES
- SELLING BECAUSE THE OWNER IS SHIFTING TO USA

CONTACT :

Dr. CHANDRASHEKAR. K.L. M-9448997377
ASHWINI NURSING HOME B.H.ROAD ARSIKERE



IMA KARNATAKA PROFESSIONAL PROTECTION SCHEME

IMA KPPS

IMA HOUSE, Aluru Venkata Rao Road, BENGALURU. CELL-8197330598 Ph. 080-26705447

- * IMA-KPPS will look after your worry on your professional Negligence ,Name, Shame and Prestige.
- * Do not forget to inform any untoward happening in your Professional conduct to IMA KPPS Office bearers by Phone Or Post.
- * Test and Trust IMA KPPS, Your Friend,Well Wisher,Protector, Savior.
- * IMA KPPS is at a Phone Call Distance.
- * Maintain Professional Ethics ,Code Of Conduct, Conduct Yourself Diligently

NEGLIGENCE IS PUNISHABLE. PREVENT DISEASE. PROTECT LIFE. IF CURE IS NOT POSSIBLE. DO NOT HARM PLEASE

For membership Application forms contact the office of IMA KPPS at Cell no.8197330598,on Working days during working Hours. For any Clarifications contact the office bearers of IMA KPPS.

MEMBERSHIP FEES: Admission fee Rs.200/- (Common to all new admission or on re-admission)

Minimal Risk	Less for 5yrs. Enrollment	Moderate Risk	Less for 5yrs. Enrollment	High Risk	Less for 5yrs. Enrollment	Indemnified
Family Physician With MBBS		Specialist MS/MD		Super Specialist M.Ch/DM OB & Gynecology, Interventionists Orthopedics, Anesthetists		
Rs.600	Rs.150	Rs.900	Rs.225	Rs.1200	Rs.300	Rs.5,00,000
Rs.1000	Rs.250	Rs.1500	Rs.375	Rs.2000	Rs.500	Rs.10,00,000

Members can pay up to 5years in advance and claim 5% rebate on the total amount payable

CONSUMERS DEMANDS ARE INCREASING. Doctors to be Vigilant, Maintain Proper record.

It is desirable to obtain indemnity for 10 lakh by all and for (5)five years.

Dr.D.Somasekharaiah
Chairman,M: 9535100703

Dr.Ravindra
Hon.Secretary,M:9845298052

A Book "Legal and Ethical Principals in Medical Practice and Negligence, "in Medical written by Dr.D.Somashekharaiiah, Chairman, IMA-KPPS is available for sale at Rs100/-per book. Of bulk order is available inclusive of postage

CODE OF MEDICAL ETHICS

Regulation to the Professional Conduct Etiquette and Ethics(As per IMC Act 1956 revised and gazetted in 2002)



IMA'S KARNATAKA STATE HEALTH SCHEME

IMA KSHS

A doctors mutual health contribution scheme will give peace of mind in knowing that you are protected from most of these costs

Don't wait until you or a family member becomes seriously ill to try to purchase health insurance.

The Admission fee details is as follows

Age in Years	Total Amount, At the time of joining (1 st Year)	The Amount to be paid every year (2 nd Year onwards)
Children below 25 yrs	Rs. 4000.00	Rs. 3000.00
Below age of 35 yrs	Rs. 5000.00	Rs. 4000.00
Below age of 45 Yrs but above 35 Yrs	Rs. 7000.00	Rs. 5000.00
Below age of 55 Yrs but above 45 Yrs	Rs. 9000.00	Rs. 6000.00
Below age of 65 Yrs but above 55 Yrs	Rs. 11,000.00	Rs. 7000.00
Below age of 75 Yrs but above 65 Yrs	Rs. 13,000.00	Rs. 8000.00
Below age of 85 Yrs but above 75 Yrs	Rs. 15,000.00	Rs. 9000.00

LOCK IN PERIOD

- Founder member** :- shall have the benefit of the scheme **six months** after joining the scheme or immediately after launching the scheme whichever is longer.
- All the **ordinary members** and **beneficiary members below the age of 65** on joining shall have the benefit of the scheme after **12 months** of joining the scheme or immediately after launching the scheme whichever is longer.
- All the **ordinary members** and **beneficiary members above the age of 65** on joining shall have the benefit of the scheme after **24 months** of joining the scheme or after launching the scheme whichever is longer.

NO CASHLESS SERVICE (They have to pay their bills themselves & Claim later)

- * No advance payment will be made to the members
- * Members will be given **reimbursement of 75% of total amount** of the bill not exceeding the sum limited to each disease.
- * If the benefit is not claimed in an academic year the benefit amount in total or any percentage will not be carried over to the subsequent years.
- * A member will get a maximum of benefit of Rs.2 Lakhs in one year.

The scheme is launched on 1st of July 2017 on the Doctors day Celebration at Bengaluru.

Dr.Chinivalar.V.V.

Chairman 94481 22978
drvvc2011@gmail.com

Dr.Madhusudhana Kariganuru

Hon. Treasurer, 9448237145.
madhusudhanva@gmail.com

Dr.Sharanabasava Sankanuru

Hon. Secretary, 9886549911
sharandr@gmail.com

Contact Address : The Secretary's office, Shushrusha Nursing home, LG Road near , Mahaveer circle, GANGAVATHI-583227

ACTIVITIES GALORE



IMA KSB Team met Sri Tukaram, Hon'ble Minister for Medical Education



Kundapur



Mangaluru



Nelamangala



President Visit - Yelahanka



President Visit -Gouribidanur



Raichur



Yadgiri



Shivamogga

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IMA'S KARNATAKA SOCIAL SECURITY SCHEME

IMA KSSS



IMA House, Bailappanavar Nagar, Hubballi-29
Phone no. 0836-235 56 56

ENROLL YOUR MEMBERSHIP FOR IMA KSSS
OLD EXISTING & SILVER JUBILEE SCHEME

"EACH ONE GET ONE"

ADMISSION FEE STRUCTURE FOR OLD EXISTING & NEW SILVER JUBILEE SCHEME

Age in Yrs	Below 30	Betwn 31-35	Betwn 36-40	Betwn 41-45	Betwn 46-50	Betwn 51-55	Betwn 55-60
Fee for Existing old Scheme	Rs 11700/-	Rs 12200/-	Rs 12700/-	Rs 20700/-	Rs 23700/-	Rs 28700/-	Rs 36700/-
Fee for Silver Jubilee Scheme	Rs 22700/-	Rs 24700/-	Rs 26700/-	Rs 31700/-	Rs 38700/-	Rs 47200/-	Rs 57700/-

Chairman

Dr.Yoganandareddy.Y.C
Mo : 9844085120

Secretary

Dr.Madhsudhana Kariganuru.
Mo : 9448237145

Joint Secretary

Dr.S.B.Lakkol
Mo : 9448560400

Joint Secretary

Dr.Nitali.V.B.
Mo : 9448326490

Treasurer

Dr.Maheshkumar.S
Mo : 9341738405

Kindly visit our website- www.imakssshubli.org

IMA House, Bailappanavar Nagar, Hubballi-29 -Phone no. 0836-235 56 56

If Undelivered please return to

Indian Medical Association

Karnataka State Branch IMA House, Near IMA Circle
Alur Venkata Rao Road, Bangalore - 560 018.

Tele fax: +91-80- 26703255

E-mail : imafocus@gmail.com,

Website: www.imaksb.org