IMA FOCUS

Vol. 11 Issue - 2 November - 2020, Place Bengaluru, Monthly, English, Pages - 28, Price. 1/-

IMA-KSB, KSHS, KPPS, KSSS, CGP, AMS Under the auspices of IMA Karnataka State Branch

AGM 2019-20 **On Sunday** the 3rd January 2021

Venue : IMA-KSB Dr.M.A.Narasimhachar Auditorium, IMA House, Aluru Venkatarao Road, Near IMA circle, Chamarajpete, Benagaluru - 560 018.







THEME FOR WORLD DIABETES DAY 2020 (NOVEMBER 14) BETES THE NUR FΔN International Diabetes world diabetes day Federation

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WITH BEST COMPLIMENTS

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EDITORIAL

Dr. B. DEVDAS RAI

The month of November is an important month in the WHO calendar. The National IMA has designated the month starting from 14th November (World Diabetes Day) to 14th December 2020 as the IMA Prevention of Diabetic Blindness month. A detailed circular has been issued to all IMA branches on the plan of action to be followed in the month. I sincerely hope that all state and local branches follow the instructions given and help in fighting Diabetes.

World Diabetes Day is celebrated on 14 th November every year by the WHO to mark the birthday of Sir Fredrick Banting, who co discovered insulin along with Charles Best in 1922.

463 million adults (one in eleven) were living with Diabetes in 2019. One in 2 adults with Diabetes remains undiagnosed. Diabetes caused 4.2 million deaths in 2019. Diabetes was responsible for atleast 760 billion dollar health expenditure- 10 % of the global total amount spent on health care in 2019.

Every year, the World Diabetes Day campaign, focusses on a dedicated theme that runs for one or more years. The theme for World Diabetes Day 2020 is "The Nurse and Diabetes." The theme aims to raise awareness around the crucial role that nurses play in supporting people living with Diabetes.

Nurses currently account for over half of the global health work force.

People who live with Diabetes or are at risk of developing the condition need the support of nurses. Education is vital to equip nurses with the skills to support them. Let us all make sincere afforts in empowering the nursing profession in ensuring proper care of Diabetes patients. The first issue of IMA Focus 2020-21 was received well by all readers. The issues of IMA Focus this year will sport a new look - all pages will be of superior quality paper and the entire issue is in the multicolored format. The editorial board seeks the whole hearted co operation of all concerned in the successful publication of monthly issues of Focus. The number of copies has been

increased to 1200 from 500 and more IMA members will receive the issues of Focus.

I would like to thank Dr. Madhusudan Karigannur for the help rendered in the publication of the first issue of Focus 2020-21. My sincere thanks are due to Nitte Education Trust for sponsoring the 2 nd issue of IMA focus.

Long Live IMA

ITINERARY OF IMA KSB BUSINESS HOURS

Under the auspices of IMA Karnataka State Branch					
Venue Vear IN	unday nuary2021				
1)	10.00 AM: IMA - KSHS Annual General Body	Page - 10			
2)	11-00 AM: IMA - KPPS Annual General Body	Page - 11			
3)	12-00 PM: IMA - AMS - KSC Annual General H	Page - 12			
4)	12-30 PM: IMA - CGP- KSF Annual General B	Page - 13			
	1-00 to 2-00 PM LU				
5)	02-00 PM: IMA- KSSS Annual General Body M	Page - 14			
6)	04-00 PM: IMA- KSB Annual General Body M	Page - 15			

ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಪ್ರಾರ್ಥನೆ ಎಲ್ಲರೂ ಸಂತೋಷವಾಗಿರಲಿ, ಎಲ್ಲರೂ ಆರೋಗ್ಯವಾಗಿರಲಿ, ಎಲ್ಲರೂ ನೋವಿನಿಂದ ಮುಕ್ತವಾಗಿರಲಿ, ಎಲ್ಲರೂ ದುಃಖದಿಂದ ಮುಕ್ತವಾಗಿರಲಿ, ಎಲ್ಲಾ ಆಸೆ ಆಮಿಷಗಳನ್ನು ಮೀರಿ ಗುಣಪಡಿಸುವವರು ನಾವಾಗಿರಲಿ.



FLAG SALUTATION

IMA PRAYER

May everybody be happy May everybody be healthy May everybody be free from pain May everybody be free from sorrow May we be the healing cure Beyond every greed & lure

We, the members of Indian Medical Association stand here to salute our national flag.
 Its honour and glory shall be our light and strength and its course shall be our course.
 We pledge our allegiance to it and realizing our responsibilities as the accredited members of this national organization, we swear we will dedicate everything in our power to see it fly high in the comity of nations.

Jai Hind !

Long Live IMA!

President's Message

Dr. M. VENKATACHALAPATHY

y dear respected members,

It gives me great pleasure in sharing my experience in the previous month as president of this professional body. First of all I wish to congratulate the New Chairpersons & members of all sub committees, at the same time all the divisional coordinators & district representatives whose nomination / selection was endorsed by the SWC meeting held on 8-11-2020. I hope they will ensure that the IMA is effective in the task of setting and implementing its strategy.

Meeting different people & travelling to different places is an opportunity & experience to acquire knowledge which I am trying to accomplish during my presidential visits to local branches. I happened to visit Sankeshwar, Nippani, Chikkodi, Athani, Harugeri, Gokak, Bailhongal & also installed the office of Rramdurg IMA branch. I have emphasized the need for all the members to

enroll themselves into various IMA schemes. Many of the branches have not communicated their new office bearers list to IMA KSB. Hence, I request all the local branches to inform the IMA KSB as soon as they take charge so that it will be easy for communication. On 22.11.2020, we had unique meeting of local branch Presidents, Secretaries, divisional coordinators & district representatives which was very important to establish the bridge between IMA KSB & peripheral branches. On the same day, we celebrated Kannada Rajyotsava function by organizing a talk by two eminent speakers on the subject of "Society's expectations from Kannada writers amongst doctors."

If someone tries to derail your rights, you have got to resist & desist with all your strength & fight back democratically. Yes, you all know about the new gazette notification which allows the ayurvedic vaidyas to perform about 58 different types of surgeries. Ayurveda has a history of 5000 years. We are all proud of Indian culture & heritage. In this regard overnment should do the best to safeguard the purest form of these ancient treasures. Ayush Ministry was established during November 2014 to safe guard, develop and encourage ayush health care system. Previously, Ayurveda, Yoga and Naturopathy, Unani, Sidda and Homeopathy discipline came under the department of Indian System of Medicine and Homeopathy. The idea of establishing Ministry of Ayush by Government of India was to maintain the identity, encourage education and research in our age old traditional Indian Science.

But in one stroke of Gazette Notification No.CG-DL-E-20112020-223208 dated November 20th 2020, the separate identity of Ayurveda is destroyed, demoralized and diminished.

The other repercussion of the Gazette Notification is the safety of the public health which will be jeopardized. Hence IMA KSB strongly and categorically opposes any such move by the Government. In continuation of our opposition to the mixopathy, IMA-KSB held a series of meetings on daily basis with presidents and secretaries on 24.11.2020, Office Bearers of Specialist Medical Organizations on 27.11.2020, and also an emergency State Working Committee Meeting on 28.11.2020. Taking every one in to confidence and also advice of the IMA Headquarters, New Delhi we have chalked out various actions to oppose the ill thought and unscientific Law.

As per the IMA Headquarters guidelines I request Local Branches of IMA to demonstrate publicly in groups of 20 participants between 12.00 Noon and 2.00 P.M on 8.12.2020 holding placards and sloganeering against mixopathy. To inform local media, rope in Local IMA Medical Students network and Junior Doctors Association to participate on the same day democratically against CCIM Notification

On 11.12.2020, we shall withdraw all non essential, non covid, non emergency medical and surgical services. Hence I take this opportunity to appeal to all our professionals to participate in this agitation to retain our rights.

I also wish to place on record that I participated in the discussion of Rajiv Gandhi University of Health Sciences Syndicate Meeting regarding various issues raised by Medical students like starting of classes, giving more importance to practical's and also UG examinations.

Wishing you all a very happy New Year 2021 Long live IMA

Vice President's Desk

D ear members,

Deepavali Greetings to all.

May this festival of light, bring lots of joy, happiness and prosperity in your life.

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ಸಿಡಿಗಳಸು ಭುಜಸೊಕೆಯ ನಾಗೆನ್ನುವರು ಮೋಹ ಕೊಡು
ಸಲಸುಸೇವೆಗೈಯೆನ್ನುವುದು ಕರುಣಿ ॥
ಅಡು ನೀನು ನಾನುಗಳ, ವಿಶ್ವಾತ್ಮಪದವನೀ ।
ನಡರೆನ್ನುವುದು ಶಾಂತಿ – ಮಂಕುತಿಮ್ಮ ॥
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One of the three emotions is attachment. It tells man to earn (even little), spend and enjoy it and become owner of stuff, compassion tells him to give, submit and serve. Peace tells him to erase all barriers between you and me. It urges you to lift yourself to the consciousness of universal soul, Mankuthimma.

That was a very meaningful Kagga from DVG.

God has given us the opportunity to serve the humanity by making us doctors. This

Corona Pandemic has made it a reality. Need of our service to this society and mankind is far more than in any other situation. Doctors and nurses have saved innumerable lives of all around the world by treating the Corona victims in spite of all odds. Both private Doctors and Government Doctors have done commendable job to save lives. In coming days, we should recognize all of them at each branch level. There are so many success stories in every hospital. Unfortunately none of them come to light and we are not giving publicity to them. Most of our patients after recovery go home and sit silently without telling anything about doctors, nurses or hospitals. Negative stories become viral and they attract attention of all our media. Media wants such negative stories only. Even our people are also interested in such stories which give them excitement. They also look for sensational stories. Hospitals are safe source for them as we don't retaliate.

We all should start sharing our success stories with proper precautions so that

people will come to know that for one death or mishap, there will be 100 good things happening in every hospital. We should give publicity to all those through print media, Social Media and Electronic Media. Then people will realize our work and understand our profession.

It is already one year since the dreaded Corona began. Last year in November, the first case was reported in China. In one year it has taken the life of lakhs of people all over the world. In India more than 650 allopathic doctors have fallen prey to it. It was observed that doctors working in regular clinics and non Covid hospitals are more affected than those working in Covid Hospitals. We have lost some young budding doctors also who were working in Covid Hospitals. Even though number of cases have come down, let's not be complacent and neglect this Virus.

What we have seen is that majority of those affected are either diabetics, obese or having sedentary life style and above 50 years of age. While taking all the universal precautions, we should control our diabetic status, improve our fitness levels, change the lifestyle which will help us get rid of this disease. Instead of wasting time and money in preventive medications, immunity boosters etc, we all should start working out everyday atleast one hour, either indoor or outdoor to increase our fitness. You can go to Gym, Yoga, Walking, Jogging, Running or any other way of exercises which suites you. But you should not wait for anything and start immediately. After all November 14th is World Diabetes Day and it's the right time to start for all. Even our National IMA has given call to that effect. This is my request to all.

Some of our young colleagues are avoiding Corona cases. But in reality, we can not avoid exposing ourselves to this disease. Some where, we will come across them. They may be symptomatic or asymptomatic. We may get cases in our own family or relatives whom we can not avoid. So my request to all young doctors is, instead of avoiding these Corona cases you start treating them with all precautions so that it will become routine for us to manage them.

We should also stress for creating awareness among the general public to take proper precautions. We should be role model to them. We all should avoid crowded places, avoid public functions, wear masks, do hand washing regularly, promote physical distance. With all these, we can win over this Corona Pandemic. Let's not wait for the vaccine to come.

Long live medical Profession, Long Live IMA, Jai Hind.

Secretary's Desk

Dr. S.M. PRASAD

ear IMA Friends,

All of us are aware that Covid-19 situation looks to be under control. But we need to know and wait if any second wave happens in the end of February, 2021. While the stringent lockdown is being relaxed gradually, 60% Medical students in Karnataka have come back to colleges for Clinicals & regular classes.

We are observing that Public at large especially in gatherings like marriages, ceremonies are forgetting the tough times and not giving importance to wearing appropriate masks & maintaining the social distancing.

As all of us got used to technology of participating in virtual technology using so many Apps for our meetings like zoom, webex, Veeva engage, Google meet, google teams, etc. according to our convenience they have made us to avoid too many physical contacts As members of IMA and doctors associations, we need to exercise caution, update relevant technology to protect our confidential data as we may get trapped to cyber crimes by unusual marketing calls.

Also, kindly use and encourage the telemedicine options on various platforms to manage non-emergency cases to avoid physical contact for few more months. As telemedicine is legalized now after Covid 19 situation in our country, follow the guide lines by the authorities. It is better to undergo training in the same and get a certificate. This will also be useful for our senior members of IMA as tele-consultations can done at their ease.

Jai Hind

Jai Karnataka



INDIAN MEDICAL ASSOCIATION'S KARNATAKA STATE HEALTH SCHEME

Head Office: IMA Bhavan, A V Road, Bengaluru, Working Office: Dr.V.V.Chiniwalar, Shushrusha Nursing Home, LG Road,

Near Mahaveer Circle, Gangavathi-583227. Land Line:08533-270978 / Cell:9986700978

Ref: IMA/KSHS/GB-4/2020

Date: 30.11.2020

NOTICE OF THE ANNUAL GENERAL BODY MEETING

The Annual General Body Meeting of IMA's-KSHS will be held under the auspices of IMA Karnataka State Branch, on Sunday, the 3rd January2021 at 10.00. A.M at IMA KSB Dr.M.A.Narasimhachar Auditorium, IMA House, Aluru Venkatarao Road, Near IMA circle, Chamarajpete, Bengaluru – 560 018.

All the Members are requested to attend the Meeting.

AGENDA

- 01. Welcome by the Chairman
- 02. IMA Prayer
- 03. Reading of the Meeting Notice
- 04. Messages of Inability to attend, if any
- 05. Reading and Confirmation of the Last Annual General Body Meeting held on Friday the 18th October 2019 at Lecture Hall-I at Chamarajanagar Institute of Medical Sciences (CIMS), Chamarajanagar.
- 06. Enrolment of New members from 01.04.2019 to 31.03.2020 (list enclosed)
- 07. Adoption of Secretary's Report of the year.
- 08. Re Consideration of capping of certain procedures.
- 09. Presentation and adoption of the audited accounts for year 01-04-2019 to 31-03-202 \oplus
- 10. Appointment of Auditor and fixing the remuneration
- 11. Budget for the year 2020-21
- 12. Ratification of the resolutions Passed by the Managing Committee during the year 2019-20
- 13. Any other Business with the permission of Chairman
- 14. Vote of thanks

Thanking you,

Your's sincerely

-Sd/-DR. V.V. CHINIWALAR Chairman

-Sd/-DR. SHARANABASAVA MATTI Honorary Secretary

IMA KARNATAKA PROFESSIONAL PROTECTION SCHEME

IMA HOUSE, A.V.ROAD, BANGALORE Mobile No. 8197330598 | Web: www.imakppsbengaluru.org

Ref: IMA/KPPS/08/2020

Date: 25.11.2020

NOTICE FOR THE ANNUAL GENERAL BODY MEETING

The Annual General Body Meeting of IMA's-KPPS will be held under the auspices of IMA Karnataka State Branch, on Sunday, the 3rd January 2021 at 11.00.A.M at IMA KSB Dr.M.A.Narasimhachar Auditorium, IMA House, Aluru Venkatarao Road, Near IMA circle, Chamarajpete, Bengaluru – 560 018.

All are requested to attend the meeting.

AGENDA

- 1. Welcome by the Chairman
- 2. IMA Prayer
- 3. Reading of the Meeting Notice
- 4. Messages of inability to attend, if any.
- 5. Secretary's Report 2019-20
- 6. Statement of Accounts for the year 2019-20.
- 7. Any other subject with the permission of the chair
- 8. Vote of Thanks.

Thanking you,

Your's sincerely

-Sd/-DR. HONNEGOWDA Chairman -Sd/-**DR. N. DHANAPALA** Honorary Secretary

IMA ACADAMY OF MEDICAL SPECIALITIES KARNATAKA STATE CHAPTER

IMA House, Near IMA Circle, A.V.Road, Bangalore-560018 Tele.080-26703255, E-mail: imaksbpresident@gmail.com, imafocus@gmail.com

Ref: IMA-AMS/KSC/533/2020

NOTICE FOR THE ANNUAL GENERAL BODY MEETING

The Annual General Body Meeting of IMA-AMS Karnataka State Chapter will be held under the auspices of IMA Karnataka State Branch, on Sunday, the 3rd January 2021 at 12.00 Noon at IMA KSB Dr.M.A.Narasimhachar Auditorium, IMA House, Aluru Venkatarao Road, Near IMA circle, Chamarajpete, Bengaluru - 560018.

Please make it convenient to attend the Meeting.

AGENDA

- 01. Welcome by the Chairman
- 02. **IMA** Prayer
- 03. **Reading of the Meeting Notice**
- 04. Messages of Inability to attend, if any
- 05. Adoption of Secretary's Annual Report
- 06. Audited Statement of Accounts for the year 2019-20
- 07. Programme for the year 2020-21
- 09. Vote of thanks
- 08. Any other subject with the permission of the chair

Thanking you,

Your's sincerely

-Sd/-DR. S.T. YAVAGAL Chairman

-Sd/-**DR. JASPALSINGH H. TEHALIA** Honorary Secretary



Date: 25.11.2020

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IMA COLLEGE OF GENERAL PRACTITIONERS KARNATAKA STATE FACULTY

IMA House, Near IMA Circle, A.V.Road, Bangalore-560018 Tele.080-26703255, E-mail: imaksbpresident@gmail.com, imafocus@gmail.com

Ref: IMA-CGP/KSF/534/2020

NOTICE FOR THE ANNUAL GENERAL BODY MEETING OF IMA- CGP-KSF

The Annual General Body Meeting of IMA-CGP-KSF will be held under the auspices of IMA Karnataka State Branch, on Sunday, the 3rd January 2021 at 12.30.P.M at IMA KSB Dr.M.A.Narasimhachar Auditorium, IMA House, Aluru Venkatarao Road, Near IMA circle, Chamarajpete, Bengaluru – 560018.

Please make it convenient to attend the Meeting.

AGENDA

- 01. Welcome by the Director
- 02. IMA Prayer
- 03. Reading of the Meeting Notice
- 04. Confirmation of the Minutes of the previous General Body Meeting
- 05. Adoption of Secretary's Annual Report
- 06. Adoption of Audited Accounts of IMA-CGP, KSF for the year 2019-20
- 07. Any other subject with the permission of the chair
- 08. Vote of thanks

Thanking you,

Your's sincerely

-Sd/-DR. SHIVAKUMAR F. KUMBAR Chairman -Sd/-**DR. CHETAN KALKURA** Honorary Secretary



Date: 25.11.2020

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IMA's KARNATAKA SOCIAL SECURITY SCHEME 2nd Floor, IMA House, Bailappanavarnagar, Hubli-580029 Tele.0836-2355656, E-mail: imaksshubli@gmail.com Visit us: www.imaksshubli.org

Im

Ref: IMAKSSS/HBL/8491/2020

Date: 25.11.2020

NOTICE OF ANNUAL GENERAL BODY MEETING

The Annual General Body Meeting of IMA's-KSSS will be held under the auspices of IMA Karnataka State Branch, on Sunday, the 3rd January 2021 at 2.00.P.M at IMA KSB Dr.M.A.Narasimhachar Auditorium, IMA House, Aluru Venkatarao Road, Near IMA circle, Chamarajpete, Bengaluru – 560 018.

AGENDA

- 01. Welcome by the Chairman and IMA Prayer
- 02. Read Jng of the Meeting Notice by the Secretary
- 03. Felicitation to motivators and promoters
- 04. Condolences
- 05. Correspondences
- 06. Reading and Confirmation of the Last Annual General Body Meeting held at Lecture Hall-I, Chamarajanagar Institute of Medical Sciences (CIMS), Chamarajanagar.
- 07. Enrolment of New members from 01.04.2019 to 31.03.2020 (list enclosed)
- 08. Adoption of Secretary's Report
- 09. Presentation and adoption of the audited accounts for year 01-04-2019 to 31-03-2020
- 10. Appointment of Auditor and fixing the remuneration
- 11. Budget for the year 2020-21
- 12. Ratification of the resolutions passed by the Managing Committee during the year 2019-20
- 13. Any other matter with the permission of the chair
- 14. Vote of thanks

Thanking you,

Your's sincerely

-Sd/-**DR. YOGANANDA REDDY Y.C.** Chairman

-Sd/-DR. K.T. PRAKASH REDDY Honorary Secretary

INDIAN MEDICAL ASSOCIATION, KARNATAKA STATE BRANCH

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Ref: IMAĎKSB/ 535/202Đ

Date: 25.11.2020

NOTICE OF THE ANNUAL GENERAL BODY MEETING OF IMA-KSB

The Annual General Body Meeting of IMA Karnataka State Branch will be held under the auspices of IMA Karnataka State Branch, on Sunday, the 3rd January 2021 at 4.00.P.M at IMA KSB Dr.M.A.Narasimhachar Auditorium, IMA House, Aluru Venkatarao R oad, Near IMA circle, Chamarajpete, Bengaluru – 560 018.

All the Members are requested to attend the Meeting.

AGENDA

- 01. Welcome by the President
- 02. IMA Prayer & Flag salutation
- 03. Reading of the Meeting Notice
- 04. Condolences Resolutions, if any
- 05. Messages of Inability to attend, if any
- 06. Confirmation of the Minutes of the Previous Annual General Body Meeting held on Friday the 18th October 2019 at Lecture Hall-I, Chamarajanagar Institute of Medical Sciences (CIMS), Chamarajanagar.
- 07. Adoption of Secretary's Report of the year
- 08. Adoption of audited Accounts from 1st April 2019 to 31st March 2020
- 09. Resolutions
- 10. Consideration of the Budget for the ensuing year
- 11. Appointment of an Auditor
- 12. Ratification of installation of New President, Vice-Presidents, President-Elect
- 13. Any other Business with the permission of president
- 14. Vote of thanks

Thanking you,

Your's sincerely

DR. S.SRINIVASA Honorary State Secretary

-Sd/-**DR. KARAVEERAPRABHU KYALAKOND** Honorary Joint Secretary

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IMA - FOCUS

BRANCH ACTIVITIES

Branch : Belagavi

President: Dr.Anil Patil Secretary: Dr. Devagouda Imagoudanava

he glittering installation ceremony of the President, Secretary & Treasurer of Indian Medical Association (IMA), Belagavi branch was held at Adarsh Palace Hotel on 7th Nov, 2020 with induction of record number of 50 new members to the IMA,



Belagavi branch.The Chief Guest of the function was Dr. Shivakumar Kumba, Director, IMA, CGP, State Board Karnataka& Guest of Honour of the function was Dr. Vinay Dastikop.

Branch : Bengaluru

President : Dr. A.S. Venkatachalapathy Secretary : Dr. B.P. Karunakar & Dr. G.M. Puttamadaiah

n the eve of Childrens Day, Fruits were distributed in Bosco Yuvodaya, Dr.G.K.Bhat, Senior Vice President, IMA Karnataka State Branch, Dr.A.S.Venkatachalapathy, President, Dr.B.P. Karunakara, Honorary Secretary, IMA Bangalore Branch & Dr.Vijayasaradhi A. Hon. Treasurer participated in the programme.

Branch: Bhadravathi

President : Dr.Veena S.Bhat Secretary : Dr.Swarnalatha



MA Bhadravathi Branch conducted annual General Body meeting on Zoom. It was unanimously resolved that the same office bearers would continue for 1 more year. IMA Bhadravathi Branch conducted On-line yoga session on 28th October. IMA Bhadravathi conducted a Zoom based virtual CME on 04/11/2020. Page No. 17

IMA - FOCUS

Branch: Chikkaballapura President: Dr. Prashanth S. Murthy Secretary: Dr. H.S.Madhuvan

MA Chickballapur in its culture celebrated yet another Kannada Rajyotsava day on November 1st in a grand manner. IMA Chickballapur honoured Dr. M.Venkatachalapathy for occupying the highest seat of President of IMA, Karnataka State branch.

Bra	anch: Hassan	President:	Dr. N.Ramesh
		Secretary:	Dr. Vageesh

MA Hassan had series of public awareness programmes about COVID 19.On 12/10/20 we had a "Maskgiri" programme in which we gave flowers to people with mask and mask to people without it. On 13/10/2020, "walkathon" was arranged explaining about importance of corona prevention. On 14/10/2020, "A jatha" at Channarayapatna was arranged. On 15/10/20 "A cycle jatha " was arranged educating people about COVID 19. On 16/10/20 " Candle lighting" at HIMS with respect to covid martyrs was arranged. On 17/10/20 covid awareness at Busstand and near court was arranged. On 18/10/20 Awareness programme at dist stadium was arranged attended by Superintendent of Police, Hassan. On 20/10/20- corona testing awareness and free mobile testing at rickshaw stand was arranged. On 22/10/20- Awareness programme was arranged at Mosalehosalli. On 27/10/20- Awareness programme at Belur was arranged. On 1/1/20- Kannada Rajyotsava was celebrated grandly.On 4/11/20- corona awareness programme at Halebeedu was done.

Branch: Harihar

President: Dr. Jayaprakash Shetty Secretary: Dr. A.Gopi

n 01.11.2020 Condolence meeting in memory of Dr Y Nagappa, founder, ex MLA and minister was held. On World diabetes day, detection, monitoring, treatment and education was done by all members at their respective clinics.



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IMA - FOCUS

Branch: Jamkhandi

President: Dr. H.G. Daddi Secretary: Dr. V.N. Biradar

n 24-10-2020, Participation in Cycle Jatha on the eve of World Polio Day. On 10.11-2020, Dr. H.G Daddi President IMA Jamkhandi was Awarded "NADOJA" by Hampi Kannada University for his contribution to the Society.

Branch: Mandya

President : Dr. T.N.Marigowda Secretary : Dr. Vinay

wareness Program to IMA members on Corona Virus and prevention of its transmission along with DHO of Mandya on 06th March 2020. IMA members attended a CME in MIMS on Recent advances in Corona Virus along with professors and PG students of the medical college on 18 March 2020. More than 1000 masks were distributed to frontline health care workers of all the taluks of Mandya district. Face shields were made by the members of manini and 150 were distributed to the physicians and nurses of Mandya Institute of Medical Sciences. Another 500 mask shields were prepared and distributed free of cost by Manini Mandya branch & IMA Mandya branch in March 2020.IMA Mandya branch donated a sum of 2 lakh Rupees to the DC to support the fight

against Covid 19 in March 2020. Manini, the ladies wing of IMA Mandya branch has adopted a slum in Mandya city and ensuring free food and other essentials including free medicine supplies and giving OPD services in the slums, 500 Masks were purchased by Manini from Central prison, Mysore and distributed free among the slum dwellers. Distribution of meals to patients and their attendants in the government hospital of Mandya by IMA President and Secretary (to more than 200 persons was done). A total of 10,000 masks were got from Shobha Healthcare and distributed among IMA doctors in the fight against Covid. In August 2020. IMA conducted Covid Awareness Session to health workers of private nursing homes and hospitals like nurses, pharmacists,



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November - 2020

lab technicians, etc. On 15 Oct 2020, IMA Mandya branch observed World Handwashing Day. On 20 Nov 2020IMA Mandya branch along with MOB (NGO) conducted a Health Check-up Camp including diabetes and hypertension detection camp at Cheeranahalli, Mandya taluk. On 01 Nov 2020 : Kannada Rajyothsava Celebrations at IMA Hall was held. On 14 Nov 2020. World Diabetes Day was commemorated by conducting Free Diabetes Detection Camp in Mandya city.



Branch: Mangaluru

President : Dr. M. A. R. Kudva Secretary : Dr. Animesh Jain



nstallation Ceremony of the new office bearers of IMA Mangaluru was held on 6th November 2020 at Dr. A. V. Rao Conference hall, IMA House, Mangaluru. Sri D. Vedavyasa Kamath, MLA, Mangaluru South Legislative Assembly Constituency and Dr. Bharath Shetty, MLA, Mangaluru North Legislative Assembly Constituency were the guests of honour. Dr K. V. Devadiga, Senior Neurosurgeon and Past President of IMA Mangaluru was the presiding officer. IMA Mangaluru joined hands with IAP Dakshina Kannada, South Kanara Ophthalmic Society, Yenepoya (Deemed to be University) and Rotary Club Mangalore Sunrise to observe the World Prematurity Day 2020 on 19th November 2020.

Branch: Sirsi

President : Dr. Vinayak Bhat Secretary : Dr. Ravindra R Kolvekar

n 7th November, CME on "Overview of Diabetic care" was held. On 18th November, online zoom meeting was organised in association with Rotary club of Sirsi, Lions Club Sirsi and Nayana foundation Sirsi. Topic - Panel discussion on "comprehensive diabetic care" In November, Trekking to Yana was arranged for IMA members and families. On 8th November, Trekking to Chandragutti Hill was arranged for IMA members and families.

IMA - FOCUS

November - 2020

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Branch: Sullia

President : Dr. Shri Krishna B. N. Secretary : Dr. Ravishankara. S

Sullia IMA decided to continue with same IMA office bearers for the year 2020-21.



Branch: Udupi-Karawali

President : Dr. Umesh Prabhu Secretary : Dr. Krishnananda Mallya

MA Udupi-Karawali in association with KMC Manipal conducted a webinar on "POST COVID SCENARIO AND STRATEGIES" on 08/11/2020 through Zoom App at 6.30PM.



Branch: Yadgiri

President : Dr.C.M.Patil Secretary : Dr.Veeresh Jaka

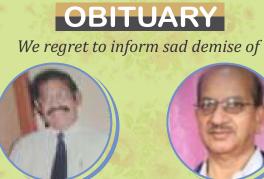


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IMA - FOCUS



Dr. Vijay Kumar S.C. *IMA Chitradurga Branch*



Dr. Nagaraj B. Sajjan IMA Chitradurga Branch

Dr. H. B. Mallikarjunappa IMA Hangal Branch



Dr. Rekha IMA Challakere Branch

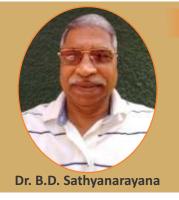
ATTENTION

Membership Fee (HFC Details) Life Membership fee of the IMA 1-11-2019 onwards

Particulars	Amount to be Sent to IMA KSB	Extra Amount collected &		
Single Life	11000-00	retained by the local Branch		
Couple Life	16500-00	 Decided by the local branch 		

Corrigendum

The Photograph of B.D. Sathyanarayana who received the felicitation by Rajiv Gandhi University of Health Sciences on the occasion of Karnataka Rajyothsava 2020 was not correctly printed in the last issue of Focus. The correct photograph of him has been printed in this issue. We apologize for the error!



For God's Sake, Stop This Khichdification

They and us, equally serve the people And, for the soul purpose both study ample My ways are different, and so are theirs A science we both follow, that equally scores.

Our country is praised for a different cure That stood the test of time, and is still allure Incorporating nature, and so close to the creator Exihibiting a skill unique, they are no less a saviour.

A medicine modern evolved of a concept different Mixing with ancient, the foolishness is apparent. Lost would be this healer, between old and the new Trying to find himself, adjusting to this situation lieu.

With training substandard, endangering lives so precious The situation would be hopeless, and precarious. The ancient science slowly would lose its identity A mockery it will face, may reduce to a non-entity.

Mixopathy is no alternative to a tradition so ancient Knowing some new names, is totally insufficient Legalising quackery is no answer for health concern If so, then be the first to come under their scalpel!!

Trivialising our science, you insult our profession That comes under your criticism now and then Competition for us is tougher every new year With a back door entry, a crack we can see so clear.

Wake up my dear friends, stand united for a cause To save the nation from destruction by a new clause Come forward with ideas and solutions that sustain And free us all from this derision in our own domain!





Dr. Naaz Shaikh Former Woman Vice-President IMA-KSB



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IMA - FOCUS



ಡೈವಿಂಗ್ ಬಂದವರೆಲ್ಲಾ ಪೈಲೆಟ್ ಆಗಬಹುದಾ?

ಮೊದಲು ಪುರಾತನ ಪಠ್ಯಗಳನ್ನು ಪ್ರಸ್ತುತ ಕಾಲಘಟ್ಟಕ್ಕೆ ತಕ್ಕಂತೆ ಅಪ್ ಡೇಟ್ ಮಾಡಲಿ. ಆಯುರ್ದೇದ ತಜ್ಞರು ಶಾಸ್ತ್ರ ಕಲಿತರು, ಆದರೆ ಅದನ್ನು ಆಚರಣೆಗೆ ತರಲಿಲ್ಲ. ಸಂಶೋಧನೆಗೆ ತೊಡಗಿಸಿಕೊಳ್ಳಲಿಲ್ಲ. ಪೂರ್ವಜರು ಕೊಟ್ಟ ಪ್ರಸಾದವನ್ನೇ ಹಂಚುತ್ತ ಹೊರಟರು. ಪರಿಷ್ಕರಣೆ ಮಾಡಲಿಲ್ಲ. ಈ ಚಿಕಿತೆ ಫಲಪ್ರದವಾಗಲು ಬಹಳ ಕಾಲ ಬೇಕಿತ್ತು. ಆ ಸಂಯಮ

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Age in Yrs	Below 30	Betwn 31-35	Betwn 36-40	Betwn 41-45	Betwn 46-50	Betwn 51-55	Betwn 55-60
Fee for Existing old Scheme	Rs 11700/-	Rs 12200/-	Rs 12700/-	Rs 20700/-	Rs 23700/-	Rs 28700/-	Rs 36700/-
Fee for Silver Jubilee Scheme	Rs 22700/-	Rs 24700/-	Rs 26700/-	Rs 31700/-	Rs 38700/-	Rs 47200/-	Rs 57700/-

Recent death claim benefit given under Silver Jubilee Scheme is Rs. 37,67,500/- and in old Scheme is Rs. 17,34,251/-

Death claim benefit given to Covid - 19 death is Rs. 82,58,814/-(Including both Scheme)

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Secretary Mo: 9448415777

Joint Secretary Dr.S.B.Lakkol Mo: 9448560400

Joint Secretary Dr. S.K. Nara Mo: 9845365638

Treasurer Dr.Maheshkumar.S Mo: 9341738405

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IMA KARNATAKA PROFESSIONAL PROTECTION SCHEME (R)

IMA KPPS

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- All the existing members will be upgraded to New Scheme after adjusting the balance payment.
- The cause of Action must be in the period of active membership for all claims.
- Membership becomes effective from the Date of realization of Cheque or DD In favour of IMA KPPS.
- All operational modalities will be as per registered Bye-Laws of IMA's Karnataka Professional protection Scheme.

FEE DETAILS

a)	a) Fee details for the 1st year (admission contribution)				
	Admission fee	Rs. 100/-			
	Annual subscription Fee	Rs. 2000/-			
	Advance fraternity contribution	Rs. 1000/-			
	Total	Rs. 3100/-			
b)	Fee details for subsequent years				
b)	Fee details for subsequent years Annual subscription fee	Rs. 500/-			

*Amount paid towards financial assistance given to the members and Legal expenses in that financial year is equally divided and collected through Demand notice sent to each members as demand fraternity contribution every year in the month of April.

Dr. Honnegowda Chairman M. 9448118299 Dr. N. Dhanapala Hon. Secretary M. 9342161266 Dr. J.Sharanappa Hon. Treasurer M. 9448924466



IMA'S KARNATAKA STATE HEALTH SCHEME

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Age in Years	Total Amount, At the time of joining (1 st Year)	The Amount to be paid every year (2 nd Year onwards)			
Children below 25 yrs	Rs. 4000.00	Rs. 3000.00			
Below age of 35 yrs	Rs. 5000.00	Rs. 4000.00			
Below age of 45 Yrs but above 35 Yrs	Rs. 7000.00	Rs. 5000.00			
Below age of 55 Yrs but above 45 Yrs	Rs. 9000.00	Rs. 6000.00			
Below age of 65 Yrs but above 55 Yrs	Rs. 11,000.00	Rs. 7000.00			
Below age of 75 Yrs but above 65 Yrs	Rs. 13,000.00	Rs. 8000.00			
Below age of 85 Yrs but above 75 Yrs	Rs. 15,000.00	Rs. 9000.00			

The Admission fee details is as follows

LOCK IN PERIOD

- I) Founder member :- shall have the benefit of the scheme six months after joining the scheme or immediately after launching the scheme whichever is longer.
- ii) All the **ordinary members** and **beneficiary members below the age of 65** on joining shall have the benefit of the scheme after **12 months** of joining the scheme or immediately after launching the scheme whichever is longer.
- iii) All the ordinary members and beneficiary members above the age of 65 on joining shall have the benefit of the scheme after 24 months of joining the scheme or after launching the scheme whichever is longer.

NO CASHLESS SERVICE (They have to pay their bills themselves & Claim later)

- * No advance payment will be made to the members
- * Members will be given reimbursement of 75% of total amount of the bill not exceeding the sum limited to each disease.
- * If the benefit is not claimed in an academic year the benefit amount in total or any percentage will not be carried over to the subsequent years.
- *A member will get a maximum of benefit of Rs.2 Lakhs in one year.

The scheme is launched on 1st of July 2017 on the Doctors day Celebration at Bengaluru.

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Printed by M.S. Karnala, Published by Dr. S.M.Prosod on behalf of or owned by India Medical Association and Printed @ Padmashree Printers, No, 123, 1st K' Block, Dr. Rajkumar Road, Rajajinagar, Bangalore - 560 010, and Karnataka State Branch, IMA House, Near IMA Circle, Alur Venkata Rao Road, Chamarajapet, Bangaore - 560 018 Editor by Dr. B. Devdos Roi



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