

Vol.10 Issue - 10 August-2020, Place Bengaluru, Monthly, English, Pages-32, Price.1/-

DUSSEHRA

Be a hero Give blood





IMA ANTIQUACKERY DAY OCTOBER 2nd

Government tells each of Bengaluru's 113 primary health centres to conduct 200 to 300 swab tests a day, but people aren't turning up in such big numbers

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Bengahara has III primary health centres, and each of them is expected ti-do 2001o 300 tests a day Doctori say nor many people term up for sts, and that makes meeting

targets difficial. Doctors across the state had threatened to go enstrike from Menday to seek stringent action against the IAS officer, but they have now put off their plant.

Nariarroad Table Health Officer Dr S.R.Nagendra constricted suicide list Wednesday

and his father has alleged IAS efficer Prushant Kamur Mishra is responsible for his death. The poveration has asked for a

week to incaine into the allegations gainst the IAS officer," says Dr Srinna-8.5. secretary, Karnatska store chapter Cibe Indian Medical Association. Doctors in Musara were on strike for bree days, and returned to work on

committee grounds. The IMA is with here, he saw.

strike, because the Covid patients will suffer. We are planning to form a term of psychiamists to provide counselling fer doctors who are in depression," says Stianasa. The government must take all measures to fill the required vacateries. "This will help case pressure on the existing doctors," adds Srinisasa.

Scientrasa says Nagendra was under pressare from Midera to do 250 or 300 tests a day. "The IAS officer humiliated

and abused Norendra asking him why he was doing only 25 to 30 tests. It is not easy to bring an asymptomatic potient and test hirs, Doctors like Nation dra, who work tirelessly and

settlesab, will definitely get hartly this high-handed attitade of US officers," reasons Scenaus. He points out that it is

Dr S R Nagendra wrong to set targets for doctors 10.001293 Nagersdra left behind its child and his wife. "Who would ever think of committing soleide in such circumstances? He

must have been that depressed to take the extreme step," wonders Srinnasa,

At Victoria Hospital

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Dr C R Jasunthi, director and dean, Banpainre Medical College and Research Institute, says her doctors work round the clock, and it foor shifts. "Victoria Rosoital is a stadal course.

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SUICIDE CASE PUSHES IMA K'TAKA

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Karnataka

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EDITORIAL BOARD

Dr. Madhusudhana Kariganuru 9448237145 madhusudhanva@gmail.com

Dr. Anitha N. Rao 9448007119 / 9481653362 anitaraodr@gmail.com

Secretary IMA Focus Dr. H.S. Prabhavathi madhusudhanya@gmail.com

Honorary Treasurer Dr.Veeranna. B. 9448250685 drveerannab@gmail.com

Executive Editors

Dr. S. Srinivasa 9341238129 drsrinivasa7@gmail.com drsrinivas3@yahoo.in

Dr.Karaveeraprabhu Kyalakond 9448036207 drkvkyalakond@gmail.com

Co-Editor

Dr. Naaz Jahan Shaikh 9980719753 drnaazciti@yahoo.co.in

Editorial Board

Dr.Yoganadareddy.Y.C. 9844085120 reddy.yogananda@yahoo.com

Dr.Shanmuganandan V.C. 9448068720 drvcsnandan@gmail.com

Dr. Nataraj R. Rao 9481653362 drnataraj68@gmail.com

Dr. Dinesh Hegde 9448153406 mahalaxmisrs@yahoo.com

Dr. Veena Bhat 9480353878 veenaseetharambhat@gmail.com

Dr. K.S. Karanth 9448328030 / 7019531045 karanthdrks@gmail.com

State Office Bearers

Dr. M. Venkatachalapathi 9448985567 drmvchalapathy@gmail.com

Dr.Gopalakrishnabhat Sankabithilu 9448475196 gkbhatsankabithilu09@gmail.com

Dr. M.S. Jayanth 9448325885 dr.jayanthms@yahoo.co.in

Dr. H. Vijayakumar 9448556330 drvkhlgs@gmail.com

Dr. Sumathi K. Bhat 9845667148 sumathibhat6@gmail.com



Editorial

Greetings and good wishes!

We are living through one of the most challenging times of our lives. A near-invisible virus has brought the entire world to its knees.

As we all grapple with the alarming number of infected people and the accompanying anxiety, I am reminded of the quote by Charles Dickens: "It was the best of times, it was the worst of times.....it was the season of light, it was the season of darkness, it was the spring of hope, it was the winter of despair."

Doctors, nurses and other healthcare workers have been infected by novel coronavirus in large numbers. Many have succumbed to the illness. What intrigues is relatively higher death toll among Doctors than others. More than 87k health staff have been infected with Covid-19 and 573 have sacrificed their lives so far. All the doctors invariably are demotivated than desaturated. Anxiety is more among doctors than nurses. Unacceptable fear of succumbing to disease is more than will to survive and live. Doctors have been made scape goats due to their call of duty and society has no gratitude. They are caught between foolishness to work and smartness to avoid but in the end they opt to avoid cowardice tag to become either sacrificial goats or plain lucky.

In the middle of an unprecedented public health crisis, the healthcare landscape seems to be facing yet another catastropheseveral doctors choosing to end their lives. The suicide of Dr S.R.Nagendra, Nanjangud Taluk health officer, allegedly after he was abused by an IAS officer, has exposed the tremendous pressure the medical fraternity is under to ramp up Covid-19 tests. Doctors in Mysuru went on strike for three days and returned to work on humanitarian grounds after the IAS officer has been transferred from Mysuru. Significantly higher proportion of doctors in Indian settings experience stress, depression and burnout which is

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associated with long working hours, negative patient related outcomes, adverse doctor-patient interactions etc. Social distancing which has become a new norm has precipitated a mental health crisis. Formation of "IMA-KSB Psychiatry Cell" is definitely a welcome move in this regard. But this is not sufficient. We doctors should learn to be united and be firm on certain issues of our dignity and safety, without making any compromise, otherwise we will be the soft targets of patients as well as government. We representatives of medical fraternity and frontline COVID warriors request the government to work conjointly with all healthcare and administrative staff to ensure smooth functioning of the system.

The MEDIA is the Virus. People's behaviour is the PANDEMIC. Common sense is the cure. Lastly once again I request all my fellow doctors to choose wisely between life and duty. Stay safe and be connected.

Long live IMA.

- Dr Anita N Rao

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IMA PRAYER

May everybody be happy May everybody be healthy May everybody be free from pain May everybody be free from sorrow May we be the healing cure Beyond every greed & lure

FLAG SALUTATION

We, the members of Indian Medical Association stand here to salute our national flag.
Its honour and glory shall be our light and strength and its course shall be our course.
We pledge our allegiance to it and realizing our responsibilities as the accredited members of this national organization, we swear
we will dedicate everything in our power to see it fly high in the comity of nations.

Jai Hind !

Long Live IMA!

The good physician treats the disease. The great physician treats the patient who has the disease.



President's Message

Dear esteemed members,

"Suicide doesn't end the pain, it just passes it on to someone else."

We are very much moved by the death of our professional colleague Dr.Nagendra of Najananagudu. IMA KSB assured its whole hearted support to the protest organized by KGMOA. We also organized Black badge protest on 21st and 22nd IMA KSB did black badge protest and Candle light vigil on 23rd August to strengthen the fight and to express our displeasure.

Over the past five months, doctors are struggling to the physical toll of working long shifts in sweaty PPEs and boosting the morale of patients and families. Once they remove their medical coats to return home, the fear of putting their families at risk starts creeping in. They are not only facing the daunting task of handling patients, but are also fighting to keep their own worries and emotional stress at bay.

Doctors across the world work in toxic stressful conditions. With soaring levels of burnout, the Covid pandemic has the effect of stabbing a fresh wound. The long working hours, changes in patient and societal expectations, violence against doctors and recently the pressure and harassment from officials often are making them to take life or death decisions under considerable pressure. For several decades, it has been illustrated that rates of psychiatric disorders, especially suicide, are considerably higher in doctors than the general population.

In order to address depression, burnout and suicide, IMA KSB is planning some steps to ensure doctors are mentally healthy; through its Doctors for Doctors, "SANTHVANA" a helpline for IMA members. We are also planning execute this & also organize self-help and awareness workshops in association with NIMANS Bengaluru.

IMA KSB requests all its members to follow expert advice for self-care, de-stressing, positive selftalk, and focus on the present to help you fight burnout. If feeling overwhelmed, don't hesitate to reach out for professional help. And even though it may not seem like it when you are deep in the trenches, rest assured, there is light at the end of the tunnel.

Our much awaited changes in the KPME registration and renewal process has become a reality. The requirement of Trade license, occupancy certificate for registration of our establishments has been removed . For renewal there is no need of reinspection & reuploading of the documents unless there is an up gradation .By paying a prescribed fee within time the registration will be renewed automatically. These are brought because of expertise, professionalism, and commitment that were made by IMA KSB and PHANA President Dr.Ravindra.R. of Suguna hospital Bangalore, Dr.Yogananda Reddy.Y.C. IMA KSB legal cell Chairman, Dr.Pavan Patil and Dr.Nagendraswamy who've made a great impression on bringing out these morphosis.

I request all the IMA State council members to attend the IMA KSB 296th State Council Meeting on 13-09-2020 at 10 AM through Zoom Meeting with Meeting ID: 594 076 5774 & Passcode: imaksb.

IMA KSB congratulates our President Elect Dr.Venkatachalapathi.M. for being nominated for the Karnataka Medical Council and wishes him.

Stay safe

Long Live IMA

- Dr. Madhusudana Kariganur

Each patient carries his own doctor inside him.

Dear IMA members,

Hope everyone is safe, maintaining good health in this COVID pandemic.

As everyone is aware about mortality among the doctors is very high, i.e three times of the General population because of the viral load, you should take utmost precaution and spend less time with the patient, since non COVID patients are very risky.



Last Sunday lot of discussion happened in head quarters at President and secretaries meet about doctors mortality due to COVID.

Overall we have lost 296 doctors by 29/8/2020. In that more than 200 doctors were above 50 years. this clearly shows mortality is more in doctors who are more than 50 years.

Dear friends as majority of practitioners are more than 50 years cause young doctors will be working in major hospitals they take much precautions compared to senior doctors, one more reasons senior doctors association with patients are little bit different compared to youngsters, they take more time and involvement also more.

Single doctors clinic is more dangerous especially with small cabins with less ventilation.

Dear friends you should take care, should give first priority to your health.

As everyone is aware our Doctors are undergoing lot of stress because of so many reasons may be because of more work,

- Devoid of leaves
- No relaxation
- Un scientific pressures from Buriacrates.
- Rude behaviour of Buriacrates.
- They will be seeing always suffering Covid patients.

We are very unfortunate of loosing Dr Nagendra THO at Nanjangud because of suicide. Everyone faced lot of sorrows during this period, three districts doctors both Government and private doctors protested, our IMA Members in corresponding districts were there with government doctors, I should appreciate and thank full to all our members who has given moral support to our fraternity.our president and whole IMA KSB Team stood like a rock with KGMOA.

We have written letter to IMA HQ Requested them to intervene, we are surprised to see their instantaneous response, they have written letters to central Health minister, our state

Before you examine the body of a patient, be patient to learn his story.

August -	2020,	IMA -	FOCUS	
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chief minister, health minister, chief secretary, etc.

They have all over India presidents secretaries on line meeting to discuss about the crisis and how to handle.

Ultimately they came to conclusion to advice every state

- 1. Not to keep quite by tolerating the insults.
- 2. Keep writing to Buriacrates about difficiencies repeatedly.
- 3. They have to be taken care by psychiatrists,
- 4. Head quarters given lot of responsibility to State IMA to tackle doctors problems.

By keeping all these option, IMA KSB initiated psychiatric help line under the chairmanship of Dr Karanth, senior IMA member and psychiatrist with Dr Jayanth, Dr. Ganesh prasad, Dr Harish, Dr Deepak its very fortunate in getting Dr Suresh Badmat psychiatrists com legal expert from Nimhans his role is fantastic in creating psychiatrists help line for our IMA DOCTORS, I have lot of confidence on these stalwarts, definitely our goal will be succeeded, in protecting our fraternity, more psychiatrists are joining the core group shortly.

We are facing lot of humiliation, Mental torcher, even financial crunch due to COVID.

You should have confidence in managing in all types of crisis.

IMA family we should stand together, help each other, stay together, work together.

Jai Hind. Jai IMA.

- Dr. S. Srinivasa

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ATTENTION

Membership Fee (HFC Details)

Life Membership fee of the IMA 1-11-2019 onwards

Particulars	Amount to be Sent to IMA KSB	Extra Amount collected &
Single Life	11000-00	retained by the local Branch
Couple Life	16500-00	Decided by the local branch

Before you diagnose any sickness, make sure there is no sickness in the mind or heart.



Women Vice President's Desk

Dear IMA Members,

Seasons Greetings and Best Wishes to all. I wish you all to be *Hale And Healthy.* Every successful people have two things on their lips, *Smile and Silence.* Smile - to solve problems, Silence - to avoid problems. Hope you all get it.

During this COVID 19 pandemic regime I couldn't do service to people, more over my age restricted me as a senior doctor to stay at home and be safe. My colleagues Dr.Srinivas, Dr. Pavan Patil repeatedly advised me to stay at home.

Few things what I have done Iam writing here, On 5th Feb 2020 – IMA Bangalore branch organized mega health checkup camp and blood donation camp for the benefit of officers and traffic police of Bangalore South at IMA house Chamarajpete, Bangalore. Guests of honour were Dr. Madhusudhana Kariganoor president IMA Karnataka, Dr. Jayanthi Dean and director BMCRI who graced the occasion. With different diagnostic services and team of speciality doctors more than 300 people were screened and treated.

On 16th Feb. 2020 attended SWC meeting of IMA KSB at IMA house Bangalore. On 6th 7th and 8th march we had gone for branch visit Chintamani , Srinivaspura, Mulubagalu, KGF, Kolar, Malur , Bangarpet, Hoskote along with State president Dr Madhusudhana Kariganoor , President elect Dr.Venkatachalapathy , Dr Sharanappa Treasurer , Dr Soumya Divisional co coordinator . We were well received by the concerned branch President and Secretary, Thanks to all.

CME programme was arranged by KGF branch; coincidentally we were at the kolar IMA house to grace the International womens day occasion which was organized by WOMENS DOCTORS WING (WDW), Dr Narayanaswamy, Dr Hemavathy and myself also gave speech. In all the branches our president discussed administrative and functioning of the branches, IMA welfare schemes such as KSSS, KSHS, KPPS etc.

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Later due to lockdown in the state was announced due to COVID 19 we could not visit other branches. My intention is Womens Doctors wing should be there, if not in taluk level at least at the district level. Chintamani and Kolar branches are having WDW, KGF branch has given assurance that they will form WDW.

April 14th 2020 attended webinar; SWC KSB meeting. April 25th 2020 attended webinar "Sudden Death in COVID -19" anchored by past national president Dr K K Agarwal, speaker was Dr R V Amruthan cardiologist from Madurai with our national leaders.

May 9th 2020 attended webinar on topic "Vaccine for COVID-19" IMA resource person Dr K K Agarwal past national president IMA HQ anchored the webinar.

May 30th 2020 attended Bangalore branch EC meeting online. June 2nd 2020 attended webcast "Common Tips For Practicing Pediatricians". June 14th 2020 attended the SWC "Hybrid" meeting at IMA House, Bangalore. June 27th 2020 webinar organized by HDFC and AMC 'Tough time –right decisions' by Dr. Radhakrishna Pillai. July 1st 2020 Doctors Day attended the celebration through video conference. Dr. Sudhakar Hon Medical Education Minster was the chief guest, function was presided over by President IMA KSB; where he addressed our problems very well.

July 25th 2020 attended zoom meeting organised by National chair person IMA Womens Doctors Wing (WDW) Dr Mona Desai, Topic: Prevention and Treatment of COVID 19, Infection and Myths about COVID 19 treatment; Speaker past National president Dr. K.K.Aggarwal.

August 2nd 2020 attended zoom meeting organized by IMA Karnataka state branch, resource person Dr Yogananda Reddy Y C chairman IMA legal cell, Presided by President IMA KSB.

"A positive thinker sees the invisible and achives the impossible"

Like that State level "Women's Doctors Enclave" by webinar will be conducted next month.

Iam grateful to all.

Long live IMA.

Dr. Sumathi K. Bhat

Before asserting a prognosis on any patient, always be objective and never subjective.



Indian Medical Association, Karnataka State Branch

IMA House, Near IMA Circle, A.V.Road, Bangalore-560018 Telefax: 080-26703255, E-mail: imafocus@gmail.com

Ref: IMA/KSB/Oration/Felicitation/251/2020

Date: 1st August 2020

To: **The Presidents / Honorary Secretaries, Local Branches of IMA in Karnataka.**

Sub: Oration Lecture to be arranged at the time of 86th IMA Karnataka State Annual Medical conference (86th MEDICON-2020).

As you all know there will be 5 Orations at the time of 86th IMA Karnataka State Annual Medical conference (86th MEDICON-2020) every year viz:-

- 1. IMA-KSB Prof. Dr. Nanjundaiah Memorial Association Oration.
- 2. IMA-KSB Endowment Oration.
- 3. IMA-KSB Prof. Dr.S.V.Govinda Setty Memorial Oration
- 4. IMA-KSB Prof.Dr.R.H.N.Shenoy Oration (Co-sponsored by Dr.R.H.N.Shenoy Felicitation Committee).
- 5. IMA-KSB Dr.AKN Sinha Oration.

IMA-KSB Prof. Dr.Nanjundaiah Memorial Association Oration: This has to be arranged by the State Branch of IMA to honour a member of the Karnataka State Branch of IMA who has done yeoman service to the Association.

Endowment Oration: This has to be arranged by the State Branch of IMA. An eminent Physician has to be invited as Speaker.

Prof. Dr.S.V.Govinda Setty Memorial Oration: This Oration shall be for the specific purpose of honouring a Teacher of repute in the field of Medicine in view of the fact that Prof. Dr.S.V.Govinda Setty was himself a renowned Teacher and a Physician.

Prof. Dr.R.H.N.Shenoy Oration: (Co sponsored by Dr.R.H.N.Shenoy Felicitation Committee): This Oration shall be for the specific purpose of honouring a Teacher of repute in the field of Surgery in view of the fact that Prof. Dr.R.H.N.Shenoy was himself a renowned Teacher and a Surgeon.

Dr.A.K.N.Sinha Oration: This has to be arranged by the State Branch of IMA. An eminent Physician has to be invited as speaker.

Note : All the 5 Oration are 40 Minutes duration. The First Class traveling allowance and accommodation of speaker will be met by the Organising Committee of the Conference. Last date to receive the nominations from Local Branches is **On or before 30th September 2020. Names received after 30th September 2020 will not to be considered for selection.**

The delivery of good medical care is to do as much nothing as possible.

Felicitation's to eminent IMA Members: Five Eminent Members of IMA who has done yeomen services in the different fields like Literature, Sports, Politics, Medical Services Social Services etc., will be felicitated in the inaugural function of the 86th IMA Karnataka State Annual Medical Conference (86th MEDICON-2020). I request you to suggest names and address of eminent members of your branch with their Bio-Data with work and achievements ,Photo, Address, Phone/Mobile Nos. and E-mail for the Felicitation, to enable the committee for selection of eminent personalities.

Your reply should reach this office on or before 30-09-2020. Names received after this date 2020 will not be considered for selection.

All Local Branches are hereby requested to Send the New office-bearers List of all Local Branches for the year 2020-21 (President, Secretary, State and Central Council Members) with Address, Phone/Mobile Nos. E-mail and Fax No. so as to reach IMA Karnataka State Branch on or before 30.09.2020 with a copy to the Hony. Secretary General, Indian Medical Association, Headquarters, IMA House, Indraprastha Marg New Delhi-110 002. In any case if any local branches fail to send the revised list on or before 30.09.2020, the old list of office bearers will be taken in to consideration.

Any Branch willing to host the 87th IMA Karnataka State Annual Medical Conference to be held [in October 2021] may kindly send an invitation through the Executive Committee of the Branch to the Hon. State Secretary, IMA Karnataka State Branch on or before 9th October 2020. Inviting Local Branch shall Deposit Non refundable Deposit of Rs.5000/- to the State IMA.

All Local Branches are hereby requested to send the Annual Report of all activities conducted from 01-10-2019 to 30-09-2020 to IMA Karnataka State Branch on or before 30-09-2020 for consideration of awards to be given at 86th MEDICON-2020 at Jindal Vidyanagar Campus, Toranagallu Township, Ballari District on 16th, 17th and 18h of October 2020.

Thanking you,

Yours Sincerely,

Madmender B.

Dr.Madhsudhana Kariganuru President

Dr.Srinivasa.S. Honorary State Secretary

Copy to:

- (1). Dr.M. Venkatachalapathy, President-Elect, IMA Karnataka State Branch
- (2). Dr.K.S.Karanth, Chairman, Awards Sub-committee, IMA Karnataka State Branch
- (3). All Members of State Working Committee of IMA Karnataka State Branch

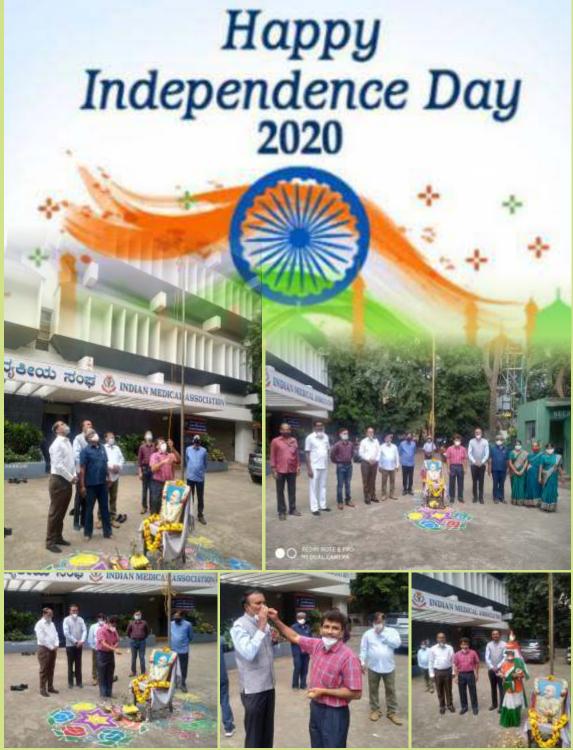
BRANCH ACTIVITIES

Branch: Chikkaballapura President : Dr.Prashanth S. Murthy Secretary : Dr.Madhuvan. H.S.

IMA Chickballapur got actively involved in the COVID pandemic management. After detailed discussion with the executive committee it was decided to take an existing hospital and convert into a exclusively COVID hospital specially catering to health care personnel, and also in view of expanding our wings to serve the public. As per out culture a pooja was performed on 31st June 2020 and God's blessings were invoked. With the divine blessings our venture started with a positive note. Till date we have treated 89 COIVD positive patients. People gave our team a positive feedback. We have got lot of help from our fellow colleagues in managing the hospital and treating the patients. We are hoping to increase our services and give maximum benefit to our people. Online CME was conducted in association with NOVARTIS company, regarding Idiopathic Thrombocytopenic Purpura. Almost 40 doctors participated in the program.

Branch: Mandya	President	:	Dr.T.N. Marigowda
	Secretary	:	Dr.Vinay. M

IMA conducted Covid Awareness Session to health workers of private nursing homes and hospitals like nurses, pharmacists, lab technicians, etc. On 01 Aug 2020, IMA members were invited to be part of Expert Committee by the district commissioner who is the chairperson. Various activities are being done by the expert committee including monitoring of covid hospitals and improving the facilities there. MIMS Govt hospital was visited and situation was assessed and suggestions for improvement was made. Follow-up visit was done by IMA president and DHO to ensure implementation of suggestions was being done. On 14 Aug 2020, Expert committee meeting was held to update on the various activities being done and lacunae present. Private hospitals were visited to ensure that 50% of beds were given to covid patients. Detailed surveillance was done regarding cleanliness, diet, case sheets, CCTV footage, etc to ensure all facilities was being provided to covid patients. Suggestions were given for further improvement. On 15 Aug 2020, Independence day was celebrated at IMA hall, Mandya. Flag Hoisting was done by president Dr TN Marigowda and Secretary Dr Vinay M. IMA Mandya branch congratulates the IMA Karnataka state president, secretary and office bearers towards their huge effort with regard to KPME act and simplifying the bureaucratic process. Separate guarantine / Isolation facility for IMA members and their family is being by IMA Mandya, run in the City club of Mandya city and doctors are making use of the facility which also has emergency equipment and other facilities provided by Dr Kakkilaya (Ex-president, IMA Mandya).



IMA-Kannataka State Branch

The best doctor gives the least medicines.













Whenever the art of medicine is loved, there is also a love of humanity.

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IMA Chikkodi



IMA Sirsi



IMA Nelamagala



IMA Yadagiri





The presence of the doctor is the beginning of the cure.





IMA Ilakal



IMA Raichur

IMA Vijayapur



Medicine is a science of uncertainity and an art of probability.



ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘ ತಮೆಕೂರು ಶಾಸ್ತ್ರ



IMA Tumakur







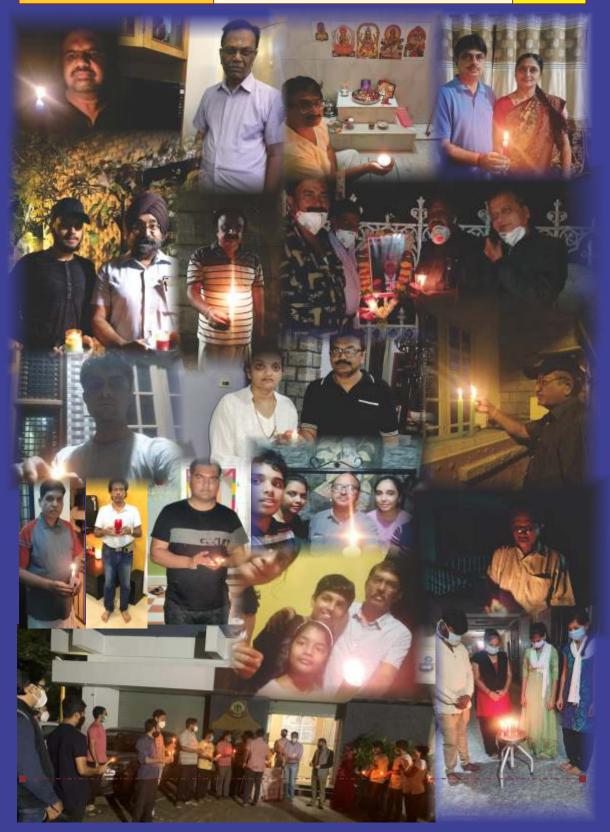
IMA Udupi Karavali



Stethoscope is not just an instrument, it's a jewellry.

Heart felt respect to departed soul Dr. Nagendra, Taluk Health Officer of Nanjanagudu – by Local branches of IMA in Karnataka







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August - 2020, IMA - FOCUS					Page No.	22
Branch: Gadag	Pr	esident	:	Dr.Radhika Kulkarni		
	Se	cretary	:	Dr.Bharathkumar G.Bidinahal		

On24th July 2020: IMA Gadag had conducted a meeting with the General Practitioners, Family physicians, RMPs from slum areas to give awareness about early detection of corona infection and referring the patients at right time. 12 practitioners were given free pulse oximeters and thermal scanners. Dr Pyarali Noorani, Dr Bharat Bidinihal, Dr S.S Neelgund attended the event. On 24th July 2020: Dr Shivangouda, Neonatologist was selected as one of the members of PDF for guidelines for antenatal, intranatal and post-natal and new-born management. He is representing Gadag in formulating guidenlies for Karnataka. On 1st August 2020: IMA Gadag Blood Bank, Board meeting was conducted to discuss about voluntary blood donation camp by IMA members. Discussions were done regarding purchasing a Plasmapheresis Machine to cater to the needs of Gadag especially facilitate plasma therapy to covid patients. On 26th June 2020: IMA Gadag Secretary Dr Bharat Bidinihal planted 4 saplings in front of his house, to bring awareness about the importance of vanamahostava to keep the environment clean. 10 doctors took part in this event. On 2nd August 2020: Gadag IMA president Dr Radhika Kulkarni, Secretary Dr Bharat Bidinihal attended the Zoom meeting conducted by IMA KSB regarding "How to manage a Covid Hospital". IMA State President Dr Madhusudan Kariganur, Secretary Dr Shrinivas conducted the meeting. Discussions were done under the guidance of Dr Yogananda Reddy. On 3rd August 2020: Breast Feeding Awareness week function was held at Dr Kulkarni Maternity Hospital. Dr Sadiga Noorani was the guest and gave a talk about the importance of breast feeding and tips for lactating mothers. Dr Pyarali Noorani, & Dr Uday Kulkarni were present. Dr Radhika Kulkarni welcomed the gathering. Around 20 mothers attended the event and breakfast was distributed. On 3rd August 2020: Dr Pyarali Noorani conducted an awareness program for GPs in Kariyamkal area at Abdul Kalam College. Teachers of the college were also present. All the queries of the Gps and teachers were discussed. Pulse oximeters were distributed to the GPs. IMA Gadag President Dr Radhika Kulkarni and Dr Uday Kulkarni were present. Municipality commissioner Mr. Mansoor Ali was the guest. On 4th August 2020: Gadag IMA President Dr Radhika Kulkarni was selected as one of the member of the District Level Medical Expert Committee for monitoring and regular inspection, supervision and guidance to the Government and Private Hospital that are providing care to the Covid-19 patients. This committee headed by the DC, consists experts from fields of Anaesthesia, Pulmonary Medicine, Cardiology, General Medicine etc both Government and private sectors. On 05th August 2020: An emergency meeting was called at the DC Office. The current situation of the corona Pandemic was discussed and he instructed to conduct inspection to all the covid care Hospitals regarding the proper functioning and care of covid patients. This meeting was attended by ADC, DHO and all the members of the expert committee. On 05th August 2020: Breast feeding week was celebrated in Naregal PHC by Dr Praveen Sajjanar. Awareness of breast feeding was given to Covid Positive mothers. Around 30 people attended the program. On 06th August 2020: Noted Obstetrician Dr Prabha Desai conducted Breast feeding week at Sparsh Hospital. She spoke about importance of breast feeding. Dr Dhanesh Desai was the guest. Around 20 mothers, Hospital staff and Health workers attended the event. On 07th August 2020: Breast feeding week was celebrated by IMA Gadag along with Rotary Midtown Gadag. IMA Gadag president Dr Radhika Kulkarni spoke about the importance of breast feeding. Snacks were provided to the mothers. On 07th August 2020: World breast feeding day was celebrated in MCH Hospital Gadag by OBG Department. Dr Karigoudar inaugurated the function. Dr Praveen Sajjanar spoke in the program. Mothers, Asha workers and Nursing staff attended the function. On 08th August 2020: For Health awareness to the workers of Hiten Nuts and bolts factory Binkadkatti, a new GYM was inaugurated. Dr Pyraali Noorani, Dr Pawadshettar and Dr Guruprasad attended. The Instruments were provided by IMA for the GYM. Dr Guruprasad talked about the use of Gym instruments properly. Around 30 people attended the Gathering. On 15th August 2020: Dr Sanjeev Joshi, Chairman IMA Blood Bank hoisted the National flag at Zenda Circle on the occasion of Independence Day. 20 doctors were present. Sweets were distributed on the occasion. On15th August 2020: In IMA Gadag, premises, 74th Independence day was celebrated. The National flag was hoisted by Gadag IMA President Dr Radhika Kulkarni. Past President Dr G.B Bidinihal talked about the freedom struggle. Patriotic Songs were sung by Dr Guruprasad and Dr Uday Kulkarni. Around 30 doctors attended the celebrations. Breakfast and sweets were distributed to all the members. On 18th August 2020: Dr Anupama Patil, President of GOGS and Secretary Dr Praveen Sajjnar took part in webinar topic concerned with male infertility and pain management in endometriosis. The webinar was organised by FOGSI and KASOGA. On 21st August 2020: IMA Gadag had a press meet about the sudden suicide death of Dr Nagendra THO Nanjungud Mysore District. President Dr Radhika Kulkarni requested higher Government Officials and the public not to put too much pressure on doctors, since the doctors are already overworked and doing a great service in this corona pandemic. Senior doctors and GIMS doctors attended the press meet. 22nd August 2020: IMA Senior Member Dr Pyarali Noorani, Dr Uday Kulkarni along with the President of Gadag IMA Dr Radhika Kulkarni visited Senior IMA Member Dr Basavaraddi who recently won the corona battle and recovered safely. Also met Dr J.K Lakhani, senior most member of our IMA Gadag, who came out a serious health issue. Wished both of them a healthy life in coming days. Requested them to take care of their health. IMA Gadag Blood Bank activities: For the Month from 20th July 2020 to 20th August 2020: Total Number of Bags collected: 340, Total Number of PRBC: 263, Total Number of FFP:477, Total Number of PC: 81, Camps conducted 2.

Branch: Jamkhandi President : Dr.H.G.daddi Secretary : Dr.V.S.Biradar

On 09-08-2020 Executive Committee Meeting. On 15-08-2020 Participation in Independence Day Celebration. Corona Warriors felicitated. On 16-08-2020 Covid-19 awareness programme for local Lions Club Members. On 18-08-2020 Tree plantation programme at local school. On 20-08-2020. Felicitated recent IAS passed Mr. Anand V. Kaladagi.

August - 2020, IMA - FOCUS					P	age No.	<mark>24</mark>
Branch: Raichur	Pr	esident	:	Dr.Mahalingappa. B			
	Se	cretary		Dr anirudh Kulkarni			

IMA Raichur with Nursing home Association was instrumental in motivating two nursing home owners to start exclusive Covid Centre in two Nursing homes. Meeting with Deputy Commissioner and District Health Authorities in Combating Pandemic. Radio talk on corona, bringing awareness regarding social stigmata of corona.

Branch : Sirsi	President	: Dr. Raghavendra Udupa	
	Secretary	: Dr. Tanushree Hegde	

Aug 15th -74th Independence Day was celebrated with fervour by the members. President Dr Raghavendra Udupa hoisted the national flag on the ocassion at Suvarna Soudha. Aug 1st - Covid hospital was started at Sirsi Scan centre premises in joint association of IMA and Rotary club.25 bed facility with 8 bed ICU, 4 HFNC machines has been successfully treating COVID positive cases under the care of IMA doctors. Aug 25th State wide teachers training program on online education was launched by Rotary.IMA sirsi is one of the organisers and its members are participating as resource persons in the training modules to be held every Tuesday in 3 sessions. Miss Sannidi, D/ o Dr Mahabaleshwar Hegde stood first to state in SSLC exam and Mr.Tejas S/o Dr K S Raysad and Dr Vatsala Raysad stood 5th to state in SSLC exam and bought laurels.

Branch : Sullia	President	:	Dr. Shri Krishna B N
	Secretary	:	Dr. Ravishankara S

Health talk on 'BREAST FEEDING – OBSTETRICIAN PERSPECTIVE' given by Dr.Geetha Doppa on 7th August 2020. Flag hoisting & independence day celebration on 15th august at IMA House, Sullia. IMA president Dr.Shri Krishna Bhat hoisted tricolour flag. IMA Sullia organised and participated in blood donation campalong with rotary club, Sullia on 15th august. 36 people donated blood. Cash prize and certificate were distributed to the winners of essay competition conducted by IMA Sullia on blood donation on 15th august.

Branch: Udupi-Karawali President : Dr. Umesh Prabhu Secretary : Dr. Prakash Bhat

On 15/08/2020: Independence day celebration at IMA hall premises with felicitating and thanking Corona Warriors. IMA Udupi Karavali donated 5 pulse oximeter, 5 HFNO meter and 5 oxygen cylinder (worth 15 Lakhs) to give hospitals, treating Corona Covid patients through District administration. IMA Udupi Karavali arranged IMA Covid-Corona beds at IMA hall for isolation and quarantine purpose for Covid warriors with 3 beds with all facilities including oxygen cylinder.

He is the best physician who is the most ingenious inspirer of hope.

86th MEDICON IN OCTOBER 2020

Hosted by IMA SIRUGUPPA BRANCH

On

16-10-2020- For Business Hours 17-10-2020- For Conference 18-10-2020- For Conference

At

Jindal Vidyanagar, Toranagallu Township. Ballari.

IMA State President:

Dr. Madhusudhana Kariganuru

IMA Siruguppa President :

Dr. Gangamma. K. 9448717620

IMA Siruguppa Secretary:

Dr. Prashanthkumar.G.N. 9164658658

Treasurer : Dr. Shashikumar

Scientific Committee:

Dr. Rajesh Bandagi Dr. Narendra. B.M.

Patrons

Dr. Naryanappa. B. Dr. Jayaramareddy. M.

Dr. M.G.Hallur

Organizing Chairman :

Dr. Achuthakumar. C.

Organizing Secretary :

Dr. Manojkumar. B.

Registration Committee:

Dr. Basavaraja Dammur

Dr. Veerendra.K.G.

Reception Committee:

Dr. Madhavilatha.G.

- Dr. Jyothi Palled
- Dr. Sujatha Sugur

Dr. Annigeri

The best way to find yourself is to lose yourself in the service of others.

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Stage and Audio:	Cultural Committee:
Dr. Jagannath.	Dr. Eranna. B.
Dr. Vidyashree. M.	Dr. Akshatha C.
Dr. Radhadevi	Dr. Narayanareddy. S.
Dr. Thippeswamy	Dr. Jayalakshmi.
Souvenir :	Accommodation :
Dr. Sathish.	Dr. Ravindranath G.
Dr. Surekha	Dr. Maheshkumar.
Dr. Irfan	Dr. L.Veerareddy.
Dr. Manik Choudary	Banquet and Food :
	Dr. Jaleel. K.
	Dr. Prabhavathi.H.S.
	Dr. Mohammad Ghouse
Advisory Committee :	
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IMA KSB Past State President.	President IMA Sindhanuru
Dr. Yoganandareddy.Y.C.	Dr. C.B.Chinvalar
IMA KSB Past State President.	President IMA Gangavathi

Dr. Aruna Rao

IMA KSB Past State Vice President

Dr. Arun.S.K. President, IMA Ballari **Dr. G.M. Someshwar** IMA Hosapete

Conference Office

Dr. Manoj Kumar B Organizing Secretary, 86th IMA Karnataka State Annual Medical Conference (MEDICON-2020) Madhu Shashtra Chikitsalaya, Near Ambrutheshwara Temple, Siruguppa - 583121, Ballari Dist. Mob.: 9591156738 E-Mail : bmanoj.dr@gmail.com, Web : www.imakarnataka.in

When you feel like stopping, think about why you started.

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IMA'S KARNATAKA SOCIAL SECURITY SCHEME	
IMA House, Bailappanavar Nagar, Hubballi-29 IMA KSSS Phone no. 0836-235 56 56 <u>www.imaksshubli.org</u>	INAN
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Age in Yrs	Below 30	Betwn 31-35	Betwn 36-40	Betwn 41-45	Betwn 46-50	Betwn 51-55	Betwn 55-60
Fee for Existing old Scheme	Rs 11700/-	Rs 12200/-	Rs 12700/-	Rs 20700/-	Rs 23700/-	Rs 28700/-	Rs 36700/-
Fee for Silver Jubilee Scheme	Rs 22700/-	Rs 24700/-	Rs 26700/-	Rs 31700/-	Rs 38700/-	Rs 47200/-	Rs 57700/-

Recent death claim benefit given under Silver Jubilee Scheme is Rs. 33,50,000/- and in old Scheme is Rs. 17,14,600/-

> Chairman Dr.Yoganandareddy.Y.C Mo : 9844085120

Secretary Dr. Prakash Reddy K.T. Mo : 9448415777

Joint Secretary Dr.S.B.Lakkol Mo : 9448560400 **Joint Secretary Dr. S.K. Nara** Mo : 9845365638 Treasurer Dr.Maheshkumar.S Mo : 9341738405

Kindly visit our website- www.imakssshubli.org

IMA House, Bailappanavar Nagar, Hubballi-29 Phone no. 0836-235 56 56

The art of being happy lies in the power of extracting happiness from common things.



86th MEDICON 2020

Hosted by IMA SIRUGUPPA BRANCH, On 17 & 18 October 2020

REGISTRATION FORM

Conference office: Dr. Manoj Kumar B, Organizing Secretary, 86th Medicon 2020 Madhu Shashtra Chikitsalaya, Near Ambrutheshwara Temple, Siruguppa - 583121, Ballari Dist. Mob.: 9591156738 | E-Mail : bmanoj.dr@gmail.com, | Web : www.imakarnataka.in

Doctor Name :	
IMA Membership No.:	
Branch :	State :
Address :	
Mobile : Email	:
Payment : DD/Cheque No	Dtd
Bank	
Date : Plate :	Signature :
 Payment Details : Mode of Payment	SEE-MAIL TRANSACTION RECEIPT. cal Association, Siruguppa Branch c of India, Siruguppa Branch

Tariff for the delegation

Category 1-2-2020 till Spot Conference Registration
embers 4000/- 4500/-
on Committee Rs10,000/- Rs10,000/-
panying Rs 3500/- Rs 3500/-

Happiness is the spiritual experience of living every minute with love, grace and gratitude.

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IMA KARNATAKA PROFESSIONAL PROTECTION SCHEME (R)

IMA KPPS

IMA House, Alur Venkata Rao Road, Chamarajpet, Bangalore 560 018 Reg. No.DRB-2/SOR/179/2019-20

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• FINANCIAL ASSISTANCE CLAIM (INDEMNITY) AMOUNT UP TO RS. 1 CORE. (ONE CRORE)

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- The cause of Action must be in the period of active membership for all claims.
- Membership becomes effective from the Date of realization of Cheque or DD In favour of IMA KPPS.
- All operational modalities will be as per registered Bye-Laws of IMA's Karnataka Professional protection Scheme.

FEE DETAILS

a)	Fee details for the 1st year (admission contribution)		
	Admission fee	Rs. 100/-	
	Annual subscription Fee	Rs. 2000/-	
	Advance fraternity contribution	Rs. 1000/-	
	Total	Rs. 3100/-	
b)	Fee details for subsequent years		
	Annual subscription fee	Rs. 500/-	
	Demand fraternity contribution	Decided and intimated that year *	

*Amount paid towards financial assistance given to the members and Legal expenses in that financial year is equally divided and collected through Demand notice sent to each members as demand fraternity contribution every year in the month of April.

Dr. Honnegowda Chairman M. 9448118299 Dr. N. Dhanapala Hon. Secretary M. 9342161266 Dr. J.Sharanappa Hon. Treasurer M. 9448924466

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The one who has a good friend, doesn't need any mirror.



IMA'S KARNATAKA STATE HEALTH SCHEME

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A doctors mutual health contribution scheme will give

peace of mind in knowing that you are protected from most of these costs

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Age in Years	Total Amount, At the time of joining (1 st Year)	The Amount to be paid every year (2 nd Year onwards)		
Children below 25 yrs	Rs. 4000.00	Rs. 3000.00		
Below age of 35 yrs	Rs. 5000.00	Rs. 4000.00		
Below age of 45 Yrs but above 35 Yrs	Rs. 7000.00	Rs. 5000.00		
Below age of 55 Yrs but above 45 Yrs	Rs. 9000.00	Rs. 6000.00		
Below age of 65 Yrs but above 55 Yrs	Rs. 11,000.00	Rs. 7000.00		
Below age of 75 Yrs but above 65 Yrs	Rs. 13,000.00	Rs. 8000.00		
Below age of 85 Yrs but above 75 Yrs	Rs. 15,000.00	Rs. 9000.00		

The Admission fee details is as follows

LOCK IN PERIOD

- I) Founder member :- shall have the benefit of the scheme six months after joining the scheme or immediately after launching the scheme whichever is longer.
- ii) All the **ordinary members** and **beneficiary members below the age of 65** on joining shall have the benefit of the scheme after **12 months** of joining the scheme or immediately after launching the scheme whichever is longer.
- iii) All the ordinary members and beneficiary members above the age of 65 on joining shall have the benefit of the scheme after 24 months of joining the scheme or after launching the scheme whichever is longer.

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- * Members will be given reimbursement of 75% of total amount of the bill not exceeding the sum limited to each disease.
- * If the benefit is not claimed in an academic year the benefit amount in total or any percentage will not be carried over to the subsequent years.
- *A member will get a maximum of benefit of Rs.2 Lakhs in one year.

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Contact Address : The Secretary's office, Shushrusha Nursing home, LG Road near, Mahaveer circle, GANGAVATHI-583227

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Dr Manjunath G M Channapatna



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Dr Ajith Kurthkoti Bengaluru



Dr Shivakumar Tumakuru



Dr Gourish Patil Athani



Dr. Basavraj Mundaragi



Dr. Hanumanthgad Jaganath Vinayak Bailahongal



Dr S.R. Nagendra Nanjanagudu



Dr Laxminarayana Shikaripura

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