

Vol.10 Issue-4 February-2020, Place Bengaluru, Monthly, English, Pages-36, Price.1/-









President Visit to Local Branches



















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February - 2020, IMA - FOCUS

EDITORIAL BOARD

Dr. Madhusudhana Kariganuru 9448237145 madhusudhanva@gmail.com

Dr. Anitha N. Rao 9448007119 / 9481653362 anitaraodr@gmail.com

Secretary IMA Focus Dr. H.S. Prabhavathi madhusudhanva@gmail.com

Honorary Treasurer Dr.Veeranna. B. 9448250685 drveerannab@gmail.com

Executive Editors

Dr. S. Srinivasa 9341238129 drsrinivasa7@gmail.com drsrinivas3@yahoo.in

Dr.Karaveeraprabhu Kyalakond 9448036207 drkvkyalakond@gmail.com

Co-Editor

Dr. Naaz Jahan Shaikh 9980719753 drnaazciti@yahoo.co.in

Editorial Board

Dr.Yoganadareddy.Y.C. 9844085120 reddy.yogananda@yahoo.com

Dr.Shanmuganandan V.C. 9448068720 drvcsnandan@gmail.com

Dr. Nataraj R. Rao 9481653362 drnataraj68@gmail.com

Dr. Dinesh Hegde 9448153406 mahalaxmisrs@yahoo.com

Dr. Veena Bhat 9480353878 veenaseetharambhat@gmail.com

Dr. K.S. Karanth 9448328030 / 7019531045 karanthdrks@gmail.com

State Office Bearers

Dr. M. Venkatachalapathi 9448985567 drmvchalapathy@gmail.com

Dr.Gopalakrishnabhat Sankabithilu 9448475196 gkbhatsankabithilu09@gmail.com

Dr. M.S. Jayanth 9448325885 dr.jayanthms@yahoo.co.in

Dr. H. Vijayakumar 9448556330 drvkhlgs@gmail.com

Dr. Sumathi K. Bhat 9845667148 sumathibhat6@gmail.com



Editorial

Greetings and good wishes!

The IMA FOCUS is a glimpse of your educational programs, service projects and humanitarian acts to society. Iam pleased to share with you, that it is almost one year since the IMA Focus has gone digital. Ralph

Lombreglia quotes "The proper artistic response to digital technology is to embrace it as a new window on everything that's eternally human, and to use it with passion, wisdom, fearlessness and joy." Walk the extra mile and promote digital literacy among our fellow doctors.

March is a month of several festivals like Holi, Gudipadwa (Ugadi), International Women's Week, World Water Day, World Forest Day, World TB Day, Measles Immunisation Day and so on..

International Women's week is celebrated during the first week in March, beginning on the first Saturday and surrounds International Women's Day which is always March 8th. It is a week of celebration, education and awareness surrounding women's gender issues. Women's week focuses on five pillars: Building relationships, self knowledge, sexual assault & international violence, healthy self image and leadership development.

In 1908, the Socialist Party of American organized a day to protest women's working conditions. The first National Woman's Day was made official in the United States on February 28, 1909. It was later moved to March 8th and renamed International Women's Day. Then in the 1980s, It was expanded to include a full week of activities during the first week of March including International Women's Day.

International Women's Day 2020 theme – "Iam Generation Equality: Realizing Women's Rights"

The emerging global consensus is that despite some progress, real change has been agonizingly slow for the majority of women

Savitribai Phule is heralded as one of India's foremost female leaders.

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and girls in the world. Today, not a single country can claim to have achieved gender equality. Multiple obstacles remain unchanged in law and in culture. Women and girls continue to be undervalued; they work more and earn less and have fewer choices; and experience multiple forms of violence at home and in public places. The year 2020 represents an unmissable opportunity to mobilise global action to achieve gender equality and human rights of all women and girls.

Measles Immunisation Day is celebrated every year on 16thMarch to make people aware of this deadly disease and how they can deal with the same. World TB day is observed every year on 24th March to build public awareness about the global epidemic and efforts to eliminate the disease. The date marks the day in 1882 when Dr Robert Koch discovered the Causative bacterium which opened the way towards diagnosing and curing this disease.

The World TB Day 2020 theme – "It's Time..." -puts the accent on the urgency to act on the commitments made by global leaders to ensure no one is left behind.

Before I conclude, I would like to wish a very happy Women's Day to all my Fellow colleagues without whom the world would have been incomplete! As always, we look forward to your valuable inputs. Wishing you and your families a wonderful Holi & prosperous Ugadi!

Long live IMA.

- Dr Anita N Rao

| | Feminism isn't about making women stronger. Women are strong. It's about changing the way the world perceives that strength. -G.D. A nderson |
|-------|---|
| Макси | Don't be afraid to speak up for yourself. K eep fighting for your dreams - Gabby Douglas |
| | Don't let anyone tell you are HAPPY weak because you are a woman Women's Day - Mary Kom |

According to Nobel Prize, only 48 women have received the Nobel Prize from 1901 till date.



President's Message

Dear esteemed members,

"The raw mangoes, neem and jaggery represent the sweet, sour and bitter flavors of life.

May the flavors of Ugadi fill your life in the coming year! Happy ugadi to all of you."

The State working committee along with Finance, Building, Land procuring, KPPS committee meetings were held at IMA Baengaluru on 16-20-2020. The

discussions and resolutions were meaningful. I take this opportunity to appreciate the building committee which has brought in lots of improvements in the IMA Guest house starting from painting to installation of AC in the 6 rooms of the third floor.

In the SWC meeting it was decided to inform all the local branches to form Local IMA KPME Committees to felicitate the members of IMA for their establishments registration and renewal in the coming days. The committee is also expected to study the KPME act in detail. The details of the structural framework of the committee formation will be intimated later.

Visited the IMA Nelamangala branch on 14th February along with KSHS Chairman Dr.V.Chinwalar.

Along with President elect Dr.Venkatachalapthy.M and Senior Vice President Dr.G.K.Bhat, our team KSB visited the Tumakur, Hiriyur, Chitradurga, Davanagere, Ranebennur, Haveri, Dharwad, Hubballi, Naragund, Navalagund, Ron branches on 29th February and 1st March.

The deliberations and discussions on the various issues and also on the local problems were fruitful. During the visits a CD containing the PPTs of IMA KPPS, KSSSS, KSHS, Local Byelaws, Acts on violence on Doctors along with SOP 1018 and many more details were handed over to the branch. It also contains the respective member's list of that branch. We request you to update this list with the member's KMC number, Mobile number and mail id and send us back for future easy communication.

We appreciate the of Chairman Harassment Committee Dr.Ganeshprasd Mudraje for his swift action, communication and guiding the affected doctor of Yadagiri district and also guiding the IMA Yadgiri at the time of distress.

Long Live IMA

- Dr. Madhusudana Kariganur

In the year 1924, the only Olympic event that women were allowed to participate in was Ice skating.

Secretary's Desk

Dear IMA members

Wishing all our IMA members and family members happy Ugadi.

Dear members again atrocities against doctors happened in Tumkur and Yadgiri last month, I feel we should be very careful, have to follow all SOP'S, all local

branches should arrange Medico legal workshops, should make everyone wellworsed with all Medico legal problems.

Everyone should document complete history with written consent for every procedures, every local branch should have whattsup group with communication with police.

Only solution is Documentation, Honesty, regularity, unity, Accountability, should be master in Medicolegal quiries.

All our dear friends know about Media impact now, each and every patient will have smart phones, can record whole event in any given time and forward to the press,

Communication is very important after seeing any patient you should clearly explain what you are suspecting and what treatment you are giving, what are the adverse effects you expect from your treatment, everything you should convey to your patients without hesitation, please be frank. My sincere request to all my dear friends to limit the practice, you can charge consultation charges more and spend more time for the patients and definitely this method helps in all aspects. We ourselves should change in accordance with the time and the society. Just compare olden practitioners with the new generation doctors you will have the clear cutidea.

Dear friends we will have very fantastic three schemes IMA-KSSS, IMA-KPPS, IMA-KSHS, it will be a boon for every IMA member in our state, it's because of great work done by IMA-KSSS Management committee especially chairman Dr Y.C.Yogananda Reddy and previous secretary Dr Madhusudhan Kariganur, our senior IMA member,

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CWC member Dr Suresh Kuduva questioned IAP FBS office bearers about benefits, definitely it's not comparable at all, they are spending lot of money for administration expenses and elections, I am really shocked to see that main concept of joining FBS is to get some thing for the family after members death, we have to reduce administrative expenses as well as election expenses. this message clearly told by Dr Suresh kudva I have to solute him, at the same time I have to salute Dr.Y.C.Yogananda Reddy for his great work.

I request each and every member to enroll to IMA-KSSS and allow your family members to get the wonderful benefit.

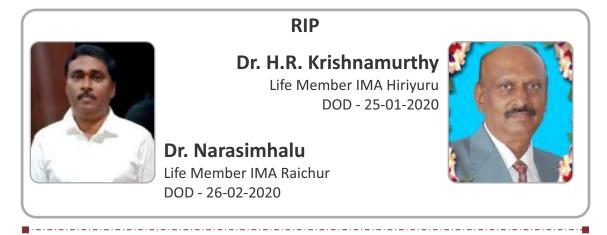
IMA-KPPS also becoming very lucrative now under the leader ship of Dr. Honnegowda, definitely he will do wonders, I request all our dear members to utilise the benefits, at the same time we cannot forget the great work done by Dr.D. Somasekaraiah, his contributions to the IMA-KSB and IMA-KPPS is unmeasurable.

Everyone is aware about IMA-KSHS, you just compare this scheme with other Mediclaim and Insurance policies, you will get the clear picture of advantages, I should congratulate Dr. V.V.Chinivalar, Chairman, IMA-KSHS for his great work.

Dear friends you might have seen new CD's with most of the requirements to the local branches it's actually our president's innovation, really it's wonderful idea it's my duty to congratulate him for the noble thought. Let all of us work for the welfare of our Noble profession and IMA.

Jai Hind. Jai IMA.

- Dr. S. Srinivasa



Average woman eats 2 to 3 kgs of lipstick in her lifetime.



Senior Vice President's Desk

Dear IMA Members,

My warm greetings and best wishes to all of you. At the outset I thank the Governor, Government of Karnatakaand the concerned persons and IMA members for appointing me as the Karnataka Medical Council member on



 $22.01.2020.\,I\,will\,definitely\,work\,for\,the\,welfare\,ofdoctors'\,fraternity.$

Regarding IMA activities I attended the CME on "Medico Legal cases "held at Bengaluru Govt.Medical college on 08.12.2019. Nearly 250 people attended the event.On 14.12.2019, BGS Global Hospital Bengaluru in association with IMA Mangaluru Branch conducted CME on "Transplantation of Kidney & Liver ".On 18.12.2019 I was the chief guest at IMA meeting of Bantwal branch.

On 27th& 28 th December I attended the 'NATCON ' conference held at Kolkata where more than 750 doctors from all over Indiawere present.

On 02.01.2020,I visited Udupi IMA branch with our State president Dr.MadusudhanaKariganur. On 16.01.2020, I was the chief guest for 'Sports day' conducted byMangala group of institutions of Mangaluru held at Mangalastadium. On19.01.2020 I was the guest for Health awareness programme held at Dr.Kulal's Clinic premises. During Republic day function on 26.01.2020 I was the chief guest at Omega Hospital Mangaluru. On 29.01.2020 I was the Presiding officerforNavaloka Media news inaugural function held at Don Bosco Hall Mangaluru.

On 09.02. 2020, President and members of IMA Sullia felicitated me for being nominated as KMC member. I am highly thankful to them for their kind gesture. On 16.02.2020 I attended the CWC meeting of our State IMA held at Bengaluru.

Jai Hind.

- Dr. G. K. Bhat Sankabithilu

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Diversity ... Thy name is Woman!



When God created woman, he created her to be his equal, to be by his side and to lead a life happy, for both of them. But what went wrong? Where did the inequality begin? Who has to be blamed for the current situation?

I would put the whole blame on the plough!! Sounds ridiculous, isn't it? Yes, it is indeed very true! The woman who was with the man, very much by his side, chose to stay at home and nurture the children, restricting herself to household chores when man adapted to staying outdoors, to plough and grow food. It is this moment of time that the

woman accepted herself to be weak and wanted to choose a lesser and lighter work for herself. Slowly she was considered to be only a home maker and not a bread winner, nor a decision maker. At this point, you would not agree with me and say that child bearing was not an easy task either. I would acquiesce, that this is an irreplaceable virtue of a woman and she is privileged to carry the weight of this responsibility very proudly and gracefully.

As the years passed and the work of the society got divided, the woman slowly took a back seat watching and tolerating the change for which she herself had given in without any struggle. Further, her role was assigned within the four walls. With religious customs and beliefs, she became subservient, she moulded to be subordinate. She built her own comfort zone and found it difficult to evacuate form the stressful situation around her.

Though most women adapted this as a norm, to some, this submission was not acceptable. The struggle for individuality, the struggle for freedom, began. Slowly it became a movement and from getting a right to vote to submission of a candidature for ruling, her fight intensified. She emerged victorious, though it took a participation of a few generations and a couple of centuries!!

As more and more women are getting into the work force and become the bread winners, the family has started to suffer. The new born and its childhood have taken a back seat. While delay in pregnancies cause infertility and anxiousness, inability to give adequate time to each other have led to matrimonial disharmony. As the woman has adapted herself to a competitive world, it is not vice versa. Her presence is not acceptable. Many a times her ambitions are considered to be self-centred. When it comes to giving up on work it is a rule that it would be the woman who has to step down.

Discussing these situations is what everyone does. I would like to ponder on certainprobable solutions to get a woman fulfil her desires both in her career and as a homemaker.

Girls are taught to excel in their classes. While volumes are discussed on their subjects nobody deals with what and how she would do when she has to make a choice between family and her career. When she gets into marriage and child bearing, (which unfortunately coincides with stepping into a career), her comeback is accompanied by a loss of years, and a loss of experience too. While the male counterpart in her school and college, during this time would have leaped ahead, she feels that she has missed on something important. Her chances

for a job and her passion, become meek. The first question is "What did you do all these years"? She has no words to answer! It is time that the society understands that her precious years have been utilised to fulfil nature's duty. There should be a system where her comeback is welcomed and encouraged. Some amount of training must be arranged to see that she gets the required skill to continue what she loved to do most. She may have started late, give her a chance to be what she wants to be. After all there is only one life and a woman has to play so many roles!

Maternity leave and the provisions for the woman who has to bear children must be understood and followed by all. Places for breast feeding must be reserved. The children of women at the workplace must have care takers so that they are not neglected. Indeed, raising children in the right way is the responsibility of the society too.

A society should protect the women from crime like rape, acid attacks and so on. This cannot happen overnight. The male children should learn to respect their mothers, sisters and the female school mates. They should be made to do household chores and understand that work wherever and whatever, must be shared. Impartiality in raising both the sexes would probably go a long way in changing their mindset.

Women empowerment is what we all talk about. There are many successful women who feel that they do not require to be segregated in groups like a women's wing etc, etc. These are the woman who have been lucky enough to reach the top, with their share of struggle, of course. With these wings they must identify themselves so that those who enter the scene later will not have to face the same difficulties and thus could contribute immensely during their tenure. In other words, 'Mentorship' is the word used to describe their role. They will be lending their wings for those who do not have a pair, till they develop their own!

Having accepted our place in society it is important that we respect our biology too. Freedom is not synonymous with wearing revealing clothes, drug addiction, alcohol intake and late-night parties. They are not good for anybody for that matter. She puts herself into unsafe situations, for which she may have to pay a heavy price. Dignity and divinity are the ornaments of a woman, and she always wears them with grace. She must be admired for what she is. She may be a home maker or an entrepreneur, she deserves an applause for the innumerable sacrifices she makes during her journey of life.

On this women's day, I would like to wish you all the very best. I would also like to take this opportunity to request you all to be supportive and sympathetic towards all the women around you, may it be your maid or even the one who would have just joined as a fresher in your institution. Encouragement is the key to the success of women empowerment. Together we can and we will!

Finally, as commonly said, "Strong women aren't simply born. They are forged through the challenges of life. With each challenge they grow, mentally and emotionally. They move forward with their head held high and strength that cannot be denied. They are women who have been through the storm and survived, they are warriors"!Let us be these strong women and help each other to be what we dreamt to be!

Wishing you all a "Happy International Women's Day"

- Dr Naaz Jahan Shaikh

BRANCH ACTIVITIES

Branch: Baglkot

President: Dr.B.K.Bhavi

Secretary: Dr.Sujaya Heranjal

25/01/2020 :IMA-KSB TENNIS TOURNAMENT-DAVENGERE:Bagalkot IMA has left a mark again at the IMA Tennis tournament at Davengere with 8 trophies, one more than last year at Bidar. A great achievement for all participating doctors of BAGALKOT IMA with total 80 doctors participating from through out Karnataka. **The list of winners:** OPEN CATEGORY SINGLES : Runner up : Dr.Vikas Daddenavar, DOUBLES : Runner up: Dr. Sujay Heranjal / Dr.Vikas Daddenavar, *Semifinalist*: Dr.Bheemashankar / Dr.Hemanth Koujalagi, *Semifinalist* : Dr. Anil Kanade / Dr.Prasanna Patil, *40-50yrs AGE CATEGORY DOUBLES : *Semifinalist* : Dr.Bheemashankar / Dr.MallikarjunIthili, Above 60yrs AGE CATEGORY SINGLES: *Semifinalist*: Dr.Prakash Lazmi, Under 16 AGE CATEGORY SINGLES: *Runner up:* Master Ojas. DAVANAGERE IMA Tennis Association felicitated Dr.Prakash Lazmi sir for his enthusiasm in participating in IMA-KSB Tennis Tournament and for winning consistently. 18/02/2020 : Bagalkot IMA in association with P M Nadagouda Memorial Dental College & Indian Dental Association, Bagalkot conducted free medical & dental camp for the students of Kendriya Vidyalaya. Totally 600 students underwent the Medical & Dental Check up.

Branch: Ballari President : Dr.S.K.Arun Secretary : DrBharath V.J

15/02/2020 : CME - "Stroke and Neurosurgery 2020" was conducted in association with Sagar Hospital, Bangalore. 23/02/2020 IMA Ballari in association with Rainbow Hospital Bangalore, conducted a free Mega Peadiatric super speciality camp for the poor and needy.

Branch : Bengaluru North President : Dr. Ramachandraiah Secretary : Dr. Satish Ramana K.S

21/12/2019and 25/01/2020 CME Programme were conducted. Topics (1) Hepatitis B and C by Dr.PrasannaBhat, consultant Hepatologist (2). Approach to common Hematological disorders by Dr.Mahesh, consultant Hematologist and BMT physician and (3) Approach to child with Thrombocytopenia by Dr Sunil, consultant paediatric Hematologist, BMT physician, in association with Sparsh Hospital.

Branch: Bhadravathi President: Dr.Veena S. Bhat Secretary: Dr.Swarnalatha M.C

24th to 27th Jan 2020: We conducted a health check-up camp for Poorna Prajna School children. 23/01/2020: Conducted Health Check-up Camp organized by Sathyasai Seva Samsthe at Kenchammanalli and five nearby villages. 01/02/2020: IMA president Dr.Veena Bhat conducted Sooryanamaskara programme on the occasion of Rathasaptami for Public and gave talk about importance of Sooryanamaskara. 07/01/2020:Dr.Veena Bhat gave a talk on Women's health at Sthree Sambhrama organised by women and child dept. of Shimoga dist. at Kuvempu Rangamandira. 16/02/2020: Dr Ramakrishna H.K. delivered prestigious Dr. S.S. Narasanagi

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oration 2020 at Annual state conference of Association of surgeons of India, Karnataka state chapter. During the inauguration of the same conference a book titled "Evidence Based Surgery and Research Methodology" co-authored by Dr. Ramakrishna H.K was released. 18/02/2020 : Dr.Veena Bhat attended NSS camp at Kambadalu Hosur village about women's and children health. IMA vice president Dr.Kumarswamy conducted free eye check-up camp in more than ten govt schools and gave health talk regarding keep good eye health. 18/02/2020 : Dr.Veena Bhat attended workshop at Kamala Nehru college about reproductive health for various college representatives of Shimoga. Conducted Adolosent and general health awareness to students of more than ten govt schools in and around Bhadravathi.

Branch: Bijapur President : Dr.S.S. Taradi Secretary : Dr. Girish Kullolli

23/02/2020: A free health check up camp for the people of Karabantanal was organized at Govt School campus Karabantanal, Basavana Bagewadi Taluq. Camp was organised in association with Shri B M Patil Medical College Vijayapur, ASI Vijayapur, KGMO and Ashwini Hospital. About 20 Doctors took part in the camp and more than 300 people availed treatment.

Branch: Chikkaballapur President: Dr. Prashanth S. Murthy Secretary: Dr. Madhuvan. H.S.

IMA Chickballapur has started a unique program to help the students who are taking public exams i.e SSLC and 2nd PUC students. With the help of Dr.Suresh V C, Consultant Psychiatrist, sessions were conducted as to how to face the exams and how to overcome the stress of it. A different perspective of exams was explained in detail to the students. It was well appreciated by the students who actively participated in the program and also by the school authorities. The program was titled "MONSTER BEFORE THE EXAMS. HOW TO DEAL WITH IT".

Branch: Gadag President: Dr.Radhika Kulkarni Secretary : Dr.Bharathkumar G. Bidinahal

21/01/2020: Conducted Health Camp in Badni Village, IMA Secretary Dr Bharat Bidinihal, Dr.Shilpa, Dr.Jayaraj Patil, Dr.Shivangoudar, and other team of doctors examined 300 people for anaemia detection. Free medicines were distributed. 22/01/2020:CME was conducted in IMA Gadag, along with Gadag OBG Society. Dr.Vani Shivapur spoke on "Vulvo-Vaginitis" and Dr.Annapurna Dhannur on "UTI in pregnancy". 22/02/2020:Adolescent Triumph (ATP) program involving education the school children about Adolescent health issues was conducted by Dr Uma Hiremath in Mother Theresa Nursing and Para-Medical School. 100 students attended the program. Similar program was conducted by DrSadiquaNoorani at KVSR College, 150 attended the program. 22/02/2020:Dr.S.D Sajjanar, gave a talk on " Importance of Washing Hands" in Govt. Primary and Secondary School Betageri along with Rotary Club- Central. Around 150 Students benefited from the talk. 25/01/ 2020:DrShivangouda, Neonatologist and Member of IMA, gave a talk in state Neonatology Conference in Vijayapura-"Implementation of Ayushman Bharat Scheme" in Government Hospitals. 25/01/ 2020:Dr Anjali Bhoomaraddi, Gynaecologist of IMA Gadag, gave a talk on Adolescent Triumph Program (ATP) in Manorama College. 150 girls

benefited from the talk. 26/01/2020:Republic Day was celebrated in a grand way.Blood Bank Officer Dr R.T Pawadshettar and Staff of IMA Blood Bank were felicitated for their services. DrShivangouda, Neonatologist, was felicitated by Hon. Minister CC Patil for his services in Gadag Medical College and Hospital. 27/01/2020:A program was conducted by BrahmakumariIshwariVidayalaya. Dr G.B Bidinihal gave a talk on "Taking care of Health at Old Age".28/01/2020:DrNagaratnaKololgi talked in ATP program about Adolecent Health Issues in VDSTC School. DrPavanPatil of IMA Gadag won the recently held KMC Elections, with highest number of votes in Belgaum division. He was felicitated in IMA. 29/01/2020:Inauguration of ATP Program was held at Anjuman Engineering College Malasumdra. DrTabussum, DrShrutiPatil, inaugurated the function.29/01/2020:Beti Bachao- BetiPadahao Program was conducted in the premises of DrKulkarni Maternity Hospital, IMA Gadag, President DrRadhikaKulkarni, DrUdayKulkarni, DrAishwaryaKulkarni and many other doctors attended the function and distributed free Notebooks and pens to 30 girl students of Anglo Urdu School. 30/01/2020: "World Leprosy Day" was observed in Z P Auditorium. DrArundatiKulkarni, Member of IMA Gadag, gave a talk on Leprosy Eradication. 150 people attended the program. Noted Gynaecologist and Laparoscopic Surgeon DrPrabha Desai, gave a lecture on "Declining Sex Ratio at Birth in South Indians". 31/01/2020:Blood donation camp conducted in KLE Arts and Commerce College. Dr R.T Pawadshettar spoke about the importance of Blood donation. 55 units of blood were collected. 150 students underwent free blood grouping testing. 03/02/2020: Adolescent Health Education Program was conducted by DrAnupamaPatil in Morariji Desai School. 150 students attended the program. 04/02/2020:World Cancer Day was observed in District Government Hospital. DrTabassum spoke about the aspects of prevention of cancer.07/02/2020Cancer Awareness Jatha was conducted in IMA Gadag. Road show was done by numbers of IMA Doctors, Paramedical Staff. Dr Ganesh Kundapur, Oncosurgeon, DrBidihinal, spoke about the awareness of early cancer detection to the public. 08/02/2020: During Samarthan Handicapped school Annual cultural program DrBidinihal and DrGodbole were fellicated. 08/02/2020: CME was conducted in IMA Gadag, by BGS Global Hospital, Bangalore, Noted OrthopaedicianDrBasavaraj CM, and Organ Transplant Surgeon Dr Sunil Shenvi, gave talks in their respected speciality.09/02/2020:RTI Training program for BMRCL Metro Engineers in Bangalore was conducted. Dr S.D Sajjanar, Senior Member of IMA Gadag, & Ex. RTI Commissioner, conducted the training program. 14/02/2020: DrRajeshwari Kuradagi, gave a talk about "Women's Health" in Panchakshari Arts and Commerce College.15/02/2020:Dr Salma talked on 'Double Marker investigation in Pregnancy'. 30 Gynaecologists attended the function. 16/02/2020: DrPawanPatil, IMA Member of Gadag, was the faculty in the Medico Legal Conclave at IMA Gandhidham, Gujarat. He gave a talk about "Hospital Violence- what is needed to change. 22/02/2020:Dr Suresh Rao, eminent paediatric cardiothoracic surgeon from Kokilabhen Hospital Mumbai gave a talk on "Mending Little Hearts". IMA Gadag Blood Bank activities: For the Month from 21st January 2020 to 23rd February 2020: Total number of camps conducted: 2, Total Number of Bags collected: 285 Total Number of whole blood issued: 70, Total Number of PRBC:273, Total Number of FFP: 56.

Branch: SIRSI President: DrRaghavendraUdupa

26/01/2020:71st republic day was celebrated with farvour. President Dr.Raghavendra Udupa hoisted the national flag. 23/01/2020 - Sirsi IMA members actively participated in KMC elections, voting held at Karwar. 27/01/2020:Dr K S Raysad gave a talk on "Rabies in humans- truth and myths" at Rabies workshop conducted in IMA hall. 27/01/2020- Major DrJnana Prakash Karanth gave a talk on life style related diseases at Gayatri Geleyarabalaga. 28/01/2020: Dr Dinesh Hegde participated in 8 "Vyasana Muktha Samaja" Awareness programme on Substance abuse and Drug addiction in Kalika Bhavani Highschool Kansuru. Joint venture of IMA, Rotary and Alva foundation SIRSI. More than 250 children attended the program along with their teachers. 31/01/2020:DrMamataHegde gave a talk on "First aid" at Forestry College. 01/02/2020:On occasion of Rathasaptami 108 Suryanamaskarara was held by rotary IMA Yoga Shikshanakendra. 03/02/2020 : Major Dr. Jnana Prakash Karanth wrote a news paper awareness article on Corona Virus. 08/02/2020: More than 20 members of IMA Sirsi took part in a marathon held by District administration on occasion of Kadambotsava, Banavasi. 12/02/2020: Dr.Dinesh Hegde participated in Awareness program on drug addiction and substance abuse in Govt 1st grade degree college in Rayappa Hulekal School.12/02/2020:Dr Ramesh Hegde gave a talk on thyroid gland function and its diseases. disease at Rotary club meet. 13/02/2020:- Dr.Vinayak Subramanian participated in Health awareness program on Substance abuse and drug addiction for NSS students at MM Arts and Science college and to KSRTC employees.15/02/2020:DrRaysad gave a talk on Importance of Voluntary Blood Donation and First aid at a college in Mundgod organized by Rudset. On 17/02/2020- Dr. Ravikiran Patwardhan gave a awareness talk on blood donation at Rayarkere, Sirsi. 19/02/2020 : Dr. Madhukeshwar gave a awareness talk on exercises at Rotary meet. Academic activities: On 25th Jan- Continued staff training session on "Anaesthesia and critical care" was conducted by Dr.Vatsala Raysad, Dr.Vinayak Tembadmani and Dr.Padmini Pai. 01/02/2020: Staff training on Lab investigations and safe blood transfusion was conducted by Dr.Mamata Hegde at Suvarna Soudha and CME on cardiology was held in association with Sahyadri Narayana Hospital Shimoga. Dr.Balasubramani R, consultant cardiothoracic surgeon and Dr.Arun Bableshwar, consultant pediatric cardiologist were guest speakers. 11/02/2020: Continued staff training session on Record Maintenance and Documentation by Dr.Pooja Shet was held at Suvarna Soudha. 13/02/2020 : Dr.Manjunath and Dr.Tanushree participated as faculty at All India Opthalmic conference held at Gurgoan. Social service programs : 30th Jan- Feb 1: Dr.Ramesh Hegde participated in Thyroid Surgery camp at Nagpur organised by Rotary club. 02/02/2020: A fund raising drama, Kempu Kanagile by Mandya Ramesh team Natana, was organised successfully in association with Rotary club for several social service projects like upgradation of NICU unit in PGH hoapital, setting up senior citizens gym and breast feeding units at public places.07/02/2020 : A Health check up camp was held at MM Arts and Science college.

764 students examined. 09/02/2020 : Kanamuski foundation in association with IMA Sirsi held a health checkup camp at a remote village Dorangiri 40 kms from Sirsi. Total of 150 patients

Secretary : DrTanushreeHegde

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examined and given treatment. Hysteroscopy camp was conducted succesfully at TSS hospital by Dr. Swati Vinayak, Dr.Sharada and Dr.Vinayak Tembadmani. 14/02/2020: Health check up and health awareness program held for Muncipal workers of Siddapur city through Sirsi scan centre. 18/02/2020: 35 blood units were collected in a camp held at Mundgod in the Govt first grade degree college By IMA PGH Lifeline Blood bank. 26/02/2020: Juvenile diabetic clinic was conducted by Dr Dinesh Hegde.

Branch: Gangavthi President: Dr. C.B.Chiniwal Secretary: Dr.Basavaraj Singanal

26/01/2020:Republic Day was celebrated in the IMA Hall. All the members Assembled and participated enthusiastically in the event. 27/01/2020 to 06/02/2020: Adolescent Girls Awareness Program. Ladies wing (Maithri) and gynaecologists of IMA Gangavathi, conducted many awareness programs- Adolescent Triumph Program for adolescent girls of various government & private schools of Gangavathi. Girls studying in 6th to 10th classes were given awareness about reproductive health, menstruation, diet & nutrition, spiritual health and security. Around 1800 to 2000 girl students were benefitted by this program. 02/02/2020: IMA MaitriGangavathi conducted a one day trip exclusively for ladies and children. 16/02/2020: CME on Cardiology A CME on cardiology was conducted in IMA hall. Dr.Narendragouda B, cardiologists gave a talk on 'Pulmonary Embolism & Myocardial Infarction : Management in day to day practices'. Dr.Vittal Shavi, Cardiothoracic & Vascular Surgeon gave talk on 'CABG & its complications".

Branch: Hospet President: Dr.Uday Secretary: Drvinay

12/02/2020: Participated in heritage run at Hampi by members. 08/02/2020:Installation ceremony of new office bearers for 2020 president Dr.Chamaraj, secretary Dr. Vinay Kumar R, vice president Dr.Uday joint secretary Dr.Pallavi. Dr.Uday gave a talk in all india radio about vaccination in children, Dr.Chamaraj gave a talk in all India radio about antenatal care and Dr.Saliya gave a talk on Corona virus. Dr.Pallavi gave talks in various schools about menstrual hygiene.

Branch: Hubli

President: Dr.KrantiKiran

Secretary: Dr. Manjunath Nekar

26/01/2020 :Republic Day was celebrated at IMA House. 08/02/2020:IMA monthly meeting was held at IMA House. Dr.Bharat G.Consultant - Surgical Oncology spoke on "Advanced Procedures for Common Cancers" and Dr. Sandeep Nayak Director - Surgical Oncology, spoke on "Innovative Surgical Procedures in Oncology " The CME was sponsored by Fortis Hospitals, Banglaluru. Morethen 90 members attended. KMC members from Belgavi Division Dr.S.R.Sorgavi, Dr.Satish Jambagi and Dr.Pavan Patil were felicitated. 15/02/2020:IMA MINI CME was held at IMA House. Dr. Shashiraj Subramanya H S Consultant - Cardiology Paediatric, Heart Transplant, N.H.C. Spoke on Heart Transplant, Dr. Basha J. Khan Senior Consultant & HOD Nephrology, Kidney

Transplant - Adult N.H.C. spoke on Renal Transplant and Dr. Rajeev Ranjan Sinha Senior Consultant - Liver Transplant & HPB Surgery N.H.C.spoke on Liver Transplant. Meeting was followed by dinner.

Branch : Jamkhandi President : Dr. H.G.Daddi Secretary : Dr. V.S.Biradar

12/02/2020: Health awareness talk at Hulyal Village. 19/02/2020:CME on "Understanding the needs for better out come in Women's Health". Speaker : Dr. Anil Magadum.

Branch : Koppa President : Dr. N.R.Ramachandra Secretary: Dr. Eldose

27/01/2020: CME conducted on Diabetes FAQs, Recent trends in Radiotherapy by Nanjappa Hospital Shimoga. 19th to 23 rd Feb 2020: Mega Health Camp was conducted in association with Abhinava Eye Care Chennai. Free blood investigations, ECG, Diabetic & eye checkups done for 1200 patients.

Branch: Kumta President: Dr.Namratha Shanbhag, Secretary: Dr.Ashwini Shanbhag

22/02/2020: IMA Kumta conducted a CME on" Life a gossip? A reality?" By ex Captain Dr.Gururaj Kulkarni, Prof. General medicine, GIMS. 23/02/2020: IMA Kumta organized a CYCLOTHON for the general public with the theme "FIT KUMTA, FIT INDIA" to promote awareness of exercise and healthy lifestyle in general public...About 300 participants participated...A distance of 5 km was covered for the rally which was led by local MLA Shri Dinakar. K. Shetty Slow cycle race organized at the end point and prize distribution done to the winners. Availdictory function done with honoring national and international achievers in sports. President Dr.Namratha Shanbhag presented the agenda of the rally and stressed the importance of exercise, and sports for maintaining good health..this cycle rally was organized for the first time and was well appreciated by general public... refreshment and T-shirts were given to all the participants.

Branch: Mandya President: Dr. T.N. Marigowda Secretary: Dr. Vinay. M

08/02/2020: Education program on Cervical and Breast Cancer For ANMs and ASHA workers at District Health Office, Mandya, by Dr.Vasumathi Rao & Dr.Deepthi. 05/02/2020 Education program on Menstural Hygiene For students of Vidya Ganapathi High School.

Branch: Mysore President: Dr. Suresh Rudrappa Secretary: Dr. Chandrabhan Singh. N

14/02/2020: CME PROGRAMME was conducted in association with Clear Medi Radiant Hospital Mysuru. Topic (1). "Immunotherapy in Cancer: Hype or Hope?" by Dr. Avinash.C. (2). "Radiotherapy in Cancer Cure" by Dr. Chaitra Katakola. Dr. Suresh Rudrappa President, Dr. Chandrabhan Singh. N, Hon. Secretary, Dr. Parameshwar Naik Treasurer and all IMA Mysuru members attended to the programme.

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Social Activities



Women are less likely to be involved in car accidents than men.

Sports & Social Activities



The first computer programmer was a woman – Ada Lovelace.

Health Checkup Camps



Israel is the only country in the world to draft women into the military service.



MEDILAB 24X7 : 1st Floor, Vasavi Towers, Naidu Street, Next to Head Post Office, Chikkamaa

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DR SRINIVAS DATTATRI, PATHOLOGIST Mob: 9449238090

STATE OF THE ART DIAGNOSTIC CENTRE

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- TO INTRODUCE THYROID FUNCTION TESTS
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- BARCODING
- DOUBLE AND TRIPLE MARRERS
- 24X7 FACILITY
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HITECH INSTRUMENTS USED FOR TESTS

ROCHE COBAS CIII FULLY AUTOMATED BIOCHEMISTRY ANALYZER (SWITZERLAND)

BECKMAN COULTER ACCESS 2 FULLY AUTOMATED CHEMILUMINISCENCE ANALYZER (USA)

ABBOTT EMERALD 22.5 PART FULLY AUTOMATED HEMATOLOGY ANALYZER (GERMANY)

FUJIFILM DRY CHEMISTRY (JAPAN)

PLEXMAT 4 FULLY AUTOMATED ALLERGY & ANA PROFILE TESTING MACHINE

SYSMEX CA 101 COAGULATION ANALYZER (GERMANY)

ROCHE URISYS 1100 FULLY AUTOMATED URINE ANALYZER (HUNGARY)

ROCHE ELECTROLYTE ANALYZER (SWITZERLAND)

| CYTOLOGY HISTOPATHOLOGY ALLERGY TESTS | DIGITAL X-RAY SINGLE SITTING ROOT CANAL TOOTH COLOURED FILLINGS SMILE DESIGN DENTAL IMPLANTS ORTHO TREATMENT DENTURES TOOTH WHITENING CROWN AND BRIDGES PERIODONTICS LASER PAINLESS TREAMENT TOOTH IMPACTION SURGERY |
|---|---|
|---|---|

RADIOLOGY : DIGITAL X-RAY with reporting from Radiologist through Teleradiology GE 300 MA X-RAY MACHINE (USA) WITH KONICA COMPUTERISED DIGITAL RADIOGRAPHY (JAPAN)

Women have heightened sense of smell.

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Health Checkup Camps



CME Programs



In ancient Greece, throwing an apple at a woman was considered a marriage proposal.

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CME Programs



80% of women ask questions they already know the answer to.

INDIAN MEDICAL ASSOCIATION, KARNATAKA STATE BRANCH BUILDING COMMITTEE

We are thankful to the members of IMA Karnataka State Branch, the office-Bearers of the Building Committee, the Working Committee and State Council Members for their cooperation in providing the much required, adequately furnished Guest House, Auditorium and Board Room.

The Building Committee and State Council of IMA Karnataka State Branch have revised the maintenance charges, which is as follows:

| | Effect From 01-03-2020 | | | | | | | |
|----|---|-------------|---------|----------|-----------|--------|--|--|
| SI | | Before | Incre | Now | | Total | | |
| no | Particulers | Rent | % | Rent | GST 18% | Rent | | |
| | 1. Dr.M.A.Narasimhahar Auditorium (150 Capacity | | | | | | | |
| 1 | with Air Condition including Audio system and | | | | | | | |
| | Generator) | | | | | | | |
| | Monday to Friday | | | | | | | |
| | [a] For Full Day:(Above 4 hours bellow 8 hours) | 5700 | 25% | 7125.00 | 1282.5 | 8408 | | |
| | [b] For ½ Day (Bellow 4 hours) | 3425 | 25% | 4281.25 | 770.6 | 5052 | | |
| | <u>Saturday</u> | | | | | | | |
| | (a) For Full Day:(Above 4 hours bellow 8 hours) | 7980 | 25% | 9975 | 1795.5 | 11771 | | |
| | (b) For ½ Day(Bellow 4 hours) | 4560 | 25% | 5700 | 1026 | 6726 | | |
| | Sunday | | | | | | | |
| | [a [For Full Day: (Above 4 hours bellow 8 hours) | 10260 | 20% | 12312 | 2216.16 | 14528 | | |
| | [b] For ½ Day (Bellow 4 hours) | 5700 | 25% | 7125 | 1282.5 | 8408 | | |
| | | | | | | | | |
| 2 | Dr.Nanjundaiah Board Room (Air Condition Hall | | | | | | | |
| 2 | with 30 capacity) | | | | | | | |
| | [a] For Full Day: (Above 4 hours bellow 8 hours) | 1710 | 25% | 2137.5 | 384.75 | 2522 | | |
| | For ½ Day (Bellow 4 hours) | 915 | 25% | 1143.75 | 205.87 | 1350 | | |
| | | | | | | | | |
| 3 | <u>Guest House</u> | | | | | | | |
| | (a) Sahyadri and Nanda Gokula Guest Room Non A | <u>/c)</u> | | | | | | |
| | (a) Single Beded | 460 | 20% | 552 | 99.36 | 651 | | |
| | (b) Double Beded | 570 | 20% | 684 | 123.12 | 807 | | |
| | © Three Beded | 855 | 20% | | 184.68 | 1211 | | |
| | (d) Four Beded | 1140 | 20% | 1368 | 246.24 | 1614 | | |
| | € Extra person | 230 | 20% | 276 | 49.68 | 326 | | |
| | (B) Sahyadri and Nanda Gokula Guest Room with A | <u>/c)</u> | | | | | | |
| | (a) Single Beded | | | 848 | 152.64 | 1000 | | |
| | (b) Double Beded | | | 848 | 152.64 | 1000 | | |
| Fo | r Advance Booking Please Contact Mr. Ravi Kiran, 9513 | 169444 | & Mr.] | Puttaswa | my, 90088 | 828303 | | |
| | | | | | | | | |

Effect From 01-03-2020

Women spend in total over 4 years of their lives menstruating.

Branch: Raichur President: Dr. Mahalingappa B Secretary: Dr. Anirudh C Kulkarni

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A CME was on "Medico legal issues in clinical practice" conducted by IMA Raichur under IMA scientific committee, Mr. Prabhuling Navadagi Advocate General was chief guest, gave a guest CME followed by panel discussion CME had eminent speakers form Mumbai, Bangalore. Dr.Rahul Wani Dr. Hitesh Bhatt, Dr. Dinesh Hedge, Dr. Shrishailesh, Mr. Basavaraj High court lawyer were present. 150 delegates including doctors and lawyers participated in CME in and around Raichur District. 24/01/2020 Workshop and CME on "Bio Medical Waste Management" was conducted by IMA Raichur for paramedical staff at Navodaya Medical college by Dr Abdul Kaleem Bahadur.

Branch : Sullia President : Dr. Shri Krishna B N Secretary : Dr. Ravishankara S

9/2/2020: CME on two topics were discussed by eminent experts. (1) "Modern banking system" by Mr.Chidanand CV, Manager, Union Bank of India, Sullia, (2) "Challenges in parenting adolescent children" by Dr.Sulekha Varadharaj, Paediatrician & Child Psychologist. 15/02/2020: Health talk was given on "Rabies" for students at Govt. High school, Dugaladka. Dr.Shrikrishna B N was the resource person. 17/02/2020: Health talk was given on "New born care" by Dr.Shrikrishna B N, Paediatrician, to Taluk ASHA workers at taluk health office. Four Medico social programmes were conducted. 1. Members of IMA Sullia branch had family get together at the residence of IMA president. 2. Dr. G K Bhat Sankabithilu, member of KMC governing council was felicitated by IMA Sullia branch on 9/2/2020. 3. Sportsequipments were donated to Govt High School Dugaladka. 4.On the occation of Swatccha Bharat free distribution of gloves to school children. Ongoing Diabetic retinopathy screening camp. We have screened around 900 diabetic patients till date from 4months and advised them to take appropriate treatment including laser surgeries. In association with Narayana Health, conducted a CME on 26th January 2020. Eminent speakers gave lectures on (a)Recent advances in the surgical management of Epilepsy, Parkinson's disease, Movement disorders and Spasticity. (b)How to approach a child with seizures. Around 50 members attended the CME and imbibed the knowledge. On this occasion we also honoured Dr.Ravindra, who won the recent KMC elections.

Branch : Yadgiri President : Dr. P. Vijaya Kumar Secretary : Dr. Prasannapatil

11/02/2020:OragnisedCME, "Approach to head and neck tumors". 24/01/2020:Speech competition on the eve of republic day among degree college students. On 26/01/2020 Diabetes and Hypertension screening camp for Police department.

Branch: Udupi-Karawali President: Dr. Umeshprabhu Secretary: Dr. Krishnananda Mallya

25/01/2020:CME was held at IMA Bhavan, Udupi. Prof. Dr. RanjanShetty, interventional cardiologist spoke on "Advances in Cardiology". Dr. MohithShetty, Consultant Gastroenterologist spoke on "Endoscopic Bariatric therapies". Both speakers are from Manipal Hospital Bengaluru. 08/02/2020: IMA UdupiKaravali conducted Diabetic, hypertension and bone density camp on at

February - 2020, IMA - FOCUS

Jnana Jyothi Bhajana Mandir, Malpe. Dr. Umesh Prabhu President IMA, Udupi Karavali stressed on importance of regular Medical Checkup. Dr. Shruthi Ballal participated as Dialectologist. Dr. Umesh Prabhu, Dr. Keshav Nayak and Dr. Harish Nayak conducted bone density camp and Orthopaedic evaluation. Nearly 180 members took the benefits of this camp.09/02/2020: IMA Udupi Karavali conducted Cardiology Medical Camp at Jnana Jyothi Bhajana Mandir, Malpe at 9.AM to 1PM. Dr. Ashok Kumar Y.G stressed the importance of regular cardiac checkup and told about different cardiac diseases. Totally 200 members of public participated cardiology camp. 09/02/2020: Dr. A.V Baliga Memorial Hospital and IMA Udupu-Karavali conducted awareness of social evils for children of alcoholic anonymous at Dr. A.V Baliga Memorial Hospital, Udupi. Dr. P.V Bhandary stressed the importance of imparting human values on children.

During visits of the State President to the local branches we from IMA KSB will handover the CD containing the details about as mentioned on the CD cover to the respective local branches. To the other branches not covered, we will send a copy by courier them. It contains the LIST OF BRANCH MEMBERS OF THAT Particular branch ONLY in EXCEL format. We request the office bearers of that branch to send the list back to IMA KSB through mail imafocus@gmail.com after changes and adding KMC number Mobile number Mail ids of the members.

> - Dr. Madhusudhana Kariganur President, IMA KSB



Women see more colors, 20% more differences in colors.

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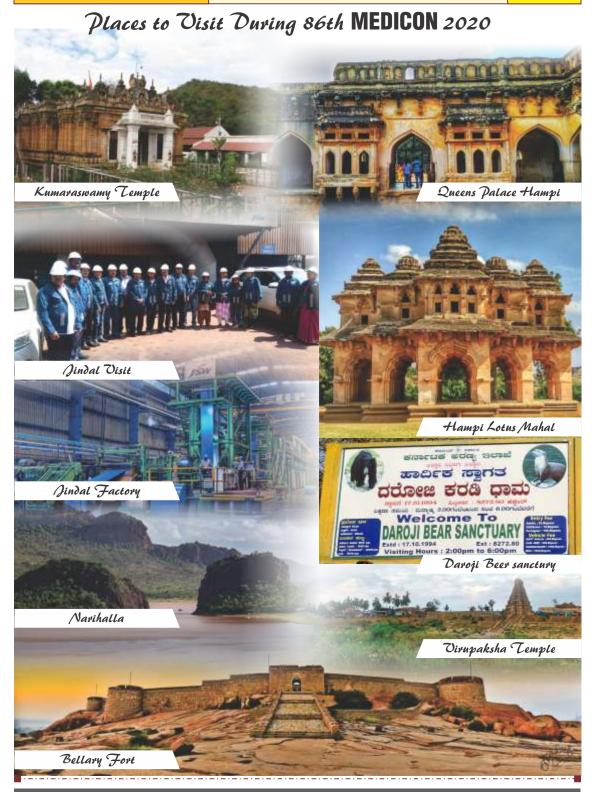


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- Dialysis
- Arthroscopy

The female body has lower resistance to alcohol.



The brain cells are more densely packed in the female brain.





IMA PRAYER

ಭಾರತೀಯ ವೈದ್ಯಕೀಯ ಸಂಘದ ಪ್ರಾರ್ಥನೆ ಎಲ್ಲರೂ ಸಂತೋಷವಾಗಿರಲಿ, ಎಲ್ಲರೂ ಆರೋಗ್ಯವಾಗಿರಲಿ, ಎಲ್ಲರೂ ನೋವಿನಿಂದ ಮುಕ್ತವಾಗಿರಲಿ, ಎಲ್ಲರೂ ದುಃಖದಿಂದ ಮುಕ್ತವಾಗಿರಲಿ, ಎಲ್ಲಾ ಆಸೆ ಆಮಿಷಗಳನ್ನು ಮೀರಿ ಗುಣಪಡಿಸುವವರು ನಾವಾಗಿರಲಿ.

May everybody be happy May everybody be healthy May everybody be free from pain May everybody be free from sorrow May we be the healing cure Beyond every greed & lure

FLAG SALUTATION

We, the members of Indian Medical Association stand here to salute our national flag.

Its honour and glory shall be our light and strength and its course shall be our course.

We pledge our allegiance to it and realizing our responsibilities as the accredited members of this national organization, we swear we will dedicate everything in our power to see it fly high in the comity of nations.

Jai Hind !

Long Live IMA!

Women are known to speak more than men do. That's 13000 words more than the average man per day.

February - 2020, IMA - FOCUS

86th MEDICON IN OCTOBER 2020

Hosted by IMA SIRUGUPPA BRANCH

On

16-10-2020- For Business Hours 17-10-2020- For Conference 18-10-2020- For Conference

At

Jindal Vidyanagar, Toranagallu Township. Ballari.

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Dr. Madhusudhana Kariganuru

IMA Siruguppa President :

Dr. Gangamma. K. 9448717620

IMA Siruguppa Secretary:

Dr. Prashanthkumar.G.N. 9164658658

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Dr. M.G.Hallur

Organizing Chairman :

Dr. Achuthakumar. C.

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Dr. Manojkumar. B.

Registration Committee:

Dr. Basavaraja Dammur

Dr. Veerendra.K.G.

Reception Committee:

Dr. Madhavilatha.G.

Dr. Jyothi Palled

Dr. Sujatha Sugur

Dr. Annigeri

Women hate taking risks.

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February - 2020, IMA - FOCUS Page No. 30 Stage and Audio: **Cultural Committee:** Dr. Eranna, B. Dr. Jagannath. Dr. Akshatha C. Dr. Vidyashree. M. Dr. Radhadevi Dr. Narayanareddy. S. **Dr.** Thippeswamy Dr. Jayalakshmi. Souvenir : Accommodation : Dr. Ravindranath G. Dr. Sathish. Dr. Maheshkumar. Dr. Surekha Dr. L.Veerareddy. Dr. Irfan **Dr. Manik Choudary Banquet and Food** : Dr. Jaleel, K. Dr. Prabhavathi.H.S. **Dr. Mohammad Ghouse** Advisory Committee : Dr. Honnegowda Dr. Basavanagouda IMA KSB Past State President. President IMA Sindhanuru

Dr. Yoganandareddy.Y.C. IMA KSB Past State President.

Dr. Aruna Rao IMA KSB Past State Vice President

Dr. Arun.S.K. President, IMA Ballari **Dr. C.B.Chinvalar** President IMA Gangavathi

Dr. G.M. Someshwar IMA Hosapete

Conference Office

Dr. Manoj Kumar B Organizing Secretary, 86th IMA Karnataka State Annual Medical Conference (MEDICON-2020) Madhu Shashtra Chikitsalaya, Near Ambrutheshwara Temple, Siruguppa - 583121, Ballari Dist. Mob.: 9591156738 E-Mail : bmanoj.dr@gmail.com, Web : www.imakarnataka.in

Women are the unsung heroes of inventions.



86th MEDICON 2020

Hosted by IMA SIRUGUPPA BRANCH, On 17 & 18 October 2020

REGISTRATION FORM

Conference office: Dr. Manoj Kumar B, Organizing Secretary, 86th Medicon 2020 Madhu Shashtra Chikitsalaya, Near Ambrutheshwara Temple, Siruguppa - 583121, Ballari Dist. Mob.: 9591156738 | E-Mail : bmanoj.dr@gmail.com, | Web : www.imakarnataka.in

| Docto | tor Name : | |
|-------|------------------------------------|------------|
| IMA | Membership No.: | |
| Brand | nch :State : | |
| Addro | ress : | |
| | Pin | |
| Mobi | oile : Email : | |
| Paym | ment : DD/Cheque No Dtd | |
| Bank | k | |
| | te : Signature : | |
| • | yment Details : Mode of Payment | N RECEIPT. |
| | Tariff for the delegation | |

| Category | 1-2-2020 till Conference | Spot Registration | - |
|----------------------------|-----------------------------|----------------------|-------------|
| IMA Members | 4000/- | 4500/- | TTY ALL THE |
| Reception Committee member | Rs10,000/- | Rs10,000/- | |
| Accompanying Person | Rs 3500/- | Rs 3500/- | a stores |

Women have better memory.

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IMA KARNATAKA PROFESSIONAL PROTECTION SCHEME (R)

imakpps@gmail.com

IMA KPPS

IMA HOUSE, Aluru Venkata Rao Road, BENGALURU. CELL-8197330598 Ph. 080-26705447

- * IMA-KPPS will look after your worry on your professional Negligence ,Name, Shame and Prestige.
- * Do not forget to inform any untoward happening in your Professional conduct to IMA KPPS Office bearers by Phone Or Post.
- * Test and Trust IMA KPPS, Your Friend, Well Wisher, Protector, Savior.
- * IMA KPPS is at a Phone Call Distance.
- * Maintain Professional Ethics ,Code Of Conduct, Conduct Yourself Diligently

NEGLIGENCE IS PUNISHABLE. PREVENT DISEASE. PROTECT LIFE. IF CURE IS NOT POSSIBLE. DO NOT HARM PLEASE

For membership Application forms contact the office of IMA KPPS at Cell no.8197330598, on Working days during working Hours. For any Clarifications contact the office bearers of IMA KPPS.

MEMBERSHIP FEES: Admission fee Rs.200/-(Common to all new admission or on re-admission)

| Minimal Risk | Less for 5yrs. Enrollment | Moderate Risk | Less for 5yrs. Enrollment | High Risk | Less for 5yrs. Enrollment | Indemnified |
|----------------------------------|------------------------------|---------------------|------------------------------|---|------------------------------|--------------|
| Family Physician With MBBS | | Specialist MS/MD | | Super Specialist M.Ch/DM OB & Gynecology, Interventionists Orthopedics, Anesthetists | | 6 |
| Rs.600 | Rs.150 | Rs.900 | Rs.225 | Rs.1200 | Rs.300 | Rs.5,00,000 |
| Rs.1000 | Rs.250 | Rs.1500 | Rs.375 | Rs.2000 | Rs.500 | Rs.10,00,000 |

Members can pay up to 5years in advance and claim 5% rebate on the total amount payable # CONSUMERS DEMANDS ARE INCREASING. Doctors to be Vigilant, Maintain Proper record. # It is desirable to obtain indemnity for 10 lakh by all and for (5)five years.

> Dr. Honnegowda Chairman, 9448118299 / 6363026500 tellhonnegowda@gmail.com

Dr. N. Dhanpal Hon Secretary, 9342161266 ndhanpal@gmail.com

A Book "Legal and Ethical Principals in Medical Practice and Negligence, "in Medical written by Dr.D.Somashekharaiah, Chairman, IMA-KPPS is available for sale at Rs100/-per book. Of bulk order is available inclusive of postage

CODE OF MEDICAL ETHICS

Regulation to the Professional Conduct Etiquette and Ethics(As per IMC Act 1956 revised and gazetted in 2002)

Women have better chances of surviving traumatic injuries.



IMA'S KARNATAKA STATE HEALTH SCHEME

imakshs@gmail.com www.imahealthscheme.org

IMA KSHS

A doctors mutual health contribution scheme will give peace of mind in knowing that you are protected from most of these costs

Don't wait until you or a family member becomes seriously ill to try to purchase health insurance.

| The Admission fee details is as follows | | | | | | |
|---|--|---|--|--|--|--|
| Age in Years | Total Amount, At the time of joining (1 st Year) | The Amount to be paid every year (2 nd Year onwards) | | | | |
| Children below 25 yrs | Rs. 4000.00 | Rs. 3000.00 | | | | |
| Below age of 35 yrs | Rs. 5000.00 | Rs. 4000.00 | | | | |
| Below age of 45 Yrs but above 35 Yrs | Rs. 7000.00 | Rs. 5000.00 | | | | |
| Below age of 55 Yrs but above 45 Yrs | Rs. 9000.00 | Rs. 6000.00 | | | | |
| Below age of 65 Yrs but above 55 Yrs | Rs. 11,000.00 | Rs. 7000.00 | | | | |
| Below age of 75 Yrs but above 65 Yrs | Rs. 13,000.00 | Rs. 8000.00 | | | | |
| Below age of 85 Yrs but above 75 Yrs | Rs. 15,000.00 | Rs. 9000.00 | | | | |

The Admission fee details is as follows

LOCK IN PERIOD

I) Founder member :- shall have the benefit of the scheme six months after joining the scheme or immediately after launching the scheme whichever is longer.

ii) All the **ordinary members** and **beneficiary members below the age of 65** on joining shall have the benefit of the scheme after **12 months** of joining the scheme or immediately after launching the scheme whichever is longer.

iii) All the ordinary members and beneficiary members above the age of 65 on joining shall have the benefit of the scheme after 24 months of joining the scheme or after launching the scheme whichever is longer.

NO CASHLESS SERVICE (They have to pay their bills themselves & Claim later)

* No advance payment will be made to the members

* Members will be given reimbursement of 75% of total amount of the bill not exceeding the sum limited to each disease.

* If the benefit is not claimed in an academic year the benefit amount in total or any percentage will not be carried over to the subsequent years.

*A member will get a maximum of benefit of Rs.2 Lakhs in one year.

The scheme is launched on 1st of July 2017 on the Doctors day Celebration at Bengaluru.

Dr.Chinivalar.V.V. Chairman 94481 22978 drvvc2011@gmail.com Dr. Raghavendra Vimali Treasurer 9902992666 vimali@yahoo.com Dr. Amaresh M. Hon. Secretary, 9448120433 dramaresh.m@gmail.com

Contact Address : The Secretary's office, Shushrusha Nursing home, LG Road near , Mahaveer circle, GANGAVATHI-583227

Rice needs more water to grow than any other crop.



IMA'S KARNATAKA SOCIAL SECURITY SCHEME

IMA House, Bailappanavar Nagar, Hubballi-29 IMA KSSS Phone no. 0836-235 56 56 www.imaksshubli.org

ENROLL YOUR MEMBERSHIP FOR IMA KSSS

OLD EXISTING & SILVER JUBILEE SCHEME

"EACH ONE GET ONE"

ADMISSION FEE STRUCTURE FOR OLD EXISTING & NEW SILVER JUBILEE SCHEME



KSSS Silver Jubilee Scheme Exgracia Cheque worth Rs 28,37,500/handed over to bereaved family of Late Dr Laxminarayan Reddy by IMA Ballari.



Demise of Smt. Mangala Kale member of IMA KSSS Silver Jubilee (Naregal). Excreatia amount of 28lacks to the bereaved Family dispersed by IMA Members of Ron Branch.Dr S B LAKKOL

Recent death claim benefit given under Silver Jubilee Scheme is Rs. 28,37,500/-

| Age in Yrs | Below 30 | Betwn 31-35 | Betwn 36-40 | Betwn 41-45 | Betwn 46-50 | Betwn 51-55 | Betwn 55-60 |
|----------------------------------|------------|-------------|-------------|-------------|-------------|-------------|-------------|
| Fee for Existing old Scheme | Rs 11700/- | Rs 12200/- | Rs 12700/- | Rs 20700/- | Rs 23700/- | Rs 28700/- | Rs 36700/- |
| Fee for Silver Jubilee Scheme | Rs 22700/- | Rs 24700/- | Rs 26700/- | Rs 31700/- | Rs 38700/- | Rs 47200/- | Rs 57700/- |

Chairman Dr.Yoganandareddy.Y.C

Mo: 9844085120

Joint Secretary Dr. S.K. Nara

Mo: 9845365638

Dr.S.B.Lakkol

Mo: 9448560400

Joint Secretary

Kindly visit our website- www.imakssshubli.org

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Printed by M.S. Kamala, Published by Dr. B.Veeranna on behalf of or owned by India Medical Association and Printed @ Padmashree Printers, No, 123, 1st 'K' Block, Dr. Rajkumar Road, Rajajinagar, Bangalore - 560 010, and Karnataka State Branch, IMA House, Near IMA Circle, Alur Venkata Rao Road, Chamarajapet, Bangaore - 560 018 Editor by Dr.Madhusudhana Kariganuru

There are 26 species of peppers.

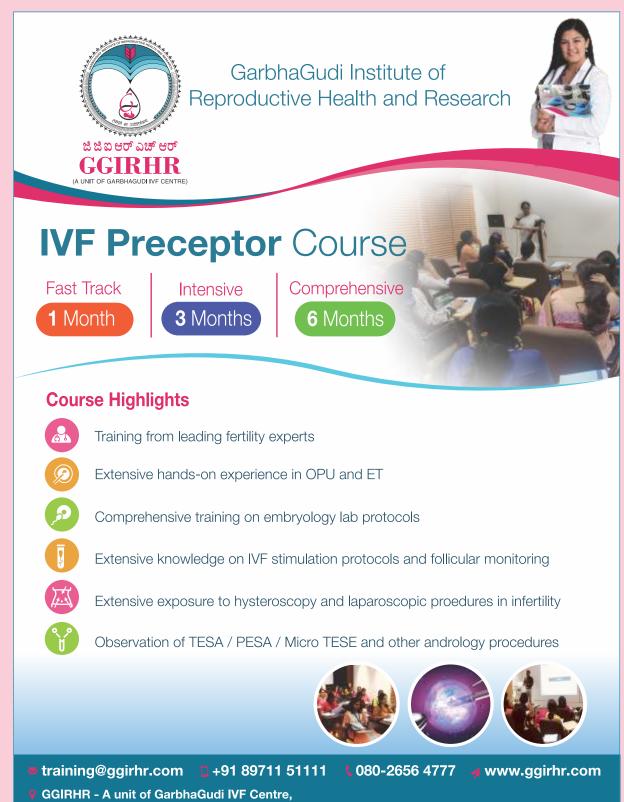
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Published and Posted on 6th of Every Month. Registered with the Registrar of Newspapers for India

Posted at BG PSO, Mysore Road, Bangaluru - 560 026 LICENSED TO POST WITHOUT PRE PAYMENT Reg No. CPMG/KA/BGS/127/2018-2020 WPP-16 **RNI : KARENG/2011/40743**

President Visit to Local Branches









IMA KSB SWC, IMA KSSS & IMA KSHS Managing Committee Meeting





If Undelivered please return to Indian Medical Association Karnataka State Branch IMA House, Near IMA Circle Alur Venkata Rao Road, Bangalore - 560 018. Tele fax: +91-80- 26703255 E-mail: imafocus@gmail.com, Website: www.imakarnataka.in